



ALPHONSA COLLEGE

Palai, Kottayam

Reaccredited to A Grade by NAAC with CGPA 3.24

Quality assurance initiatives of the Institution through

1. Conferences, Seminars, Workshops on quality conducted
2. Collaborative quality initiatives with other institutions
3. Orientation programme on quality issues for teachers and students organised by the institution

Conferences, Seminars, Workshops on quality conducted

Webinar on Ecosystem Restoration' conducted on 07/06/2021 by the department of Botany

Online webinar on 'Colour Psychology & Symbolism' on 29/06/2021 conducted by the Department of Fashion Technology

Webinar on Research Methodology 'Nanotechnology: limitless possibilities in medicine' conducted on 08/07/2021 organised by the Science departments

Webinar on 'Relevance of Handlooms as a contemporary fashion product', 07/08/2021 conducted by the Department of Fashion Technology

Webinar on 'Indian Democracy' conducted by PG Department of Politics on 16/08/2021

Online International Webinar on Recent Trends in Catalysis organised by the department of Chemistry on 2021 September 8, 10 and 13

E-Workshop on 'Exploring Nonviolent Communication' on 5/10/2021 organised by the Department of History and CGS

The Department of Commerce conducted a Workshop on 'Entrepreneurship as a Profession' on 21/10/2021

Webinar on Research trends in Biotechnology on 23/10/2021 by the department of Botany

Seminar on 'Space Weather' conducted on 23/10/2021 organised by the Department of Physics

International Webinar on 'Environmental Conservation-Necessities And Challenges' conducted on November 05 -06, 2021 by the PG Department of Zoology

Webinar on 'Economics Beyond Theories' on 06/11/2021 organised by the department of Economics

Workshop and Lecture series on 'Statistical Methods for Econometrics' conducted on 11/01/2022 by the department of Economics

Seminar on "Nuances of the English language" conducted on 20/01/2022 organised by the PG Department of English

PG Department of English organised a workshop on 'Romantic Revolutions and its Impacts on 21st century' on 20/01/2022

Webinar on 'Animal Welfare and its role in Human life' organised by the PG Department of Zoology on 25/01/2022

Research Methods In Life Sciences (Cognitio '22) Lecture Series organised by the Research Department of Zoology in February- March 2022

Seminar on "Exercise is medicine for total fitness" on 21/03/2022 organised by the PG Department of English

Conferences, Seminars, Workshops on quality conducted

Webinar on Ecosystem Restoration' conducted on 07/06/2021 by the department of Botany

Department of Botany organised an online seminar on the topic 'Ecosystem Restoration' on June 7th 2021, by **Ms.Theja Joseph**, Assistant Professor, Department of Botany, K.E College, Mannanam. She discussed how to restore the ecosystem and as an individual what we can do for the conservation of our mother nature.



WORLD ENVIRONMENT DAY, 2021
Rethink... Reimagine... Restore

INVITED TALK ON ECOSYSTEM RESTORATION
&
RELEASE OF DIGITAL MANUSCRIPT MAGAZINE

Cynefin
Plan, Grow & Harvest

Chief guest

Ms Theja Joseph
Assistant Professor,
Department of Botany
KE College Mannanam

June 7,2021
9.30 Am
@ Google meet

DEPARTMENT OF BOTANY
ALPHONSA COLLEGE, PALA



REC Theja Joseph is presenting

Press Esc to exit full screen

Ecosystem Restoration

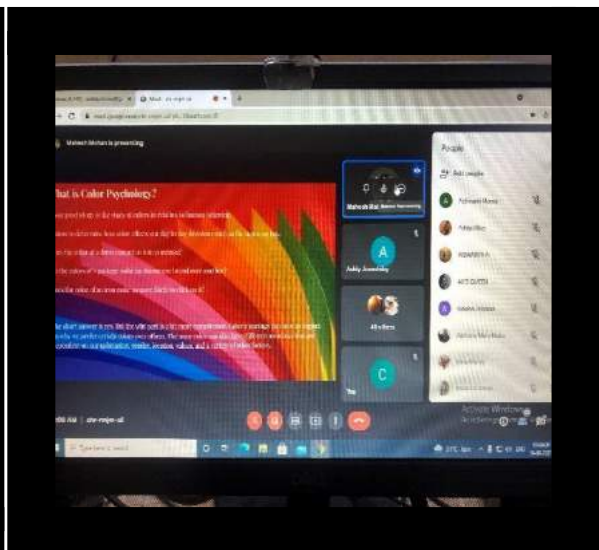
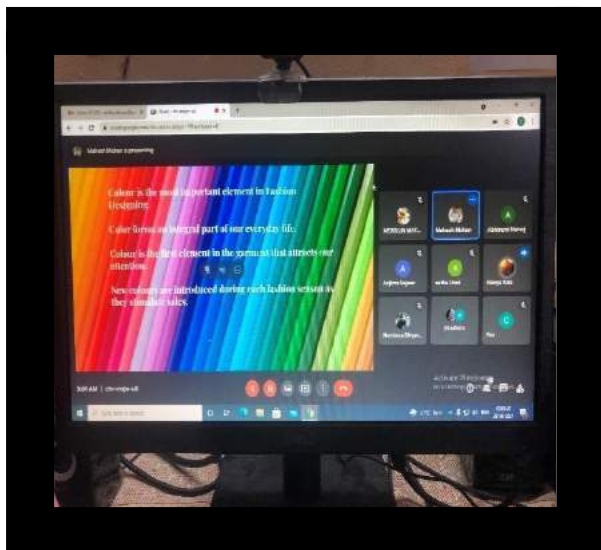
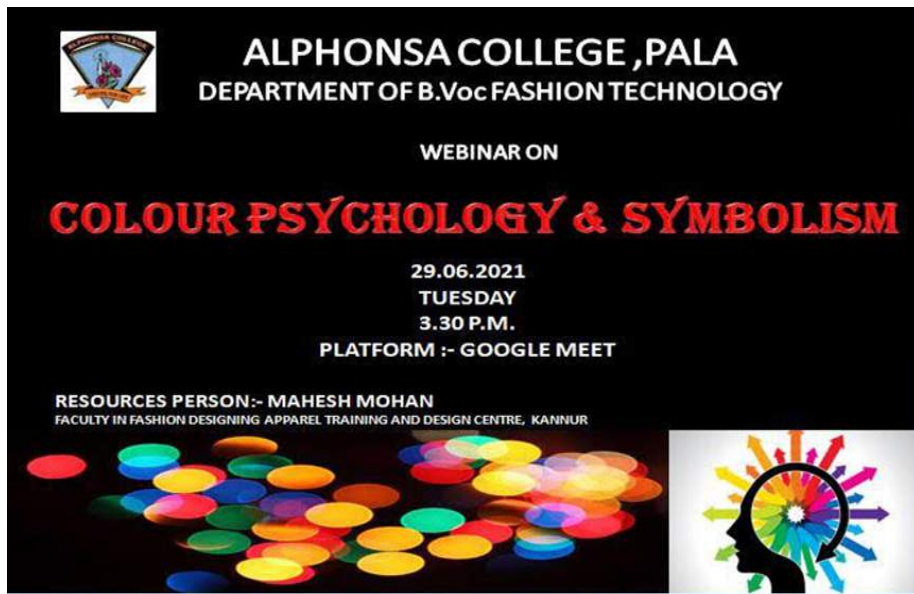
Theja Joseph
Assistant Professor
Department of Botany
KE College
Mannanam

Arya Mol S
Arunka U Nair
Sreedevi K V
ACP BOTANY
Devika Sajj
Milli Mary Joseph
Theja Joseph
Adithya K Sasi
74 others
You

fah-fuva-pqn

Online webinar on 'Colour Psychology & Symbolism' on 29/06/2021 conducted by the Department of Fashion Technology

The Department of Fashion Technology organised an online webinar on 'Colour Psychology & Symbolism' on 29th June 2021. The classes were taken by Mr. Mahesh Mohan, Assistant Professor in Apparel Training and Fashion Design Center, Kannur.



Webinar on Research Methodology 'Nanotechnology: limitless possibilities in medicine', Dr. Deepthi Menon, Amrita Vishwavidya peedam, Kochi, on 08/07/2021 organised by the Science departments

The Science departments of Alphonsa College in association with IQAC organised a seminar on Research Methodology on the topic 'Nanotechnology: Limitless possibilities in Medicine', by Dr. Deepthy Menon, Professor, Amrita Centre for Nanosciences and Molecular Medicine, Amrita Vishwa Vidyapeetham, Kochi on 8 July 2021. The seminar introduced nanoscience and the technological advances in the field through a detailed and clear presentation. The seminar was an eye opener for interested students and faculty. Dr. Deepthy also introduced various courses and fields of study offered by Amrita Vishwa Vidyapeetham, Kochi. The seminar was followed by an interactive session. The seminar was conducted through Google Meet with an attendance of 100. Live YouTube streaming was also provided for those unable to join Meet . <https://youtu.be/K3T4iPiDTpk>

ALPHONSA COLLEGE
PALA, KOTTAYAM, KERALA
WEBINAR SERIES ON
RESEARCH METHODOLOGY

TOPIC:
NANOTECHNOLOGY : LIMITLESS
POSSIBILITIES IN MEDICINE

ON 8TH JULY 2021
AT 11:30 AM
PLATFORM: GOOGLE MEET
LIVE YOUTUBE STREAMING

RESOURCE PERSON



Dr. Deepthy Menon

Dr. Deepthy Menon is a
Professor at Amrita Centre for
Nanosciences and Molecular
Medicine, Amrita Vishwa
Vidyapeetham, Kochi.

ORGANISED BY:
SCIENCE DEPARTMENTS IN ASSOCIATION
WITH IQAC, ALPHONSA COLLEGE PALA

COLLEGE ADMINISTRATION COMMITTEE
DR SR. REGEENAMMA JOSEPH, PRINCIPAL
REV DR SHA J JOHN, VICE PRINCIPAL
DR SR. MINIMOL MATHEW, VICE PRINCIPAL
REV DR JOSE JOSEPH, BURSAR

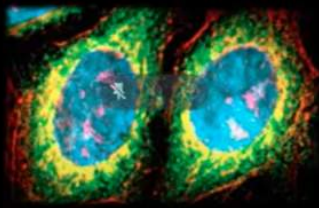
PROGRAM COORDINATOR:
MS. ROHIA MATHEW
IQAC COORDINATOR:
DR DAN MATHEW M

Meet - fyp-btvo-fwo

meet.google.com/fyp-btvo-fwo

REC Deepthy Menon is presenting

Nanotechnology: Limitless Possibilities in Medicine



Dr. Deepthy Menon, Professor
Amrita Centre for Nanosciences & Molecular Medicine,
AIMS, Kochi
E-mail: deepthymenon@aims.amrita.edu

Richu Liz, Dr. Kochurani Geo..., Anitha Anton...

Dona Mariya, Alphonsa College, Deepthy Menon

Lekshmi Renjith, Arathy Krishnan, Deepa Raju

Rageenamma Jos..., 64 others, You

11:43 fyp-btvo-fwo 39:00 / 1:30:17

Alphonsa College is presenting

ALPHONSA COLLEGE


PALA, KOTTAYAM, KERALA

WEBINAR SERIES ON RESEARCH METHODOLOGY

TOPIC: NANOTECHNOLOGY - LIMITLESS POSSIBILITIES IN MEDICINE

ON 8TH JULY 2020
AT 8:30 AM
PLATFORM: GOOGLE MEET
LIVE YOUTUBE STREAMING

RESOURCE PERSON




Dr. Deepthy Menon is a Professor at Amrita Centre for Nanosciences and Molecular Medicine, Amrita Institute of Health Sciences, Kochi.

ORGANISED BY: SCIENCE DEPARTMENTS IN ASSOCIATION WITH BAC/ALPHONSA COLLEGE, PALA

COLLEGE ADMINISTRATIVE COMMITTEE

11:22 | fyp-btvo-fwo

Recording



Record your video call

When recording has finished, it will be saved in the organiser's 'Meet recordings' folder in Google Drive.

Start recording

SREEKUTTY KS, Lekshmi Renjith, Kochurani George, Arathy Krishnan, Anns Mary Kuria..., Deepa Raju, 56 others, You

**Webinar on 'Relevance of Handlooms as a contemporary fashion product', 07/08/2021
conducted by the Department of Fashion Technology**

In connection with the International Handloom Day , the Department of Fashion Technology conducted a webinar about Relevance of Handlooms as a contemporary fashion product for our students on 7th August 2021. The session was conducted by Miss. Drishya.V.C, Assistant Professor, Department of Fashion Technology, National Institute of Fashion Technology, Dharmasala, Kannur.



ALPHONSA COLLEGE
Fostering Education
Recognized to A Grade by NAAC with CGPA 3.34

A WEBINAR ON *Relevance of*
HANDLOOMS
as a Contemporary fashion product

in accordance to
INTERNATIONAL HANDLOOMS DAY

7th AUGUST 2021 11:00 P.M

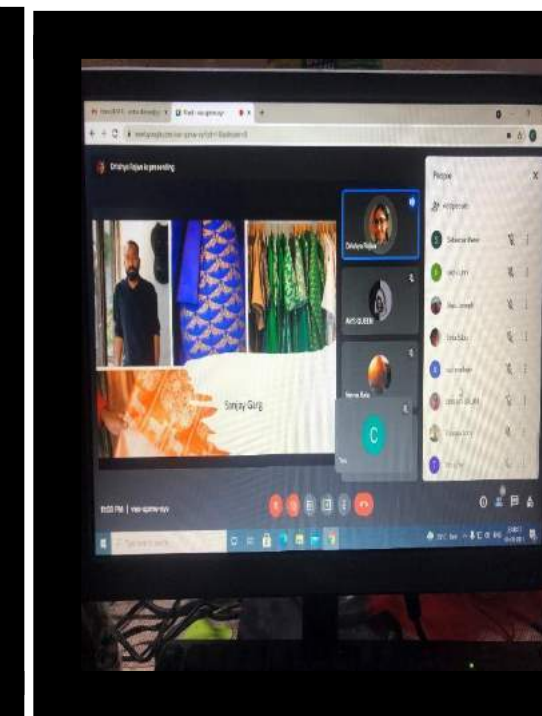
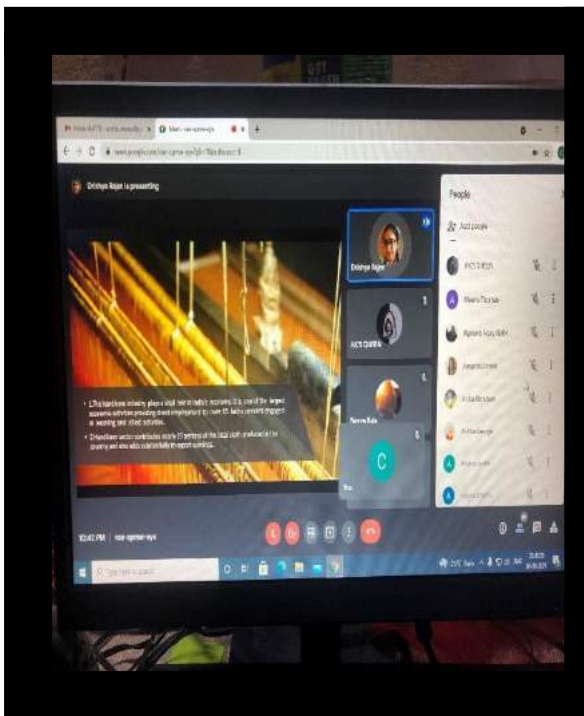
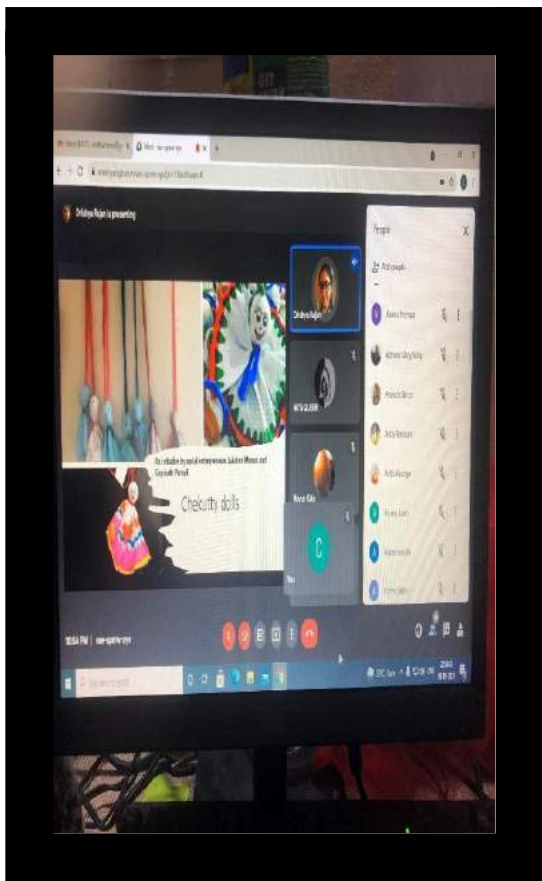
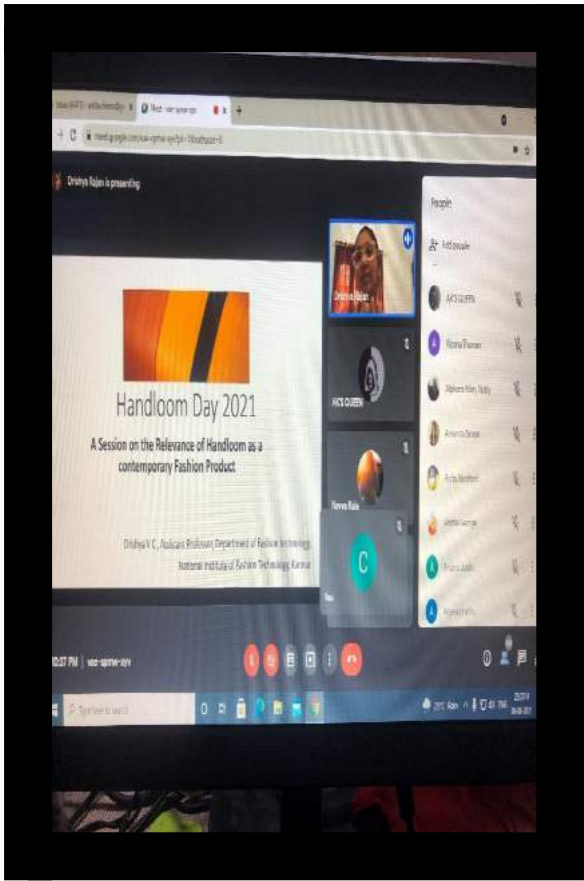
RESOURCE PERSON : DRISHYA V C
ASSISTANT PROFESSOR
DEPARTMENT OF FASHION TECHNOLOGY
NATIONAL INSTITUTE OF FASHION TECHNOLOGY
DHARMASALA, KANNUR

GOOGLE MEET
The link and password
will be provided to the
participants.

