

STUDENTS CABINET REPORT 2021-22

STUDENTS CABINET ELECTION

The Students Cabinet of Alphonsa College was elected on 16 July 2021 through an online election under the guidance of our principal Rev. Dr. Sr. Regeenamma Joseph, Vice Principal Rev. Dr. Shaji John and Rev. Dr. Sr. Minimol Mathew, Cabinet Advisors Ms. Diana Elizabeth Jose and Ms. Annu Paul and other teachers deputed for the election. Student Cabinet consists of seven office bearers and fifteen class representatives. The posts of President, Cabinet Secretary and Arts Club Secretary were elected through Open Polls while the Posts of Vice President, Treasurer, Social Media Moderator and PG Delegate were directly nominated by the students. Following students were elected as the office bearers of the student cabinet for the year 2021-2022.

President	:	Ms. NihaHeadly, 3 DC English
Vice President	:	Ms. Aleena Kurian, 2 DC Mathematics
Cabinet Secretary	:	Ms. Arathy M P, 3 DC Economics
Treasurer	:	Ms. Anjali P Mathew, 2 DC Physics Model 1
Arts Club Coordinator	:	Ms. Jeess Monica George, 3 DC Physics Model 2
Social Media Moderator	:	Ms. Aiswarya J Nair, 2 DC Botany
PG Delegate	:	Ms. Merin Maria George, 1 PG English

ALPHONSA WEEK CELEBRATION

Alphonsa Week Celebration for the year 2021 was held on 21 to 27 July in online platform. Various competitions including Letter Writing Competition (to St. Alphonsa), Devotional Song Mashup Competition and Mega Quiz were organized. The students enthusiastically participated in the competitions.

Mega Quiz Competition was held in five levels arranged through different online platforms with each level being conducted from July 21 to July 25, 2021. The Quiz was entirely based on St. Alphonsa's life events. The first to fourth rounds of the mega quiz

competition were held on July 21, July 22, July 24 respectively. The final round was conducted on July 25 with the assistance of a Quiz Master Ms. Jayalekshmi G and Ms. Diana Elizabeth Jose as our Judge. Winners of the quiz competition are Anmy Jose, Department of Mathematics (first), ElsaMariya Nobi, Department of Physics, model 1, (second) and Ann Mariya Jose, Department of English (third).

ST. ALPHONSA PLATINUM DEATH ANNIVERSARY COMMEMORATION PROGRAMME

Students Cabinet Trezire, organized St. Alphonsa Platinum Death Anniversary Commemoration Programme under the guidance of our College Administration Committee. The programme was held on 3rd August 2021 in online platform.

The Commemoration Programme was presided by His excellency Mar. Joseph Kallarangattu Bishop, Eparchy of Pala. Keynote address was done by Sri. Roshy Augustine, Minister for Irrigation, Command area Development Authority, Ground water Department, Kerala State. Ms. PreejaSreedharan (Olympian and Arjuna Awardee) and Ms. Sini Jose (Olympian Asian Games and Common Wealth Games Gold Medalist) aluminees of AlphonsaCollege, Pala Shared their experience about our college. Rev. Mother Ceelia (F.C.C Superio General at the time of Cannonization), Ms. Cincila T Roy (Teacher representative), Ms. Alice. Sebastian (non teaching staff representative), Aleena Kurian (student representative) talk about Commemorating St. Alphonsa.



INDEPENDENCE DAY CELEBRATIONS

Students Cabinet, Trezire organized "AZADI KA AMRIT MAHOTSAV" under the guidance of our College Administration Committee and Union Advisors. "AZADI KA AMRIT MAHOTSAV" is an event scheduled to celebrate the 75th Independence Day of our nation which spans over a Year. The formal Inauguration of the event was conducted on 28 August 2021 and as a part of the event Students Cabinet organized ALUMNI TALK SERIES in every month via online on the topic 'Different Spheres Of Indian Independence' in connection with the commemoration of seventy five years of India's independence.

The formal function was inaugurated by our Principal Rev. Dr. Sr. Regeenamma Joseph on 28 August 2021. On the first day Alumni talk series was done by the aluminees of 2018 - 2021 batch of our college. The students talk about various women freedom fighters who played an important role in the Indian Struggle for Freedom. In the following months Alumni talk series was done by the aluminees of 2017 – 2020 batch on the topic "Different Spheres of Indian Independence" on 17 September 2021, 2015-18 batch on the topic "Various Independence Fighters Who Struggled for the Independence of our Nation on 15 October 2021. 2016– 2019 batch on the topic "Social reformers from Kerala who were the part of freedom fight" on 15 November 2021 respectively via You tube.

