



ALPHONSA COLLEGE

Palai, Kottayam

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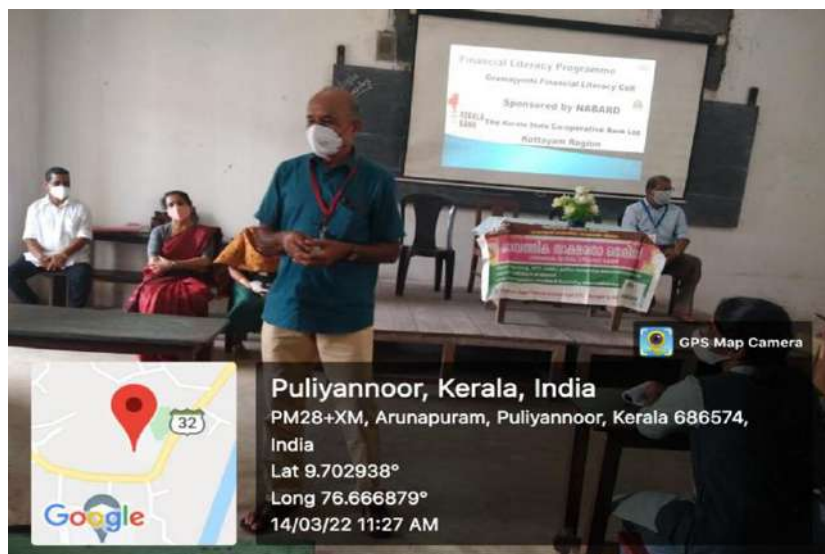
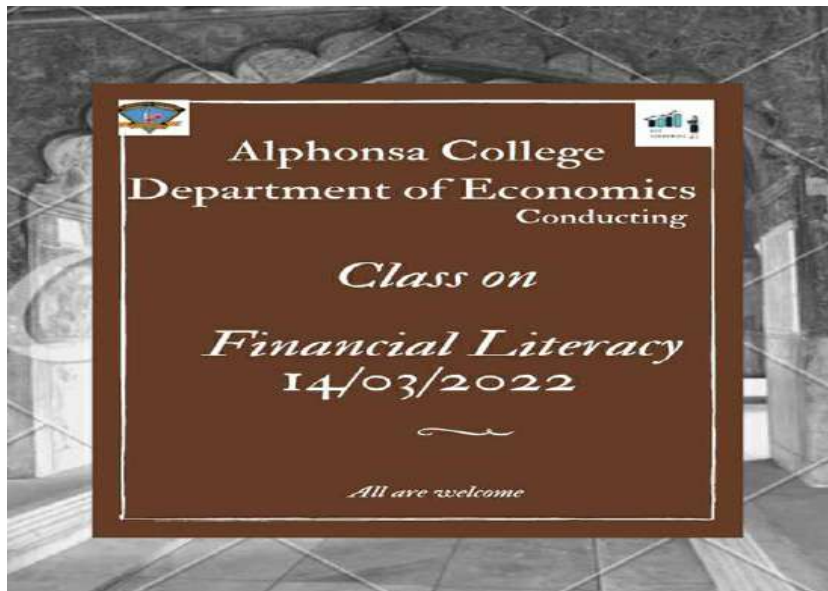
REPORT OF CAPACITY ENHANCEMENT PROGRAMME

2021-2022

SOFT SKILLS

A SESSION ON "FINANCIAL LITERACY"

A session on "Financial literacy" was organised on 14/3/22, for the students of the Economics department to enhance their understanding of financial matters. Financial literacy councilor Pressanan Panikar of Lalam block and Binnismol George senior manager Kerala Bank Pala led the session.





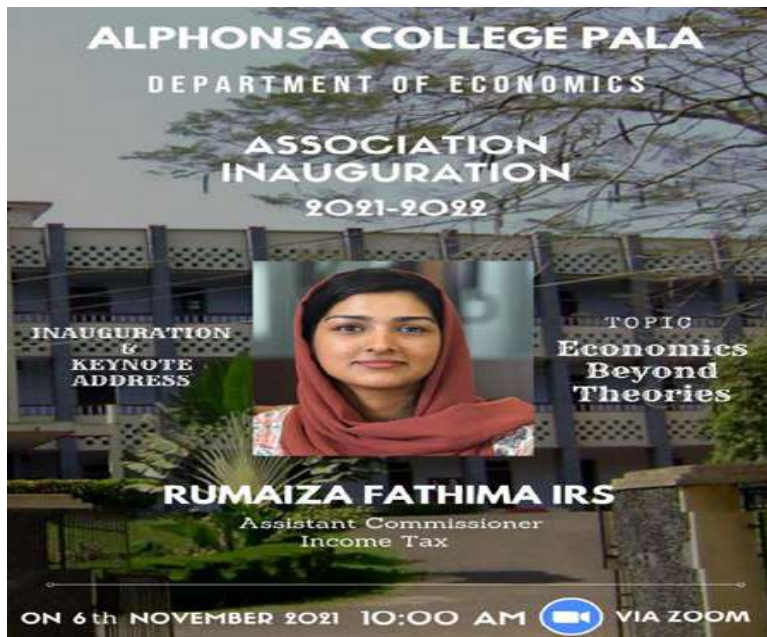
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A TALK ON “ECONOMICS BEYOND THEORIES”

As part of the Economics Association inauguration a talk was given by Rumaiza Fathima, IRS Assistant Commissioner IT on “Economics Beyond Theories” on 06/11/2021. She described the relevance of studying the subject and the variety of opportunities students from the economics stream can choose for their future paths. 172 participants were there.





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SEMINAR ON JOB ORIENTED SKILL DEVELOPMENT PROGRAM

Department of Commerce in association with AVODHA conducted a seminar on job oriented skill development program on 29th November 2021. Resource person of the program was Ms. Gopika Raveendran. Total no. of 36 students participated in the program.



SESSION ON BUDGET ANALYSIS

A Budget Analysis session was conducted by the students of the department on 04/02/22. The students of II and III DC Economics, presented the key announcements made in the budget. They also had a discussion on the practicality and implementation of several policies announced by the finance minister. The students also presented a number of suggestions

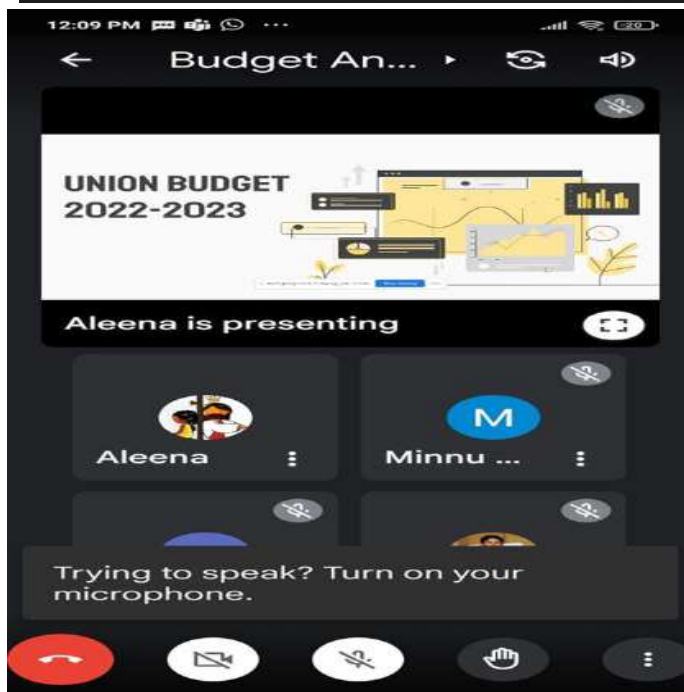


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towards the state of the economy and the remedial measures to be undertaken. 117 students participated in the session.





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EXPERTISE, ONLINE SKILL DEVELOPMENT PROGRAMME

Alphonsa college Pala NCC
5 Kerala Girls Battalion NCC
Changanacherry

CERTIFICATE

This certificate is presented to :

Delna Martin

On successful completion of online skill development course in **CALLIGRAPHY** conducted as a part of EXPERTISE, organized by Alphonsa College Pala NCC


Dr. Sr. Regenamma Joseph
Principal




Lt. Anu Jose
ASO ACP NCC

Alphonsa college Pala NCC
5 Kerala Girls Battalion NCC
Changanacherry

CERTIFICATE

This certificate is presented to :

Linu Mary K J

On successful completion of online skill development course in **CRAFT** conducted as a part of EXPERTISE, organized by Alphonsa College Pala NCC


Dr. Sr. Regenamma Joseph
Principal




Lt. Anu Jose
ASO ACP NCC

Alphonsa college Pala NCC
5 Kerala Girls Battalion NCC
Changanacherry

CERTIFICATE

This certificate is presented to :

Farhana Fathima Ayooob

On successful completion of online skill development course in **COMMUNICATION** conducted as a part of EXPERTISE, organized by Alphonsa College Pala NCC


Dr. Sr. Regenamma Joseph
Principal




Lt. Anu Jose
ASO ACP NCC



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‘CERTIFICATE COURSE IN CREATIVE CRAFTS’

‘Certificate course in Creative crafts’ for NSS volunteers started on 7th August 2021. Mrs. Rekha Anilkumar (Pedilite Industries, Mumbai) was the Trainer. 70 volunteers were joined and completed the course.

Alphonsa College Pala
NSS Unit 001
Organizes
**Certificate course in
Creative crafts**

Inauguration

Dr. Sr. Regeenamma Joseph
Principal,
Alphonsa College Pala

Trainer

Rekha Anilkumar
Fevicyl Specialist
Teacher,
Pedilite Industries,
Mumbai

via

07/08/2021
6.00PM-7.30PM





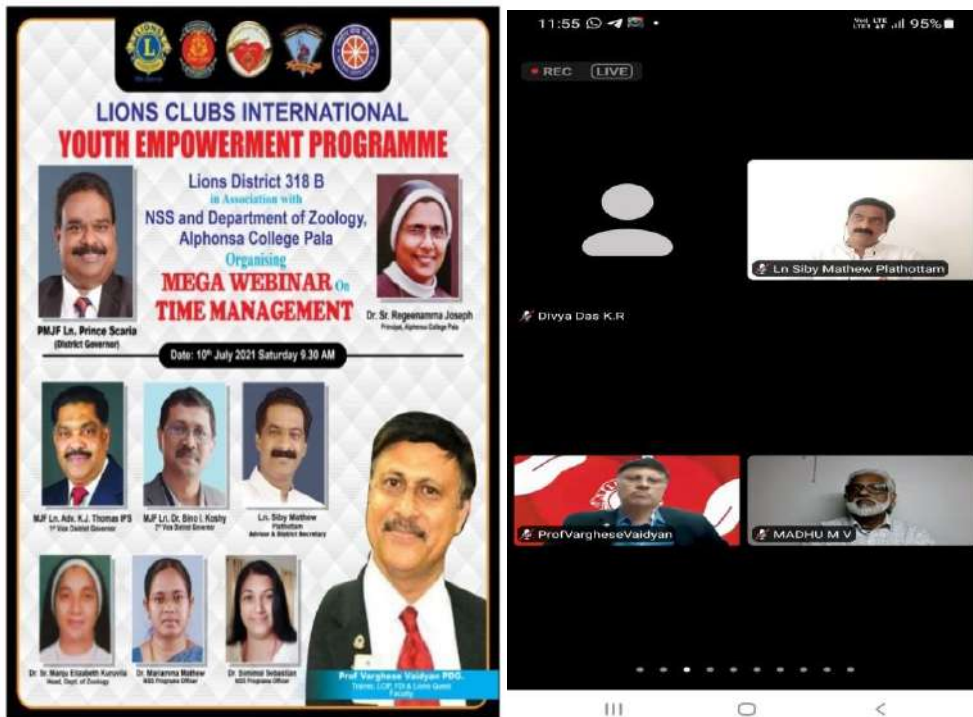
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WEBINAR ON “TIME MANAGEMENT”

NSS in association with Lions Club international and Department of Zoology Alphonsa college Pala, organized a webinar on “Time Management” on 10th July 2021. Prof. Varghese Vaidyan(International Trainer) was the Resource person.



MEGA WEBINAR FOR COLLEGE AND SCHOOL TEACHERS ON TEACHERS DAY

NSS in association with Lions Club International organized a Mega Webinar for college and School teachers on Teachers Day, 5th September 2021. Sri. Roshi Augustin (Minister for water Resources, Govt. of Kerala) inaugurated the webinar. Adv. Benny Kurian (International Trainer) delivered a class on “The Teacher Leader”.



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LIONS CLUBS INTERNATIONAL

Inauguration: **Dr. ROSHY AUGUSTINE**
(Minister for Water Resources, Govt. of Kerala)

YOUTH EMPOWERMENT PROGRAMME

On The Occasion of Teachers Day
Lions District 318 B
In Association with
Alphonsa College Pala-NSS Unit
Organizes a
MEGA WEBINAR FOR TEACHERS on
"THE TEACHER LEADER"
Above 1000 Participants

Date: 5th September 2021 Sunday 2.30 PM

Faculty: **Ln. Adv. Benny Kurian**
Success Coach, International Trainer



MEGA WEBINAR FOR TEACHERS ON “HYBRID LEARNING AND THINKING CLASSROOMS”

NSS in association with Lions Club International District 318 B Conducted a mega webinar for teachers on “Hybrid Learning and Thinking Classrooms” on 13th February. Dr. Jayaraj MLA (Chief Whip, Govt. of Kerala) inaugurated the webinar. Prof. Varghese Vaidyan (International Trainer) was the resource person.

LIONS CLUBS INTERNATIONAL

Inauguration: **Dr. N. Jayaraj MLA**
(Chief Whip, Govt. of Kerala)

YOUTH EMPOWERMENT PROGRAMME

Lions District 318 B
Alphonsa College Pala-NSS Unit
Organizes a
MEGA WEBINAR FOR TEACHERS on
HYBRID LEARNING & THINKING CLASSROOMS
Above 500 Participants

13 FEBRUARY
Sunday 11.00 AM

Faculty: **Prof. Varghese Vaidyan (PNS)**
International Trainer
(S.S.P. & S.P.P. & S.P.P.)



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MEGA WEBINAR FOR TEACHERS ON 'CONVERTING CONVENTIONAL CLASSROOMS TO THINKING CLASSROOMS'

NSS in association with Lions Club International organized a Mega webinar for teachers on 'Converting conventional classrooms to thinking classrooms' on 8th August 2021. Prof. Varghese Vaidyan (International Trainer) was the Resource person. Smt. K.K. Shylaja MLA (Former Health Minister of Kerala) and Dr. Rekha Raj (Activist, Writer and NSS Programme Coordinator, MG University) were felicitated the programme.