Organized by
DEPARTMENT OF BVOC FASHION TECHNOLOGY

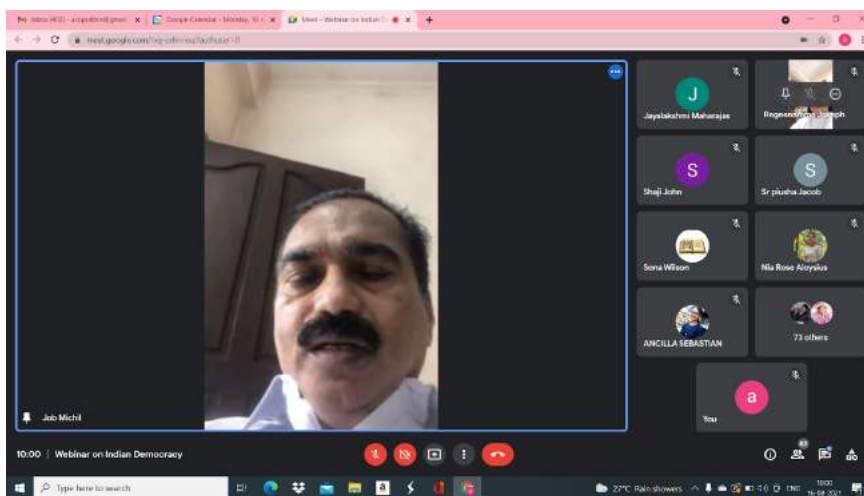
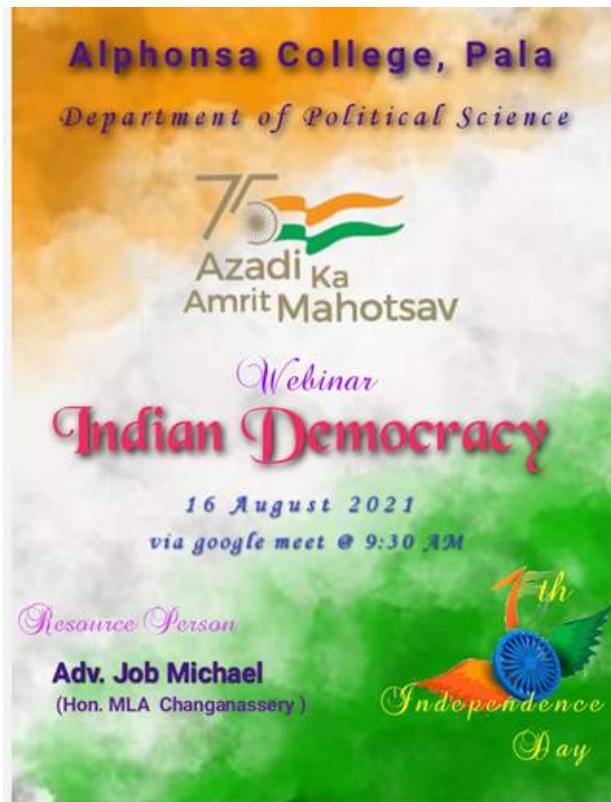
REV.DR.SR.Ragooramma Joseph (Principal)
REV.DR.Shaji John (Vice Principal)
REV.DR.SR.Mineral Matthew (Vice Principal)
REV.DR.Joseph Joseph (BURSAR)

Ms.Chitra Akkila (HOD)



Webinar on 'Indian Democracy' conducted by PG Department of Politics on 16/08/2021

In connection with Independence Day, PG Department of Political Science organized a webinar on ' Indian Democracy' on 16/08/2021. Adv. Job Michael, Hon. MLA , Changanacherry delivered the keynote address.



Online International Webinar on Recent Trends in Catalysis organised by the department of Chemistry on 2021 September 8, 10 and 13

Department of Chemistry, Alphonsa College Pala organized a three day International Webinar on Recent Trends in Catalysis in Association with IQAC of the college on 2021 September 8, 10 and 13. 165 participants attended the sessions.

Name of speaker	Topic	Date and Time
Prof. Nikolaos Dimitratos Department of Industrial Chemistry, University of Bologna, Italy	Colloidal metal nanoparticles as a toolbox for catalytic studies	08-09-2021 (IST 1.30 pm)
Dr. Atul Bansode Assistant Professor, Catalysis Engineering, Department of Chemical Engineering, TUDelft , Netherlands	Advancing the catalysis science by innovative approaches and reaction engineering	10-09-2021 (IST 1.30 pm)
Dr.M.Sankar Cardiff Catalysis Institute, School of Chemistry, Cardiff University, United Kingdom	Catalytic Applications of Supported Metal Nanoparticles	13-09-2021 (IST 2.30 pm)

The screenshot shows a Zoom meeting interface. At the top, there are video thumbnails for participants: 'alphonsa college', 'Emilio', 'SONA SAJI', 'Binta Maria Siby', 'John Rajeev', and 'Marju George'. The main content is a presentation slide with the title "Colloidal metal nanoparticles as a toolbox for catalytic studies" and the speaker's name "Prof. Nikolaos Dimitratos". The slide includes logos for UCL, Cardiff University, and the Research Complex at Harwell. It also features three images: a large building, a coastal landscape, and a catalyst structure. The Zoom control bar at the bottom shows options like Mute, Stop Video, Security, Participants, Polls, Chat, Share Screen, Record, Reactions, Apps, and More. The system tray at the bottom right shows the time as 1:41 PM on 9/8/2021.

Zoom Meeting

alphonsa college Diana Elizabeth... Dr.Sr.Jilly James Archana N G

alphonsa college M. Sanjode Diana Elizabeth Jose Dr.Sr.Jilly James Archana N G

Energetic and Environmental Issues

Fossil Fuels

The diagram illustrates a cycle. At the top, 'Fossil Fuels' is shown with an image of an oil pumpjack. A blue arrow points from 'Fossil Fuels' to 'Utilization' at the bottom. 'Utilization' is shown with images of a car, a factory, and a flame. A blue arrow points from 'Utilization' back to 'Fossil Fuels'. A blue arrow points from 'Utilization' to 'CO₂' on the right.

Chat

From Me to Everyone:
Participants kindly mute your mike

From Deepa Raju to Everyone:
where we submit attendance?

Who can see your messages?

To: Everyone

Type message here...

1:45 PM 9/10/2021

Zoom Meeting

You are viewing M. Sanjkar's screen

alphonsa college Nicey Sunil Agnes Joseph Riya jose

alphonsa college M. Sanjkar Nicey Sunil Agnes Joseph Sounya M Riya jose

CARDIFF UNIVERSITY
PRIFYSGOL CAERDYDD

Cardiff Catalysis Institute
Sefydliad Catalysis Caerdydd

Cardiff Catalysis Institute

- Centre of Excellence (2008)
- Part of the Cardiff School of Chemistry
- 90-95 researchers:
 - 15 academic staff
 - 20 postdocs
 - 50 research students

Areas of Research

- Heterogeneous Catalysis
- Homogeneous Catalysis
- Bio-catalysis

Computational Chemistry

Recording

Unmute Start Video

Participants 69 Chat Share Screen Record Reactions Apps

Leave

2:36 PM 9/13/2021

E-Workshop on 'Exploring Nonviolent Communication' on 5/10/2021 organised by the Department of History and CGS

Department of History in association with Gandhi Smriti and Darshana Samiti, New Delhi and Centre for Gandhian Studies, Alphonso College Pala conducted an E- National Workshop on the topic 'Exploring Nonviolent Communication' via Zoom platform on 5th October 2021. Dr Vedabhyas Kundu, Project Director of Gandhi Smriti and Darshana Samiti, New Delhi was the Resource Person. Dr Tresa Joseph, Director, Centre of Gandhian Studies and Ms. Sunitha Santhan, HOD, Department of History, Alphonso College, Pala talked in the session.

The image shows a Zoom meeting interface. On the left is a poster for the E-Workshop. The poster features the logos of Gandhi Smriti and Darshan Samiti (New Delhi) and the Centre for Gandhian Studies and Department of History (Alphonso College, Pala, Kerala). The title of the workshop is 'EXPLORING NONVIOLENT COMMUNICATION', dated '5 October 2021 @ 10.30 a.m.'. The resource person is listed as 'Dr. Vedabhyas Kundu, Gandhi Smriti and Darshan Samiti'. A silhouette of a person with a staff is on the left side of the poster. Zoom meeting details are provided at the bottom left: Meeting ID: 648 119 9276, Passcode: 518194. On the right is a video feed of Dr. Vedabhyas Kundu, a man with glasses and a headset, wearing a pink shirt. At the bottom of the Zoom window is a control bar with icons for 'Unmute', 'Start Video', 'Share', 'Participants' (showing 172), and 'More'.

The Department of Commerce conducted a Workshop on 'Entrepreneurship as a Profession' on 21/10/2021

WEM Club of the Department of Commerce in association with Taluk Industrial Board, Meenachil ,Pala and Kottayam District Industrial Board conducted an Online workshop on 'Entrepreneurship as a Profession' on 21/10/2021. Mr. Sino Jacob Mathew, ADIO, Meenachil Taluk presided over the program and Mr. Chandran. P, Industrial Development Officer, Pala was the key speaker . 72 students from the department participated in the workshop.

കേരള സർക്കാർ
വ്യവസായ വാണിജ്യ വകുപ്പ്
ജില്ലാ വ്യവസായ കേന്ദ്രം, കോട്ടയം
താലൂക്ക് വ്യവസായ ഓഫീസ്, തിനച്ചിൽ

തിനച്ചിൽ ഓൺലൈൻ വ്യവസായ ഓഫീസിൽനിന്നും ഈ കോൺസർട്ടേഷൻ പാലാ താലൂക്ക് വ്യവസായ വകുപ്പിന്റെ സഹായത്തോടെ നടത്തിയ സെമിനാർ സംരംഭകത്വ ക്ഷേത്രവൽക്കരണ ഓൺലൈൻ ഓഫീസിൽ

അധ്യക്ഷ	ഉദ്ഘാടനം	മുഖ്യ പ്രഭാഷണം
		
ശ്രീമതി. ഷീന ജോർജ്ജ് HOD കോമേഴ്സ് ഡിപ്പാർട്ട്മെന്റ്	ഡോ. സണ്ണി ജോസഫ് ഡയറക്ടർ S. F. പ്രോഗ്രാം അൽപോർട്ടോ കോളേജ്	സിനോ ജേക്കബ് മാത്യു ADIO, തിനച്ചിൽ

വിഷയം
സംരംഭകത്വവും തൊഴിലും

ക്ലാസ് നയിക്കുന്നത്
 ചന്ദ്രൻ പി
 വ്യവസായ വികസന ഓഫീസർ,
 പാലാ

21 OCTOBER 2021
വ്യാഴാഴ്ച രാവിലെ
11 മണി

Webinar on Research trends in Biotechnology conducted on 23/10/2021 by the department of Botany

The Department of Botany conducted a webinar on Research trends in Biotechnology on 23 October 2021. Dr. Harikumar KB, Scientist E, Rajiv Gandhi Centre for Biotechnology, Trivandrum served as the resource person. The Talk provided an opportunity to the students to get an idea about various research opportunities for life science students and Major research areas in Biotechnology.

DEPARTMENT OF BOTANY
Alphonso College, Pala
Association Inauguration
2021-2022

Chief Guest



ON, OCTOBER 23
SATURDAY
11.00 AM

Via,
 **Google Meet**

Topic:
Research trends
in Biotechnology

Inauguration And Keynote Address
Dr. Harikumar KB
Scientist E I
Rajive Gandhi Centre For
Biotechnology
Thiruvananthapuram

11:24

qtr-thnk-skh

REC

Biotechnology Jobs, 2019

Category	Percentage
Pharmaceuticals	28.4%
Chemical and Allied Products	21.4%
Food and Allied Products	20.7%
Other	30.5%

Dr. Harikumar is presenting

Jinnu...

Merin

You

71 others

Seminar on ' Space Weather' by Dr. Smitha V Thampi, 23/10/2021 organised by the Department of Physics

The Department of Physics organised a Seminar on ' Space Weather' , by Dr. Smitha V Thampi' , Scientist, Vikram Sarabhai Space Centre, Thiruvananthapuram October 23, 2021 as part of Space week. . The Online talk was aimed to provide information about Space and Space weather. It was a very informative session with a basic introduction to areas of research . Dr Smitha also gave a brief account of the higher education and career options available in the field.

Department of Physics, Alphonsa College, Pala &
Deva Matha College, Kuravilangad

Jointly Organise Webinar on

“ **SPACE WEATHER** ”

Resource Person:



Dr. Smitha V Thampi
Scientist/Engineer SF,
Vikram Sarabhai Space Centre

On 23/10/2021 Via  At 10.30 AM

<https://zoom.us/j/982852789942pwd=ajZkUG9tUVF2MTdlU1RCSEplVzYQUT09>



**International Webinar on 'Environmental Conservation-Necessities And Challenges'
conducted on November 05 -06, 2021 by the PG Department of Zoology**

The PG Department of Zoology , Alphonsa College, Pala in association with Birds club International and School of Environmental Science, M G University, Kottayam, organised an International Webinar on 'Environmental conservation-necessities and challenges' on 5th and 6th November 2021. 252 students including research scholars from various universities within the country and abroad participated in the seminar.



**INTERNATIONAL WEBINAR ON
'ENVIRONMENTAL CONSERVATION:
NECESSITY AND CHALLENGES'**



5th & 6th November 2021

Organized by

**Post Graduate Department of Zoology &
Birds Club International
Alphonsa College Pala, Kottayam, Kerala,
India**

In association with

**School of Environmental Sciences,
Mahatma Gandhi University,
Kottayam**

15:07 53 53 53

← yja-kkwo-wdr ▶

Factors Affecting Reef...

- Overview of ecosystem services provided by a healthy coral reef ecosystem:
- Habitat and biodiversity, biogeochemical cycling, tourism, shoreline protection, and fisheries.
- Anthropogenic disturbances that lead to coral reef decline:
- Climate change, nutrient and sediment runoff from agricultural practices and deforestation, reduced water quality due to waste(water) pollution, physical destruction (e.g. due to shipping and dredging), and overfishing.

ECOSYSTEM SERVICES

ENVIRONMENTAL DISTURBANCES

Yip An, George and F. Wai-Ling (2015)

Venu is presenting

Venu

simirose

You

ann 83 others

Significance of freshwater ecosystems

- No more than 0.008 % of the volume of water on Earth and covering only about 0.8 % of the global surface area (Mittermeier et al. 2010).
- Lakes, reservoirs and rivers cover 2.3% (and freshwater wetlands encompassing an estimated 5.4–6.8%) of the global land surface area, excluding large ice sheets (Lehner & Döll, 2004).

Radhakrishnan is presenting

a cp

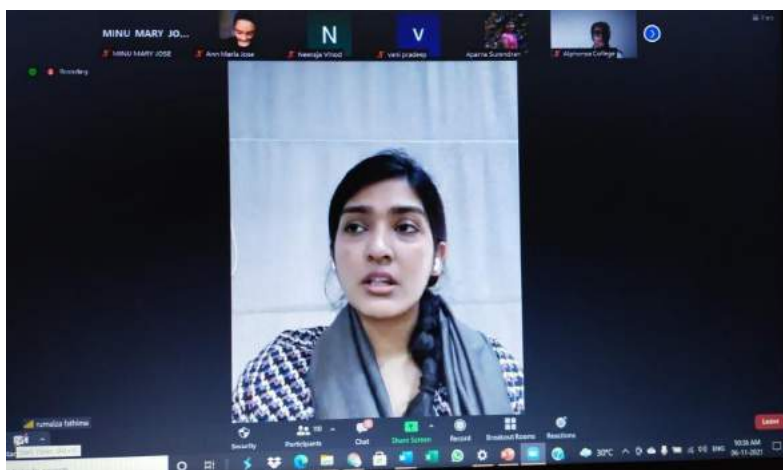
Radhakrishn...

You

Edna 94 others

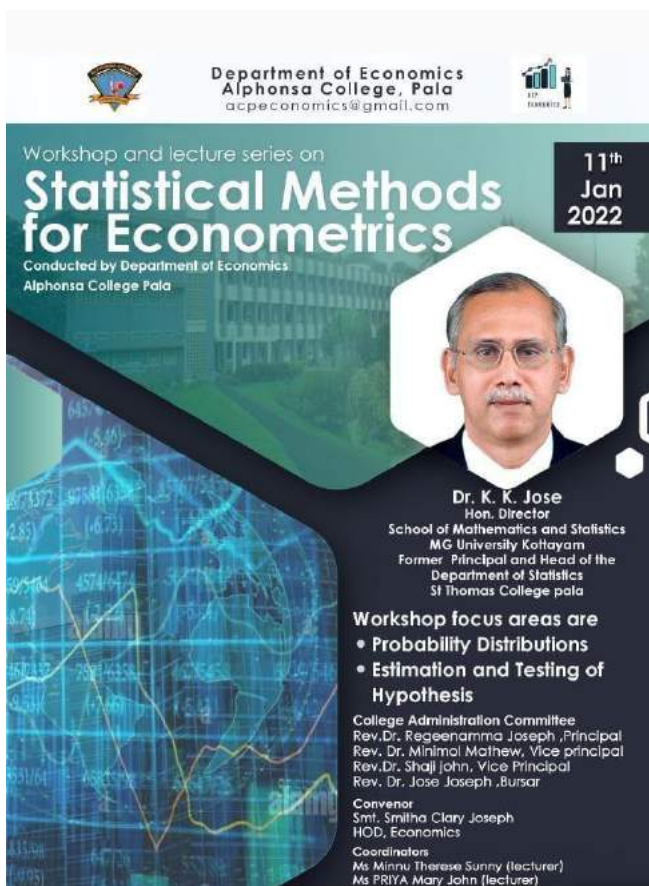
Webinar on 'Economics Beyond Theories' by RUMAIZA FATHIMA, IRS on 06/11/2021 organised by the department of Economics

A webinar was conducted by Ms.Rumaiza Fathima, IRS, Assistant Commissioner on IT, on "Economics Beyond Theories" on 06/11/2021. She described the relevance of studying the subject and the variety of opportunities students from the economics stream can choose for their future paths.