ALPHONSA COLLEGE PALA
Alphonsien Student Cabinet : TREZIRE

Organizes

"AZADI KA AMRIT MAHOTSAV"

&

ALUMNI TALK SERIES

In connection with the commemoration of

75 YEARS OF INDIA'S INDEPENDENCE

Topic - Different Spheres of Indian Independence

Via Google Meet

[Click here to join](#)

Date: 28 August 2021
Time: 9:30am - 11:30am

College Administration Committee

Rev. Dr. Sr. Regeenamma Joseph (Principal)
Rev. Dr. Shaji John (Vice-Principal)
Rev. Dr. Sr. Minimol Mathew (Vice-Principal)
Rev. Dr. Jose Joseph (Bursar)

Union Advisors
Ms. Diana Elizabeth Jose
Ms. Annu Paul

ALUMNI REPRESENTATIVES

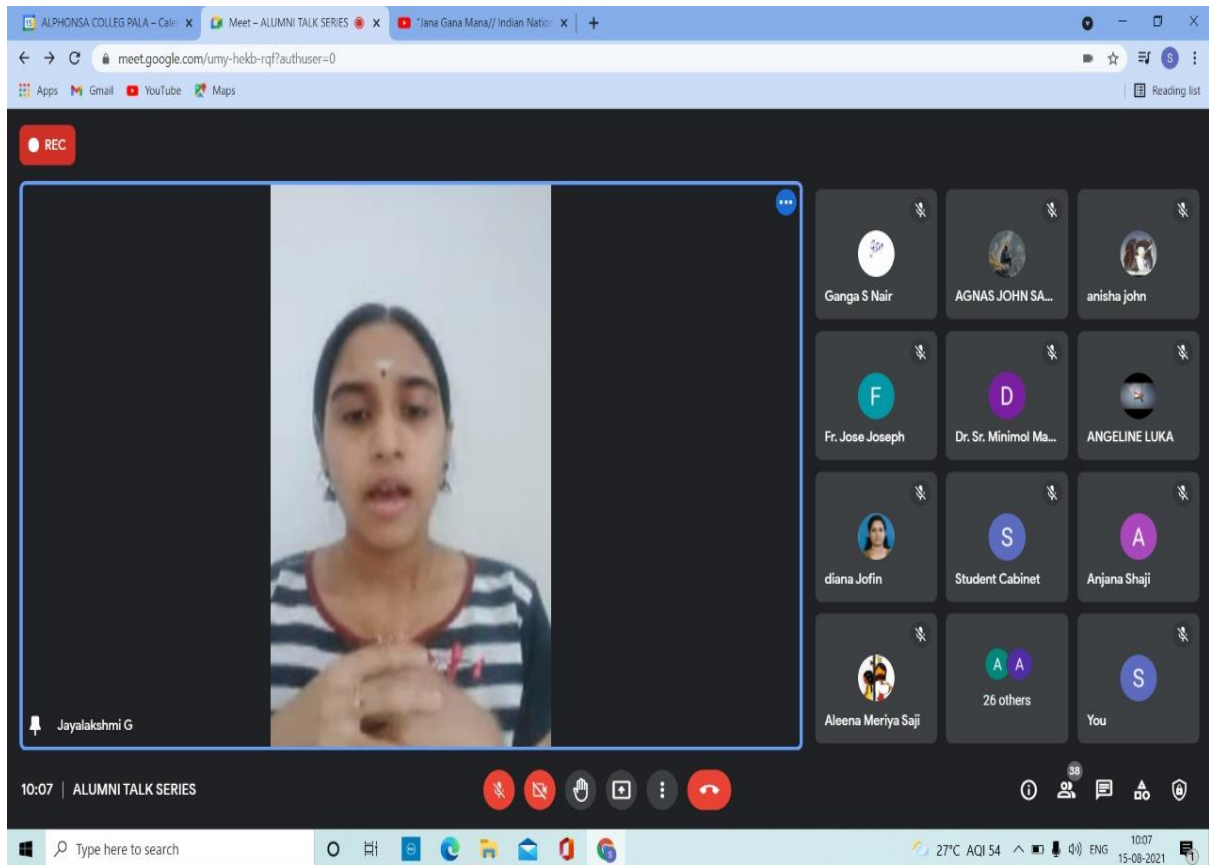
ANJALY T E
Department of Economics
2018-2021 Batch