LANGUAGE AND COMMUNICATION SKILLS

SEMINAR ON "NUANCES OF THE ENGLISH LANGUAGE"

Seminar on "Nuances of the English language" by Dr. V.J. Sebastian, Former HOD, St Thomas College, Pala was held on 20/01/2022. 110 students participated in the seminar. He spoke about the common mistakes in the usage of English language and gave his inputs on how to overcome them. It was a useful and interesting session.



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Speak UP

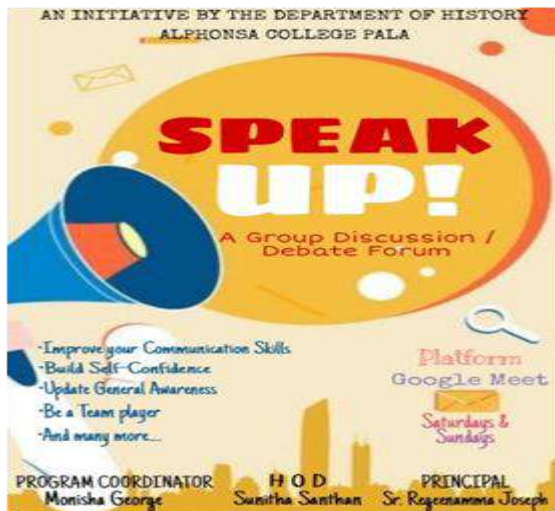
An initiative by the department was started this year for improving the communication Skills, Building Self Confidence, to update general awareness for the students. This Programme is conducted every Saturday and Sunday through Online Mode. 30 students participated in the discussion. Ms. Monisha George was the resource person.



ALPHONSA COLLEGE

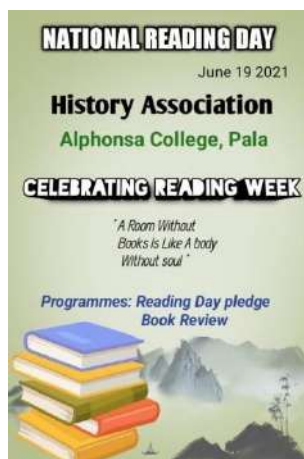
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READING DAY CELEBRATION

Reading Week was celebrated from 19th June with reading day pledge and Book review competition. Online Reading day pledge in association with P. N Panickar foundation was taken by the students of the department on 19th June 2021 and they received the certificate for the same. Book review was also conducted online on the same day and eight of the students of our students presented their favorite books

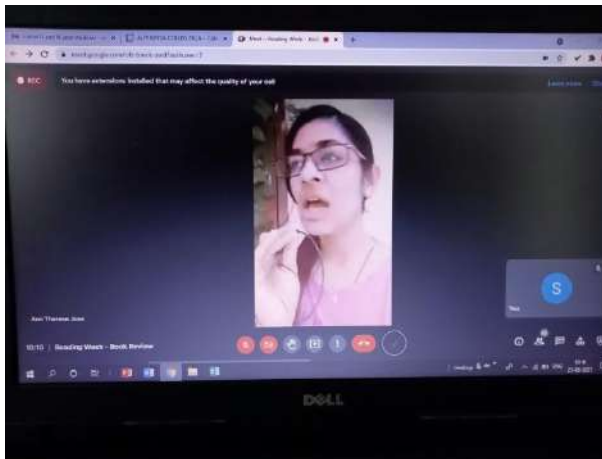




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READING DAY PLEDGE



COURSES FOR COMMUNICATION SKILLS, DANCE, COOKING, MUSIC, CRAFT, CALLIGRAPHY, YOGA AND KALARI

NCC unit of Alphonsa college in association with UBA cell offered several courses like communication skills, dance, cooking, music, craft, calligraphy, yoga and kalari during the academic year for the students and interested people of the adopted villages.



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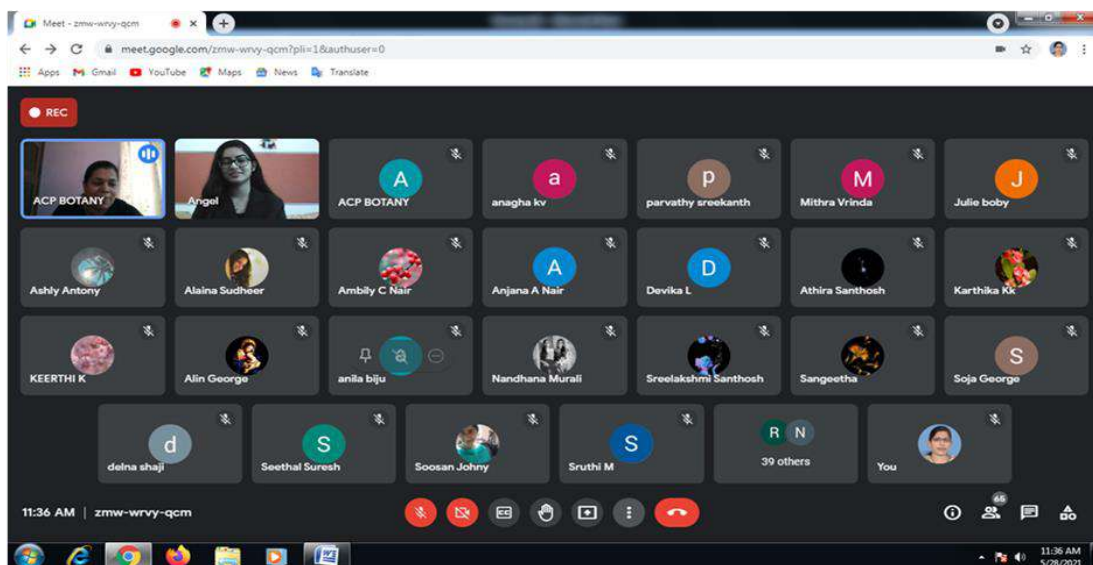
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LIFE SKILLS (YOGA, PHYSICAL FITNESS, HEALTH AND HYGIENE)

WEBINAR ON DEADLY DISEASES “UNDERSTANDING SARS COV 2 VIRUSES”

The department of Botany conducted a Webinar on deadly diseases “Understanding SARS COV 2 Viruses” on 28th June 2021, by our alumnae Kum Angelin Mary Philip Research Fellow College of Health and Life Science, .Hamad Bin Khalifa University Qatar foundation Doha Qatar. 83 students were participated in the webinar. The webinar helps the students to better understand the disease and its causes.





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ONLINE TALK ON 'YOGA AND MEDITATION'

Yoga Day was observed by the Department of Chemistry and B Voc Sports Nutrition and Physiotherapy by organizing an online talk on 'Yoga and Meditation' by Dr.S Sarith Kumar, Homeopathy Doctor and Yoga Specialist on 19-6-2021. 59 students were participated in the webinar.



Alphonsa College , Pala

TALK ON : YOGA AND MEDITATION

By : **Dr. S . SARITH KUMAR**
Homeopathy Doctor and Yoga Specialist

Organised by the Departments of
**Chemistry & B.Voc Sports Nutrition
and Physiotherapy**

Via Google meet on 19/06/2021
9.00 am to 10.00 am





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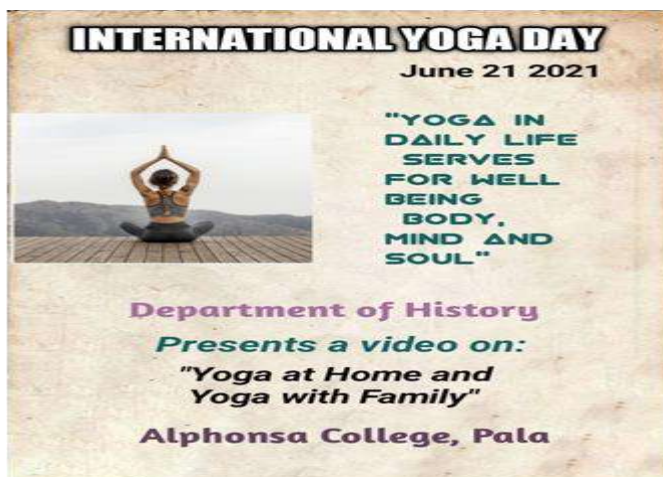
SEMINAR ON "EXERCISE IS MEDICINE FOR TOTAL FITNESS"

Seminar on "Exercise is medicine for total fitness" by Dr. Sebastian Luckose was held on 21/03/2022. 60 students participated in the session. It was held in collaboration with the Indian Association of Pediatrics. The session helped the students to learn about ways to stay fit and healthy.



ONLINE YOGA SESSION CONDUCTED AND VIDEO CREATION BY STUDENTS ON YOGA ON INTERNATIONAL YOGA DAY

International Yoga Day was celebrated by the students of the department on June 21st by creating an informative video on the different poses of Yoga.



Link

for

video:

https://www.instagram.com/tv/CQaVvvrH94f/?utm_source=ig_web_copy_link



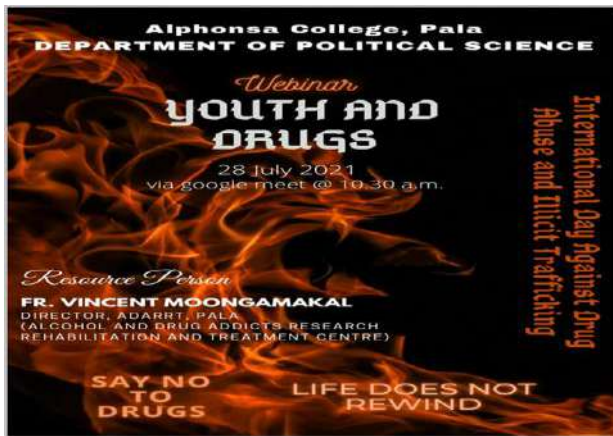
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WEBINAR ON YOUTH AND DRUGS

Department of Political Science conducted a webinar on 28-07-2021 at 10.30 a.m on the theme 'Youth and Drugs'. Rev. Fr. Vincent Moongamakal , Director, ADART, Pala delivered the keynote Address. 16 students participated in the webinar.



The importance of moral, cultural and social values in family.

The Importance of Moral, Cultural and Social Values in Family.

Attendance List - 3 March 2022

Sl. No	NAME OF STUDENT
1	ADITHYA THEER'S DOMINIC
2	AISWARYA SURENDRAN
3	AJEBNA EL SITA JOSEPH
4	ANAKHA VIJAYAN
5	ANCY SARA SAJAN
6	ANIL AMOJ, T.S
7	ANJALI SHAJI
8	ANU TOMMY
9	ANSIJDHA MOI K
10	APARNA SHAJI
11	ARATHY A S
12	ATHIRA MADHU
13	ATHIRA B
14	BIDHYA SEBASTIAN
15	CHAITHRA T B
16	DELEENA PRINCE
17	DONA J KAPPEN
18	JINCYMOL JOSE
19	JORCY ANTONY
20	JYOTHI ROY
21	MANYA MANOJ
22	NAVEENA ELIZBETH ANTONY
23	NIVYAMOL SEBASTIAN
24	NOVA CIBY
25	RIYA ANNA SAJEEV
26	SEETHA LAKSHMY T J
27	SNEHA PRAKASH
28	UTHARA C M
29	ANN MARIA A B
30	AKSHAYA PRADEEP
31	ANGEL THOMAS
32	ANNS MARY KURIAKOSE
33	ARATHY KRISHNAN
34	NANDANA S KUMAR
35	NAVYA JAMES
36	PANCHAMI B
37	SHERIN C BABY
38	SOUNDHARYA S A
39	GREESHMA SONNY
40	AARYA M.S.
41	AISHA T. SABEER
42	AISWARYA P.S.
43	ANGELINE LUKA

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P.G. Dept. of Zoology
Alphonsa College, Pala.

J. James
J. James
Women Cell Co-ordinator

44	ANJALIPA LOSE
45	ANI SEBASTIAN
46	ATHILYA ANDREWS
47	GAYATHRI PRAKASH
48	GAYATHRI RAJAN
49	MARIA VIANY JOHNSON
50	MERIN MARIYA BINCY
51	NOURIN THAHA
52	RIYA TOM
53	SNEHA SABU
54	VIDYA VIJAYAKUMAR
55	ALBY SIBY
56	ASRUTHA SURESH
57	ANAKHA K.B
58	ANNA BIBI
59	ANJANA K.S.
60	ANJANA DEVI T.M.
61	APARNA SANTHOSH
62	APARNA T.
63	ASWATHY V.
64	CHINCHU SABU
65	DIVYA S.
66	GANGA N.B.
67	HAFLA C.V.
68	INAMITHAKRISHNA RATHEESH
69	NASRU
70	NIRANJANA ASHOK
71	NIVEDITA HAREESH
72	SHOMY JAYAN
73	SONA MARIA CHANDY
74	SREEKUTTY K.S.
75	SREELAKSHMI K.
76	NOWRIN K FATHIMA
77	LOWRI PRASANTHI
78	FATHIMA FILDA
79	NANDANA SURESH
80	IRI FSA JOHNEY
81	LINA THOMAS
82	ASMIYA BAHU LAYAN
83	PARYATHY S KUNJAR
84	ANUJA SHAJI ROSE
85	KEERTHI KRISHNA P.
86	CHRISTINA JAMES
87	HAZNA HARIS
88	ASNAMUJI S.S
89	PRIYA RAJU
90	VAISHNANI P. T.
91	REMYAKUMARY S V

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P.G. Dept. of Zoology

J. James
J. James
Women Cell Co-ordinator



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92	SRIEKUTTY BINI
93	VISHNUPRIYA V. C
94	ARDHRA K S
95	NEETRAJA SUNIL
96	ANAMIKA K PRADEEP
97	JILHI JOSI
98	ANNU JAMUN
99	SNEHA SHIBU
100	GOURI KRISHNA S
101	SAARUKA S. NAIR
102	ATHIRA REGHU
103	GOURI SANTHOSH
104	AMEENA P SHAJIL
105	ARDRA VINOD
106	DEVIKA S
107	NIHALA NAJMU C
108	KEERTHANA SHAJI
109	LALITHA LEENU
110	NAVYA MANGSH
111	MEENUGL E J
112	ACHU SHAJU
113	ADITHYA REJITH
114	ANJANA SANTHOSH
115	ARUNIKA U NAIR
116	ARYAMGL S
117	ASHLY ANTONY
118	BHAVANA RAJAN
119	DEVIKA SABI
120	DEVIKA VIJAYAN
121	GOPIKA BABU
122	HRUDYA ANIL
123	KRISHNA A S
124	KRISHNA G NATH
125	KRISHNAJA MANOJ
126	MERIN GUO
127	REVATHY RESHMA T S
128	SANTHRA SIBY
129	SEETHAL SURESH
130	SNEHA JOSEPHI
131	SREE LAKSHMI BABU
132	TEENA SIBI
133	ABHIRAMI S. HARI
134	ACQUILIN RAJESH
135	ADITHYA K. SANI
136	AISWARYA J NAIR
137	ALAINA SUBHEEL
138	AMRITHA K M
139	ANJANA A NAIR