Workshop and Lecture series on Statistical Methods for Econometrics conducted on 11/01/2022 by the department of Economics

Workshop and Lecture series on 'Statistics For Econometric', was conducted on 11/01/2022 by the Department of Economics. The resource person was Dr. K. K. Jose, Hon. Director School of Mathematics and Statistics, MG University, Kottayam. The workshop was attended by the postgraduate students and final year undergraduate students of the department. It covered topics including probability distribution, estimation and hypothesis testing. He also discussed certain softwares like R and Gretl that are helpful in doing the statistical and econometric programmes. The workshop wound up with an effective discussion where students raised their doubts and queries about the topics covered.



The poster features a central portrait of Dr. K. K. Jose. The background is a dark blue with glowing green and yellow lines representing data trends and charts. At the top, there are logos for the Department of Economics at Alphonsa College, Pala, and MG University. The text on the poster includes the title, date, and details about the speaker and the workshop's focus areas.

Department of Economics
Alphonsa College, Pala
acpeconomics@gmail.com

Workshop and lecture series on
Statistical Methods for Econometrics
Conducted by Department of Economics
Alphonsa College Pala

11th
Jan
2022

Dr. K. K. Jose
Hon. Director
School of Mathematics and Statistics
MG University Kottayam
Former Principal and Head of the
Department of Statistics
St Thomas College pala

Workshop focus areas are

- Probability Distributions
- Estimation and Testing of Hypothesis

College Administration Committee
Rev. Dr. Regeenamma Joseph, Principal
Rev. Dr. Minimal Mathew, Vice principal
Rev. Dr. Shaji John, Vice Principal
Rev. Dr. Jose Joseph, Bursar

Convenor
Smt. Smilina Clary Joseph
HOD, Economics

Coordinators
Ms Minnu Theresse Sunny (lecturer)
Ms PRIYA Mary John (lecturer)



Seminar on "Nuances of the English language" conducted on 20/01/2022 organised by the PG department of English

Seminar on "Nuances of the English language" by Dr. V.J. Sebastian, Former HOD, St. Thomas College, Pala was held on 20/01/2022. 110 students participated in the seminar. He spoke about the common mistakes in the usage of English language and gave his inputs on how to overcome them. It was a useful and interesting session.




PG Department of English organised a workshop on 'Romantic Revolutions and its Impacts on 21st century' in the light of the bicentennial day celebration of John Keats, in association with Govt. Brennan College, Thalassery on 20/01/2022

The department of English organised a workshop on *Romantic Revolutions and its Impacts on 21st century* in the light of the bicentennial day celebration of John Keats, in association with Govt Brennan College Thalassery on 20 January 2022. Prof Shyju K C, Head of the Department of English, Govt Brennan College Thalassery, was the Resource person. The programme was different as it was in the Wordsworthian method of poetry writing in travelling through the uneven lands. Selected students were given opportunity for a practice.

Alphonsa College Pala
Department of English

Workshop on



**'Romantic
Revolutions and its
Impacts on 21st
century'**

In the light of the bicentennial day celebration of John Keats

In association with
Govt. Brennan College
Thalassery
20th January 2022

CHIEF RESOURCE PERSON

PROF. SHYJU K C

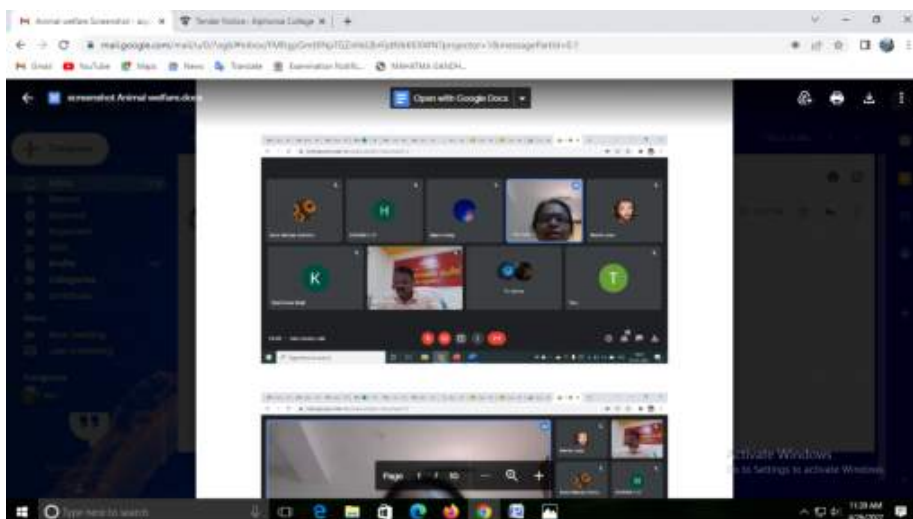
Head of the Department of English,
Govt Brennan College Thalassery,

"Heard melodies are sweet,
but those unheard are sweeter"



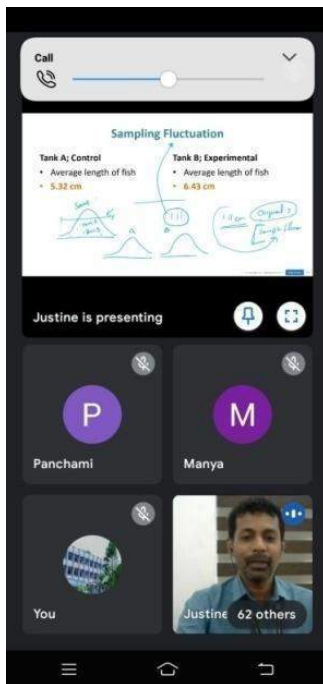
Webinar on 'Animal Welfare and its role in Human Life' organised by the PG Department of Zoology on 25/01/2022

In connection with animal Welfare Week, the PG Department of Zoology in association with Animal Welfare Department, Government of Kerala, organised a webinar on 'Animal welfare and its role in human life' on 25th January 2022. Dr. S. Ajith Kumar, Senior veterinary surgeon, Thalayolaparambu, was the resource person. 100 students participated the webinar.



Research Methods In Life Sciences (Cognitio '22) Lecture Series organised by the Research Department of Zoology

1. Lecture series- 1: "Inferential Statistics' on 03/02/2022, in online mode. Dr. Justin K. James, Assistant Professor, CAAM Govt. College Thrisur, was the resource person.



2. Dr. Ron Sunny, Assistant Professor, Department of Botany, St. Joseph's College, Devagiri, Calicut was the resource person on the topic ' Into the unknown – lessons learnt from research in the wild' on 21/02/022.



3. Dr. Shubin Mohanan, Assistant Professor, Department of Botany, Nirmala College, Muvattupuzha conducted a hands-on training in 'Advanced tools in Biological Sequence Analysis' on 08/03/2022.



Seminar on "Exercise is medicine for total fitness" by Dr. Sebastian Luckose on 21/03/2022 organised by the PG Department of English

Seminar on "Exercise is medicine for total fitness" by Dr. Sebastian Luckose was held on 21/03/2022. 60 students participated in the session. It was held in collaboration with the Indian Association of Pediatrics. The session helped the students to learn about ways to stay fit and healthy.



Collaborative quality initiatives with other institutions

Elizabeth J Diana (Alphonso College, Pala) , U.S. Kanchana (M. G. University, Kottayam), Thomas V Mathew (St.Thomas College , Pala) , 'Current developments in the synthesis of 4-chromanone-derived compounds', <https://doi.org/10.1039/D1OB01352A>

Elizabeth J Diana (Alphonso College, Pala) , U.S. Kanchana (M. G. University, Kottayam), Thomas V Mathew (St.Thomas College , Pala) , 'Recent developments of supported palladium nanocatalyst and magnetically separable supported palladium nanocatalysts for Heck cross-coupling reactions' , <https://doi.org/10.1007/s11051-022-05472-w>

Elizabeth J Diana (Alphonso College, Pala) , U.S. Kanchana (M. G. University, Kottayam), Thomas V Mathew (St.Thomas College , Pala) , 'Recent trends in Nickel-catalyzed C-S bond formation' , <https://doi.org/10.1002/ajoc.202200038>

Minu Joy (Alphonso College, Pala)and Rakhi R (NSS College, Pandalam) Ringing Non-Gaussianity from inflation with a step in the second derivative of the potential, <https://doi.org/10.1007/s12043-022-02304-3>

Priya Antony (Alphonso College, Pala), S. Bharanidharan (Agni College, Chennai) , R. Jerald Vijay(St. Joseph's College, Trichy), S. John Sundaram (SH College Thirupattur), Albin John P. Paul Winston (Loyola College, Chennai) Ligimol Louis(St. Xaviers College, Jaipur), Jilly James (Alphonso College, Pala) , P. Sagayaraj (Loyola College, Chennai) , ' Structural, thermal, linear and nonlinear optical and cytotoxicity studies of a novel organic stilbazolium salt: 4-[2-(4-hydroxyphenyl)ethenyl]-1- methylpyridinium 4-styrenesulfonate', <https://doi.org/10.1016/j.molstruc.2022.133196>

SCIENTIA , 2021- Online Lecture series for school students conducted by the students of Department of Chemistry

Collaborative activities of Unnat Bharath Abhiyan in various associated schools , July 2022

SREE - Sharing Resources and Expertise for Excellence - Seminar Series, Department of History, 2021-22

Survey: Ozone Day: Popularising Ozone Protection, 16-09-2021 , in association with Unnat Bharat Abhiyan, Alphonsa College, Pala

Survey on Odonate Diversity in Kottayam district conducted by the Research Department of Zoology in collaboration with TIES, Manarkadu on 12-13 March 2022

Online Add-On course in Research Publication and Ethics, in collaboration with St. Stephen's College, Uzhavoor and Lore & Ed Research Associates 03/07/2021 - 30/09/2021

Administrative training programme in collaboration with St. Thomas College, Pala, 20/11/2021

Collaborative quality initiatives with other institutions

Elizabeth J Diana (Alphonso College, Pala) , U.S. Kanchana (M. G. University, Kottayam), Thomas V Mathew (St.Thomas College , Pala) , 'Current developments in the synthesis of 4-chromanone-derived compounds' <https://doi.org/10.1039/D1OB01352A>

ARTICLE

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Current developments in the synthesis of 4-chromanone-derived compounds

Elizabeth J. Diana^{a*}, U. S. Kanchana^a and Thomas V. Mathew^a

Abstract:

The chroman-4-one framework is a significant structural entity that belongs to the class of oxygen-containing heterocycles. It acts as a major building block in a large class of medicinal compounds, and synthetic compounds exhibit a broad variety of remarkable biological and pharmaceutical actions. Several studies have been taking place to improve the methodologies of 4-chromanone-derived compounds. This review focuses the major synthetic methods of preparation reported on chroman-4-one derivatives from 2016-2021.

Keywords: chroman-4-one derivatives, cascade radical cyclization, hydroacylations, 2, 3-dihydro-1-benzopyran-4-one, phytochemical.

1. Introduction

Phytochemicals are non-nutritive plant chemical, includes chromones,¹ coumarins,² chalcones,³ carotenoids⁴ or flavonoids⁵ showed great biological significance in preventing diseases in human. 4-chromanone-derived compounds (2,3-dihydro-1-benzopyran-4-one) and their research are of immense significance in the area of pharmaceutical chemistry, which plays an important building block in designing drugs.^{1,6} It exhibited broad range of biological and pharmaceutical activities such as antibiotic,⁷ antiparasitic,⁸ anticancer,^{9,10} anti-HIV¹¹ and SIRT2 inhibitors.¹² Chroman-4-one displayed large structural varieties directed to different kinds of compounds like flavanones,¹³ isoflavones,¹⁴ spirochromanones,¹⁵ benzylidene-4-chromanones¹⁶ etc. Flavanones¹⁷ are 2-phenyl chroman-4-one derivatives includes

various biologically important, natural compounds like sakuranetin,¹⁸ Naringin,¹⁹ Eriodictyol,²⁰ Hesperetin²¹ and Sterubin²². Phytoestrogens isoflavones²³ like Genistein,²⁴ Daidzein,²⁵ Glycitein,²⁶ Biochanin A,²⁷ Formononetin²⁸ have significant role in medicinal field, regarded as chemoprotective and hence widely used in cancer treatment, menopausal symptoms, and osteoporosis. Many methods have been established for the preparation of those structural motifs in the previous years.^{29,30} Though, some classical approaches have drawbacks like multi-step procedure, harsh reaction settings, less substrate scope etc. So, still many research works are on-going for introducing more efficient and atom-economical methods to construct this privileged scaffold under mild and environmentally benign conditions. This review focuses on the novel synthetic approaches of chroman-4-one derivatives and covers literature from 2016 to 2021, since the topic has been reviewed in 2015 by Emami and Ghanbarimasir.²⁹ For effortlessness and simplicity, the topic is grouped on the basis of methods of synthesis involved.

2. Synthesis of chroman-4-one derivatives

2.1. Synthesis of chroman-4-one derivatives through cascade radical cyclization

The methods of organic synthesis have progressed to advance promptly. In last few decades, great efforts have been focussed on organic synthesis includes cross coupling reactions,³¹⁻³⁶ functional group interconversions(FGI)^{37,38} and Cascade radical cyclization reactions³⁹⁻⁴¹ which offer a valuable synthetic tool in organic synthesis. The prominent advantages of radical cascade reactions such as high efficiency, environmentally benign as well as economical protocol and great reduction of time duration to complete the work. Recently, in 2020, a Xiong *et al.*⁴² reviewed 3-substituted chroman-4-ones by radical reaction. Currently, chroman-4-one derivatives are synthesised through the cascade reactions with *o*-(allyloxy) arylaldehydes as initial material through radical process have gained considerable attention.

In 2016, Zhao *et al.* put forward a direct approach to synthesise phosphonate chroman-4-ones by cascade radical cyclization-coupling reaction between dialkyl phosphites and 2-(allyloxy)arylaldehydes with the aid of silver hexafluoroantimonate(V) as the catalyst, using the oxidant potassium persulfate, in DMSO at 35 °C in argon atmosphere for 5 hours (Scheme 1).⁴³ Various dialkyl phosphites underwent cascade transformations afforded the desired product with 53-70% yield. Unluckily, diphenylphosphine oxide and diphenyl phosphonate were failed to give the product. The yield of the reaction was about

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Elizabeth J Diana (Alphonso College, Pala) , U.S. Kanchana (M. G. University, Kottayam), Thomas V Mathew (St.Thomas College , Pala) , 'Recent developments of supported palladium nanocatalyst and magnetically separable supported palladium nanocatalysts for Heck cross-coupling reactions' , <https://doi.org/10.1007/s11051-022-05472-w>

J Nanopart Res (2022) 24:89
<https://doi.org/10.1007/s11051-022-05472-w>

REVIEW



Recent developments of supported Palladium nanocatalyst and magnetically separable supported Palladium nanocatalysts for Heck cross-coupling reactions

Diana Elizabeth Jose · U. S. Kanchana · Thomas V. Mathew

Received: 13 January 2022 / Accepted: 10 April 2022
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Abstract Transition metal nanoparticles (NPs) have fascinated tremendous interest nowadays, especially in a large variety of carbon–carbon bond-forming reactions due to their high surface area-to-volume ratio and reactive morphologies. This review focuses on the developments in supported palladium nanoparticles and magnetically separable supported palladium nanoparticle-catalyzed Mizoroki–Heck coupling from 2018 to May 2021.

Keywords Mizoroki–Heck coupling · Supported palladium nanocatalyst · Magnetic palladium nanocatalyst · Synthesis

Introduction

The cross-coupling reaction of organometallic reagents with different types of organic electrophiles, along

with group 8–10 transition metal catalysts, remarkably palladium complexes, is the way of selection for a broad range of C–C (Varun et al. 2017; Kanchana et al. 2020a, b; Jose et al. 2020a; Diana et al. 2020) C–Se (Jose et al. 2020b), C–N (Hosseini et al. 2018), C–P (Kanchana et al. 2021), C–S (Hosseini et al. 2019) or C–M bond-forming methods. Mizoroki–Heck cross-coupling is transition metal-catalyzed coupling between aryl halides or vinyl halides with an activated alkene, in the presence of a base resulting in substituted alkene through a new C(sp²)–C(sp²) bond formation (Christoffel and Ward 2018). Richard F. Heck, Ei-ichi Negishi and Akira Suzuki won the Nobel prize in chemistry in 2010 for their studies 'for palladium-catalyzed cross-couplings in organic synthesis' (Astruc 2010).