JAYALAKSHMI G
Department of Economics
2018-2021 Batch

ELSA MARIA GEORGE
Department of Economics
2018-2021 Batch

ANISHA MARY JOHN
Department of Economics
2018-2021 Batch

SHELICY SHAJI
Department of Physics
2018-2021 Batch



INDEPENDENCE DAY MASHUP

The Students Cabinet celebrated the 75th year of India's Independence by making an Independence Day Mashup by the students of our college. Singers of the Independence Day Mashup are Catherine Liju, Ardra P R, Linitta P Emmanuel, Amal Maria Sibi, Aleena MeriyaSeji and ManacyMariyaIsac.

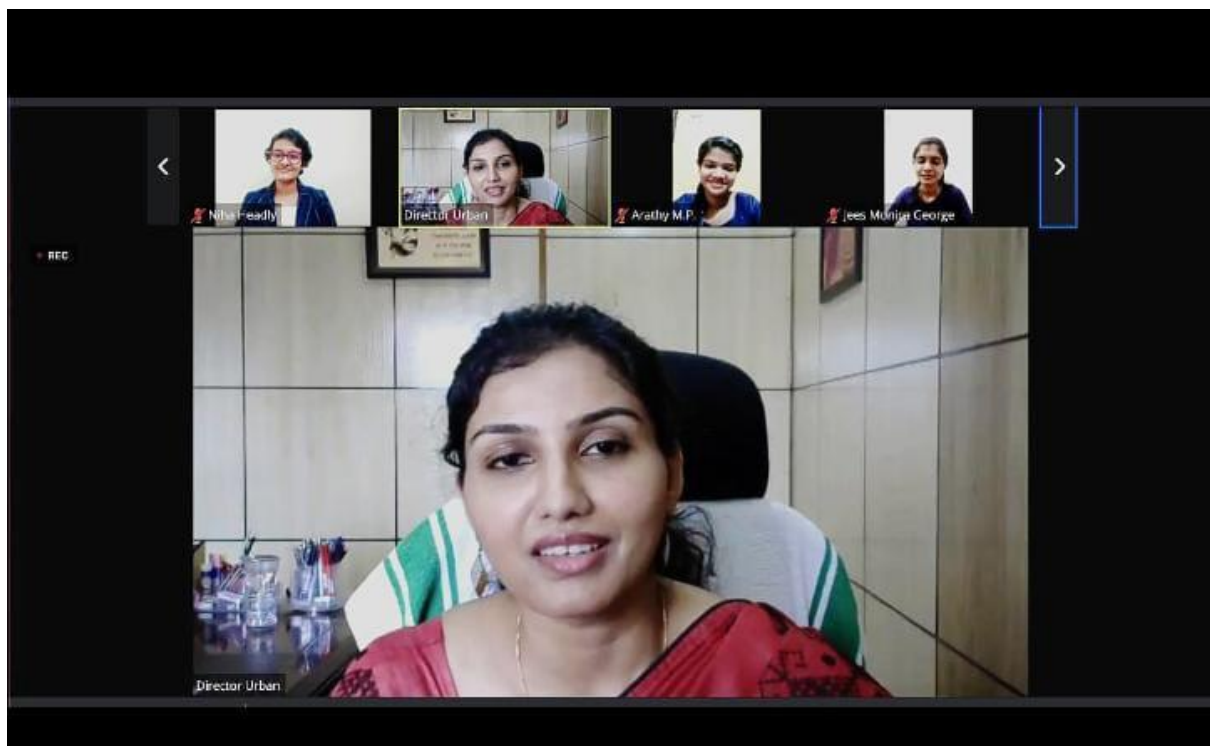
ONLINE ONAM CELEBRATION

Onam Celebrations for the year 2021 'KALAKIKKONAM' were held online. Various Competitions including Malayali Manka 2K-21, Casette Roll, Reelsoli 2K-21 were organized. The students actively participated in the competitions.