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Women Cell Co-ordinator

140	ANNA THOMAS MAJIJI W
141	ANITHA ROMA
142	ANANTHIKAR PILAI
143	DIVYAKA I
144	DIVYKA SANTHOSH
145	ANNA MAJIJI W
146	HARSHITA HARIDAS
147	HIBISHA SORU
148	JASMINI MATHEW
149	KARUNKA K K
150	MITHRA VINOD K U
151	NANTHANA M KAMM
152	NIHITHA SASI
153	PARVATHY S. NAIR
154	RIYA JOSEPH
155	SANGEETHA EMMANUEL
156	SOUA GEORGE
157	SUBASHI GEORGE
158	SREE LAKSHMI SANTHOSH
159	VARSHA P S
160	ADITHYAN M
161	AISWARYA LAJ
162	AISWARYA REJI
163	AJESHAMOL RAJU
164	AJINI THANKACHAN
165	AKHILA BYJU
166	ALEENA THOMAS
167	ALIN GEORGE
168	AMRITHA C NAIR
169	ANILA BIJU
170	ANITHA ANTONY
171	ARYA MOL T U
172	ASHLY ZACHARIAS
173	ASHMI SABI
174	ASWATHY PRABHAKARAN
175	ATHIRA SANTHOSH
176	ATHIRAMOL P B
177	DEENA SHAJI
178	DRVYA SURESH
179	GEETHIKA THAMPI
180	JINNI MARIA ROSE
181	JOSMY MARIA BOIN
182	JOSMY THOMAS
183	KRISHNAPRIYA V.M
184	LANCY P. SABI
185	LAVANYAKA T B
186	NANDANA BABU A K
187	NEELIMA K S

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Women Cell Co-ordinator

188	PARVATHI SREENIVASAN
189	RADHI M M
190	RENUKA RAJAN
191	SANGEETHA ANN THOMAS
192	SHAHINA NOORAHAM S
193	SNEHA SIBY
194	SREELEKHA P S
195	SREETHI P S
196	THERESE JOSEPHI
197	ADITYA BENNY
198	AMALA MATHEW
199	ANAGHA SATHESH
200	APARNA AJAYAKUMAR

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P. J. Mathew
Women Cell Co-ordinator

ORIENTATION PROGRAMME ON YOUTH AND MENTAL HEALTH

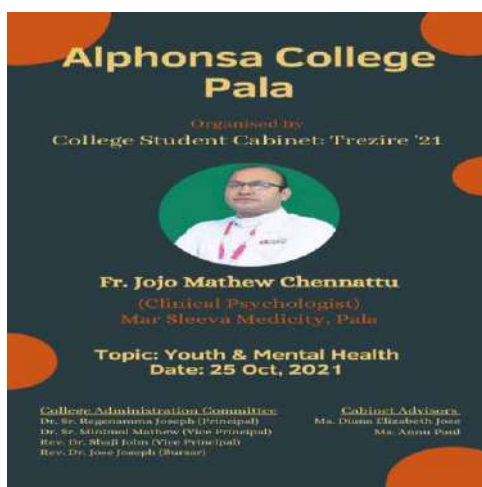
Orientation Programme for the first Year students 2021-22 was held on 25 October 2021 under the guidance of our College Administration Committee and Cabinet Advisors. The Orientation class was taken by Fr. Jojo Mathew Chennattu, Clinical Psychologist, Mar Medicity, Pala on the topic 'Youth and Mental Health'. Fr. Jojo Mathew explained about the mental stress and problems faced by the youth and suggested methods to overcome the stress among the youth. Mar SleevaMedicity, Pala offered counselling for the students of our college on a monthly basis to increase the mental health of our students. 412 first year students participated in the orientation class.



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WORKSHOP ON “YOGA: A RAY OF HOPE”

A **Workshop** on ‘Yoga: A Ray of Hope’ was organized on 19th June 2021 by the department in collaboration with Lekshmi Yoga Centre, Adoor as part of the World Yoga Day. The workshop was conducted by Mrs. Meenakshi Shivaja , Certified Yoga Instructor , Ayush India. 34 participants were there in the workshop.



INTERNATIONAL YOGA DAY CELEBRATION

NSS celebrated International Yoga Day on 21st June 2021 by conducting Yoga Training class for NSS volunteers via Google meet. Mrs. Jijimol A.M. (Faculty of Yoga, SreeSaraswathyVidhyamandir S.S. School, Karikode) was the Trainer.



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NSS UNIT 001

INTERNATIONAL
YOGA
DAY 2021

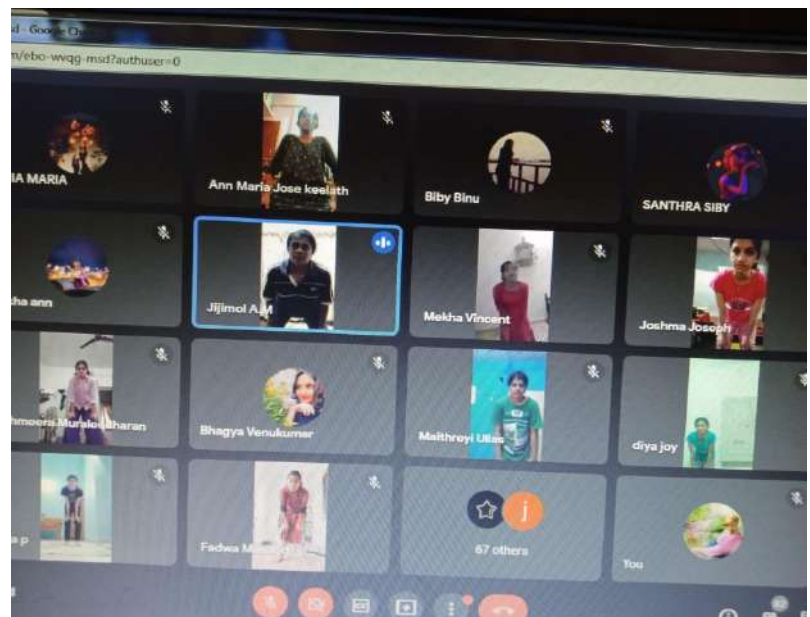
RESOURCE PERSON

Date : 21st June 2021
Time : 6 AM

Via 

JIJIMOL A.M
Faculty of Yoga, Sree Saraswathy Vidya Mandir
Senior Secondary School, Karikode

"Yoga for wellness"

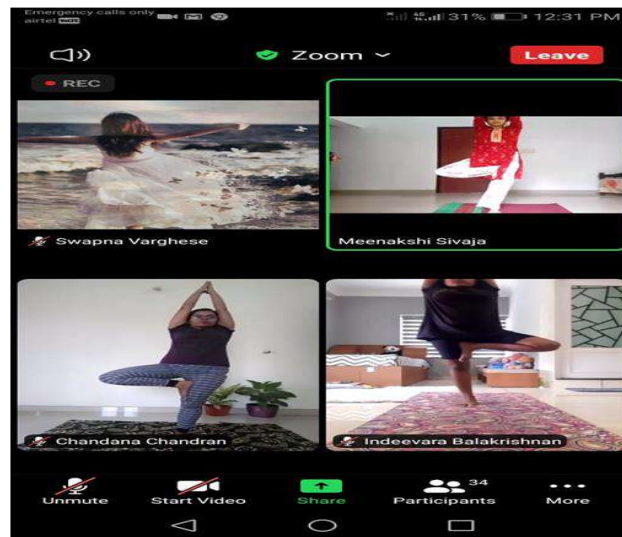




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WEBINAR ON “PARENTING AND CHILD ABUSE”

A webinar on “Parenting and child abuse” was organised by UBA Cell in association with the women cell and KSWDC on 25th July 2021. The talk was led by Ms. Bindu Varghese, Former child counsellor of KSWDC. More than 60 students of the teenage group from St, Michael’s HSS Pravithanam, Kadanadu village were benefited from this talk.

ALPHONSA COLLEGE PALA

Conducting an Awareness class on

PARENTING AND CHILD ABUSE

Organised by KSWDC Women Cell, UBA and Dept. of Economics

On 25/07/2021
Sunday 8pm

VENUE :- ST MICHAEL'S HSS PRAVITHANAM

Via Google meet

Speaker

MS. BINDU VARGHESE
Trainer and Counselor,
Former Child Line Counselor,
Ministry Govt. Minority Welfare Department

College Administration Committee
Dr. Sr. Regemina Maria Joseph (Principal, Alphonsa College)
Rev. Dr. Saji Sanku (Vice Principal)
Dr. Sr. Minoli Maria (Vice Principal)
Rev. Fr. Jose (Joseph College Bazaar)

Co-ordinators:-
Dr. Vijutha Sunny
Ms. Smitha Clary Joseph
Ms. Teena James



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ICT / COMPUTING SKILLS

Advanced tools in Biological Sequence Analysis: Hands on training was organised by Department of Zoology on 8.3.2021. Dr Shubin Mohanan, Asst Professor, Dept of Botany, Nirmala college, Muvattupuzhawas the resource person. The session was attended by 60 students



**PG AND RESEARCH DEPARTMENT OF ZOOLOGY
ALPHONSA COLLEGE PALA**

COGNITIO-22'

SERIES 3

**NATIONAL SCIENCE DAY
CELEBRATION**

**WORKSHOP
ON**

**ADVANCED TOOLS IN BIOLOGICAL
SEQUENCE ANALYSIS**



DR. N. SHIBIN MOHANAN
Assistant Professor
Department of Botany
Nirmala College, Muvattupuzha

**DATE : 08.03.2022
DAY : TUESDAY
TIME : 10 AM**



Alphonsa College Pala (Affiliated to Mahatma Gandhi University; NAAC Accredited with 'A' Grade) one of the pioneer institutions for the higher education of women in the state of Kerala, India proudly welcome you to the Lecture Series 'COGNITIO-22' on Research Methods in Life Sciences. The aim of this lecture series is to bring together the young students and the researchers from academia and industry to address the new and emerging challenges that the environment is facing and to find solutions through innovative methods in applied research. Experts in the field will deliver invited talks and have discussion with the young researchers on recent trends in life sciences.

**THE ONLY WAY TO DISCOVER THE LIMITS OF POSSIBILITY IS TO GO BEYOND THEM
INTO THE IMPOSSIBLE**

CONVEYOR

Dr.Sr.Manju Elizabeth Karuvila

CO-ORDINATOR

Dr. Ambili T.R.

ORGANISATION COMMITTEE

Dr. Simamol Sebastian
Ms. Christa Susan Antony
Dr. Maya George
Ms. Tooni James
Ms. Poorvima Baby

COLLEGE ADMINISTRATION COMMITTEE

Rev. Dr. Requesemanna Joseph, Principal
Rev. Dr. Mini of Mathew, Vice Principal
Rev. Dr. Shaji John, Vice Principal
Rev. Dr. Jose Joseph, Director



ALPHONSA COLLEGE PALA

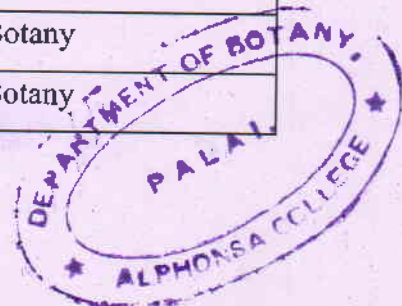
DEPARTMENT OF BOTANY

Life Skills (Yoga, physical fitness, health and hygiene)

Webinar on deadly disease "Understanding SARS COV 2 Viruses" on 28th June 2021

List of Participants

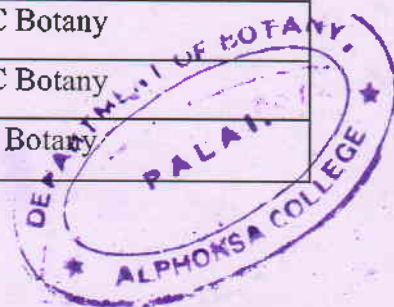
<u>Sl. No.</u>	<u>Name</u>	<u>Class</u>
1.	ABIYA BENNY	III DC Botany
2.	AMALA MATHEW	III DC Botany
3.	ANAGHA SATHEESH	III DC Botany
4.	APARNA AJAYAKUMAR	III DC Botany
5.	ARSHITHA A	III DC Botany
6.	ATHIRA ASHOK KUMAR	III DC Botany
7.	AYANASREE K V	III DC Botany
8.	DONA SEBASTIAN	III DC Botany
9.	KARTHIKA REGHUNATH	III DC Botany
10.	KAYATHIRI C	III DC Botany
11.	KRISHNENDU R	III DC Botany
12.	SHALUMOL P D	III DC Botany
13.	SREEDEVI K V	III DC Botany
14.	SREEKUTTY SHAJI	III DC Botany
15.	ADITHYA M	III DC Botany
16.	AISWARYA LAI	III DC Botany
17.	AISWARYA REJI	III DC Botany
18.	AJEESHAMOL RAJU	III DC Botany
19.	AJINI THANKACHAN	III DC Botany
20.	AKHILA BYJU	III DC Botany
21.	ALEENA THOMAS	III DC Botany
22.	ALIN GEORGE	III DC Botany
23.	AMBILY C NAIR	III DC Botany
24.	ANILA BIJU	III DC Botany



ALPHONSA COLLEGE PALA

DEPARTMENT OF BOTANY

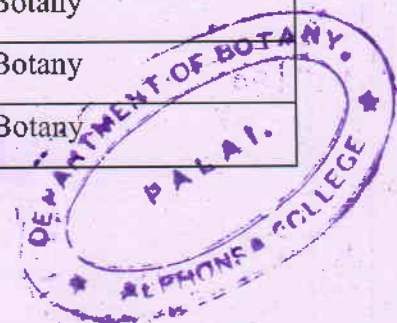
<u>25.</u>	ANITHA ANTONY	III DC Botany
<u>26.</u>	ARYAMOL T U	III DC Botany
<u>27.</u>	ASHLY ZACHARIAS	III DC Botany
<u>28.</u>	ASHMI SAJI	III DC Botany
<u>29.</u>	ASWATHY PRABHAKARAN	III DC Botany
<u>30.</u>	ATHIRA SANTHOSH	III DC Botany
<u>31.</u>	ATHIRAMOL P B	III DC Botany
<u>32.</u>	DELNA SHAJI	III DC Botany
<u>33.</u>	DIVYA SURESH	III DC Botany
<u>34.</u>	GEETHIKA THAMPI	III DC Botany
<u>35.</u>	JINNU MARIA JOSE	III DC Botany
<u>36.</u>	JOSMI MARIA JOHN	III DC Botany
<u>37.</u>	JOSMY THOMAS	III DC Botany
<u>38.</u>	KRISHNAPRIYA V M	III DC Botany
<u>39.</u>	LANCIYA P SAJI	III DC Botany
<u>40.</u>	LAVANYAKA T B	III DC Botany
<u>41.</u>	NANDANA BABU A K	III DC Botany
<u>42.</u>	NEELIMA K S	III DC Botany
<u>43.</u>	PARVATHI SREENIVASAN	III DC Botany
<u>44.</u>	RADHI M M	III DC Botany
<u>45.</u>	RENUKA RAJAN	III DC Botany
<u>46.</u>	SANGEETHA ANN THOMAS	III DC Botany
<u>47.</u>	SHAHINA NOORJAHAN S	III DC Botany
<u>48.</u>	SNEHA SIBY	III DC Botany
<u>49.</u>	SREELEKHA P S	III DC Botany
<u>50.</u>	SRUTHI P.S	III DC Botany
<u>51.</u>	THERESE JOSEPH	III DC Botany
<u>52.</u>	ACHU SHAJU	II DC Botany