Metal nanoparticles are highly effective catalysts in Mizoroki–Heck reaction because of their high efficiency, eco-friendly nature and economic favourability (Jagtap 2017). Among the transition metals, palladium is one of the most versatile metals used as a catalyst, especially C–C coupling reactions (Bhattacharjee and Ahn 2015). Much research has been done on palladium metal nanoparticle catalysts due to their high catalytic activity depending upon size, shape and crystal structure of it (Hajipour and Tavangar-Rizi 2017). The unique catalytic properties of nanocatalysts are different from those of bulk counterparts, mainly resulting from their small size, the sizeable surface–volume ratio of nanoparticles, the quantum size effect and electric field enhancement (Tzceciak and Augustyniak

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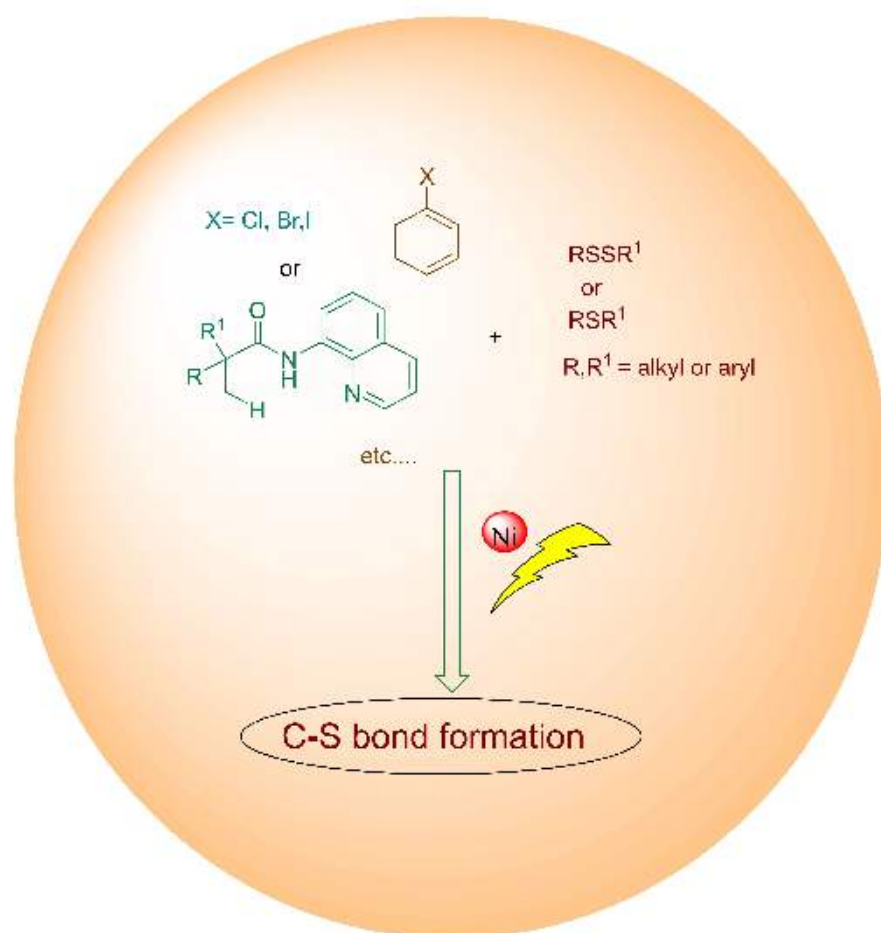
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Recent Trends in Nickel-Catalyzed C–S Bond Formation

U. S. Kanchana, Elizabeth J. Diana, and Thomas V. Mathew^{*[a]}





Ringling non-Gaussianity from inflation with a step in the second derivative of the potential

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Abstract. Inflationary model driven by a scalar field whose potential has a step in the second derivative with respect to the field is considered. For the best-fit potential parameter values, the 3-point function and the non-Gaussianity associated with the featured model is calculated. We study the shape and scale dependence of the 3-point function. The distinctive feature of this model is its characteristic ringing behaviour of f_{NL} . We can see that the oscillations in f_{NL} in this model last for a much longer range of k values, than the previously studied models. In that sense, this model is potentially distinguishable from models with other features in the potential.

Keywords. Inflation; 3-point function; non-Gaussianity.

PACS Nos 98.80.Cq

1. Introduction

In standard slow-roll inflation, the deviation from the Gaussian distribution of the primordial perturbations [1–3] is predicted to be small. It is of the order of the slow-roll parameters [4–7]. This result does not hold if the inflaton undergoes a period of slow-roll violation during its evolution [8–11], as can happen if the inflaton potential has some localised features [12]. The resulting non-Gaussianity [13] then becomes shape and scale-dependent and modes that exit Hubble scale around the time the field crosses the feature can pick up large non-Gaussianities. An inflationary model, where the inflaton potential has a feature in its second derivative with respect to the inflaton, has been proposed in Minu Joy *et al* [14], where they showed that the power spectrum picks of small oscillations superimposed on a flat spectrum and the spectral index can experience a jump around the feature. This scenario helps to explain the local running in the spectral index observed in the WMAP and Planck data [15–18]. In the present work, we are interested in studying the non-Gaussianity predicted by this model. The analysis of the running of non-Gaussianity using Planck data is given in [19], in the context of some well-defined inflationary models. Inflationary models that predict a mildly scale-dependent bispectrum, termed as the running of the bispectrum

[20–23], is discussed there. In the present work, we compute the 3-point function of the curvature perturbation and study the shape and scale dependence of the 3-point function.

The paper is organised as follows: in §2 we describe our model and give its background evolution and resulting power spectrum of curvature perturbations. In §3 we compute the 3-point function and the non-Gaussianity from the model and then conclude by summarising the results in §4.

2. The model with a step in the second derivative of the potential

A model in which the inflaton potential experiences a sudden small change in its second derivative (the effective mass of the inflaton) is considered. Let $[A]$ denote a jump in the relevant quantity, so that $[A] \equiv A(\varphi_c + 0) - A(\varphi_c - 0)$ where $\varphi = \varphi_c$ is the point at which the feature occurs. We consider the case for which $[V] = [V'] = 0$, $[V''] \neq 0$ and $|[V'']| \ll H^2$. The last inequality guarantees that slow-roll inflation continues during and after the phase transition, in contrast to the case of the hybrid inflation, or the case $|[V'']| \sim H^2$. A field theoretic model giving rise to such a feature of the

Priya Antony (Alphonsa College, Pala), S. Bharanidharan (Agni College, Chennai) , R. Jerald Vijay(St. Joseph's College, Trichy), S. John Sundaram (SH College Thirupattur), Albin John P. Paul Winston (Loyola College, Chennai) Ligimol Louis(St. Xaviers College, Jaipur), Jilly James (Alphonsa College, Pala) , P. Sagayaraj (Loyola College, Chennai) , Structural, thermal, linear and nonlinear optical and cytotoxicity studies of a novel organic stilbazolium salt: 4-[2-(4-hydroxyphenyl)ethenyl]-1- methylpyridinium 4-styrenesulfonate', <https://doi.org/10.1016/j.molstruc.2022.133196>

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Structural, thermal, linear and nonlinear optical and cytotoxicity studies of a novel organic stilbazolium salt: 4-[2-(4-hydroxyphenyl)ethenyl]-1-methylpyridinium 4-styrenesulfonate



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ABSTRACT

Organic non-linear single crystals of 4-[2-(4-hydroxyphenyl)ethenyl]-1-methylpyridinium 4-styrenesulfonate (HMSS) are grown by means of slow solvent evaporation growth process. Stoichiometric ratio of the elements existing in the compound is identified by elemental analysis. Single crystal X-ray diffraction discloses that the developed crystal being included in to P2₁/n space group with monoclinic crystal system. In addition, an analysis of crystal structure and Hirshfeld surface are used to expose the intermolecular interaction and hydrogen bonds. Quantum chemical calculations performed using the density functional theory (DFT) at DFT/B3LYP/6-311+G(d,p) level of the compound provides further insight on the properties in particular molecular electrostatic potential, natural bonding orbital analysis (NBO), Mulliken and NPA charges, static dipole moment, polarizability, first order hyperpolarizability and thermodynamic functions. The frequencies (vibrational) of the compound HMSS are recognized using FT-IR and FT-Raman analysis and compared with the calculated data. Thermal properties of HMSS are accomplished via the way of TG and DSC analyses. Further, antiproliferative behavior of the obtained compound is assayed against human breast adenocarcinoma cells MCF 7 and normal Vero cells (monkey's kidney cells).

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1. Introduction

There is a predominant hopeful concern in organic non-linear optical (NLO) materials compared to inorganics in the field of optoelectronic and bio photonics [1–4]. The organic π -conjugated D-A material with pyridinium units has been receiving massive awareness on account of its remarkable applications in data storage devices, optical communication and computing, color displays, 3D optical data storage, information processing, remote sensing by laser and medical diagnostics etc. [5–8]. In organic molecules, the accessible delocalised π -electron system

with strong D- π -A intermolecular interaction abides as the origin of the NLO properties. The optical NLO efficiency of organic salts are depended upon strong Coulombic interactions among the π -conjugated chromophore with appropriate electron donor and acceptor groups at the end [9–11]. The styrylpyridinium derivatives are considered to be good conjugated π -systems, and they have been put to practical uses for their large NLO efficiencies and high-speed electro-optic applications [12–14]. In continuation of our research on organic NLO materials, the title compound 4-[2-(4-hydroxyphenyl)ethenyl]-1-methylpyridinium 4-styrenesulfonate (HMSS) was synthesized. In recent years, computational chemistry has become an important tool for chemists and a well-accepted complement for experimental chemistry. Density functional theory (DFT) method has become a major tool in the

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SCIENTIA , 2021- Online Lecture series for school students conducted by the students of Department of Chemistry

The Department of Chemistry organized an Online Science lecture series for school students -SCIENTIA. It is aimed to inculcate scientific temper in school students through informative attractive and entertaining online classes, taken by our students.

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Lecture - 1
Anita Jacob
26 June 2021, 8:30 AM
Venue: ST. Thomas UP School, Arakulam
Platform: Google meet

Dr. Dr. Rajeswarappa Joseph, Principal
Dr. Dr. Jilly James, Head of the Department

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Department of Chemistry in Association with
Unnat Bharat Abhiyan
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Lecture - 2
Ankita Jacob
03 July 2021, 4:30 PM
Venue: ST. Sebastian's HSS, Kadavode
Via, Google meet

Dr. Dr. Rajeswarappa Joseph, Principal
Dr. Dr. Jilly James, Head of the Department

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Lecture - 3
Ankita Jacob
10 July 2021, 8:30 AM to 9:15 AM
Venue: S.H.G.H.S., Ramapuram
Via, Google meet

Dr. Dr. Rajeswarappa Joseph, Principal
Dr. Dr. Jilly James, Head of the Department

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Lecture - 4
Anjali Krishna
26/07/2021, 7 PM - 8 PM
Venue: St. Mary's HSS, Teekoy
Via, Google Meet

Dr. Dr. Rajeswarappa Joseph, Principal
Dr. Dr. Jilly James, Head of the Department

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DEPARTMENT OF CHEMISTRY IN ASSOCIATION WITH
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Lecture - 5
Ria Robins
09/09/2021, 8:15 am onwards
Venue: S.H.G.H.S., Ramapuram
Via, Google Meet

Dr. Dr. Rajeswarappa Joseph, Principal
Dr. Dr. Jilly James, Head of the Department
Ms. Shree Lakshmi Devi, Head Coordinator

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Lecture - 6
Ankita Jacob
18/09/2021, 5pm to 6pm
Venue: St Mary's HSS, Teekoy
Via, Google Meet

Dr. Dr. Rajeswarappa Joseph, Principal
Dr. Dr. Jilly James, Head of the Department
Ms. Shree Lakshmi Devi, Head Coordinator

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Lecture - 7
Gayika G Nair
11/10/2021
2pm to 3pm
Venue: St Mary's HSS, Teekoy
Via, Google Meet

Dr. Dr. Rajeswarappa Joseph, Principal
Dr. Dr. Jilly James, Head of the Department
Ms. Shree Lakshmi Devi, Head Coordinator

Date	School	Class	Name of Tutor	Class	Topic
26/06/20 21	St. Thomas UP School, Arakulam	Class 7	Ankitha Jacob	III DC CHEMISTRY	ACID AND BASES
04/07/20 21	St Sebastian's HSS, Kadanadu	Class 7	Ankitha Jacob	III DC CHEMISTRY	ACID AND BASES
10/07/20 21	S.H.G.H.S, Ramapuram	Class 7	Ankitha Jacob	III DC CHEMISTRY	ACID AND BASES
26/07/20 21	St Mary's HSS, Teekoy	Science Club students from class 5 to 9	ANJALI KRISHNA	III DC CHEMISTRY	Accidental discoveries in chemistry
09/09/20 21	S.H.G.H.S, Ramapuram	Class 7	Ria Robins	III DC CHEMISTRY	States of Matter
18/09/20 21	St Mary's HSS, Teekoy	Science Club students from class 5 to 9	Ankitha Jacob	III DC CHEMISTRY	ACID AND BASES
11/10/20 21	St Mary's HSS, Teekoy	Science Club students from class 5 to 9	Gopika G Nair	III DC CHEMISTRY	Space Research

SCIENTIA-LECTURE-7 at St Mary's ... y (2021-10-11 at 01_30 GMT-7).mp4

SCIENTIA-LECTURE-7 at St Mary's HSS Thekey (2021-10-11 at 01_30 GMT-7).mp4

I want to become a space scientist in ISRO

SCIENTIA- Lecture 3-S.H.G.H.S Ra ... (2021-07-09 at 19_57 GMT-7).mp4

Can you list some examples of acidic substances we use?

Citric acid Lactic acid Tartaric acid Acetic acid

LECTURE-1-ST THOMAS UP SCHOOL (2021-06-26 at 20_04 GMT-7).mp4

Acids, Bases & Salts

SCIENTIA- Lecture 5 at S.H.G.H.S Ra ... an (2021-09-08 at 19_50 GMT-7).mp4

Matter Around Us

SCIENTIA- Lecture 6-St Mary's HSS ... y (2021-09-18 at 04_42 GMT-7).mp4

Can you list some examples of acidic substances we use?

Citric acid Lactic acid Tartaric acid Acetic acid

LECTURE-2-St Sebastian's HSS Kad ... (2021-07-05 at 04_02 GMT-7).mp4

WHY STUDY SCIENCE?

- Helps to understand the world
- Encourage our creativity
- Everything we know about our universe, from how trees reproduce to what an atom / cell is made up of, is the result of scientific experiments and researches.

Lecture 4-St Mary's HSS Thekey (2021-07-26 at 06_32 GMT-7).mp4

Collaborative activities of Unnat Bharath Abhiyan in various associated schools , July 2022

Unnat Bharat Abhiyan is a flagship program of the ministry of human resource, Government of India. Under this scheme, Alphonsa college has adopted five villages from the locality- Meenachi, Meenachil part, Ramapuram, Kadanadu and Bharanaganam. College has extensively worked for the upliftment of the rural areas of these villages as part of its social commitment. Several online as well as offline programs like webinars and donation activities were carried out during 2021-22 in collaboration with these institutes.

Date	Name of activity	Participating Department	Participating School
04/07/2021	Science lecture - Acids and Bases	Department of Chemistry	St Sebastian's HSS, Kadanadu
10/07/2021	Science lecture - Acids and Bases	Department of Chemistry	S.H.G.H.S, Ramapuram
11/07/2021	Webinar on “Importance of adolescent nutrition”	Department of Clinical Nutrition	St. Joseph’s H S, Vilakkumadam, Meenachi village
19/07/2021	Book Donation	Department of English SF	Prathibha Kendram Library, Arunapuram
25/07/2021	Talk on 'Parenting and child abuse'	Economics and Women’s cell	St, Michael’s HSS Pravithanam, Kadanadu village
29/07/2021	Talk on Shakuntala Devi	Department of Mathematics	St. Joseph's High School, Manathoor
10/08/2021	Webinar on Road Safety	Department of History and NSS	St. Augustine's HS school, Ramapuram
09/09/2021	Science lecture - States of matter	Department of Chemistry	S.H.G.H.S, Ramapuram

Alphonsa College, Pala
PG Department of English (SF)
in Collaboration with UBA

GIFT A BOOK IGNITE KNOWLEDGE

BOOK DONATION TO PRATHIBHA KENDRAM LIBRARY RAMAPURAM
SAMAGRA SHIKSHA KERALA BRANCHA

at 10.30 am on 19th July 2021

College Administration Committee
Dr. Sr. Bejaramma Joseph (Principal)
Rev. Dr. Shaji John (Vice Principal)
Dr. Sr. Minamol Mathew (Vice Principal)
Rev. Dr. Jose Joseph (Bursar)

Our Sponsors
HSA Stores
Sincere Book Stall

ALPHONSA COLLEGE
PALA
Affiliated to Mahatma Gandhi University
Re-accredited by NAAC with 'A' Grade

PG Department of Clinical Nutrition
and Dietetics in Association with UBA

Nutrireach
Nutrition Awareness
programme

Webinar on
IMPORTANCE OF ADOLESCENT NUTRITION
By
SWAPNA GEORGE
HOD, PG DEPT OF CLINICAL NUTRITION AND DIETETICS,
Alphonsa College, Pala

For Students and Parents
St. Joseph's H.S., Vilakkumadam Meenachil Village, Pala

Dr. Vijitha Sunny
UBA COORDINATOR

SWAPNA GEORGE
SPEAKER

Administration Committee:
REV. DR. SR. BEJARAMMA JOSEPH (PRINCIPAL)
REV. DR. FR. SHAJI JOHN (VICE PRINCIPAL)
REV. DR. SR. MINAMOL MATHEW (VICE PRINCIPAL)
REV. DR. FR. JOSE JOSEPH (BURSAR)

ALPHONSA COLLEGE
PALA
Affiliated to Mahatma Gandhi University
Re-accredited by NAAC with 'A' grade

DEPARTMENT OF CHEMISTRY IN ASSOCIATION WITH
UNNAT BHARAT ABHIYAN

ORGANIZES

SCIENTIA

Science lecture series for school students

A novel attempt to inculcate scientific temper in school students through informative, attractive and entertaining online lectures

Lecture - 5
Ria Robins
09/09/2021, 8.15 am onwards

Venue: S.H.G.S., Ramapuram
Via, Google Meet

Dr. Sr. Bejaramma Joseph (Principal)
Dr. Sr. Jilly James (Head of the Department)
Dr. Sr. Anitha Sabu (Book Program Coordinator)
Dr. Sr. Jany K. Jeeva (PG Dept. of English)

ALPHONSA COLLEGE
PALA
Affiliated to Mahatma Gandhi University
Re-accredited by NAAC with 'A' Grade

Department of Chemistry in Association with
Unnat Bharat Abhiyan
Organizes

SCIENTIA

Science Lecture Series for School Students

A novel attempt to inculcate scientific temper in school students through informative, attractive and entertaining online lectures

Lecture - 2
Ankitha Jacob
03 July 2021, 6.30 PM

Venue: ST. Sebastian's HSS, Kadamadu
Via, Google meet

Dr. Sr. Bejaramma Joseph (Principal)
Dr. Sr. Jilly James (Head of the Department)