STUDENTS CABINET INAGURATION

The formal inauguration of the Students Cabinet, Trezire was conducted on 6 September 2021 on the online platform. Urban Affairs Department, Director Dr.Renu Raj IAS was the chief guest of the function. Students Cabinet President, NihaHeadly presided over the function and Rev. Dr. Sr. Reegenamma Joseph felicitated the function. The principal Rev. Dr. Sr. Reegenamma Joseph administered the oath to the cabinet members.

Dr.Renu Raj IAS is a doctor who left her medical practice to achieve her dream of becoming an IAS officer and topped the UPSC exam in the first attempt scoring the second in the first attempt. She has been among the chosen few who have created a name for themselves, with her dedication and persistence. The students of our college actively interacted with Dr.Renu Ma'am. The meeting was followed by the cultural events of four students.

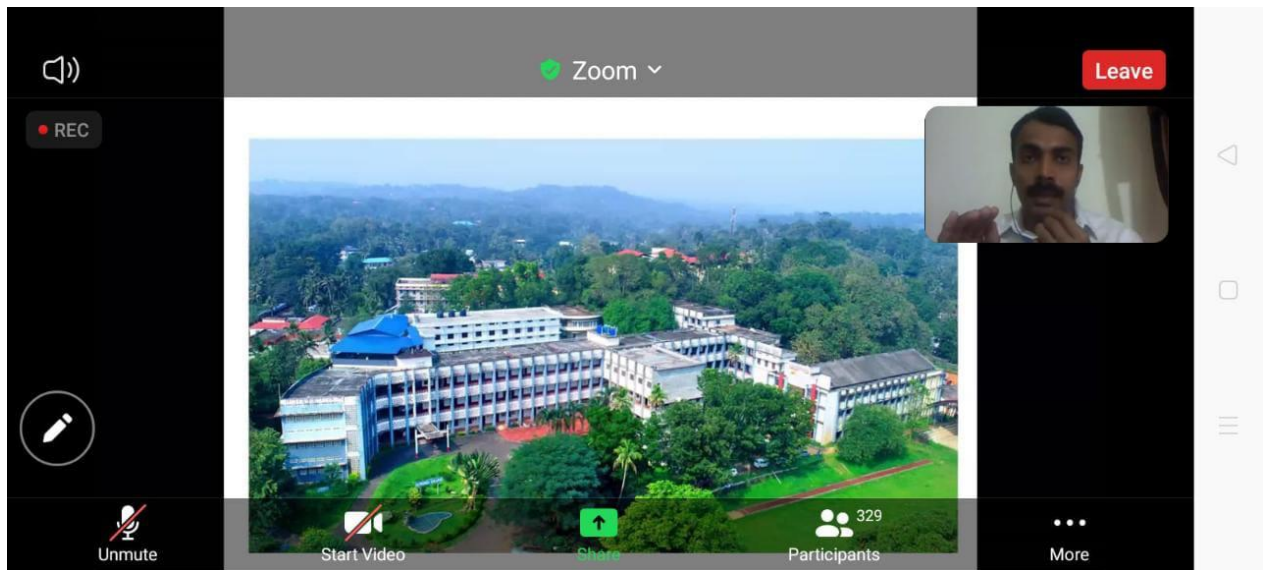


MALAYALAM DEBATE COMPETITION

Students Cabinet, Trezire organized a Malayalam Debate Competition under the guidance of the College Administration Committee and Cabinet Advisors on 25 September 2021 on the topic **"പ്രകൃതിയുടെ അനന്തത"** : **പ്രകൃതിയുടെ അനന്തത, മനുഷ്യന്റെ അനന്തത!**. The debate competition was conducted online through Google meet. Ten teams participated in the competition from different departments. Lt. Anu Jose was the judge. Winners were awarded a cash prize. Winners of the competition are

INDUCTION PROGRAMME

Induction Programme for the first year students 2021-22 was held on 28 September to 4 October in online platform under the guidance of our College Administration Committee and Cabinet Advisors. The Induction Programme was conducted for five days. The Programme began on 28 September 2021 with the Principal's message, Rev. Dr. Sr. Regeenamma Joseph followed by words of blessings by Vice Principal Rev. Dr. Shaji John and Teacher's Voice by Ms. Cincila T Joy. On the second day an Orientation class was taken by Dr. Alex George, Asst. Professor, St. Thomas College of Teacher Education, Pala on the topic "The Path of a Perfect and Noble Woman Towards Excellence" Dr. Alex George Sparked the student's minds with the fire of dreams and determinations. The Student Cabinet, College NCC, Career and Placement Cell were introduced on the third day on 30 September 2021. On 1 October a session was taken by the Civil Service Institute Pala and then introduced the Civil Service Club of Alphonsa College. Introduction of Centre for Gandhian Studies, PGDCA, CSM, Jesus Youth, Debate and Oratory Club were done on the same day. On the last day the NSS, Women's Club, Quiz Club, Nature Club, EBSB Club, Birds Club, ENCON Club, Chess Club, Yoga and Aerobics Club, Movie Club were introduced to the first Year Students.