ALPHONSA COLLEGE PALA

DEPARTMENT OF BOTANY

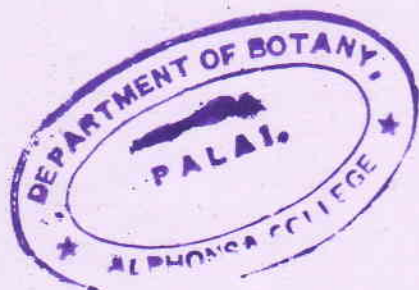
<u>53.</u>	ADITHYA REJITH	II DC Botany
<u>54.</u>	ANJANA SANTHOSH	II DC Botany
<u>55.</u>	ARUNIKA U NAIR	II DC Botany
<u>56.</u>	ARYAMOL S	II DC Botany
<u>57.</u>	BHAVANA RAJAN	II DC Botany
<u>58.</u>	DEVIKA SAJI	II DC Botany
<u>59.</u>	DEVIKA VIJAYAN	II DC Botany
<u>60.</u>	GOPIKA BABU	II DC Botany
<u>61.</u>	HRUDHYA ANIL	II DC Botany
<u>62.</u>	KRISHNA A.S	II DC Botany
<u>63.</u>	KRISHNA G NATH	II DC Botany
<u>64.</u>	KRISHNAJA MANOJ	II DC Botany
<u>65.</u>	MERIN GIJO	II DC Botany
<u>66.</u>	REVATHY RESHMA T S	II DC Botany
<u>67.</u>	SANTHRA SIBY	II DC Botany
<u>68.</u>	SEETHAL SURESH	II DC Botany
<u>69.</u>	SNEHA JOSEPH	II DC Botany
<u>70.</u>	SREELAKSHMI BABU	II DC Botany
<u>71.</u>	TEENA SIBI	II DC Botany
<u>72.</u>	ABHIRAMI S. HARI	II DC Botany
<u>73.</u>	ACQULIN RAJESH	II DC Botany
<u>74.</u>	ADITHYA K. SASI	II DC Botany
<u>75.</u>	AISWARYA J NAIR	II DC Botany
<u>76.</u>	ALAINA SUDHEER	II DC Botany
<u>77.</u>	AMRITHA K M	II DC Botany
<u>78.</u>	ANJANA A. NAIR	II DC Botany
<u>79.</u>	ANNA THOMAS MATHEW	II DC Botany

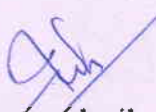


ALPHONSA COLLEGE PALA

DEPARTMENT OF BOTANY

<u>80.</u>	AVANTHIKA R PILLAI	II DC Botany
<u>81.</u>	DEVIKA L	II DC Botany
<u>82.</u>	DEVIKA SANTHOSH	II DC Botany
<u>83.</u>	DONA MATHEW	II DC Botany




Julie J Paramundayil
Head of the Department

SEMINAR-YOGA AND MEDITATION

LIST OF PARTICIPANTS

1. ABITA CHERIAN
2. ADITHYA SANTHOSH
3. AGNES JOSEPH
4. AISWARYA K VIJAYAN
5. AKSHARA K
6. ALEENA FINE
7. ALEENA JOSE
8. ANAINA SABU
9. ANAINA SUNNY
10. ANEENA SIBY
11. ANJANA JOSHY
12. ANJANA SASIKUMAR
13. ANN MARIA JOSE
14. ANNA JOSE
15. ARCHA NAIR
16. ASWATHY VIJAYAN
17. BALENDHU BINUKUMAR
18. BHAGYALAKSHMI SAJI
19. BHAVANA SURESH
20. BHAVYA M S
21. CATHERINE LIJU
22. DEVIKA P M
23. GEORGINA MARTIN
24. LINITTA P EMMANUEL
25. MEENAKSHI KRISHNA
26. MELITTA THERES MATHEW
27. NANCY SIBY
28. NEHA SCARIA
29. NICEY SUNIL
30. RINTU SEBASTIAN
31. SAJITHA SUNNY

32. SHALUMOL K JOHNY
33. SUSAN JOSEPH
34. ANJALI KRISHNA
35. ANKITA JACOB
36. APARNA K.S
37. ARCHANA S NARAYANAN
38. BINTA MARIA SIBY
39. GOPIKA G NAIR
40. GOWRI BABU
41. IRENE EASSO
42. MIDHUNA K ULLAS
43. MINU SATHEESH
44. RIA ROBINS
45. RIYA JOSE
46. SHIBILA MARIYAM.K.K
47. SNEHA DOMINIC
48. SRUTHY P. R.
49. AGNUS
50. AMALA .S
51. AMMU MANOJ
52. ANEENA CHACKO
53. BHAGYA M SHIBU
54. DEVOOTTY P A
55. GOWRINANDHA JAYAKUMKAR
56. JEENA RAJEEV
57. SANDRA K SABU
58. SANIGA CHANDRAN
59. SEENIYA DOMINIC



HEAD OF THE DEPARTMENT
DEPARTMENT OF CHEMISTRY
ALPHONSA COLLEGE PALAI
ARUNAPURAM P.O. - 686 574

ALPHONSA COLLEGE, PALA
Department of English
SEMINAR: "YOGA: A RAY OF HOPE"


DATE: 19.06.2021

List of Participants: 31

No.	Name	Batch
1	BHAVYA K V	III DC ENGLISH
2	BINDHUJA V S	III DC ENGLISH
3	DEVIKA RAMESH	III DC ENGLISH
4	DHANYA DIVAKARAN	III DC ENGLISH
5	DONA MATHEW	III DC ENGLISH
6	ELIZABETH GEORGE	III DC ENGLISH
7	LIDA JOHNSON	III DC ENGLISH
8	LIN MARY DAI	III DC ENGLISH
9	ANAINA PRAKASH K T	III DC ENGLISH
10	ANGELA MATHEW	III DC ENGLISH
11	ROSE MARY	III DC ENGLISH
12	SANDRA M.B	III DC ENGLISH
13	ATSA K PADASSERY	III DC ENGLISH
14	CHRISTY SUSAN THOMAS	III DC ENGLISH
15	EMMA MARIA JOSEPH	III DC ENGLISH
16	SYMPHONY S. JANAKI	III DC ENGLISH
17	LIN BAIJU	III DC ENGLISH
18	ALEENA SIBY	III DC ENGLISH
19	NIHA HEADLY	III DC ENGLISH
20	RENJU JACOB	III DC ENGLISH
21	SANDRA ROSE MARY	III DC ENGLISH
22	JINU JOSEPH (F)	II DC ENGLISH

23	LISA SAJI (F)	II DC ENGLISH
24	NIKITHA NELSON (F)	II DC ENGLISH
25	RAKHIMOL P S (F)	II DC ENGLISH
26	RHON THOMAS (F)	II DC ENGLISH
27	SANIA SAJU (F)	II DC ENGLISH
28	J LAKSHMIPRIYA (F)	II DC ENGLISH
29	NORA MARY GEORGE (F)	II DC ENGLISH
30	RISHIBA S (F)	II DC ENGLISH
31	RIZANA NAZAR (F)	II DC ENGLISH




REV. DR. JOSE JOSEPH
HOD
DEPARTMENT OF ENGLISH

ALPHONSA COLLEGE, PALA
DEPARTMENT OF ENGLISH
SEMINAR: "NUANCES OF THE ENGLISH LANGUAGE"
DATE: 20.01.2022

LIST OF PARTICIPANTS: 110

NO	NAME	BATCH
1	ALEENA KURIAKOSE	I MA ENGLISH
2	ELAIN ANTONY	I MA ENGLISH
3	JOMOL VARKEY	I MA ENGLISH
4	KRISHNA SAJU	I MA ENGLISH
5	MEENU A S	I MA ENGLISH
6	NEHA K SEBASTIAN	I MA ENGLISH
7	RESHMA K THANKACHAN	I MA ENGLISH
8	SNEHA SUNNY	I MA ENGLISH
9	MARIA LUKOSE	III DC ENGLISH
10	SREELEKSHMI S	III DC ENGLISH
11	SWATHY MOHAN	III DC ENGLISH
12	ABHIRAMI BOSE	III DC ENGLISH
13	ANAMIKA B	III DC ENGLISH
14	ANN MARY MANI	III DC ENGLISH
15	ANU MATHUKUTTY	III DC ENGLISH
16	CHRISTY SUSAN THOMAS	III DC ENGLISH
17	EMMA MARIA JOSEPH	III DC ENGLISH
18	MAHIMA THOMAS	III DC ENGLISH
19	MALAVIKA S. NAIR	III DC ENGLISH
20	SUVARNA S (F)	II DC ENGLISH
21	TES ELIZABETH MATHEW (F)	II DC ENGLISH
22	TESSA PHILIP (F)	II DC ENGLISH
23	ALEENA KESIA SAJEEV (F)	II DC ENGLISH


24	ALEENA MARIYA (F)	II DC ENGLISH
25	ALEENA SANTHOSH (F)	II DC ENGLISH
26	BINITHAMOL C M (F)	II DC ENGLISH
27	DEVIKA BABU (F)	II DC ENGLISH
28	DIYA JOY (F)	II DC ENGLISH
29	ELAINE MARIA GEORGE (F)	II DC ENGLISH
30	EUGINE MATHEW (F)	II DC ENGLISH
31	FABY R THANGAL (F)	II DC ENGLISH
32	GEETHIKA S (F)	II DC ENGLISH
33	IRENE ELSA JACOB (F)	II DC ENGLISH
34	JINCIL SAJI (F)	II DC ENGLISH
35	JINU JOSEPH (F)	II DC ENGLISH
36	LISA SAJI (F)	II DC ENGLISH
37	LIYA MARIYA JOSE (F)	II DC ENGLISH
38	MANACY MARIYA ISAC (F)	II DC ENGLISH
39	MEENAKSHI T A (F)	II DC ENGLISH
40	MERIN JOSEPH (F)	II DC ENGLISH
41	NANDANA K S (F)	II DC ENGLISH
42	NIKHILA R (F)	II DC ENGLISH
43	NIKITHA NELSON (F)	II DC ENGLISH
44	RAKHIMOL P S (F)	II DC ENGLISH
45	RHON THOMAS (F)	II DC ENGLISH
46	SANIA SAJU (F)	I DC ENGLISH
47	ABISHA ANTONY	I DC ENGLISH
48	AGNESS JOSEPH	I DC ENGLISH
49	AKSA ROY	I DC ENGLISH

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51	ALIYA VS	I DC ENGLISH
52	AMY MARY ABRAHAM	I DC ENGLISH
53	ANCY MS	I DC ENGLISH
54	ANEESHA CN	I DC ENGLISH
55	ANGEL C KURIAN	I DC ENGLISH
56	ANGEL JOY	I DC ENGLISH
57	ANJALY M	I DC ENGLISH
58	ANJANA JOHNSON	I DC ENGLISH
59	ANJU MADHU	I DC ENGLISH
60	ANN MARIA THOMAS	I DC ENGLISH
61	ANN VARGHESE	I DC ENGLISH
62	ANNA JOSEPH	I DC ENGLISH
63	DEVANANTHA PUSHPAN	I DC ENGLISH
64	GAYTHRIKUTTY S	I DC ENGLISH
65	GOURIKRISHNA S	I DC ENGLISH
66	HARIPRIYA J	I DC ENGLISH
67	JEFFNET JOSEPH	I DC ENGLISH
68	KRISHNENDU KP	I DC ENGLISH
69	LIBY MARIA BIJU	I DC ENGLISH
70	MALAVIKA R	I DC ENGLISH
71	MARIA CHACKO	I DC ENGLISH
72	MARIYA THOMAS	I DC ENGLISH

73	NANDANA PP	I DC ENGLISH
74	NAYANA BABU	I DC ENGLISH
75	RIYA THOMAS	I DC ENGLISH
76	ROSE MARIYA JOSEPH	I DC ENGLISH
77	SHERIN FATHIMA AN	I DC ENGLISH
78	SREEDEVI K T	I DC ENGLISH
79	SREELAKSHMI KR	I DC ENGLISH
80	SREELAKSHMI MOHAN	I DC ENGLISH
81	TREESA JOJI	I DC ENGLISH
82	VINITTA SEBASTIAN	I DC ENGLISH
83	ALEENA SEBASTIAN	I DC ENGLISH
84	ANAKHA RAJU	I DC ENGLISH
85	ANUSREE ANILKUMAR	I DC ENGLISH
86	ASWATHY P.J	I DC ENGLISH
87	DEVIPRIYA V.R	I DC ENGLISH
88	GIRIMOL K.M	I DC ENGLISH
89	JAIME JAISON	I DC ENGLISH
90	KEERTHANA S	I DC ENGLISH
91	SURYAMOL S	I DC ENGLISH
92	YOGANANJANASREE V	I DC ENGLISH
93	SHINCY SABU	I DC ENGLISH
94	NANDANA JAYARAM	III DC ENGLISH
95	NIHA HEADLY	III DC ENGLISH

96	RENJU JACOB	III DC ENGLISH
97	SANDRA ROSE MARY	III DC ENGLISH
98	SNEHA TOMY	III DC ENGLISH
99	SONA D MARIA	III DC ENGLISH
100	SYMPHONY S. JANAKI	III DC ENGLISH
101	LIN BAIJU	III DC ENGLISH
102	ALEENA SIBY	III DC ENGLISH
103	AIMEY MARIA SAJAN (F)	II DC ENGLISH
104	AKSA JOHN (F)	II DC ENGLISH
105	AKSHARA M. NAIR (F)	II DC ENGLISH
106	ALFI TOMY (F)	II DC ENGLISH
107	AMRUTHA BALAKRISHNAN (F)	II DC ENGLISH
108	ANN MARIA GEORGE (F)	II DC ENGLISH
109	ANN MARIA JOSE (F)	II DC ENGLISH
110	ANN MARIYA JOSE (F)	II DC ENGLISH