ALPHONSA COLLEGE PALA
MATHEMATICS ASSOCIATION

Organizes
QUINTRELLE

In association with UNNAT BHARAT ABHIYAN (UBA)
Talk series on: **SHAKUNTALA DEVI**

JULY 29, 2021 | 3 PM
VIA GOOGLE MEET

INDIAN WOMEN MATHEMATICIAN

For joining: [Click here](#)

PLACE: ST. JOSEPH'S H.S. MANATHOOR

Coordinators:
Dr. Sr. Sonia K Thomas (HOD, Math Department)
Dr. Vijitha Sunny (UBA Coordinator)

SPEAKERS:
Janya Jose
Minnu Libath Sebastian

ALPHONSA COLLEGE PALA

Is Conducting an Awareness class on
PARENTING AND CHILD ABUSE

Organized by KSWDC Women Cell
UBA and Dept. of Economics

On 25/07/2021
Sunday 8pm

Venue - ST. MICHAEL'S HSS PRATHANAM
Via Google meet

Co-ordinators:
Dr. Vijitha Sunny
Ms. Smitha Clary Joseph
Ms. Teena James



Alphonsa College Pala

Is conducting a webinar on
ROAD SAFETY

Organised by UBA, NSS and
Department of History

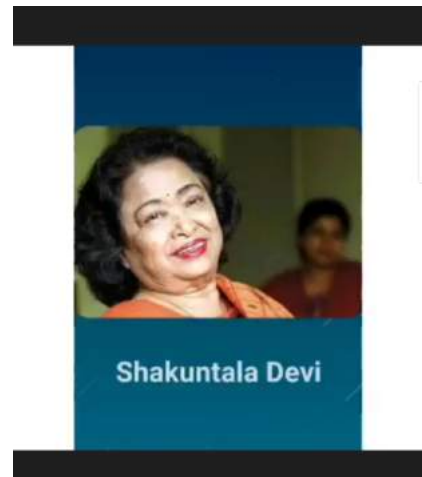
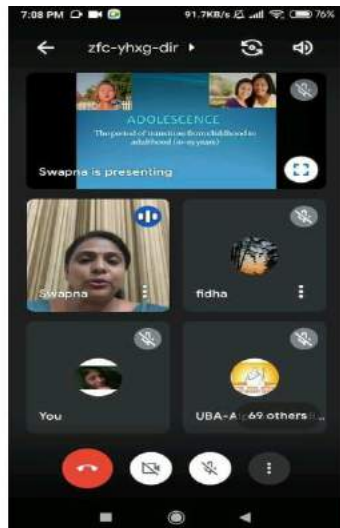
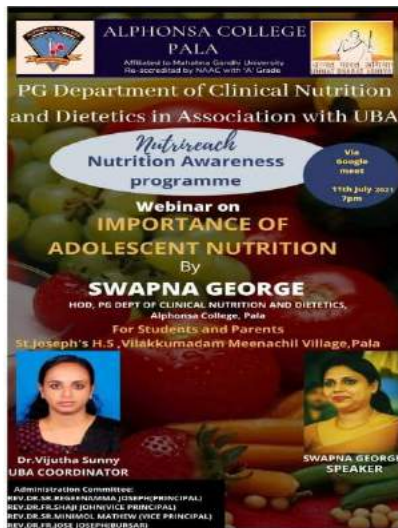
On 12/8/2021
Thursday 1:30 PM

Venue: St. Augustine's Higher
Secondary School Ramapuram
Via Google Meet

SPEAKER
ANOOPI T
Safety Training Trainer,
Honda Safety Driving
Education Center,
Calicut

College Administration Committee:
Dr. Sr. Bejaramma Joseph (Principal)
Alphonsa College
Rev. Dr. Shaji John (Vice Principal)
Dr. Sr. Minamol Mathew (Vice Principal)
Rev. Dr. Jose Joseph (College Bursar)

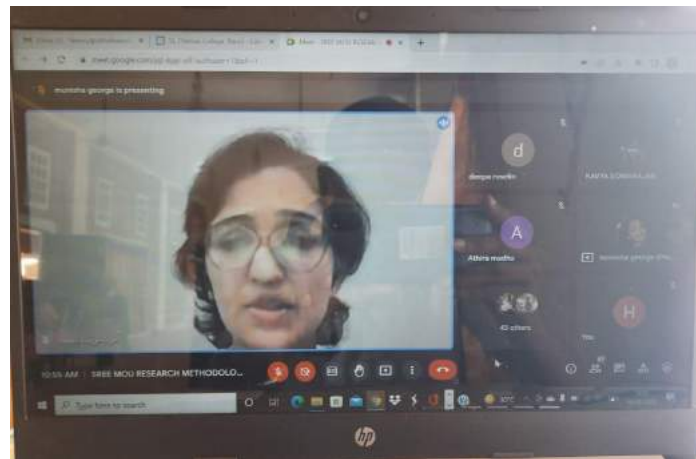
Co-ordinators:
Dr. Vijitha Sunny - UBA coordinator
Dr. Siminol Sebastian - NSS coordinator
Ms. Smitha Santhan - HOD of History Department



**SREE - Sharing Resources and Expertise for Excellence - Seminar Series ,
Department of History, 2021-22**

SREE - Sharing Resources and Expertise for Excellence , is a collaborative initiative between the Departments of History in Alphonsa College, Pala, St Thomas College, Palai, St Dominic's College, Kanjirapally, St Thomas College Ranni and Henry Baker College Melukavu. Under the auspices of SREE, a series of lectures were given by the faculty of these colleges among them.

Date	Name of Faculty	Topic
16/12/2021	Deepa Roslin, Assistant Professor, St. Thomas College, Ranni	Different Kinds of History
20/12/2021	Dr. Jojoy Thomas, Assistant Professor, St. Dominics College Kanjirapalli	Objectivity in Historical Research
10/01/2022	Ms. Lakshmi S Nair, Assistant Professor on contract, Henry Baker College, Melukavu	Aikya Kerala Movement
10/03/2022	Monisha George, Assistant Professor on Contract, Alphonsa College	Documentation in Research Methodology at St Thomas College, Ranni



Survey: Ozone Day: Popularising Ozone Protection, 16-09-2021 , in association with Unnat Bharat Abhiyan, Alphonsa College, Pala

The department of physics conducted a survey on "Awareness of Ozone Layer in Students" in association with Dr. Susan George K, Scientist E, Ministry of Environment, Forest and Climate Change and Unnat Bharat Abhiyan to assess the awareness of Ozone Layer and its importance among students. Students from various schools and colleges of Kerala took part in this survey by filling the google form and helping to understand how much more has to be done in popularising Ozone Protection. The survey was launched on Ozone day September 16th for 6 days.

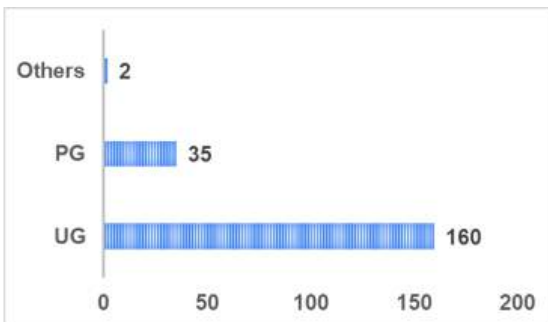
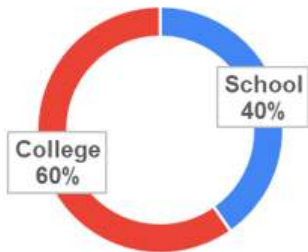
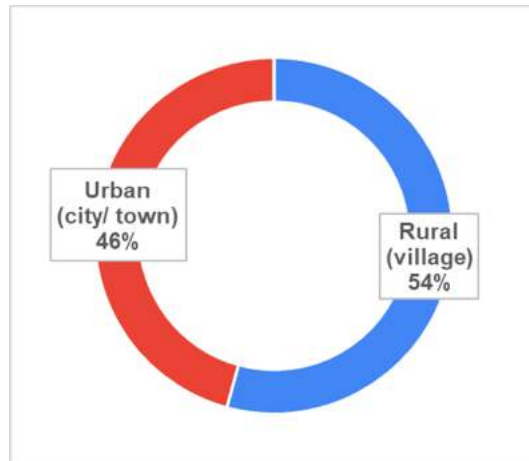
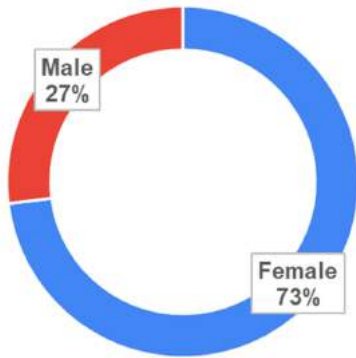
Objective

- To design a rating scale that could indicate the awareness level of participants on a particular topic.
- To evaluate students' level of awareness on a particular topic
- To arrive at a comprehensive picture of the awareness level of the students on a particular topic.
- To design and organize awareness programmes based on the evaluation.

Number of participants : 330
Number of participating institutions : 39 colleges and 15 schools
Level of participation : State level

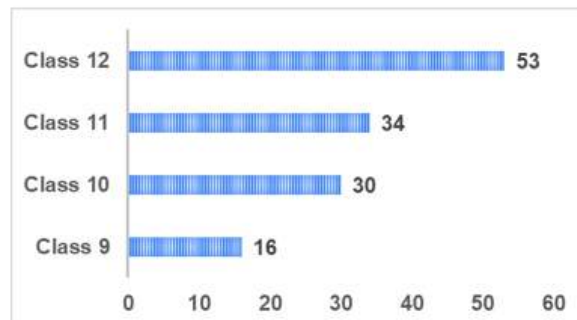
- Survey conducted among student of Class 9 to PG
- Launched on the International Day for Preservation of Ozone Layer, Sep 16, 2021
- Conducted for 6 days – Sep 16 to 21, 2021
- Total number of responses received = 342
- Number of responses selected for study = 330

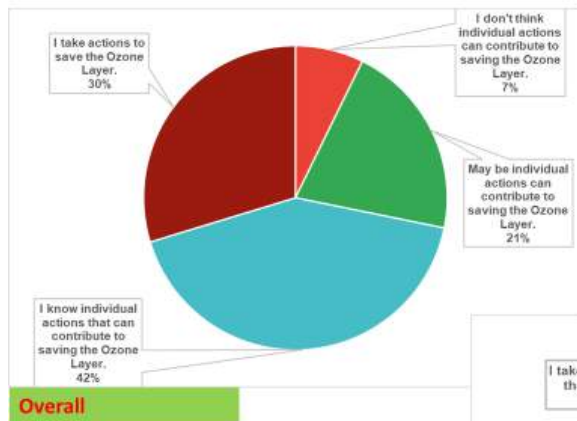
Major highlights



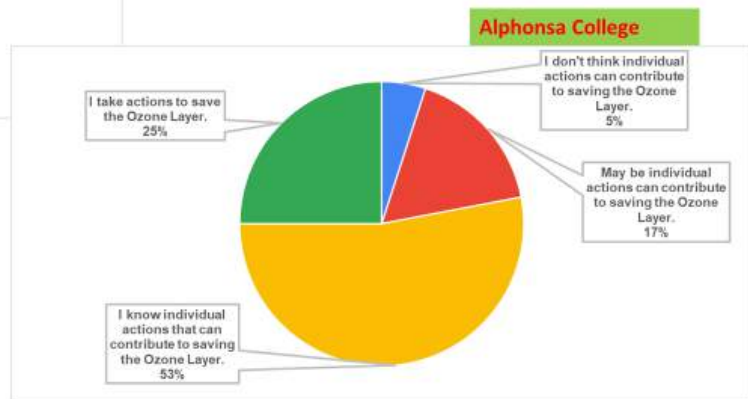
	Number of participating institutions	Number of students
Schools	16	133
Colleges	39	197

Number of participants from Alphonsa College, Pala = 72



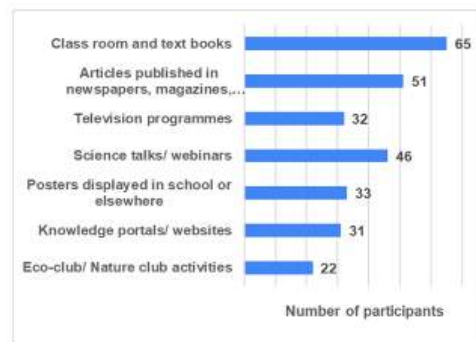
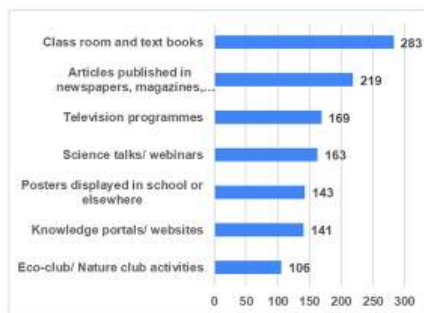


Students also self-evaluated themselves in terms of action taken to protect Ozone Layer.



Overall

Alphonso College




Mapping of major sources from where students gain knowledge.

Benefits

- Rating scales help students to actively look at and be aware of new topics.
- Help activate prior knowledge.
- Helps teachers/ groomers to identify areas which require further attention.
- Helps in designing/ organising awareness programmes

Survey on Odonate Diversity in Kottayam district conducted by the Research Department of Zoology in collaboration with TIES, Manarkadu on 12-13 March 2022

To nurture the interest among students and nature lovers for studies in biodiversity, the Research Department of Zoology in collaboration with Tropical Institute of Ecological Sciences TIES, Kottayam and Department of Forests and Wildlife, Govt. of Kerala conducted Meenachil odonate survey on March 12 – 13, 2022. 10 of our students participated in the survey and enriched themselves with experience.



VIth
MEENACHIL ODONATE SURVEY
12-13 March 2022; From Adukkam to Malarickal

12-13 March 2022

Unique Field Experience for Amateurs with experts from all over Kerala


Online Training Session on 12th March 2022
(link will be sent to all those registered)
Field survey on 13th March 2022 (at 12 river points)
PASSIONATE NATURE LOVERS CAN JOIN
Organised by:
TROPICAL INSTITUTE OF ECOLOGICAL SCIENCES (TIES)
Velloor P.O., Kottayam 686 501. Tel.: 0481 2957050
tropicalschool@gmail.com; www.ties.org.in
In Collaboration with:
DEPARTMENT OF FORESTS & WILDLIFE (SOCIAL FORESTRY), GOVT. OF KERALA

Contact: 9496794305 Register online: <https://forms.gle/6oinKPazuFCitZkF6>



Online Add-On course in Research Publication and Ethics, in collaboration with St. Stephen's College, Uzhavoor and Lore & Ed Research Associates 03/07/2021 - 30/09/2021

An Add-on course on 'Research Publication and Ethics' was organised by IQAC in collaboration with St. Stephen's College, Uzhavoor and Lore & Ed Research Associates for the faculty and students of the college from 03/07/2021 to 30/09/2021. The sessions were conducted in online mode. 65 faculty members participated in the course. The sessions were very useful as they were publication related. All the sessions were handled by expert personalities. The schedule of the course is as follows.

COURSE SYLLABUS		Course Coordinators
<p>Module 1: Introduction to Philosophy: definition, nature and scope, concept, sketches; Ethics: definition, moral philosophy, nature of moral judgments and reactions.</p> <p>Module 2: Ethics with respect to science and research; Intellectual honesty and research integrity; scientific misconducts: Fabrication, Falsification, and Plagiarism (FFP); redundant publications; duplicate and overlapping publications; salary sting; selective reporting and interpretation of data.</p> <p>Module 3: Publication ethics: definition, introduction and importance; best practices/ standards setting initiatives and guidelines: COPE, WAME etc.; conflicts of interest; publication misconduct: definition, concept, problems that lead to unethical behaviour and its various types; violation of publication ethics, authorship and contributors; identification of publication misconduct, complaints and appeals; predatory publishers and journals.</p> <p>Module 4: Open Access publications and initiatives; SHIFTHAWARD - online resource to check publisher's copyright and self-archiving policies; software tool to identify predatory publishers' develop-</p>	<p>oped by SPPU; journal finder/ journal suggestion tools viz. JANE, Elsevier Journal Finder, Springer Journal Suggester, etc.</p> <p>Module 5: Group discussion on subject specific ethical issues, FFP, authenticity, conflicts of interest, complaints and appeals: examples and lesson from real and anecdotal. Use of plagiarism software like Turnitin, Urkund, and other open source software tools.</p> <p>Module 6: Indexing databases, citation databases: Web of Science, Scopus etc.; impact factor of journals per Journal Citation Report, SJR, SJR, IPI, Cite Score, h-index, h-index, g-index, H10 index, altmetrics.</p>	<p>Dr. Dani Mathew M IQAC Coordinator Alphonsa College, Pala</p> <p>U. Jais Kurian IQAC Coordinator St. Stephen's College, Uzhavoor</p> <p>Rekha Mathew Assistant Professor Department of Physics Alphonsa College, Pala</p> <p>Jesimudeen S. Librarian St. Stephen's College, Uzhavoor</p> <p>Sandhya Sebastian MD & CEO Lore & Ed</p> <p>Jitho Michael Director, Lore & Ed Info@loreded.com Ph: 7535843431</p>



Researcher Profile Management System

Viswanath G S
Assistant Librarian
Central Library
School of Planning and Architecture, Vijayawada
Survey No. 4/4, ITI Road,
Vijayawada-520008,
Andhra Pradesh, India
<https://www.viswanathgs.co.in/>