ORIENTATION PROGRAMME

Orientation Programme for the first Year students 2021-22 was held on 25 October 2021 under the guidance of our College Administration Committee and Cabinet Advisors. The Orientation class was taken by Fr. Jojo Mathew Chennattu, Clinical Psychologist, Mar Medicity, Pala on the topic 'Youth and Mental Health'. Fr. Jojo Mathew explained about the mental stress and problems faced by the youth and suggested methods to overcome the stress among the youth. Mar SleevaMedicity, Pala offered counselling for the students of our college on a monthly basis to increase the mental health of our students. Students actively participated in the orientation class.



KERALA PIRAVI CELEBRATIONS

Kerala Piravi Celebrations for the year 2021 were held on 1 November 2021 under the guidance of our College Administration Committee and Cabinet Advisors. The celebration began with the message of the Principal, Rev. Dr. Sr. Reegenamma Joseph and a pledge was delivered by the principal to the students. A song was played that was dispensed by the Department of Higher Education and we celebrated the auspicious occasion with the cultural events of four students.

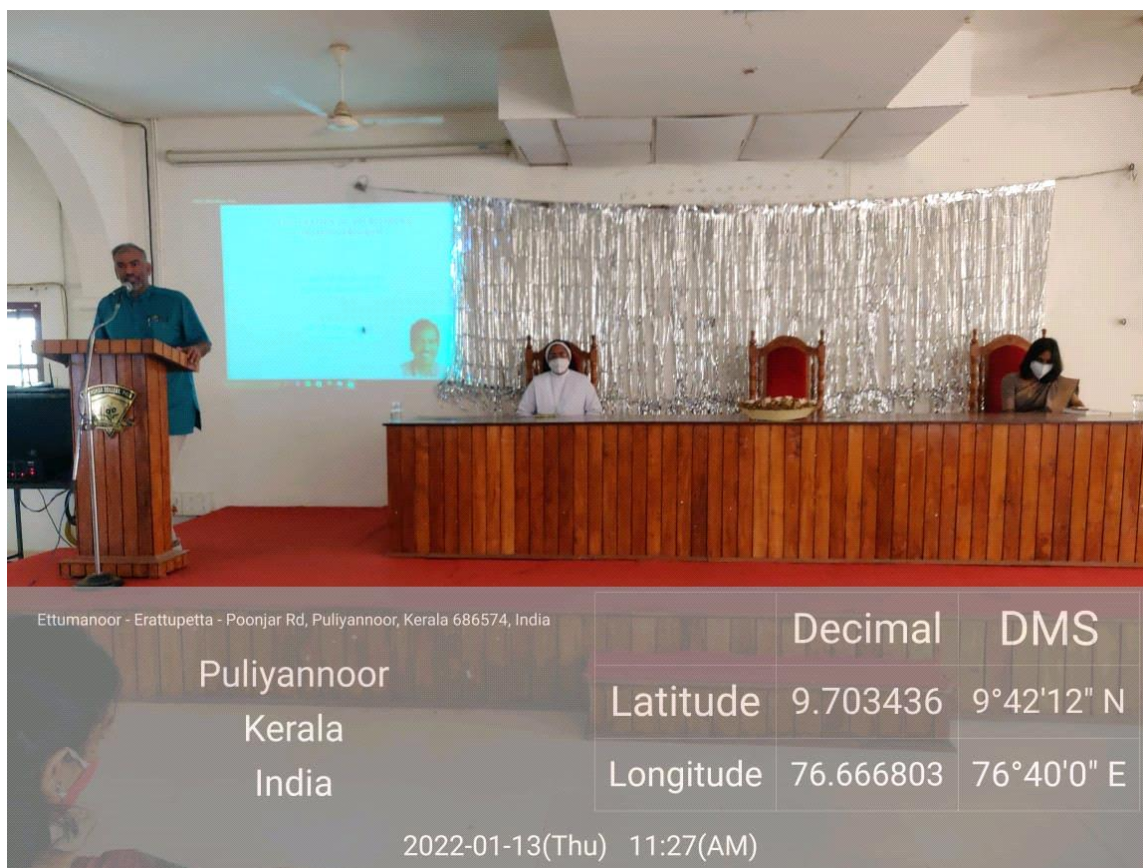
CHRISTMAS CELEBRATION