 REV. DR. JOSE JOSEPH
 HOD
 DEPARTMENT OF ENGLISH

ALPHONSA COLLEGE, PALA

Department of English

SEMINAR: "EXERCISE IS MEDICINE FOR TOTAL FITNESS"

DATE: 21.03.2022


List of Participants: 60

NO	NAME	BATCH
1	ABHIRAMI J	I MA ENGLISH
2	AISWARYA RAVEENDRAN	I MA ENGLISH
3	ALEENA KURIAKOSE	I MA ENGLISH
4	ELAIN ANTONY	I MA ENGLISH
5	ABHIRAMI J	I MA ENGLISH
6	RITHIKA SAIRA THOMAS	III DC ENGLISH
7	ROSE MARY	III DC ENGLISH
8	SANDRA M.B	III DC ENGLISH
9	SILPA SHIBU	III DC ENGLISH
10	SONA JAMES	III DC ENGLISH
11	SREELEKSHMI S	III DC ENGLISH
12	SWATHY MOHAN	III DC ENGLISH
13	ABHIRAMI BOSE	III DC ENGLISH
14	ANAMIKA B	III DC ENGLISH
15	ANN MARY MANI	III DC ENGLISH
16	ANU MATHUKUTTY	III DC ENGLISH
17	ANUSHITHA SABU	III DC ENGLISH
18	ARCHA K AMBU	III DC ENGLISH
19	ASHIN SUSAN JOSEPH	III DC ENGLISH
20	ASWATHY P.S	III DC ENGLISH
21	ATSA K PADASSERY	III DC ENGLISH
22	CHRISTY SUSAN THOMAS	III DC ENGLISH

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25	MALAVIKA S. NAIR	III DC ENGLISH
26	NANDANA JAYARAM	III DC ENGLISH
27	NIHA HEADLY	III DC ENGLISH
28	RENJU JACOB	III DC ENGLISH
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32	SYMPHONY S. JANAKI	III DC ENGLISH
33	LIN BAIJU	III DC ENGLISH
34	ALEENA SIBY	III DC ENGLISH
35	DEVIKA DAMODARAN	III DC ENGLISH
36	AILEEN MARY SAJU	III DC ENGLISH
37	ALEENA SABU	III DC ENGLISH
38	ANAINA PRAKASH K T	III DC ENGLISH
39	ANGELA MATHEW	III DC ENGLISH
40	ANJALY T ROY	III DC ENGLISH
41	ANN MARIA JOHN	III DC ENGLISH
42	ANN MARIA PETER	III DC ENGLISH
43	ANN ROSE AJAY	III DC ENGLISH
44	ANNU MARIA BINO	III DC ENGLISH
45	ANU ALPHONS JACOB	III DC ENGLISH
46	ATHIRA RAJAN	III DC ENGLISH

47	ATHULYA K S	III DC ENGLISH
48	BHADRA G	III DC ENGLISH
49	BHAVYA K V	III DC ENGLISH
50	BINDHUJA V S	III DC ENGLISH
51	DEVIKA RAMESH	III DC ENGLISH
52	DHANYA DIVAKARAN	III DC ENGLISH
53	DONA MATHEW	III DC ENGLISH
54	ELIZABETH GEORGE	III DC ENGLISH
55	GOURIMAYA R	III DC ENGLISH
56	JESNA JOSE	III DC ENGLISH
57	JESNA THANKACHAN	III DC ENGLISH
58	KEZIAH ANN JOSE	III DC ENGLISH
59	LIDA JOHNSON	III DC ENGLISH
60	LIN MARY DAI	III DC ENGLISH




 REV. DR. JOSE JOSEPH
 HOD
 DEPARTMENT OF ENGLISH

ALPHONSA COLLEGE, PALA
DEPARTMENT OF ENGLISH
SEMINAR: “NUANCES OF THE ENGLISH LANGUAGE”
DATE: 20.01.2022

LIST OF PARTICIPANTS: 110

NO	NAME	BATCH
1	ALEENA KURIAKOSE	I MA ENGLISH
2	ELAIN ANTONY	I MA ENGLISH
3	JOMOL VARKEY	I MA ENGLISH
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21	TES ELIZABETH MATHEW (F)	II DC ENGLISH
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76	ROSE MARIYA JOSEPH	I DC ENGLISH
77	SHERIN FATHIMA AN	I DC ENGLISH
78	SREEDEVI K T	I DC ENGLISH
79	SREELAKSHMI KR	I DC ENGLISH
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83	ALEENA SEBASTIAN	I DC ENGLISH
84	ANAKHA RAJU	I DC ENGLISH
85	ANUSREE ANILKUMAR	I DC ENGLISH
86	ASWATHY P.J	I DC ENGLISH
87	DEVIPRIYA V.R	I DC ENGLISH
88	GIRIMOL K.M	I DC ENGLISH
89	JAIME JAISON	I DC ENGLISH
90	KEERTHANA S	I DC ENGLISH
91	SURYAMOL S	I DC ENGLISH
92	YOGANANJANASREE V	I DC ENGLISH
93	SHINCY SABU	I DC ENGLISH
94	NANDANA JAYARAM	III DC ENGLISH
95	NIHA HEADLY	III DC ENGLISH

96	RENJU JACOB	III DC ENGLISH
97	SANDRA ROSE MARY	III DC ENGLISH
98	SNEHA TOMY	III DC ENGLISH
99	SONA D MARIA	III DC ENGLISH
100	SYMPHONY S. JANAKI	III DC ENGLISH
101	LIN BAIJU	III DC ENGLISH
102	ALEENA SIBY	III DC ENGLISH
103	AIMEY MARIA SAJAN (F)	II DC ENGLISH
104	AKSA JOHN (F)	II DC ENGLISH
105	AKSHARA M. NAIR (F)	II DC ENGLISH
106	ALFI TOMY (F)	II DC ENGLISH
107	AMRUTHA BALAKRISHNAN (F)	II DC ENGLISH
108	ANN MARIA GEORGE (F)	II DC ENGLISH
109	ANN MARIA JOSE (F)	II DC ENGLISH
110	ANN MARIYA JOSE (F)	II DC ENGLISH

REV. DR. JOSE JOSEPH
HOD
DEPARTMENT OF ENGLISH

ALPHONSA COLLEGE, PALA

Department of English

SEMINAR: “EXERCISE IS MEDICINE FOR TOTAL FITNESS”

DATE: 21.03.2022

List of Participants: 60

NO	NAME	BATCH
1	ABHIRAMI J	I MA ENGLISH
2	AISWARYA RAVEENDRAN	I MA ENGLISH
3	ALEENA KURIAKOSE	I MA ENGLISH
4	ELAIN ANTONY	I MA ENGLISH
5	ABHIRAMI J	I MA ENGLISH
6	RITHIKA SAIRA THOMAS	III DC ENGLISH
7	ROSE MARY	III DC ENGLISH
8	SANDRA M.B	III DC ENGLISH
9	SILPA SHIBU	III DC ENGLISH
10	SONA JAMES	III DC ENGLISH
11	SREELEKSHMI S	III DC ENGLISH
12	SWATHY MOHAN	III DC ENGLISH
13	ABHIRAMI BOSE	III DC ENGLISH
14	ANAMIKA B	III DC ENGLISH
15	ANN MARY MANI	III DC ENGLISH
16	ANU MATHUKUTTY	III DC ENGLISH
17	ANUSHITHA SABU	III DC ENGLISH
18	ARCHA K AMBU	III DC ENGLISH
19	ASHIN SUSAN JOSEPH	III DC ENGLISH
20	ASWATHY P.S	III DC ENGLISH
21	ATSA K PADASSERY	III DC ENGLISH
22	CHRISTY SUSAN THOMAS	III DC ENGLISH

23	EMMA MARIA JOSEPH	III DC ENGLISH
24	MAHIMA THOMAS	III DC ENGLISH
25	MALAVIKA S. NAIR	III DC ENGLISH
26	NANDANA JAYARAM	III DC ENGLISH
27	NIHA HEADLY	III DC ENGLISH
28	RENJU JACOB	III DC ENGLISH
29	SANDRA ROSE MARY	III DC ENGLISH
30	SNEHA TOMY	III DC ENGLISH
31	SONA D MARIA	III DC ENGLISH
32	SYMPHONY S. JANAKI	III DC ENGLISH
33	LIN BAIJU	III DC ENGLISH
34	ALEENA SIBY	III DC ENGLISH
35	DEVIKA DAMODARAN	III DC ENGLISH
36	AILEEN MARY SAJU	III DC ENGLISH
37	ALEENA SABU	III DC ENGLISH
38	ANAINA PRAKASH K T	III DC ENGLISH
39	ANGELA MATHEW	III DC ENGLISH
40	ANJALY T ROY	III DC ENGLISH
41	ANN MARIA JOHN	III DC ENGLISH
42	ANN MARIA PETER	III DC ENGLISH
43	ANN ROSE AJAY	III DC ENGLISH
44	ANNU MARIA BINO	III DC ENGLISH
45	ANU ALPHONS JACOB	III DC ENGLISH
46	ATHIRA RAJAN	III DC ENGLISH

47	ATHULYA K S	III DC ENGLISH
48	BHADRA G	III DC ENGLISH
49	BHAVYA K V	III DC ENGLISH
50	BINDHUJA V S	III DC ENGLISH
51	DEVIKA RAMESH	III DC ENGLISH
52	DHANYA DIVAKARAN	III DC ENGLISH
53	DONA MATHEW	III DC ENGLISH
54	ELIZABETH GEORGE	III DC ENGLISH
55	GOURIMAYA R	III DC ENGLISH
56	JESNA JOSE	III DC ENGLISH
57	JESNA THANKACHAN	III DC ENGLISH
58	KEZIAH ANN JOSE	III DC ENGLISH
59	LIDA JOHNSON	III DC ENGLISH
60	LIN MARY DAI	III DC ENGLISH

REV. DR. JOSE JOSEPH
HOD
DEPARTMENT OF ENGLISH

The Importance of Moral, Cultural and Social Values in Family

Attendance List - 3 March 2022

Sl. No	NAME OF STUDENT
1	ADITHYA THERES DOMINIC
2	AISWARIYA SURENDRAN
3	AJEENA ELSITTA JOSEPH
4	ANAKHA VIJAYAN
5	ANCY SARA SAJAN
6	ANILAMOL T S
7	ANJALI SHAJI
8	ANLY TOMY
9	ANSHIDHA MOL K
10	APARNA SHAJI
11	ARATHY A S
12	ATHIRA MADHU
13	ATHIRA B
14	BIDHYA SEBASTIAN
15	CHAITHRA T B
16	DELEENA PRINCE
17	DONA J KAPPEN
18	JINCYMOL JOSE
19	JOICY ANTONY
20	JYOTHI ROY
21	MANYA MANOJ
22	NAVEENA ELIZEBETH ANTONY
23	NIVYAMOL SEBASTIAN
24	NOVA CIBY
25	RIYA ANNA SAJEEV
26	SEETHA LAKSHMY T J
27	SNEHA PRAKASH
28	UTHARA C M
29	ANN MARIA A B
30	AKSHAYA PRADEEP
31	ANGEL THOMAS
32	ANNS MARY KURIAKOSE
33	ARATHY KRISHNAN
34	NANDANA S KUMAR
35	NAVYA JAMES
36	PANCHAMI B
37	SHERIN C BABY
38	SOUNDHARYA S A
39	GREESHMA SONNY
40	AARYA M.S.
41	AISHA T. SABEER
42	AISWARYA P.S.
43	ANGELINE LUKA

Manya
Manya
Teena James
Women Cell Co-ordinator

HEAD OF THE DEPARTMENT
P.G. Dept. of Zoology
Alphonsa College, Pala.

44	ANJALI PAULOSE
45	ANU SEBASTIAN
46	ATHULYA ANDREWS
47	GAYATHRI PRAKASH
48	GAYATHRY RAJAN
49	MARIA VIANY JOHNSON
50	MERIN MARIYA BINOY
51	NOURIN THAHA
52	RIYA TOM
53	SNEHA SABU
54	VIDYA VIJAYAKUMAR
55	ALBY SIBY
56	AMRUTHA SURESH
57	ANAKHA K.B.
58	ANINA BIJU
59	ANJANA K.S.
60	ANJANADEVI T.M.
61	APARNA SANTHOSH
62	APARNA T.
63	ASWATHY V.
64	CHINCHU SABU
65	DIVYA S.
66	GANGA N.B.
67	HAFILA C.V.
68	NAMITHAKRISHNA RATHEESH
69	NASRI U.
70	NIRANJANA ASHOK
71	NIVEDITA HAREESH
72	SHOMY JAYAN
73	SONA MARIA CHANDY
74	SREEKUTTY K.S.
75	SREELAKSHMI K.
76	NOWRIN K FATHIMA
77	GOWRI PRASANTH
78	FATHIMA FILDA
79	NANDANA SURESH
80	TREESA JOHNEY
81	EDNA THOMAS
82	ASMAYA BAHULAYAN
83	PARVATHY S KUMAR
84	ANUJA SHAJI JOSE
85	KEERTHI KRISHNA P.
86	CHRISTINA JAMES
87	HAZNA HARIS
88	ASNAMOL S.S.
89	PRIYA RAJU
90	VAISHNAVI P. T.
91	REMYAKUMARY S V

Teena James
Teena James

Women Cell Co-ordinator

Manjini
HEAD OF THE DEPARTMENT

P.G. Dept. of ...

...