10.07.2021- Resercher profile creation

Date	Topic	Resource Person
10-07-2021	Research Profile Page Creation - 1	Viswanath G.S. , Assistant Librarian, School of Planning and Architecture, Vijayawada
17-07-2021	Researcher Profile Creation- 2	Viswanath G.S., Assistant Librarian , School of Planning and Architecture, Vijayawada
27-07-2021	Academic Writing Skills and Preparation of a Research Proposal	Dr K P Vijayakumar, Former Head, Department of Library and Information Science, University of Kerala Hon. Director, Centre for Information Literacy Studies
28-07-2021	Article Publishing and Peer Review Process	Dr K P Vijayakumar, Former Head, Department of Library and Information Science, University of Kerala Hon. Director, Centre for Information Literacy Studies
29-07-2021	Preparation of Scholarly Articles	Dr K P Vijayakumar, Former Head, Department of Library and Information Science, University of Kerala Hon. Director, Centre for Information Literacy Studies
30-07-2021	Preparation of Doctoral Theses	Dr K P Vijayakumar, Former Head, Department of Library and Information Science, University of Kerala Hon. Director, Centre for Information Literacy Studies
31-07-2021	Open Access Publishing, and Social Networking for Researchers	Sri. Venkitachalam Sriram, Chief Librarian, K N Raj Library, Centre for Development Studies, Thiruvananthapuram
31-07-2021	Information Sources for Research	Sri. Venkitachalam Sriram, Chief Librarian, K N Raj Library, Centre for Development Studies, Thiruvananthapuram
01-08-2021	How to Prepare a Reading List Prior to Research	Dr Gopakumar V., Former University Librarian & Head, Department of Library and Information Science, Goa University

02-08-2021	Reference Management Using Mendeley	Dr Gopakumar V., Former University Librarian & Head, Department of Library and Information Science, Goa University
03-08-2021	Abstracting and Indexing/ Citation Databases, Journal Metrics	Sri. Sanjo Jose , Librarian, St. Thomas College (Autonomous), Thrissur
04-08-2021	Publication Ethics, Predatory Publishers	Sri. Sanjo Jose , Librarian, St. Thomas College (Autonomous), Thrissur
06-08-2021	Open Access, Predatory Publishing, Journal Index	Sri. Sanjo Jose , Librarian, St. Thomas College (Autonomous), Thrissur
08-08-2021	Academic Writing and Plagiarism	Dr P K Suresh Kumar ,Assistant Librarian & Head, Information Technology Division, Kerala University Library, Thiruvananthapuram
09-08-2021	Research Data Management	Nikesh Narayanan, Assistant Professor and Information Technology Librarian, Library and Learning Commons Department, Zayed University, Dubai
10-08-2021	Zotero Reference Management Software	Dr Vimal Kumar V , Reference Assistant, Mahatma Gandhi University Library, Kottayam
12-08-2021	Approaches to Academic Writing	Dr Achuthsankar S Nair Professor and Head, Department of Computational Biology and Bioinformatics, University of Kerala
13-08-2021	An Overview of Intellectual Property Rights	Adv Benoy K Kadavan Trademark Attorney and Advocate, High Court of Kerala, Ernakulam

Administrative training programme in collaboration with St. Thomas College, Pala,
20/11/2021

IQAC of Alphonsa College and St. Thomas College, Pala jointly organised an ‘
Administrative training programme’ for the staff on 20 November 2021. Sri. Babu N T and
Sri. Shine K S gave the orientation on Store purchase manual and e-grants and PD rules. ..
staffs from Alphonsa College participated in the training.



ADMINISTRATIVE TRAINING PROGRAMME

You don't need to be a genius or a visionary, to be successful. You just need framework and a dream.

Jointly Organized by IQACs of
ST. THOMAS COLLEGE PALAI
ALPHONSA COLLEGE, PALA

Resource Person



SRI. BABU N. T.
Senior Superintendent
Deputy Directorate of Collegiate Education,
Kattayam

Inauguration



DR. R. PRAGASH
Deputy Director,
Collegiate Education, Kattayam
(Principal, Govt. College, Kattayam)

Resource Person



SRI. SHINE K.S.
Junior Superintendent
Deputy Directorate of Collegiate Education,
Kattayam

20 NOVEMBER 20
10.00 AM
TISSERANT HALL
ST. THOMAS COLLEGE, PALAI

SESSION 1
11.00 am - 1.00 pm
Topic:
Store Purchase Manual

SESSION 2
2.00 pm – 4.00 pm
Topic:
E- Grants & P D Rules

Rev. Dr. James John Mangalathu
(Principal, St. Thomas College, Pala)

Dr. Ison V. Vanchipurackal
(IQAC Co-ordinator, St. Thomas College, Pala)

Sri. Sunil N.J
(Senior Superintendent, St. Thomas College, Pala)

Rev. Dr. Sr. Regeenammina Joseph
(Principal, Alphonsa College, Pala)

Dr. Dani Mathew M.
(IQAC Co-ordinator, Alphonsa College, Pala)

Sri. Binu Joseph
(Junior Superintendent, Alphonsa College, Pala)

Administrative Training Programme

Jointly organized by
IQACs of St. Thomas College Palai and Alphonsa College Palai

20 November 2021, 10.00 am

Tisserant Hall

Inaugural Session: 10.00 am

Silent Prayer:

Welcome: **Dr. Ison V. Vanchipurackal** (IQAC Co-ordinator, St. Thomas College, Palai)

Presidential address: **Rev. Dr. James John Mangalathu** (Principal)

Inauguration: **Dr. R. Pragash** (Deputy Director, Collegiate Education, Kottayam)

Felicitation: **Rev. Dr. Sr. Regeenamma Joseph** (Principal, Alphonsa College, Pala)

Vote of Thanks: **Dr. Dani Mathew M.** (IQAC Co-ordinator, Alphonsa College, Pala)

Technical Sessions:

Welcome: **Sri. Sunil N.J.** (Senior Superintendent, St. Thomas College, Palai)

Session: I

11.00 am - 1.00 pm: **Topic: Store Purchase Manual**

Resource Person: Sri. Babu N.T.

(Senior Superintendent, Deputy Directorate of Collegiate Education, Kottayam)

Session: II

2.00 pm - 4.00 pm: **Topic: E- Grants and P D Rules**

Resource Person: Sri. Shine K.S.

(Junior Superintendent, Deputy Directorate of Collegiate Education, Kottayam)

Vote of Thanks: **Sri. Binu Joseph** (Junior Superintendent, Alphonsa College, Pala)



Orientation programme on quality issues for teachers and students organised by the institution

Observation of World Environment day 04/06/2021- 17/06/2021

Digital manuscript magazines released by departments, 07/06/2021

EBSB club conducted Orientation programs on quality matters of Himachal Pradesh and Kerala, 23/06/2021

Awareness classes on Drugs, addiction and de- addiction, 26/06/2021- 19/08/2021

Talk series by students, Department of Physics (30-06-2021 to 11-12-2021)

MEGA WEBINAR ON TIME MANAGEMENT 10/07/2021 conducted by Lions Club International & NSS unit Alphonsa College Pala

Orientation class on 'Exploring Avenues', Dr. Susan George E, Scientist, 17/07/2021

Department of Malayalam organized a webinar on “Penma: Swathawam. Samkalpanam, Prathinidhanam: Womanhood ” on 14/07/2021

Malayalam department conducted a webinar on ‘marunnaparisthikapadangal : Changing ecological lessons’ on 17/07/2021

Fevicryl Online Painting workshop organised by UBA, 17/07/2021 - 18/12/2021

GENDER AWARENESS TRAINING PROGRAMME - ‘KAMAL’ on 24/07/2021, organised by NSS

Awareness class on ‘Domestic Violence Act and Dowry Prohibition Act’ on 27/07/2021 organised by NSS

The Orientation programme on Munshi Premchand on 04/08/2021- 05/08/2021

Orientation programs by Centre for Gandhian Studies 28/08/2021 - 25/02/2022

Induction programme for First year UG students 28/09/2021 - 04/10/2021

Breast Cancer Awareness Programme - “Salabham” on 27/10/2021 organised by NSS

35th Bishop Vayalil Memorial Intercollegiate Quiz Competition on 26/11/2021

YOUNG ECONOMIST Competition 2022 conducted by Department of Economics,
02/12/2021

Orientation class for NSS volunteers followed by camp 26/12/2021- 02/01/2022

Orientation program on Career Training on 13/01/2022 by Dr. Muralee Thummarukudy, Chief
of Disaster Risk Reduction in the UN Environment Programme

Induction programme organised by SC/ST cell, 12-15 February 2022

Nammude ponnomanakal - Campaign for protection of students on 24/02/2022 organised by
NSS , Women's cell and Police Department

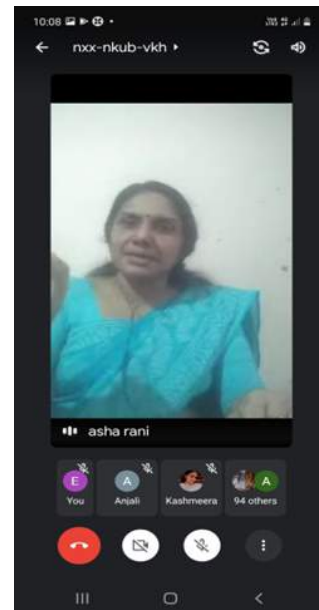
Women's cell in association with Social Justice Forum, Pala organised a program ' Athulya'
on 10/03/2022

Inauguration of RUSA 2.0 funded Volleyball court and Renovation projects, 21/03/2022

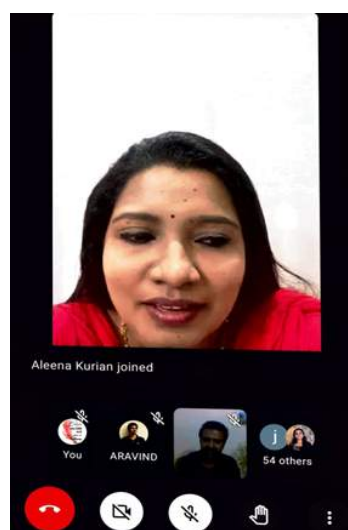
Awareness class on 'Women protection Laws' on 26/03/2022 organised by Women's cell

Observation of World Environment day 04/06/2021- 17/06/2021

NSS unit in association with Kerala Forest and Wild Life Department, Social Forestry Division Kottayam celebrated World Environment Day by organising a webinar on 'Valuing mother Earth- our mission for Eco restoration' on 4th June 2021. Dr. Asharani K. (Nature Education Officer, Periyar Tiger Reserve) was the resource persons.



NSS in association with Birds Club International and Nature Club of RIT Kottayam, organized a webinar on 17th June 2021 in connection with the Commemoration of famous Indian Ornithologist Shri. Induchoodan. Dr. Aparna a Purushothaman (Wildlife Photographer) gave the talk on Shri. Induchoodan.



Digital manuscript magazines released by departments, 07/06/2021

Every year, the departments release manuscripts by the students to generate scientific aptitude among them. They become writers, editors, printers and publishers. The manuscripts show their strength, talents and creativity. The faculty give assistance as and when required only. This transforms the students from being passive readers to being active editors too. In the year 2020-22, the magazines became digital too as the whole world turned digital. It gives more universal accessibility.

The digital manuscript magazine of the Department of Botany '**CYNEFIN**' released on 07/06/2021. The magazine is enriched with the details of 100 common medicinal plants around us collected by the students of the department.

<https://online.fliphtml5.com/rudni/ihjt/>

Magazine released in connection with World environment Day

<https://online.fliphtml5.com/rudni/sfft/>

The digital manuscript magazine '**HARMONICS**' of the department of Physics released on 17/07/2021 . It contains many scientific articles written by the students of the department.

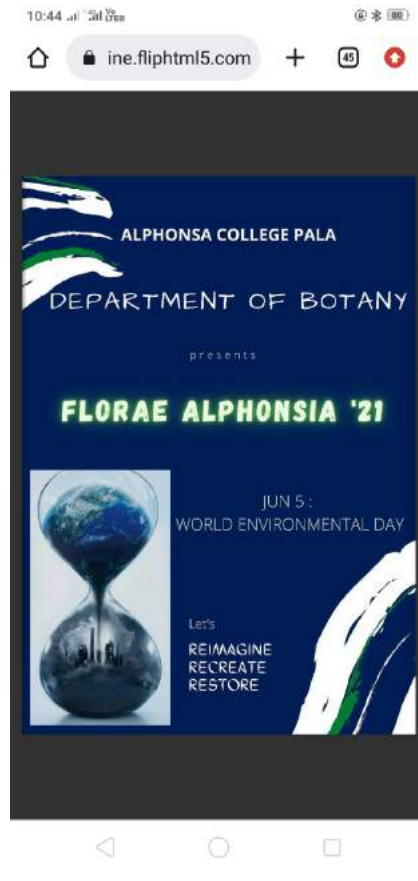
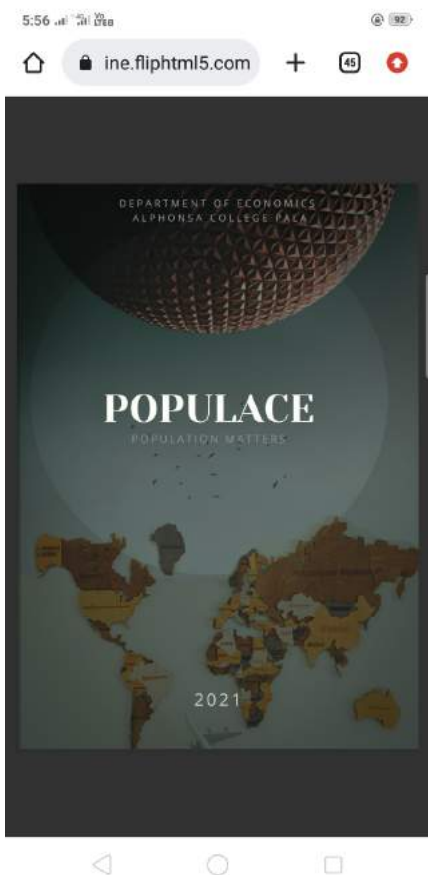
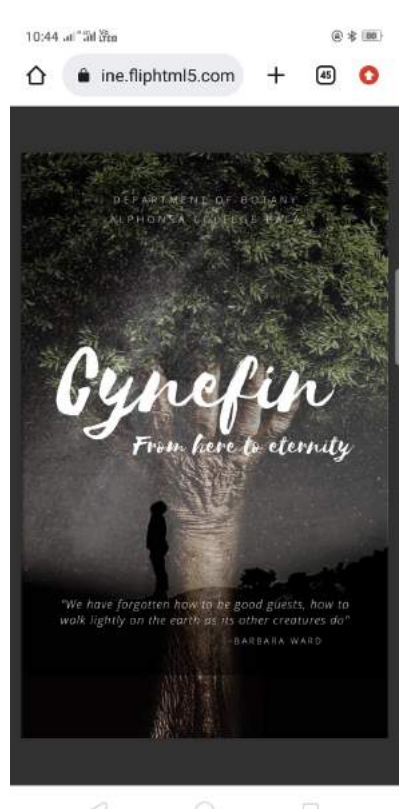
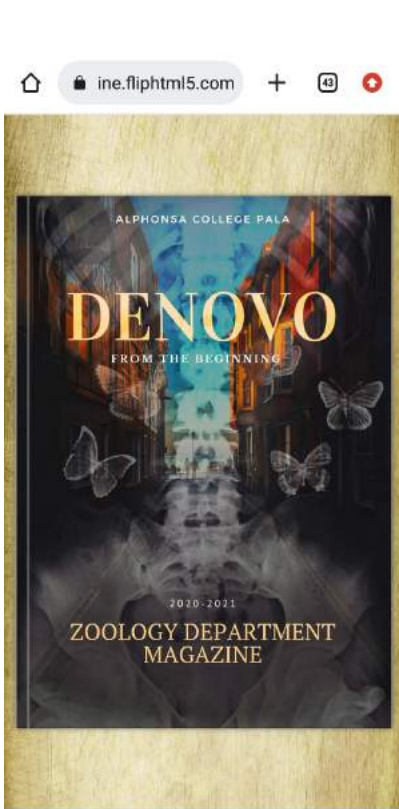
<https://online.fliphtml5.com/srrnk/yaca/>

The digital manuscript magazine '**DENOVO**' of the department of Zoology. The magazine has many scientific articles written by the students of the department.

<https://online.fliphtml5.com/jixtv/pqgz/>

The magazine '**POPULACE**' of the department of Economics has articles written by the students on population facts and various topics related to world population day. The magazine was released on 12/07/2021.

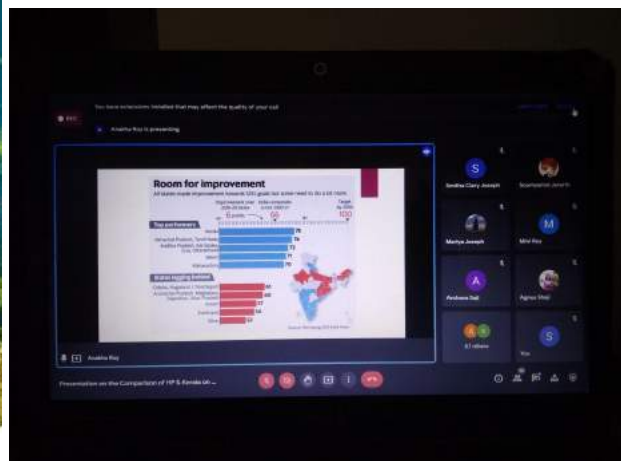
<https://online.fliphtml5.com/ncujn/vlqn/?1626032973643#p=1>



EBSB club conducted Orientation programs on quality matters of HP and Kerala, 23/06/2021

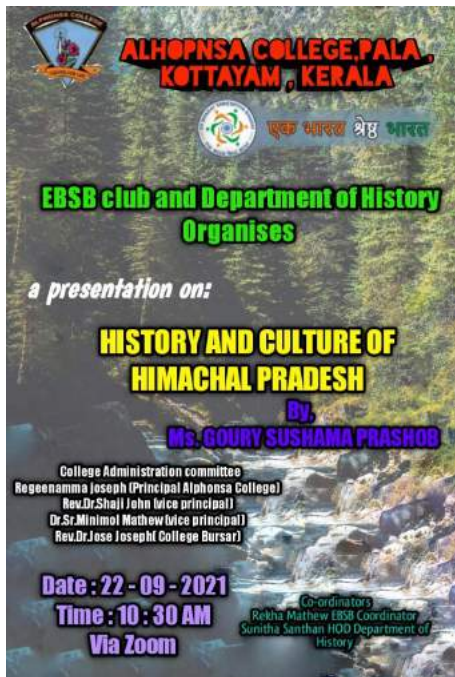
A presentation on the topic " Comparison of the performance of Himachal Pradesh and Kerala on SDG's based on the Niti index " was conducted on June 23rd 2021 by Miss. Anakha Roy, III DC, Department of Economics. The seminar was organized to create awareness about SDG's based on Niti index and to compare the performance of the two states. The presentation was attended by about 100 participants.