The Christmas celebration 'Silver Bells' was organized by the College Student Cabinet, Trezire, jointly organized by CSM and Jesus Youth of Alphonsa College, Pala. The programme was held with great vigour in our college as a one-week programme. An official function was organized on 23rd December 2021 and Rev. Fr. Pazheparambil Sebastian, Director, Catechism, Pala Dioceses, and Director, Shalom Centre Pala, gave the Christmas message. Various competitions were organized as the part of it such as, Dancing Santa Competition, Christmas Tree Decoration, Carol Song Competition and Letter Writing Competition. The meeting was followed by the cultural events that showcased the talents of Alphonsa. It was indeed a blessed day filled with joy and cheerfulness.



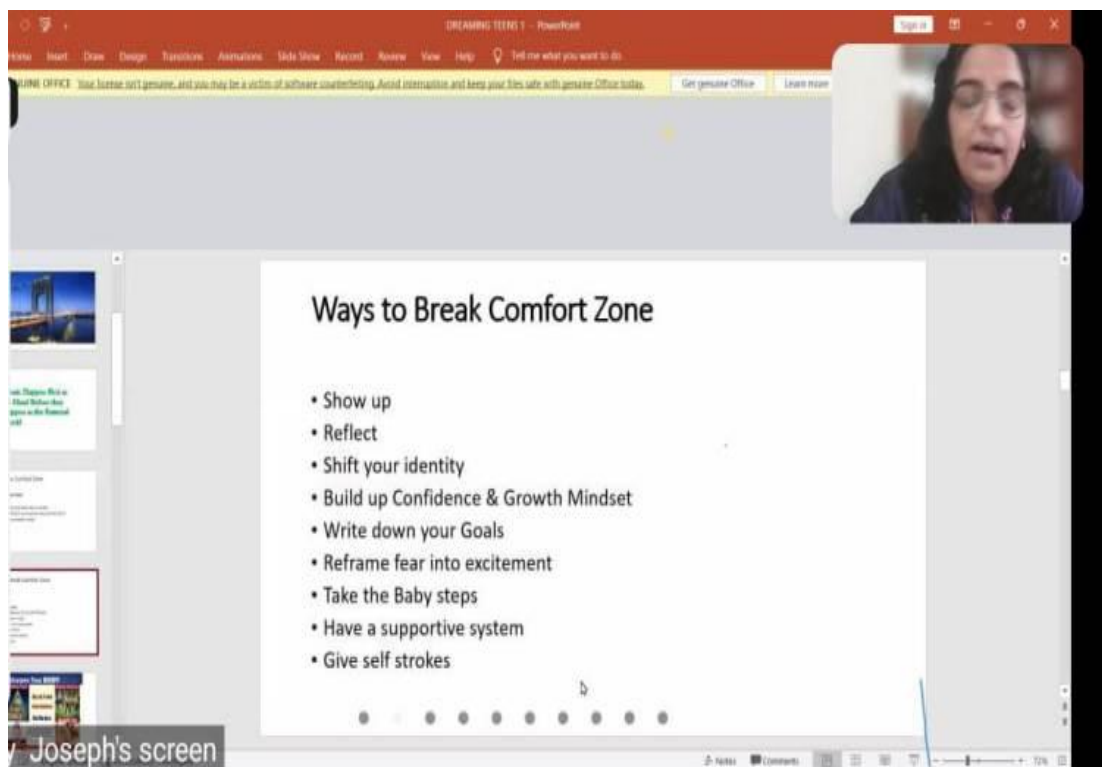
SEMINAR ON CAREER GUIDANCE

College Union in association with Career and Placement cell of our college organized a seminar on Career Training and recruitment workshop on 13-January 2022 in Seminar Hall. Dr.MuraleeThummarukudy, Chief of Disaster Risk Reduction in the UN Environment Programme was the resource person. He inaugurated the Training and Recruitment Cell of our college and conducted an interactive session about career opportunities with students. College Principal Rev. Dr.Rageenamma Joseph welcomed the gathering. College Vice Pricipals, Rev. Dr.Shaji Jhon, Dr.Minimol Mathew, College Bursar Rev. Dr. Jose Joseph, Union Advisors and Career and Placement Cell Co-ordinators were present.