92	SREEKUTTY BINU
93	VISHNUMAYA V. C.
94	ARDHIRA K.S.
95	NEERAJA SUNIL
96	ANAMIKA K PRADEEP
97	JILBI JOSE
98	ANSU JAMES
99	SNEHA SHIBU
100	GOURI KRISHNA S
101	SAARIKA S. NAIR
102	ATHIRA REGHU
103	GOURI SANTHOSH
104	AMEENA P SHAHUL
105	ARDRA VINOD
106	DEVIKA S
107	NIHALA NAJMU C
108	KEERTHANA SHAJI
109	LALITHA LEENU
110	NAVYA MANESH
111	MEENUMOL E J
112	ACHU SHAJU
113	ADITHYA REJITH
114	ANJANA SANTHOSH
115	ARUNIKA U NAIR
116	ARYAMOL S
117	ASHLY ANTONY
118	BHAVANA RAJAN
119	DEVIKA SAJI
120	DEVIKA VIJAYAN
121	GOPIKA BABU
122	HRUDYA ANIL
123	KRISHNA A.S
124	KRISHNA G NATH
125	KRISHNAJA MANOJ
126	MERIN GIJO
127	REVATHY RESHMA T S
128	SANTHRA SIBY
129	SEETHAL SURESH
130	SNEHA JOSEPH
131	SREELAKSHMI BABU
132	TEENA SIBI
133	ABHIRAMI S. HARI
134	ACQULIN RAJESH
135	ADITHYA K. SASI
136	AISWARYA J NAIR
137	ALAINA SUDHEER
138	AMRITHA K M
139	ANJANA A. NAIR

Teena James
Teena James
Women Cell Co-ordinator

Mamya
HEAD OF THE DEPARTMENT
Biology
Pala

140	ANNA THOMAS MATHEW
141	ATHITHI REEMA
142	AVANTHIKA R PILLAI
143	DEVIKA I
144	DEVIKA SANTHOSH
145	DONA MATHEW
146	HARISHIMA HARIDAS
147	HEBSIBA SORU
148	JASMINE MATHEW
149	KARTHIKA K K
150	MITHRAVRINDA K.C
151	NANDHANA M KAIMAL
152	NIMISHA SASI
153	PARVATHY S. NAIR
154	RIYA JOSHY
155	SANGEETHA EMMANUEL
156	SOJA GEORGE
157	SONAMOL GEORGE
158	SREELAKSHIMI SANTHOSH
159	VARSHA P S
160	ADITHYA M
161	AISWARYA LAI
162	AISWARYA REJI
163	AJEESHAMOL RAJU
164	AJINI THANKACHAN
165	AKHILA BYJU
166	ALEENA THOMAS
167	ALIN GEORGE
168	AMBILY C NAIR
169	ANILA BIJU
170	ANITHA ANTONY
171	ARYA MOL T U
172	ASHLY ZACHARIAS
173	ASHMI SAJI
174	ASWATHY PRABHAKARAN
175	ATHIRA SANTHOSH
176	ATHIRAMOL P B
177	DELNA SHAJI
178	DIVYA SURESH
179	GEETHIKA THAMPI
180	JINNU MARIA JOSE
181	JOSMI MARIA JOHN
182	JOSMY THOMAS
183	KRISHINAPRIYA. V.M.
184	LANCIYA P. SAJI
185	LAVANYAKA T B
186	NANDANA BABU.A.K
187	NEELIMA K S

Neena
Neena James
Women Cell Co-ordinator

HEAD OF THE DEPARTMENT
P.G. Dept. of Chemistry

Neena

188	PARVATHI SREENIVASAN
189	RADHI M. M
190	RENUKA RAJAN
191	SANGEETHA ANN THOMAS
192	SHAHINA NOORJAHAN. S
193	SNEHA SIBY
194	SREELEKHA P S
195	SRUTHI P S
196	THERESE JOSEPH
197	ABIYA BENNY
198	AMALA MATHEW
199	ANAGHA SATHEESH
200	APARNA AJAYAKUMAR

M. Leela
Teena James
Womens cell
Co-ordinator

Mamiji
HEAD OF THE DEPARTMENT
P.G. Dept of Zoology
Alphonsa College, Pala.

DEPARTMENT OF MATHEMATICS

LaTeX COURSE 2021-2022

ATTENDANCE SHEET

Sl.No.	Name	18/09/2021	25/09/2021	23/10/2021	30/10/2021	20/11/2021	27/11/2021
1.	Akshara Babu	<u>Ak</u>	<u>Ak</u>	<u>Ak</u>	<u>Ak</u>	<u>Ak</u>	<u>Ak</u>
2.	Alby Joseph	<u>Alby</u>	<u>Alby</u>	<u>Alby</u>	<u>Alby</u>	<u>Alby</u>	<u>Alby</u>
3.	Aleena Benny	<u>Aleena</u>	<u>Aleena</u>	<u>Aleena</u>	<u>Aleena</u>	<u>Aleena</u>	<u>Aleena</u>
4.	Ann Mariya Sunny	<u>Ann</u>	<u>Ann</u>	<u>Ann</u>	<u>Ann</u>	<u>Ann</u>	<u>Ann</u>
5.	Anne Maria S	<u>Anne</u>	<u>Anne</u>	<u>Anne</u>	<u>Anne</u>	<u>Anne</u>	<u>Anne</u>
6.	Anupa Sajan	<u>Anupa</u>	<u>Anupa</u>	<u>Anupa</u>	<u>Anupa</u>	<u>Anupa</u>	<u>Anupa</u>
7.	Aswathy Sunil	<u>Asw</u>	<u>Asw</u>	<u>Asw</u>	<u>Asw</u>	<u>Asw</u>	<u>Asw</u>
8.	Christy M	<u>Ch</u>	<u>Ch</u>	<u>Ch</u>	<u>Ch</u>	<u>Ch</u>	<u>Ch</u>
9.	Devika Haridas	<u>Devika</u>	<u>Devika</u>	<u>Devika</u>	<u>Devika</u>	<u>Devika</u>	<u>Devika</u>
10.	Diliya Elizebath Denny	<u>Diliya</u>	<u>Diliya</u>	<u>Diliya</u>	<u>Diliya</u>	<u>Diliya</u>	<u>Diliya</u>
11.	Diya Anna Reji	<u>Diya</u>	<u>Diya</u>	<u>Diya</u>	<u>Diya</u>	<u>Diya</u>	<u>Diya</u>
12.	Diya Rajan	<u>Diya</u>	<u>Diya</u>	<u>Diya</u>	<u>Diya</u>	<u>Diya</u>	<u>Diya</u>
13.	Essa Raincy	<u>Essa</u>	<u>Essa</u>	<u>Essa</u>	<u>Essa</u>	<u>Essa</u>	<u>Essa</u>
14.	Josna Jose	<u>Josna</u>	<u>Josna</u>	<u>Josna</u>	<u>Josna</u>	<u>Josna</u>	<u>Josna</u>
15.	Josna Jose	<u>Josna</u>	<u>Josna</u>	<u>Josna</u>	<u>Josna</u>	<u>Josna</u>	<u>Josna</u>
16.	Neenatt Mary Jogi	<u>Neenatt</u>	<u>Neenatt</u>	<u>Neenatt</u>	<u>Neenatt</u>	<u>Neenatt</u>	<u>Neenatt</u>
17.	Neethu Thankachan	<u>Neethu</u>	<u>Neethu</u>	<u>Neethu</u>	<u>Neethu</u>	<u>Neethu</u>	<u>Neethu</u>
18.	Rosy Santo	<u>Rosy</u>	<u>Rosy</u>	<u>Rosy</u>	<u>Rosy</u>	<u>Rosy</u>	<u>Rosy</u>
19.	Sethu Prakash	<u>Sethu</u>	<u>Sethu</u>	<u>Sethu</u>	<u>Sethu</u>	<u>Sethu</u>	<u>Sethu</u>
20.	Shreya Suresh	<u>Shreya</u>	<u>Shreya</u>	<u>Shreya</u>	<u>Shreya</u>	<u>Shreya</u>	<u>Shreya</u>
21.	Sona Rajesh	<u>Sona</u>	<u>Sona</u>	<u>Sona</u>	<u>Sona</u>	<u>Sona</u>	<u>Sona</u>
22.	Teena Jose	<u>Teena</u>	<u>Teena</u>	<u>Teena</u>	<u>Teena</u>	<u>Teena</u>	<u>Teena</u>
23.	Tessa Joshy	<u>Tessa</u>	<u>Tessa</u>	<u>Tessa</u>	<u>Tessa</u>	<u>Tessa</u>	<u>Tessa</u>
24.	Vishnupriya Velmurugan	<u>Vis</u>	<u>Vis</u>	<u>Vis</u>	<u>Vis</u>	<u>Vis</u>	<u>Vis</u>
25.	Adithya Nandakumar	<u>Adithya</u>	<u>Adithya</u>	<u>Adithya</u>	<u>Adithya</u>	<u>Adithya</u>	<u>Adithya</u>
26.	Alja Gifty T	<u>Alja</u>	<u>Alja</u>	<u>Alja</u>	<u>Alja</u>	<u>Alja</u>	<u>Alja</u>
27.	Anagha S Madhu	<u>Anagha</u>	<u>Anagha</u>	<u>Anagha</u>	<u>Anagha</u>	<u>Anagha</u>	<u>Anagha</u>
28.	Ann Maria Sunny	<u>Ann</u>	<u>Ann</u>	<u>Ann</u>	<u>Ann</u>	<u>Ann</u>	<u>Ann</u>
29.	Anupama Mohan	<u>Anu</u>	<u>Anu</u>	<u>Anu</u>	<u>Anu</u>	<u>Anu</u>	<u>Anu</u>
30.	Aswathy Manoharan	<u>Asw</u>	<u>Asw</u>	<u>Asw</u>	<u>Asw</u>	<u>Asw</u>	<u>Asw</u>
31.	Devika Babu	<u>Devika</u>	<u>Devika</u>	<u>Devika</u>	<u>Devika</u>	<u>Devika</u>	<u>Devika</u>
32.	Devika M Nair	<u>Devika</u>	<u>Devika</u>	<u>Devika</u>	<u>Devika</u>	<u>Devika</u>	<u>Devika</u>
33.	Dili Maria Maichal	<u>Dili</u>	<u>Dili</u>	<u>Dili</u>	<u>Dili</u>	<u>Dili</u>	<u>Dili</u>
34.	Manya Manoj	<u>Manya</u>	<u>Manya</u>	<u>Manya</u>	<u>Manya</u>	<u>Manya</u>	<u>Manya</u>
35.	Maria Thomas	<u>Maria</u>	<u>Maria</u>	<u>Maria</u>	<u>Maria</u>	<u>Maria</u>	<u>Maria</u>
36.	Minnu Lisbath Sebastian	<u>Minnu</u>	<u>Minnu</u>	<u>Minnu</u>	<u>Minnu</u>	<u>Minnu</u>	<u>Minnu</u>
37.	Mullasserri Ashmy Manoj	<u>Mullasserri</u>	<u>Mullasserri</u>	<u>Mullasserri</u>	<u>Mullasserri</u>	<u>Mullasserri</u>	<u>Mullasserri</u>
38.	Naviya Santhosh	<u>Naviya</u>	<u>Naviya</u>	<u>Naviya</u>	<u>Naviya</u>	<u>Naviya</u>	<u>Naviya</u>
39.	Noel Mariya Georgey	<u>Noel</u>	<u>Noel</u>	<u>Noel</u>	<u>Noel</u>	<u>Noel</u>	<u>Noel</u>
40.	Rosemary S.	<u>Rose</u>	<u>Rose</u>	<u>Rose</u>	<u>Rose</u>	<u>Rose</u>	<u>Rose</u>

Course Co-ordinator : Dr. Sr. Shweta Mathan

Head of the Department : Dr. Sr. Sonia K Thomas


DEPARTMENT OF MATHEMATICS

LaTeX COURSE 2021-2022

MARK LIST

Sl.No.	Name	Mark (Theory)	Mark (Practical)	Result
1.	Akshara Babu	35	50	Passed
2.	Alby Joseph	48	50	Passed
3.	Aleena Benny	42	50	Passed
4.	Ann Mariya Sunny	30	50	Passed
5.	Anne Maria S	31	50	Passed
6.	Anupa Sajan	49	50	Passed
7.	Aswathy Sunil	33	50	Passed
8.	Christy M	22	40	Passed
9.	Devika Haridas	29	45	Passed
10.	Diliya Elizebath Denny	32	50	Passed
11.	Diya Anna Reji	43	50	Passed
12.	Diya Rajan	43	50	Passed
13.	Essa Raincy	39	50	Passed
14.	Josna Jose	38	50	Passed
15.	Josna Jose	42	50	Passed
16.	Neenatt Mary Jogi	22	40	Passed
17.	Neethu Thankachan	35	50	Passed
18.	Rosy Santo	29	45	Passed
19.	Sethu Prakash	43	50	Passed
20.	Shreya Suresh	45	50	Passed
21.	Sona Rajesh	44	50	Passed
22.	Teena Jose	38	50	Passed
23.	Tessa Joshy	43	50	Passed
24.	Vishnupriya Velmurugan	28	40	Passed
25.	Adithya Nandakumar	20	40	Passed
26.	Alja Gifty T	39	50	Passed
27.	Anagha S Madhu	25	45	Passed
28.	Ann Maria Sunny	32	50	Passed
29.	Anupama Mohan	35	50	Passed
30.	Aswathy Manoharan	21	40	Passed
31.	Devika Babu	35	50	Passed
32.	Devika M Nair	35	50	Passed
33.	Dili Maria Maichal	25	40	Passed
34.	Manya Manoj	28	45	Passed
35.	Maria Thomas	30	50	Passed
36.	Minnu Lisbath Sebastian	41	50	Passed
37.	Mullasserri Ashmy Manoj	38	50	Passed
38.	Naviya Santhosh	26	40	Passed
39.	Noel Mariya Georgey	35	50	Passed
40.	Rosemary S.	48	50	Passed

Course Co-ordinator :


Dr. Sr. Shreya Mathew

Head of the Department : Dr. Sr. Sonia K Thomas



PG and Research Department of Zoology

Workshop on

ADVANCED TOOLS IN BIOLOGICAL SEQUENCE

ANALYSIS (Cognitio – 22')

(08.03.2022)

Serial No.	Name of the student	Class
1	AISWARYA C. T.	II Msc
2	ANCE JAMES	II Msc
3	ANGEL ELSA JOSE	II Msc
4	ANSU JOSEPH	II Msc
5	ARUNIMA M. S.	II Msc
6	ASWATHI V. V.	II Msc
7	LINIMOL GEORGE	II Msc
8	LINYMOL JOSEPH	II Msc
9	MERENE BENNY	II Msc
10	MERINA JOY	II Msc
11	RIYA JOSE	II Msc
12	SHARLET P. JOY	II Msc
13	SONA LIS SHANTY	II Msc
14	AMAL MARIA J	II Msc
15	SANDHRA MERIA BABU	I Msc
16	SHERIN GEORGE	IMsc
17	SANDHRA MERIA BABU	I Msc
18	SUNU JOSEPH	I Msc
19	NAVYA MOHAN	IMsc
20	MERLIN THOMAS	IMsc
21	ARYARAJ P	I Msc
22	ANJUMOL S	I Msc
23	AMALA WILSON	I Msc
24	AKSHARA VELAYUDHAN	I Msc

25	JOSHNA SAM	I Msc
26	ARYANANADA	IMsc
27	REENA K	I Msc
28	SOJI MOL M.	I Msc
29	JAIMY RANI D.	I Msc
30	TEENA TOM	I Msc
31	RINTU DAVE	I Msc
32	ANCE MARIA	IMsc
33	DONA KAPPEN	IMsc
34	NAVEENA T.	I Msc
35	NANDHANA S.	I Msc

Mammy

HEAD OF THE DEPARTMENT
P.G. Dept. of Zoology
Alphonsa College, Pala.