[Link to presentation by Dept of Economics on EBSB](#)



A presentation on the topic " History and culture of Himachal Pradesh " was conducted on September 22rd 2021 by Miss. Goury Sushama Prasobh, III DC, Department of History. The seminar was intended to introduce the rich culture and history of HP to our students.

[Link to presentation by Dept of History on EBSB](#)



A webinar on the subject of "Unboxing Food Culture of Himachal Pradesh" was organized on October 23rd 2021 by Miss. Chanjal Bright, I PG of the PG Department of Clinical Nutrition and Dietetics . The seminar was organized to create an awareness about Himalayan food culture.

[Link to presentation by Dept of CN and Dietetics on EBSB](#)

Webinar On
Unboxing Food Culture of Himachal Pradesh

23 rd
OCTOBER
2021
5pm

Google Meet

ALPHONSO COLLEGE PALA KOTTAYAM, KERALA

PG DEPARTMENT OF CLINICAL NUTRITION AND DIETETICS IN ASSOCIATION WITH EBSB CLUB

SPEAKER

CHANJAL BRIGHT
 Student
 II nd Msc Clinical Nutrition and Dietetics

ORGANIZING COMMITTEE

MRS. SWAPNA GEORGE
 HOD
 PG Dept. Clinical Nutrition and Dietetics

MRS. REKHA MATHEW
 EBSB Coordinator

ADMINISTRATION COMMITTEE

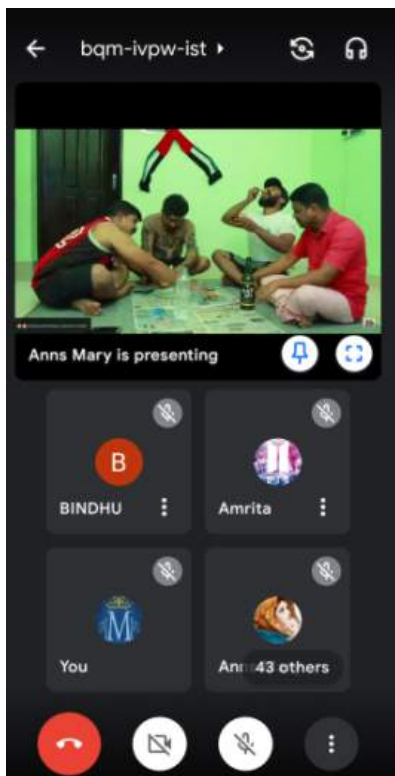
REV. DR. SR. REGEENAMMA JOSEPH
 Principal

REV. DR. FR. SHAJI JOHN
 Vice Principal

REV. DR. SR. MINIMOL MATHEW
 Vice Principal

REV. DR. FR. JOSE JOSEPH
 Bursar

As a part of the observance of International day against drug abuse and illicit trafficking, an awareness talk on 'De Addiction' ZIRCORN, was organised by the department of Zoology . Ms. Bindu Varghese ,Trainer & counsellor, Former child line counsellor, Kerala Govt Minority Welfare dept faculty delivered the talk on 19/08/2021.




Talk series by students, Department of Physics (30-06-2021 to 11-12-2021)

Sl. No	Name of student	Class	Topic	Date
1	S. Gowri Krishna	III DC Physics Model 2	INDIA and SCIENCE	30-06-2021
2	Joshma Joseph	II DC Physics Model 1	WOMEN SCIENTISTS	07-07-2021
3	Sarah J Mariyam	III DC Physics Model 1	ORIGIN OF ANCIENT ASTRONOMY IN INDIA	14-07-2021
4	Devika R	III DC Physics Model 1	INDIAN SCIENTISTS	14-07-2021
5	Binsa Asha , Elsa Maria and Hima R	II DC Physics Model 1	Nagasaki explosions and various concepts that headed towards Hiroshima	06-08-2021
6	Shymily Sivadas, Aswara KP	III DC Physics Model 1	Photoelectric effect	01-09-2021
7	Nayan Hridya Praksah	II DC Physics Model 1	Preservation of Ozone layer	15-09-2021
8	Nandhana Pushpan	II DC Physics Model 1	E- waste	15-09-2021
9	Alka Philip	III DC Physics Model 2	GPS	22-09-2021
10	Parvathi Krishna	III DC Physics Model 2	Motion of Planets	22-09-2021
11	Aiswarya Joby , Anjali Babu	III DC Physics Model 1	Tribute to Prof. T. Padmanabhan	29-09-2021
12	Feby Rose Mary	I DC Physics Model 1	CONTRIBUTIONS OF MARIE CURIE and PIERRE CURIE	13-11-2021
13	Aline George	I DC Physics Model 1	C. V. RAMAN	27-11-2021
14	Pretty Jojo	III DC Physics Model 2	E- waste management	11-12-2021
15	Richu Liz Roy	III DC Physics Model 2	Crypto currency	11-12-2021

TALK SERIES


PHYSICS ASSOCIATION
Alphonsa College Pala




Alex George
III DC Physics Model 2

Topic :- **D V Resonance**

ON : 07 NOVEMBER 2021
AT : 4 PM

VIA  <https://meet.google.com/whw-aaa-xyg>

TALK SERIES




Physics Association
Alphonsa College Pala

INDIA & SCIENCE


S. Govind Krishna Devika R

ON : 30-06-2021
AT : 4 PM

VIA  <https://meet.google.com/whw-aaa-xyg>

TALK SERIES

PHYSICS ASSOCIATION
Alphonsa College Pala




Pretty Jojo
II DC Physics Model 2

Topic :- **E-waste management**

Richu Lia Joy
II DC Physics Model 2


Topic :- **Crypto currency**

ON : 11 DECEMBER 2021
AT : 4 PM

VIA  <https://meet.google.com/whw-aaa-xyg>

TALK SERIES

PHYSICS ASSOCIATION
Alphonsa College Pala




I.Sarah J Mariyam
II DC Physics Model 1

Topic :- **Origin of second extrajourney in India**

2.Errika R
II DC Physics Model 2


Topic :- **Indian Scientist**

ON : 14TH JULY 2021
AT : 4 PM

VIA  <https://meet.google.com/whw-aaa-xyg>

TALK SERIES


PHYSICS ASSOCIATION
Alphonsa College Pala



Fcky Rose Mary
I DC Physics Model 2

Topic :- **Contributions of Marie Curie & Pionier curie**

ON : 13 NOVEMBER 2021
AT : 4 PM

VIA  <https://meet.google.com/whw-aaa-xyg>

ALPHONSA COLLEGE PALA

PHYSICS ASSOCIATION



Commemorating

HIROSHIMA DAY (August 6)




6 AUGUST

On 6/8/21 @ 4 PM Via  <https://meet.google.com/qzb-zku-jbw>

TALK SERIES


PHYSICS ASSOCIATION
Alphonsa College Pala



Justina Joseph
II DC Physics Model 1

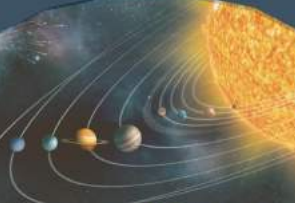
Topic :- **WOMEN SCIENTIST**

ON : 7TH JULY 2021
AT : 4 PM

VIA  <https://meet.google.com/whw-aaa-xyg>

TALK SERIES

PHYSICS ASSOCIATION
Alphonsa College Pala




1.Aika Philip
II DC Physics Model 2

Topic :- **GPS**

2.Parvathi Krishna
II DC Physics Model 1

Topic :- **Motion of planets**

ON : 22ND SEPTEMBER 2021
AT : 4 PM

VIA  <https://meet.google.com/whw-aaa-xyg>

TALK SERIES

PHYSICS ASSOCIATION
Alphonsa College Pala

Tribute To
Prof.Thanu Padmanabhan
(10 March 1957-17 September 2021)



Aishwarya Joby
I DC Physics Model 1

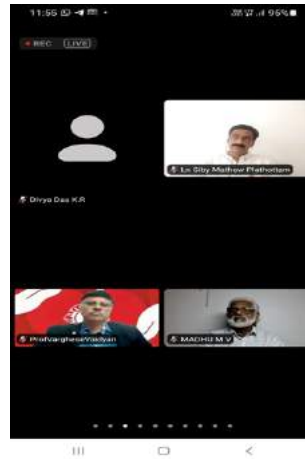
Anjali Babu
I DC Physics Model 1

ON : 29 September 2021
AT: 3:45 pm

VIA 

MEGA WEBINAR ON TIME MANAGEMENT 10/07/2021 conducted by Lions Club International & NSS unit Alphonsa College Pala

National Service Scheme, Department of Zoology and Lions Club International conducted a Mega webinar on 'Time Management' on 10th July 2021. Prof. Varghese Vaidyan, PDG, Trainer, LCIP, FDI & Lions Quest Faculty, led the session as a part of youth empowerment programme. The resource person shared his experiences and led a fruitful discussion.



Orientation class on 'Exploring Avenues', Dr. Susan George E, Scientist, 17/07/2021

The Department of Physics organised an Orientation on Career Counselling 'Exploring Avenues' by Dr. Susan George K, Scientist E, Ministry of Environment, Forests and Climate change, New Delhi on July 17, 2021. The Online talk was aimed to introduce the various career options available to Physics students after their UG and PG programmes. It also gave an insight into the necessity of Higher Education in related fields.



The Department of Malayalam organized a webinar on “Penma: Swathawam. Samkalpanam, Prathinidhanam: Womanhood ” on 14/07/2021

The Department of Malayalam, organized a webinar “Penma: Swathawam. Samkalpanam, Prathinidhanam’ on 14/07/2021. The resource person for the webinar was Dr. Mini Sebastian, Assistant Professor, Devamatha College Kurivilangad. The session was truly inspiring, interesting and fiery with her words. She encouraged all girls to be self motivated, independent and protected, to be on our own and made all participants proud as being a woman.



Malayalam department conducted a webinar on ‘marunnaparisthikapadangal : Changing ecological lessons’ on 17/07/2021

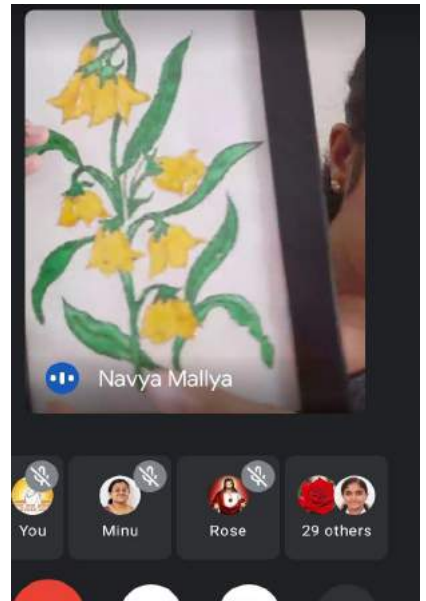
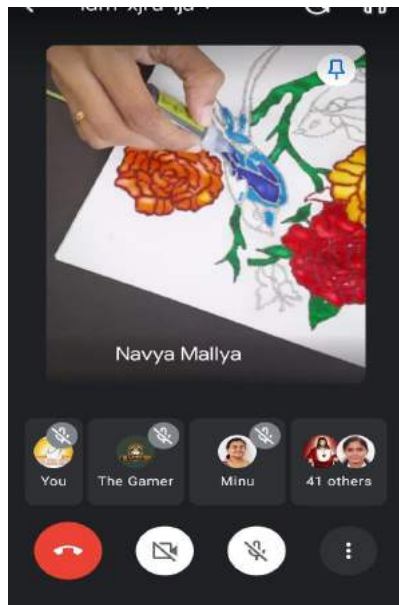
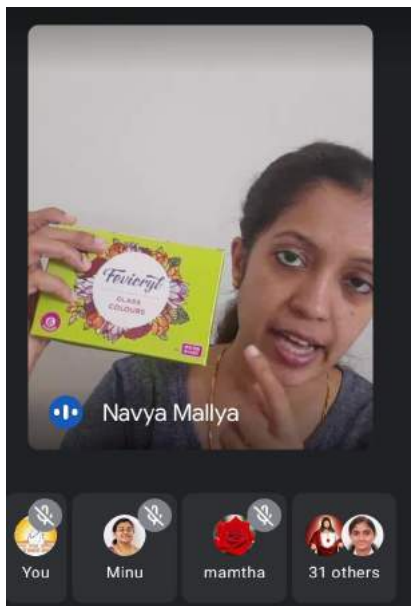
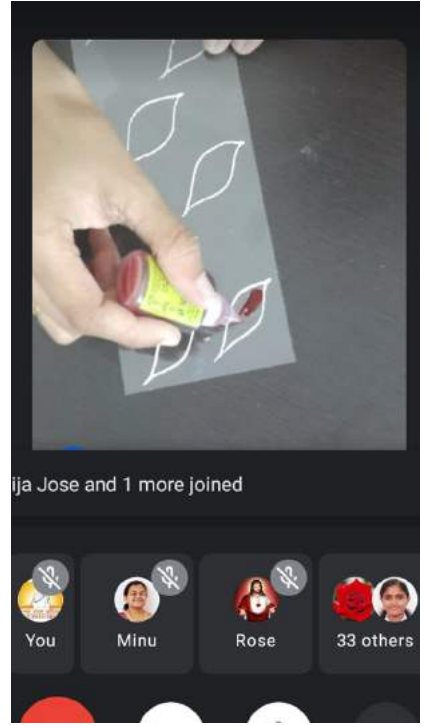
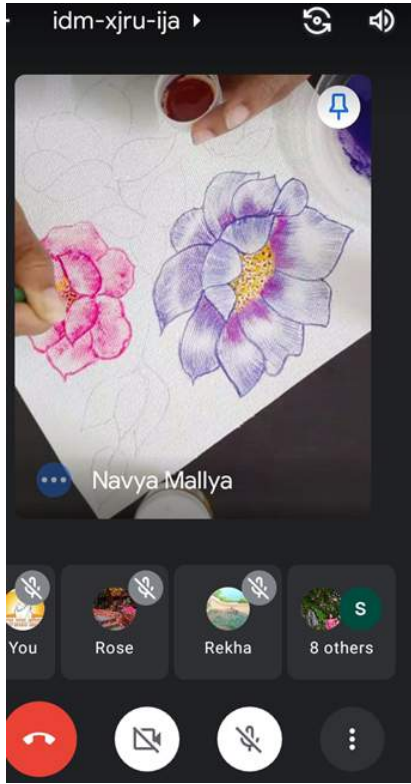
The Malayalam department conducted a webinar on ‘marunnaparisthikapadangal’ on 17 July 2021. The resource person for the session was Dr T. K Santhoshkumar, Assistant professor, Dept of Malayalam, University of Kerala at Kariavattom Campus. Also he is a poet, literary critic and media reviewer. The webinar was very informative and relatable with the current circumstances and calamities and he talked about the reasons behind it and the things to do next for the protection of the environment. He also suggested various meaningful stories and poems related to nature.



Fevicryl Online Painting workshop organised by UBA, 17/07/2021 - 18/12/2021

Online painting class was organised in association with Department of Physics and Fevicryl Pidilite India Ltd for the family members of staff and students of Alphonsa college as well as to the interested women entrepreneurs from the adopted villages of college under Unnat Bharat Abhiyan scheme. Two classes on every alternate Saturdays of a month, were conducted in the online mode. The classes were handled by the Fevicryl expert painter Ms Navya Maliya. One hour demonstration session was followed by the submission of the art piece by the attendees. Once submission is made within five days, review was done by the Fevicryl expert trainer and a certificate was issued by Fevicryl. These classes were highly useful for the esthetic development of the attendees. It helped in the skill development and a flair for entrepreneurship among the young minds.

Sl. No	Date	Topic
1	17-7-2021	Mexican Art
2	31-7-2021	Silhouette art
3	14-8-2021	Mosaic art
4	28-8-2021	Negative painting
5	11-9-2021	Glass painting
6	30-9-2021	Glass painting-Double Shading
7	17-10-2021	Black and white themed
8	23-10-2021	One Stroke Painting
9	13-11-2021	Gradation
10	27-11-2021	Dry Strokes
11	11-12-2021	Greeting Cards
12	18-12-2021	Christmas Wreath



GENDER AWARENESS TRAINING PROGRAMME - 'KAMAL' on 24/07/2021, organised by NSS

In association with Department of Woman and Child Development & Mahila Sakthi Kendra, Kottayam District, NSS unit of college in collaboration with Department of Chemistry, Zoology and Political Science, organized Gender Awareness Training Programme-KAMAL on July 24th 2021 by Mrs. Babitha Jacob , Gender Trainer. A detailed session on gender awareness and the possibilities and limitations were drawn by the presenter. It helped the students to be aware of themselves and the importance of being self confident.



ALPHONSA COLLEGE PALA
NSS UNIT (001)

IN ASSOCIATION WITH
DEPARTMENT OF WOMEN AND CHILD DEVELOPMENT
KOTTAYAM DISTRICT

DEPARTMENT OF ZOOLOGY
DEPARTMENT OF CHEMISTRY
&
DEPARTMENT OF POLITICAL SCIENCE
ORGANIZES

GENDER AWARENESS TRAINING PROGRAMME

Resource person



Mrs. Babitha Jacob
(Gender Trainer)



DATE
24/07/2021
TIME 10 :30 AM

REV. FR. DR. SHAJI JOHN (VICE PRINCIPAL,
HEAD, DEPT OF POLITICAL SCIENCE)
DR. SR TESSY JAMES
(HEAD, DEPT OF CHEMISTRY)
DR SR MANJU ELIZABETH KURUVILA
(HEAD, DEPT OF ZOOLOGY)

COORDINATORS:
DR. MARIAMMA MATHEW
DR. SIMIMOL SEBASTIAN
(NSS PROGRAMME OFFICERS)

District women and child Department
& Mahila Shakthi Kendra
KOTTAYAM

Awareness class on 'Domestic Violence Act and Dowry Prohibition Act' on 27/07/2021 organised by NSS

NSS in association with Meenachil Taluk Legal Services Committee, Pala organized a webinar on 'Domestic Violence Act and Dowry Prohibition Act' on 27th July 2021. Sri. G. Padmakumar, Judicial First class Magistrate, Pala inaugurated the programme and Adv. K. Ravikumar delivered the class.