MOTIVATIONAL TALK

College Student Cabinet organized a motivational talk for the first and third-year students on 9 February 2022 under the guidance of our College Administration Committee and Cabinet Advisors. The motivational class was taken by Dr.Ancy Joseph (Former Principal in charge & HOD of English, St. Dominic's College, Kanjirapally), Dr. Mathew Kanamala (Counsellor & Motivational Speaker, HOD of MSW, St. Joseph's College, Moolamattam), Ms. Reena James (Faculty, Dept. of Counselling, Mahatma Gandhi University, Kottayam) on the topic 'Dare to Dream'. The talk delivered was inciting and was well received by the students. Students actively participated in the motivational class.



COLLEGE YOUTH FESTIVAL 2021-2022

The College Youth Festival for the year 2021-22 was conducted on 24, 25 February and 11, 12 March 2022. Individual items competitions were held on 24, 25 February 2022 and group items competition were held in the month of March 11 and 12. In this spectrum of art, 24 events are staged including literary and theatre events. Students took part in all the events with great enthusiasm. The cultural fiesta come to an end with the group dance competition



which received great applause. The meets helped to inculcate a spirit of adventure, co-operation, creation of excellence in the domain of art and culture and feelings of fraternity, patriotism, unity and brotherhood. Around 1000 students participated in various competitions. Those who won the first position were given extra training for University



Youth Festival Participation.

SPORTS DAY 2022

The Annual Sports Meet for the Academic year 2021-22 was held on 14 March 2022 in the college ground to give chance for youth to enhance their physical and social skills. The Sports Meet began with the March Par of various departments. College Principal Rev. Dr. Sr. Reegenamma Joseph received the salute accompanied by the senior teacher Dr. Sr. Sherly Joseph, HOD, Department of Physics, Vice Principals, College bursar and Cabinet Members. Principal hosted the flag, thereby flagging off the events of the day. Students participated in various events with great vigour, energy and spirit. The Department of B. VocSports and Nutrition and Physiotherapy emerged as the champions and Department of B.com became the first runner followed by the Department of English.





COLLEGE UNION 21-22

COLLEGE UNION ELECTION

The college union of Alphonsa College was elected on 15 March 2022 in the parliamentary method under the guidance of our principal Rev. Dr. Sr. Regeenamma Joseph, Vice Principal Rev. Dr. Shaji John and Rev. Dr. Sr. Minimol Mathew, Electoral officers, Dr. Dani Mathew, Ms. Diana Elizabeth Jose and Ms. Annu Paul and other teachers deputed for the election. Following students were elected as the office bearers of the college union for the year 2021-2022.

Alphonsa College Students' Union 2021-22

Name of the Post	Name and Class of the Student
Chairperson	Geethika S, II DC English
Vice – Chairperson	JosnaJojo, II DC Economics
General Secretary	Rhon Thomas, II DC English
Arts Club Secretary	Avanthika R Pillai, II DC Botany
Student Editor to College Magazine	Ann Lilly Jose, I DC English
University Union Councillor 1	Chandni Krishna, II DC B.Voc SPT
University Union Councillor 2	Anina Biju, II DC Zoology
II PG Representative	Ann TreesaJoshy, II M.A English
I PG Representative	Elaine Antony, I M. A English
III DC Representative	Gipsa George, III DC Economics
II DC Representative	Miliya T Tom, II DC Mathematics
I DC Representative	Anu Ann Ninan, I DC Physics

COLLEGE UNION INAUGURATION AND COLLEGE DAY CELEBRATIONS

The formal inauguration of the activities of the college union 2021-2022 EKETHRA and College Day celebrations were held on 25 March 2022. The event was named *Dheeksha 2022*. Ms. Geethika S, the college union chairperson presided over the function. Principal Rev. Rev. Dr. Regeenamma Joseph administered the oath to the union members. Kottayam sub collector, Mr. Rajeev Chaudhary IAS was the chief guest. He spoke about the importance of building up a career by executing the exact plans and his presence was really inspiring for the students. The chief guest released the college magazine 2020-2021 during the formal functions. The meeting was followed by myriad cultural events that showcased the talents of the students.