ALPHONSA COLLEGE PALA PARTICIPANTS LIST FOR CLASSICAL DANCE

1	Varsha	Mannaramattam pala po
2	Alphonsa Joshy	Puthen Veetil (h) , Palakkuzhy (p.o), Palakkuzhy, Palakkad.
3	Sneha sabu	Thayyil house poovarany
4	Sreena.K	Kunhiparambath house po paral kalliltazha Thalassery
5	Anjana Therese Mathew	Anjana Therese Mathew Vettathu (H) Kizhapparayar P.O, Parappally, Pin:-686578
6	Jaya S Nair	Devivilasam (H) Vanchimala P. O Moozhikadu
7	Janet Shan Joy	janetahanjoy@gmail.com
8	Janet Shan Joy	janetahanjoy@gmail.com
9	Mira Mariyam Nazeer	Mukkalickal [H] Aruvithura P. O Erattupetta
10	Parvathy unni	Veachukunnel house Panammattom house Kottayam - 686522
11	Jerome Alex	Kavukattu house kattappana south p.o santhi nagar kattappana idukki kerala
12	Akhitha Prallas	Puthusseril house Ramapuram bazar P.O Kottayam 686576
13	Anaina Sunny	Chakiriyamthadathil (H) Koorali P. O Elamgulam
14	Mira Mariyam Nazeer	Mukkalickal [H] Aruvithura P. O Erattupetta.
15	Athira santhosh	Appakuzhiyil Adimali p.o Viswadeepthi nagar
16	Mariya Sebastian	Alappattukunnel (H),Plassanal PO, Kottayam (D)
17	Roshni shah	Puthenpuramaliyel maravanthuruthu po vaikom
18	Reenu Mathew	Chackalackal h Kozha Po Kuravilangad
19	Linu mary K.J	Kandamkery (h) Kootupuzha (p.o) Peratta, pin: 670706
20	Jobin Jose	Melettu h, kanchiyar p.o palakkada, Idukki (d.t)
21	Bindu Joshy	Puthen Veetil (h), Palakkuzhy(p.o), Palakkuzhy, Palakkad.
22	Shallet Maria Varghese	Malayil (h) , sanyasioda p o, sanyasioda,Idukki , pin: 685552
23	Moncey Dominic	Aryankalamattil house Kurumulloor p.o kankary Kottayam
24	Bincymol chacko	Thadathil h Monippally p.o
25	Aiswarya Laneesan	Chaluvallil meenachil p o pala
26	SREELAKSHMI PRABHU	THAZHUPARAMBIL HOUSE KANJIRAMATTOM P O AMBALLOOR ERNAKULAM DISTRICT
27	Meenakshi v Raju	Veluthedathuparambil
28	Neenatt Mary Jogi	Vayalikunnel, Poonjar
29	Athulya Dinesan	Pozhanadiyil paduva po mattakkara kottayam
30	Sona Mathew	Vattapalam (H) Kayyoor p.o

31	Devanarayan	Sasthamcotta ,kollam
32	Neha jaison	Kizhakkayil(h) Puliyannoor PO Thekkummury, kottayam
33	Anmy Jose	Kottoor(H) Nadakkavu P. O., Udayamperoor
34	Elice Jose	Plavanakuzhiyil (H) Santhigram P. O Idukki, 685514
35	Aswathy Ashokan	Kochuvayalil (H) Anthinadu (po) kottayam
36	Arya Arun	Arun BHAVAN vazhoor po kodungoor , kottayam
37	Rosina maria biju	Kaippananickal (h) vellayamkudy p .o kanakalipady
38	Malu	???
39	Maria Jose	Melettu (h) Kanchiyar po Kanchiyar
40	NAVAMI S NAIR	PALACKAL (h) Mallikassery p o , Vilakkumadom, kottayam, kerala , 686577
41	Emil Mathew	Kaviyil(h), Anjoottimangalam(p.o), Valiyakavumpram, Kottayam(dt), Pin:686579
42	PANCHAMI S NAIR	Velayath
43	Anjana Devi TM	Thannickal, Amara p o Changanacherry kottayam
44	Renjini Radhakrishnan	Keerthi nivas north aryad po alappuzha
45	Aparna santhosh	Plakkanathil house Mathaippara po kuvaletttam
46	ANJALY ROY	THAZHATHUVETIL (H) Aruvethura p.o Erattupetta
47	Sona Maria Chandy	Chelamattathil (h), Padinjattinkara p.o
48	Chinchu Sabu	Chempananikel (H) Ayyappancovil.Po Mattukatta Idukki dst
49	SETHULAKSHMI RAMESH	KUZHIVELIL (H) MUNIYARA PO THINKALKADU IDUKKI
50	Rosy Santo	Pullattu (H) Teekoy P.O
51	Ganga S Nair	Varickayil Karottu, murickumpuzha, pala P. O
52	sara sherin	Maramon
53	Gilu johny	Thalananickal
54	Amrutha ks	Kolormunda h thirunelly thirunelly temple po wayanad
55	Merin	Nalarapparayil (H) kidangoor p. o kottayam
56	Adithya Anil	Ramanchira Karikayam PO Kodumudi
57	Karthika	Gopika Elanthur Pathanamthitta

ASSOCIATION INAUGURATION ATTENDANCE

	Members present : 57 (Duplicates removed)	Members present : 54 (Duplicates removed)	Members present : 61 (Duplicates removed)
Sl. No	III DC Economics Students	II DC Economics	II DC Economics
1.	AGILE JOSE	AKSHAYAMOL T	Anaswara.V
2.	AKHILA K S	ANCILLA SEBASTIAN	Aryamol Mohanan
3.	Akhila M Raju	ANUSREE ASHOKAN	ASWANI K S
4.	Amina Raheem	Abina Antony	CHRISTA MARINA JOSEPH
5.	Anakha Roy	Aiswarya C Raj	Binila k Anil
6.	Ancymol Abraham	Aleena Jacob	Vinaya Vinod
7.	Anjaly achu	Alisha Pascal	Devika Biju
8.	Smitha Clary	Minnu Theresa	Anjali T. R
9.	Minu Mary	Amal Mariya Sibi	Adhithya vinod
10.	Anumol Sivan	Anitta Babu	Dona mariya Joshy
11.	Aparna Surendran Ullattil	Anns Santhosh	Gopika M G
12.	Arathy M.P.	Annsmol Augustine	DEVU SURESH
13.	Archana Saji	Annu Thomas	NEHA MARY SUNIL
14.	Aswathi J	Ansu Paul Raj	Athira Mani
15.	Anju Mol S	Smitha Clary	Anaswara.V
16.	Aswathy Binu	Arya P S	Ammu k. c
17.	Athulyamolbenny	Aswathy gangadharan	Ann Mariya Shine Thomas
18.	Binta Babu	Athira Shaju	ANJANA JOSE
19.	Deepa Jolly	Beema Salam	Anupriya K V
20.	Devika Santhosh	Biby Binu	Athulya Rajan
21.	Diya Alex	CS DHANYA	Nikitha Joseph
22.	Dona Jose	Devika Ajayakumar	Nandana Manoj
23.	Priya Mary	Jesna Jose	Ayona Biju
24.	Dona Maria Paul	Dona Siby	Tintu Charlin
25.	Freya Elsa Abraham	Gouri S Krishna	Nandana Manoj
26.	Gipsa George	Greeshma Elsa sujesh	Vani Pradeep
27.	Gopika Gopi	Jayalakshmi Lals	Veena Pradeep
28.	Haranya S	Jennifer Stanly	Reshmi CR
29.	JEEVA SAM	Gopika PG	Anju Mathew
30.	Jilu Saji	Josna Jojo	Rosmi Rose Thomas
31.	Jomol Jose	Littymol Sam	Anna Shajan
32.	Josna Tressa Philip	MIRA MARIYAM NAZEER	Chanchal Krishna R
33.	Libina Mathew	Nia Rose Aloysius	Sona Siby
34.	Malu V	Nivya Francis	Teenu Alphonse Mathews
35.	Mariya Joseph	Parvathy Suresh	Aneesha .k. Jose

36.	Mariya Treesa Rajesh	RUBITHRA PALANIKUMAR	Dona Bose
37.	Meenakshi Ullas	Remy Saji	Serin Biju
38.	Nandana Prasad	Rose Mary Geo Cyriac	Aleena Thomas
39.	Navamika prasad	Rosemery Babu	Arya Jayan
40.	Nise Martin	SAN SABU	Anjitha S Aswani
41.	ROHITHA JAISON	SANDRA CHANDRAN	Reshma joy
42.	SONA P SAJU	SREELAKSHMI PRABHU	Jayalakshmi.s
43.	Salini Cs	Sajitha Mohan	SREEDEVI K S
44.	Sandra Satheesh	Seethal. K.Santhosh	SREEDEVI K S
45.	Shanimol	Sethu Lakshmi	MANEESHA MP
46.	Sona John	Shelmy Sunny	Anumol Thomas
47.	Sradha Biju	Sherin Christopher	Tilna Tomy
48.	Sreelakshmi G	Theresa Cyril	Anitta varghese
49.	Surya S	anakha ann	Adithya k r
50.	akhalya kb	diya frankson	Fathima PP
51.	anmaria jose	mary george	Anu mol Biju
52.	annu bimal	shahanas pk	Amiya G Mukalel
53.	aparna c r	sona s	KrishnapriyaLalu
54.	bini george	vishnu priya	WISHES PHILIP
55.	diya frankson		Josna Thomas
56.	sneha s		Ammu k. c
57.	sruthi vs		Laya Biju
58.			Arathy siva
59.			ASWANI K S
60.			Neeraja vinod
61.			Gopika PG


Pr. H. C. D.

H.C.D.
Department of Economics
Alphonsa College, Pala

DEPARTMENT OF ECONOMICS
List of students participated in Budget Analysis
04/02/2022

AKSHAYAMOL T	
Amal Mariya Sibi	ANUPA MATHEW
Anjali VT	Abina Antony
Aparna Surendran Ullattil	Adithya Kr
Arathy M.P.	Aleena Meriya Saji
Arya P S	Alina Gigi
Aswathi J	Alisha Pascal
Devika Biju	Amina Raheem
Feeba Thomas	Amiya G Mukalel
Gouri S Krishna	Ammu Kc
Jayalakshmi Lals	Anakha Roy
Nandana Manoj	Anaswara. V
Nanditha Udayaraj	Anitta Babu
Navamika Prasad	Anjali Raman
Nise Martin	Anjana Appukuttan
Sajitha Mohan	Anjana Jose
Sherin Christopher	Anju Mathew
anju tomy	Ann Maria Jose
annu bimal	Ann Maria Shine Thomas
diya frankson	Anna Shajan
tintu charlin	Annu Thomas
	Anumol Biju
	Jayalakshmi Santhosh
Aparna Surendran Ullattil	Jilu Saji
Archana Saji	Josna Tressa Philip
Arya Jayan	Krishnapriya Lalu
Arya Mol Mohanan	Littymol Sam
Arya P S	MALAVIKA
Athira Mani	Malu V
Athira Shaju	Mariya Treesa Rajesh
Athulyamolbenny	Mary George
Beema Salam	Meenakshi Ullas
Binta Babu	Minnu Therese Sunny
Chanchal Krishna	Nandana Prasad
DEVU SURESH	Nanditha Udayaraj
Devika Santhosh	Neeraja Vinod
Dinu Maria Augustine	Neha Mary Sunil
Dona Bose	Nia Rose Aloysius
Dona Jose	Nikitha J
Dona Maria Paul	Parvathy Shabu


Dona Siby	Parvathy Suresh
Dona mariya	Parvathy Unni
Freya Elsa Abraham	Rahna Babu
Gipsa George	Remya George
Gopika Gopi	Reshmi CR
Gopika M.G	Rose Mary Geo Cyriac
Gopika Gopi	Rosemery Babu
Haranya S	SAN SABU
Teenu Alphonse	Sandra Satheesh
Theresa Cyril	Seethal. K.Santhosh
Vinaya Vinod	Sethu Lakshmi
anakha ann	Shanty Johny
anjitha saswani	Shelmy Sunny
anmaria jose	Smitha Clary Joseph
bini george	Soumyamol Jerarth
binila anil	Sreelakshmi Sasi
diya frankson	Surya S
meera k.s	Syamilly Sivadas
rosmi rose	sneha s
veena pradeep	teenumaria antony


H.O.D.
 Department of Economics
 Alphonse College, Pala

DEPARTMENT OF ECONOMICS
List of students participated in Budget Analysis
04/02/2022

AKSHAYAMOL T	
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Anjali VT	Abina Antony
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Arathy M.P.	Aleena Meriya Saji
Arya P S	Alina Gigi
Aswathi J	Alisha Pascal
Devika Biju	Amina Raheem
Feeba Thomas	Amiya G Mukalel
Gouri S Krishna	Ammu Kc
Jayalakshmi Lals	Anakha Roy
Nandana Manoj	Anaswara. V
Nanditha Udayaraj	Anitta Babu
Navamika Prasad	Anjali Raman
Nise Martin	Anjana Appukuttan
Sajitha Mohan	Anjana Jose
Sherin Christopher	Anju Mathew
anju tomy	Ann Maria Jose
annu bimal	Ann Maria Shine Thomas
diya frankson	Anna Shajan
tintu charlin	Annu Thomas
	Anumol Biju
	Jayalakshmi Santhosh
Aparna Surendran Ullattil	Jilu Saji
Archana Saji	Josna Tressa Philip
Arya Jayan	Krishnapriya Lalu
Arya Mol Mohanan	Littymol Sam
Arya P S	MALAVIKA
Athira Mani	Malu V
Athira Shaju	Mariya Treesa Rajesh
Athulyamolbenny	Mary George
Beema Salam	Meenakshi Ullas
Binta Babu	Minnu Therese Sunny
Chanchal Krishna	Nandana Prasad
DEVU SURESH	Nanditha Udayaraj
Devika Santhosh	Neeraja Vinod
Dinu Maria Augustine	Neha Mary Sunil
Dona Bose	Nia Rose Aloysius
Dona Jose	Nikitha J
Dona Maria Paul	Parvathy Shabu

Dona Siby	Parvathy Suresh
Dona mariya	Parvathy Unni
Freya Elsa Abraham	Rahna Babu
Gipsa George	Remya George
Gopika Gopi	Reshmi CR
Gopika M.G	Rose Mary Geo Cyriac
Gopika Gopi	Rosemery Babu
Haranya S	SAN SABU
Teenu Alphonse	Sandra Satheesh
Theresa Cyril	Seethal. K.Santhosh
Vinaya Vinod	Sethu Lakshmi
anakha ann	Shanty Johny
anjitha saswani	Shelmy Sunny
anmaria jose	Smitha Clary Joseph
bini george	Soumyamol Jerarth
binila anil	Sreelakshmi Sasi
diya frankson	Surya S
meera k.s	Syamilly Sivadas
rosmi rose	sneha s
veena pradeep	teenumaria antony