Alphonsa college Pala ,Puliyanoor, Kerala 686574, India

Puliyanoor
Kerala
India

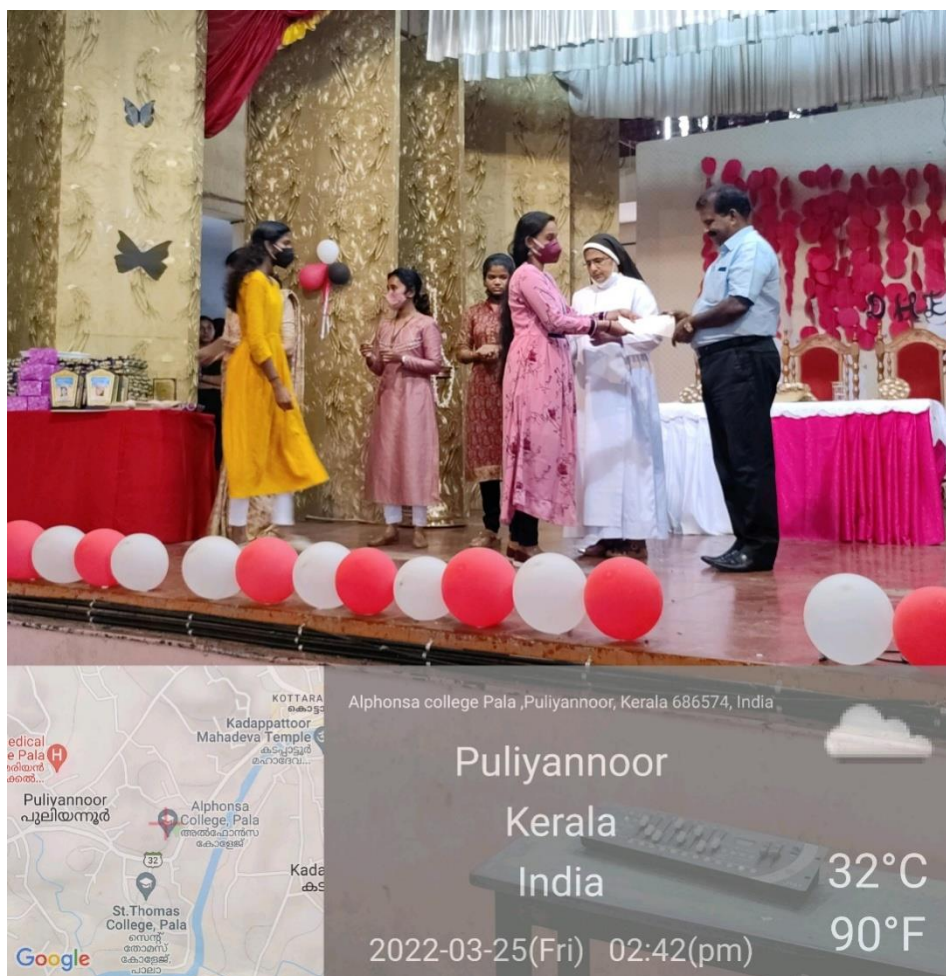
32°C
90°F

2022-03-25(Fri) 11:08(am)

Google

MERIT DAY

Merit day was conducted on 25 March 2022 for honouring the students, who were the winners of different competitions held on previous academic years. The chief guest of the programme was Dr.Reji Varghese, Principal St. George College, Aruvithara. He congratulated the winners and motivated the students with his enlightening words. Ms. Arathy M. P, secretary of the students cabinet 2020-2021 presented the detailed report of the activities of the students cabinet, Trezure.



COMMONFAREWELL

The common farewell, ALVIDA, for the final year students of UG and PG was conducted on 31 March, 2022. After the prayer song Vice Principal Rev. Dr. Sr. Minimol Mathew read the Holy Bible to fill the hearts with the divine words from the holy scripture. Bursar,

Rev.Dr.Jose Joseph gave the message to the students. Presidential address was done by Principal Rev.Dr.Sr.Regeenamma Joseph. Candle lighting and oath taking was also administered by Rev.Dr.Sr.Regeenamma Joseph. The programme featured plenty of cultural events by the final year students of UG and PG.Representative students from the arts and science departments shared their beautiful experiences as Alphonsiens.