H.O.D.
 Department of Economics
 Alphonse College, Pala


FINANCIAL LITERACY CLASS

13/03/2021

Participants List

Sl No	NAME OF THE STUDENT	CLASS
1	Sradha Bijumon	III DC ECONOMICS
2	Gopika Gopi	III DC ECONOMICS
3	Sona P. Saju	III DC ECONOMICS
4	Libina Mathew	III DC ECONOMICS
5	Anakha Roy	III DC ECONOMICS
6	Jilu Saji	III DC ECONOMICS
7	Nandana Prasad	III DC ECONOMICS
8	Sreelakshmi Sasi	III DC ECONOMICS
9	Meenakshi Ullas	III DC ECONOMICS
10	Aparna C. R	III DC ECONOMICS
11	Deepa Jolly	III DC ECONOMICS
12	Annu Bimal	III DC ECONOMICS
13	Devika Santhosh	III DC ECONOMICS
14	Athulyamol Benny	III DC ECONOMICS
15	Aparna surendran	III DC ECONOMICS
16	Meera k.s	III DC ECONOMICS
17	Jomol Jose	III DC ECONOMICS
18	Anmaria jose	III DC ECONOMICS
19	Navamika Prasad	III DC ECONOMICS
20	Sruthi vs	III DC ECONOMICS
21	Dona Maria Paul	III DC ECONOMICS
22	Surya.S	III DC ECONOMICS
23	Soumyamol Jerarth	III DC ECONOMICS
24	Binta Babu	III DC ECONOMICS
25	Dona Jose	III DC ECONOMICS
26	ANITTA VARGHESE	III DC ECONOMICS
27	Arathy M P	III DC ECONOMICS
28	Nise Martin	III DC ECONOMICS
29	MARIYA JOSEPH	III DC ECONOMICS
30	Rohitha Jaison	III DC ECONOMICS
31	Maria Treesa Rajesh	III DC ECONOMICS
32	Anumol Sivan	III DC ECONOMICS
33	Aswathy Binu	III DC ECONOMICS
34	Anju Mol S	III DC ECONOMICS
35	Shalu thomas	III DC ECONOMICS
36	Freya Elsa Abraham	III DC ECONOMICS
37	Gipsa George	III DC ECONOMICS
38	Alisha Pascal	II DC ECONOMICS
39	Anakha Ann Thomas	II DC ECONOMICS
40	Ancilla Sebastian	II DC ECONOMICS
41	Ann Maria Jose	II DC ECONOMICS
42	Annu Thomas	II DC ECONOMICS

43	Ansu Paul Raj	II DC ECONOMICS
44	Anuja KA	II DC ECONOMICS
45	Arya P.S	II DC ECONOMICS
46	Dona Siby	II DC ECONOMICS
47	Keerthy Manoj	II DC ECONOMICS
48	P Rubithra	II DC ECONOMICS
49	Sajitha Mohan	II DC ECONOMICS
50	San Sabu	II DC ECONOMICS
51	Sona S	II DC ECONOMICS
52	Vishnu Priya	II DC ECONOMICS
53	Aiswarya C Raj	II DC ECONOMICS
54	Ajnu Naushad	II DC ECONOMICS
55	Akshaya Mol T	II DC ECONOMICS
56	Aleena Jacob	II DC ECONOMICS
57	Aleena Meriya Saji	II DC ECONOMICS
58	Amal Mariya Sibi	II DC ECONOMICS
59	Anitta Babu	II DC ECONOMICS
60	Anns Santhosh	II DC ECONOMICS
61	Annsmol Augustine	II DC ECONOMICS
62	Anusree Ashokan	II DC ECONOMICS
63	Archana CJ	II DC ECONOMICS
64	Aswathy KG	II DC ECONOMICS
65	ATHIRA SHAJU	II DC ECONOMICS
66	BEEMA SALAM	II DC ECONOMICS
67	BIBY ELZA BINU	II DC ECONOMICS
68	DEVIKA AJAYAKUMAR	II DC ECONOMICS
69	GOURI S KRISHNA	II DC ECONOMICS
70	GREESHMA ELSA SUJESH	II DC ECONOMICS
71	JENNIFER STANLY	II DC ECONOMICS
72	JOSNA JOJO	II DC ECONOMICS
73	LITTYMOL SAM	II DC ECONOMICS
74	MARY GEORGE	II DC ECONOMICS
75	MIRA MARIYAM NAZEER	II DC ECONOMICS
76	NIA ROSE ALOYSIUS	II DC ECONOMICS


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 Department of Economics
 Alphonsa College, Pala

ALPHONSA COLLEGE PALA FREEDOM RUN 2.0**18 AUGUST 2021**

SI No	Cadet Number	Rank	Name	Year
1	KL20SWA151755	Cadet	Agnas John Sabu	2 Year
2	KL20SWA151756	Cadet	Aiswarya Laneesan	2 Year
3	KL20SWA151757	Cadet	Aiswarya MS	2 Year
4	KL20SWA151758	Cadet	Alaina Sudheer	2 Year
5	KL20SWA151760	Cadet	AMRUTHA KS	2 Year
6	KL20SWA151761	Cadet	Anakha Elizabeth Sunny	2 Year
7	KL20SWA151762	Cadet	ANINA BIJU	2 Year
8	KL20ASW 171563	Cadet	Anjana Devi TM	2 Year
9	KL20SWA151764	Cadet	Ann Mary Sebastian	2 Year
10	KL20SWA151765	Cadet	ANNGELEENA PRAVEEN	2 Year
11	KL20SWA151766	Cadet	Annmariya Joshy	2 Year
12	KL20SWA151767	Cadet	Arya Arun	2 Year
13	KL20SWA151768	Cadet	Athira M P	2 Year
14	KL20SWA151770	Cadet	Athulya James	2 Year
15	KL20SWA151771	Cadet	Bhavya M S	2 Year
16	KL20SWA 151772	Cadet	C S DHANYA	2 Year
17	KL20SWA151773	Cadet	Dona Mathew	2 Year
18	KL20SWA151774	Cadet	Golda Rajesh	2 Year
19	KL20SWA151775	Cadet	GOURI SAJAN	2 Year
20	KL20SWA 151776	Cadet	Lekshmi Priya Prasad	2 Year
21	KL20SWA151777	Cadet	MANACY MARIYA ISAC	2 Year
22			name	
23	KL20SWA 151778	Cadet	NAVAMI S NAIR	2 Year
24	KL20SWA151779	Cadet	Nora Mary George	2 Year
25	KL20SWA151780	Cadet	Parvathy unni	2 Year
26	KL20SWA 151781	Cadet	Rose Cherian	2 Year
27	KL20SWA151782	Cadet	SETHULAKSHMI RAMESH	2 Year
28	KL20SWA151784	Cadet	Sreelakshmi Prabhu	2 Year
29	KL20SWA151785	Cadet	Susan Joseph	2 Year
30	KL20SWA 151786	Cadet	Tes Elizabeth Mathew	2 Year
31	KL19SWA151700	CDT	Aanmaria AB	3 Year
32	KL 19 SWA 151701	CDT	Agile jose	3 Year
33	KL 19 SWA 151702	CDT	Akhalya K B	3 Year
34	KL 19 SWA 151704	CPL	AKHILA K S	3 Year

35	KL19SWA151703	LCPL	AKSHARA BABU	3 Year
36	KL19SWA151706	CDT	ALEENA THOMAS	3 Year
37	KL19SWA151707	CDT	ALONA VINCENT	3 Year
38	KL19SWA151708	CDT	AMRUTHA ANANDAN	3 Year
39	KL 19 SWA151710	CDT	Aneesha Roy	3 Year
40	KL19SWA151711	CDT	ANEYMOL SEBASTIAN	3 Year
41	KL19SWA151712	CDT	Anila Biju	3 Year
42	KL 19 SWA 151713	CDT	Anjali Philomina	3 Year
43	KL19SWA151715	CDT	Aparna Ajayakumar	3 Year
44	KL 19 SWA 151716	CDT	Aparna Satheesh	3 Year
45	KL19SWA151717	CDT	Ashly Zacharias	3 Year
46	KL 19 SWA 151720	CDT	BINI GEORGE	3 Year
47	KL 19 SWA 151721	LCPL	DEVIKA M NAIR	3 Year
48	KL19SWA151722	CDT	Divya suresh	3 Year
49	KL 19 SWA 151723	CDT	Dona Mariya Biju	3 Year
50	KL19SWA151724	CDT	Elizabeth Jose	3 Year
51	KL 19 SWA 151725	LCPL	ELIZABETH GEORGE	3 Year
52	KL19SWA151726	CDT	ELIZABETH PS	3 Year
53	KL19SWA151727	CDT	Fiona Alex	3 Year
54	KL19SWA151730	CDT	Jesna Thankachan	3 Year
55	KL 19 SWA 151732	CDT	Jomol joseph	3 Year
56	KL19SWA151733	LCPL	JUGNU UMALU SHAH	3 Year
57	KL 19 SWA 151734	CPL	Jyothi Roy	3 Year
58	KL19SWA151735	CDT	Kesiya Sabu	3 Year
59	KL19SWA151736	CDT	Mahima Thomas	3 Year
60			name	
61	KL 20 SWA 151738	CDT	Neelima k s	3 Year
62	KL 19 SWA 151739	CDT	NEETHU SEBASTIAN	3 Year
63	KL19 SWA151740	CDT	Nivya mol Sebastian	3 Year
64	KL 19 SWA 151741	CPL	PARVATHY KRISHNA P	3 Year
65	KL19SWA151742	CDT	RENJANA REGHUNADH	3 Year
66	KL19SWA 151743	CDT	Riya Anna sajeev	3 Year
67	KL19SWA151744	CDT	Ruby Mol Kurian	3 Year

68	KL 19 SWA 151746	CDT	Sneha Prakash	3 Year
69	KL 19 SWA 151747	CDT	Sona D Maria	3 Year
70	KL 19 SWA 151750	CDT	Sreedevi K V	3 Year

SPEAK UP – A Discussion / Debate Forum

Program Details

Program Coordinator: Mrs. Monisha George

Sl.No	Name of the Participant	Roll No.	Class	E-mail id
1.	Elsa Elizabeth Joseph	190021096442	III DC	elsaelizabethjoseph428@gmail.com
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5.	Elizebeth George	190021096440	III DC	elizabethgeorge0467@gmail.com
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11.	Lekshmipriya Prasad	200021016842	II DC	lekshmitdr123@gmail.com
12.	Ann Therese Jose	200021016798	II DC	anntheresejose2001@gmail.com
13.	Ann Mary Joseph	200021016831	II DC	annmaryjoseph250@gmail.com
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15.	Emil Mathew	200021016814	II DC	emilmathewkaviyil@gmail.com
16.	Sreelekshmi Suresh	200021016829	II DC	sreelakshmisuresh81@gmail.com
17.	Anupriya Thomas	200021016802	II DC	anupriyathomas1612@gmail.com
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AN INITIATIVE BY THE DEPARTMENT OF HISTORY
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- Build Self-Confidence
- Update General Awareness
- Be a Team player
- And many more...

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Google Meet

Saturdays & Sundays

PROGRAM COORDINATOR
Monisha George

H O D
Sunitha Santhan

PRINCIPAL
Sr. Regeenamma Joseph

Sl.No.	Date	Topic discussed	No. of Participants	Remarks
1.	19/02/2022	Should religious clothing go away from Educational Institutions?	27 (Group A/&B)	
2.	20/02/2022	Should religious clothing go away from Educational Institutions?	9 (Group C)	
3.	26/02/2022	Can History be manipulated?	28 (Group A&B)	
4.	27/02/2022	Can History be manipulated?	9 (Group C)	
5.		India and Ukraine War		

Sl.No.	Name of the Student	Attendance			
		19/02/2022	20/02/2022	26/02/2022	27/02/2022
1.	Elsa Elizabeth Joseph	P	-	P	
2.	Gouri Sushma Prasobh	P	-	P	
3.	Jyothi Lakshmy Lal	P	-	P	
4.	Aswathy Jayan	P	-	P	
5.	Elizebeth George	P		P	
6.	Moncey Dominic	P	-	A	
7.	Alka George	P	--	P	
8.	Delna Martin	P	-	P	
9.	Remya Abraham	P	-	P	
10.	Nandana Sethulekshmi	P	-	P	
11.	Lekshmi Priya Prasad	P	-	P	
12.	Ann Therese Jose	P	-	P	
13.	Ann Mary Joseph	P	-	P	
14.	Krishna Shinob	P	-	P	
15.	Emil Mathew	P	-	P	
16.	Sreelekshmi Suresh	A	-	P	
17.	Anupriya Thomas	A	-	P	
18.	Archana Haridas	P	-	A	
19.	Aleena Suresh	P	-	P	
20.	Amrutha KS	A	-	P	
21.	Sincy Sabu	-	P	-	P
22.	Navami S. Nair	-	P	-	P
23.	Athira M.P	-	P	-	P
24.	Aryananda Anilkumar	-	P	-	P
25.	Vinaya C.V	-	P	-	P
26.	Josmy Sajan	-	P	-	P
27.	Anna Dominic	-	P	-	P
28.	Vineesha Manoj	-	P	-	A
29.	Anumol K.S	-	P	-	P
30.	Archana K	-	A		P

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21	Jyothi Sajan	Maniyamprayil (H), Nedumkandam, Idukki
22	Jyothi Ann Jojo	Ponnumpurayidam Pala P. O. Kizhathadiyoor
23	Adona Manoj	Pezhathummoottil (H) Kadamakuzhy .po. Vallakkadavu
24	Anakha Elizabeth Sunny	Kothacherril (H), Velliyeppally p.o. velliyeppally
25	Romarin Regi	Ambattukuzhiyil (h) idukki
26	Rose Cherian	Kaduthodil house kadanad p.o pala
27	Jemet	Kochukkuttipuram (H)Thalayolaparambu p.o Kottayam
28	Manacy Mariya Isac	Maniyamprayil (H), Nedumkandam, Idukki

29	Jesna Jalal	Puthenpurackal Muttom p.o muttom.
30	GIGI PRABHAKARAN	THAZHUPARAMBIL HOUSE KANJIRAMATTOM P O AMBALLOOR ERNAKULAM DISTRICT
31	Ashmi Saji	Panamthottathil house Nechipuzhoor Po Nechipuzhoor
32	Thejas Abraham Issac	Maniyamprayil (H), Nedumkandam, Idukki
33	KESIYA SABU	Kallarackal house channapetta p.o pallithery
34	Malavika M Nair	Anathanathu
35	Agnas John Sabu	Olickal (ho) Kalathuvayal(po) Ambhalavayal Wayanad
36	Aleena Sabu	Vilakkunnel (H) Kattappana (s) p.o Ambalakkavala
37	Abin antony	Kalloormattathil(h) kattappana p.o parakkadavu
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39	Aathmaja Sanalkumar	Aavani villa Puttadi,Idukki