MEENACHIL TALUK LEGAL SERVICES COMMITTEE PALA
In Association with
NSS UNIT ALPHONSA COLLEGE PALA & LIONS CLUB 318 B
Conducts a webinar
DOMESTIC VIOLENCE ACT
AND
DOWRY PROHIBITION ACT
27.07.2021 @ 02:30 PM
Inauguration

JOIN US VIA
<https://meet.google.com/ksj-vvmd-htqj>

Presidential Address

Sri. G. Padmakumar
Judicial First Class Magistrate, Pala

Subject Presentation

Adv. K. Ravikumar

Welcome Speech

Sr. Sr. Susan Joseph
Secretary, TLSC, Pala

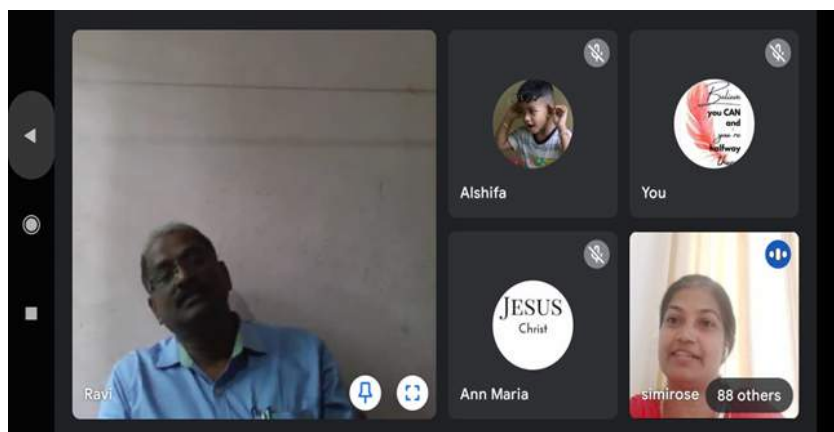
Felicitation

En. Sibi Mathew
Lions club District Secretary

Note of Thanks

Dr. Simamol Sebastian
NSS Program Officer

Dr. Mariamma Mathew
NSS Program officer



The Orientation programme on Munshi Premchand on 04/08/2021- 05/08/2021

The Orientation programme on Munshi Premchand, the renowned Hindi writer was conducted during August 4-5 2021. Dr. Anish Cyriac, Asst. Prof. , Department of Hindi St. Thomas College Pala conducted a lecture on 'Re-Writing of Premchand' and Dr. Dinimol ND, Asst.Prof., Department of Hindi, St. Thomas College Pala delivered a lecture on 'Premchand Ghar Mein'. Faculty and students of the Hindi Departments of St. Thomas College, Pala and Alphonsa College, participated in the programme.

ALPHONSA COLLEGE PALA

• हिंदी विभाग •

कथा सम्राट प्रेमचंद 141वां जयंती समारोह ।

मुख्य वक्ता।

डॉ.अनीश सिरियक
सह आचार्य,
संत थोमस कॉलेज

August - 4, 2021
11.30 AM - 12.30 PM
~ via Zoom

- डॉ. सिस्टर रजीनाम्मा जोसफ, प्राचार्य
- डॉ. जस्टी इम्मानुयल, हिंदी विभागाध्यक्ष

ALPHONSA COLLEGE PALA

CERTIFICATE

THIS IS TO CERTIFY THAT DR. ANISH CYRIAC, ASSISTANT PROFESSOR, PG AND RESEARCH DEPARTMENT OF HINDI, ST THOMAS COLLEGE, PALA WAS THE RESOURCE PERSON IN THE WEBINAR ON THE TOPIC 'RE-READING OF PREMCHAND' CONDUCTED BY THE DEPARTMENT OF HINDI, ALPHONSA COLLEGE, PALA ON 04-08-2021.

DR. JESTY EMMANUEL
HOD. DEPT OF HINDI
ALPHONSA COLLEGE, PALA

DR. SR. REGENAMMA JOSEPH
PRINCIPAL
ALPHONSA COLLEGE, PALA

ALPHONSA COLLEGE PALA

CERTIFICATE

THIS IS TO CERTIFY THAT DR. DINIMOL N D, ASSISTANT PROFESSOR, PG AND RESEARCH DEPARTMENT OF HINDI, ST THOMAS COLLEGE, PALA WAS THE RESOURCE PERSON IN THE WEBINAR ON THE TOPIC 'PREMCHAND GHAR MEIN' CONDUCTED BY THE DEPARTMENT OF HINDI, ALPHONSA COLLEGE, PALA ON 05-08-2021.

DR. JESTY EMMANUEL
HOD. DEPT OF HINDI
ALPHONSA COLLEGE, PALA

DR. SR. REGENAMMA JOSEPH
PRINCIPAL
ALPHONSA COLLEGE, PALA

Orientation programs by Centre for Gandhian Studies 28/08/2021 - 25/02/2022

Centre for Gandhian Studies conducted various programs to create awareness about Gandhism and Gandhi way of life.

Date	Program	Resource Person
28/08/2021	WEBINAR ON "NEW VALUE SYSTEM FOR THE 21 ST CENTURY: GANDHIAN PERSPECTIVE	Dr. Vidyut Joshi, former Vice Chancellor, Bhavnagar University, Gujarat
25/09/2021	WEBINAR ON 'GANDHI AND SCIENCE'	Prof. Anamik Shah, former Vice Chancellor of Gujarat Vidyapith, Ahmedabad
05/10/2021	Workshop on Exploring Nonviolent Communication	Dr. Vedabhyas Kundu, Gandhi Smriti and Darshan Samiti
14/10/2021	Online Quiz on MAHATMA GANDHI AND INDIA'S STRUGGLE FOR FREEDOM	
15/10/2021	Video Competition on NONVIOLENT COMMUNICATION CAMPAIGN	
17/10/2021	Webinar on "MAHATMA GANDHI AND SEVEN SOCIAL SINS	Dr. Ram Prakash Dwivedi, Founder Director of Gandhi Adhyanpith, Mahatma Gandhi Kashi Vidyapith, Varanasi
25/01/2022	NATIONAL DOCUMENTARY FILM COMPETITION	
30/01/2022	WEBINAR ON 'MARTYRS DAY'	Dr. Anand Kumar, former Professor of Jawaharlal Nehru University, New Delhi
05/02/2022	Webinar on 'Prospects for Future Nonkilling and Nonviolent World Peace: Learnings from Bishop Desmond Tutu'	Dr. Anoop Swaroop, former Vice Chancellor of Jagran Lakecity University, Bhopal
25/02/2022	WEBINAR ON 'GANDHI AND COMMON LANGUAGE IN INDIA'	Dr. Papia Sen Gupta, Assistant Professor of the Centre for Political Studies, School of Social Sciences, Jawaharlal Nehru University, New Delhi

Gandhi Smriti and Darshan Samiti
New Delhi

Centre for Gandhian Studies
and Department of History
Alphonsa College, Pala, Kerala

E-Workshop

**EXPLORING
NONVIOLENT
COMMUNICATION**

5 October 2021
@ 10.30 a.m.

Resource Person
Dr. Vedabhyas Kundu
Gandhi Smriti and Darshan Samiti

zoom
Meeting ID: 648 119 9276
Passcode: 518194



Centre for Gandhian Studies and Department
of History, Alphonsa College, Pala, Kerala
in association with
Gandhi Smriti and Darshan Samiti, New Delhi

INVITE YOU TO SEND US YOUR VIDEO FOR THE

**NONVIOLENT
COMMUNICATION
CAMPAIGN**

THEME

What does Nonviolent
Communication mean to you and
how do you practise it?

nonviolencecommunicator

Send your 30-40 second video (in English or Malayalam) to
cgsalphonsa@gmail.com by 15 October 2021
Digital format: MP4, MOV, AVI | File size: <50MB

Three best presentations will be awarded prizes
and featured on @gdsnewdelhi and Centre for
Gandhian Studies social media pages

For any queries please contact Ms. Monisha George: 7994444407

CONGRATULATIONS TO THE WINNERS

Online
QUIZ
14 August 2021

**ATMA GANDHI AND INDIA'S
STRUGGLE FOR FREEDOM**

Dr. J. K. Lakshmi, J.CET, Palakkad
Dr. K. S. Kumar, Karnataka State Rural Development
Dr. S. Jayaraj, Jayaraj Raj University
Dr. R. S. R., Government Secretariat,
Dr. S. S. S., Anthapuram
Dr. S. S. S., Jabeeba, Ansar Women's College, Perumbilavu
Dr. S. S. S., Alphonso College, Pala

Centre for Gandhian Studies
Alphonsa College, Pala, Kerala

WEALTH WITHOUT
WORK
PLEASURE WITHOUT
CONSCIENCE
SCIENCE WITHOUT
HUMANITY

National Webinar on
**MAHATMA GANDHI ABOUT
SEVEN
SOCIAL
SINS**

SATURDAY
17 JULY 2021
@ 7.00 PM

Organized by
Prathibha Trust in association with
Sri Jayaraj, Jayaraj Raj University, Mysuru
Department of History, MGS Alphonso College, Malayappuram, Pala
Centre for Gandhian Studies, Alphonsa College, Pala



National Webinar

**NEW VALUE SYSTEM FOR
21ST CENTURY:
GANDHIAN PERSPECTIVE**

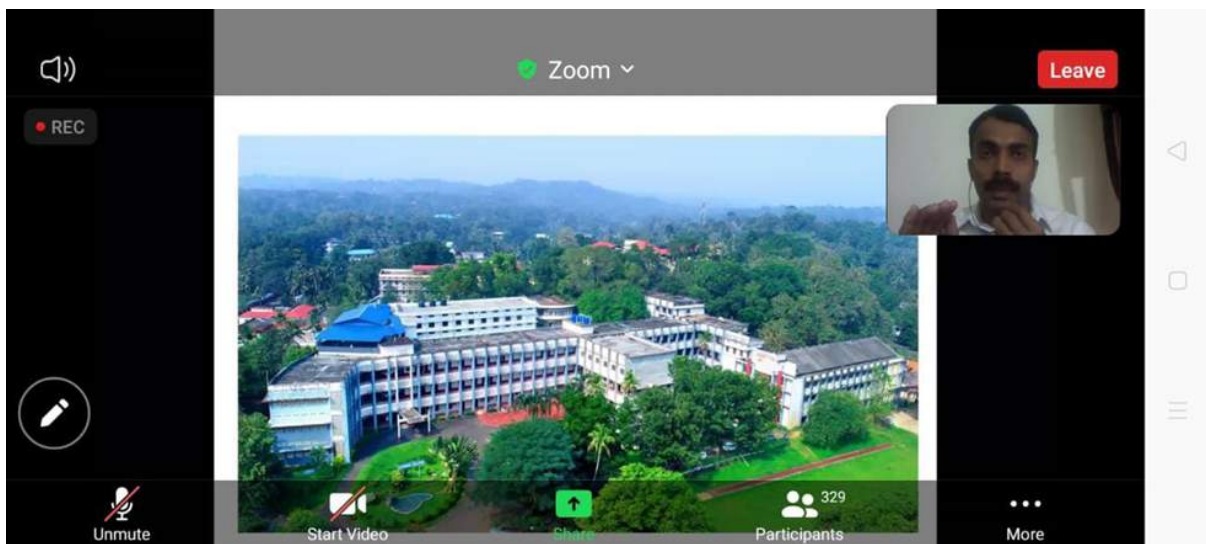
28
SATURDAY
AUGUST
2021
@ 7 PM

Organized by
Prathibha Trust in association with
Sri Jayaraj, Jayaraj Raj University, Mysuru
Department of History, MGS Alphonso College, Malayappuram, Pala
Centre for Gandhian Studies, Alphonsa College, Pala



Induction programme for First year UG students 28/09/2021 - 04/10/2021

The Induction Programme for the first year students 2021-22 was held on 28 September to 4 October in online platform under the guidance IQAC and student Cabinet Advisors. The Programme began on 28 September 2021 with the Principal Rev. Dr. Sr. Regeenamma Joseph 's message, followed by words of blessings by Vice Principal Rev. Dr. Shaji John and Teacher's Voice by Ms. Cincila T Joy. On the second day an Orientation class was taken by Dr. Alex George, Asst. Professor, St. Thomas College of Teacher Education, Pala on the topic "The Path of a Perfect and Noble Woman Towards Excellence". Dr. Alex George sparked the student's minds with the fire of dreams and determinations. The Student Cabinet, College NCC, Career and Placement Cell were introduced on the third day on 30 September 2021. On 1 October a session was taken by the Civil Service Institute Pala and introduced the Civil Service Club of Alphonsa College. Introduction of Centre for Gandhian Studies, PGDCA, CSM, Jesus Youth, Debate and Oratory Club were done on the same day. On the last day the NSS, Women's Club, Quiz Club, Nature Club, EBSB Club, Birds Club, ENCON Club, Chess Club, Yoga and Aerobics Club, Movie Club were introduced to the first Year Students. The bridge courses for the first year students were conducted by different departments on October 5. An orientation talk by Fr. Jojo Mathew Chennattu, Clinical Psychologist, Mar Medicity, Pala on the topic 'Youth and Mental Health' was conducted on 25 October .



Breast Cancer Awareness Programme - "Salabham" on 27/10/2021 organised by NSS

Breast Cancer Awareness Programme - "Salabham" was organised by NSS in association with Mar Sleeva Medicity Pala. The programme was inaugurated by the famous writer Joseph Annamkuty Jose on 27th October 2021. NSS volunteers distributed leaflets on breast cancer to all students of our college for awareness.



സ്തനാർബുദ ബോധവൽക്കരണവുമായി മാർ സ്ത്രീവാ മെഡിസിറ്റി



മാർ സ്ത്രീവാ മെഡിസിറ്റി ഫലമായുണ്ടായ ബോധവൽക്കരണ പരിപാടിയിൽ ഉദ്ഘാടനം രംഗത്ത് അന്നംകുട്ടി ജോൺ നിൽവുകയുണ്ട്.

കോട്ടയം: മാർ സ്ത്രീവാ മെഡിസിറ്റി പാലായുടെ 'ശലഭം' എന്ന സ്തനാർബുദ ബോധവൽക്കരണ പരിപാടി പാലാ അൽഫോൻസാ കോളേജിൽ എഴുത്തുകാരൻ ജോസഫ് അന്നംകുട്ടി ജോൺ ഉദ്ഘാടനം ചെയ്തു. സ്വയം പരിശോധനയിലൂടെ രോഗം കണ്ടെത്താനും ചികിത്സിക്കാനും കഴിഞ്ഞാൽ 95 ശതമാനവും സുഖപ്പെടുത്താനാകും. സ്കൂൾ, കോളേജ് വിദ്യാർത്ഥികളിലൂടെ അജ്ഞാതരായ മാർ സ്ത്രീകളിലേക്കും ബോധവൽക്കരണസന്ദേശം എത്തിക്കുക എന്ന ലക്ഷ്യത്തോടെയാണ് പരിപാടിയാണ് മാർ സ്ത്രീവാ മെഡിസിറ്റി പാലാ മാന്വേജിംഗ് ഡയറക്ടർ ജോൺ, എമ്മുപാലം കൊല്ലിത്താ നത്തുമലയിൽ പാഞ്ഞു. മാന്വേജിംഗ് ഡയറക്ടർ ജോൺ, എമ്മുപാലം കൊല്ലിത്താ നത്തുമലയിൽ, മെഡിക്കൽ ഡയറക്ടർ ഡോ. ലിസി തോമസ്, സിസ്റ്റർ റെജിനാമ്മ ജോസഫ് (പ്രിൻസിപ്പൽ - അൽഫോൻസാ കോളേജ്), ഡോ. സിസ്റ്റർ സെലിൻ ജോർജ് (സീനിയർ കൺസൾട്ടന്റ് - ജനറൽ സർജറി, മാർ സ്ത്രീവാ മെഡിസിറ്റി പാലാ), ഡോ. റോണി ബെൻസൺ (കൺസൾട്ടന്റ് - മെഡിക്കൽ ഓങ്കോളജി, മാർ സ്ത്രീവാ മെഡിസിറ്റി പാലാ), ഡോ. ജോഫിൻ കെ. ജോണി (കൺസൾട്ടന്റ് - സർജിക്കൽ ഓങ്കോളജി, മാർ സ്ത്രീവാ മെഡിസിറ്റി പാലാ) എന്നിവരും ചടങ്ങിൽ പങ്കെടുത്തു.

35th Bishop Vayalil Memorial Intercollegiate Quiz Competition on 26/11/2021

The Quiz club organized 35th Bishop Vayalil Memorial Intercollegiate Quiz Competition on 26 November 2021. Due to the Covid 19 restrictions the competition was conducted in the seminar hall with limited audience. Sri. Jithin Sankar, Assistant Professor, NSS Hindu College, Changanassery was the quiz master. Certificates and cash awards of Rs. 5000/-, 3000/- and 1000/- were given to first, second and third prize winners respectively. The winners are:

First Prize: University College, Thiruvananthapuram

Second Prize: Newman College, Thodupuzha

Third Prize: NSS Hindu College, Changanacherry



YOUNG ECONOMIST Competition 2022 conducted by Department of Economics, 02/12/2021

As part of finding the smartest and brightest among the budding economists of the college, the Department of Economics announced its maiden 'Young Economist' competition on 02/12/2021. The competition was designed to include multiple rounds of tasks that will test the students' memory, speaking, creative and analyzing skills. The student who secures the maximum point together in all these tasks was awarded the 'Young Economist' title. The competition included a series of quizzes, an essay writing competition, a presentation, and a stress interview conducted over the months of December – March.

The YOUNG ECONOMIST 2022 title was won by Dona Jose of III DC Economics.



Orientation class for new NSS volunteers on 26/12/2021


Orientation class for new NSS volunteers was conducted on 26th December 2021. Dr. T.T. Michael (Former HOD, Department of Economics, Deva Matha college Kuravilangad; State award winner of 'Best NSS Programme Officer') delivered the class on "Importance of National Service Scheme today".



NSS Unit 001,
Alphonso College Pala

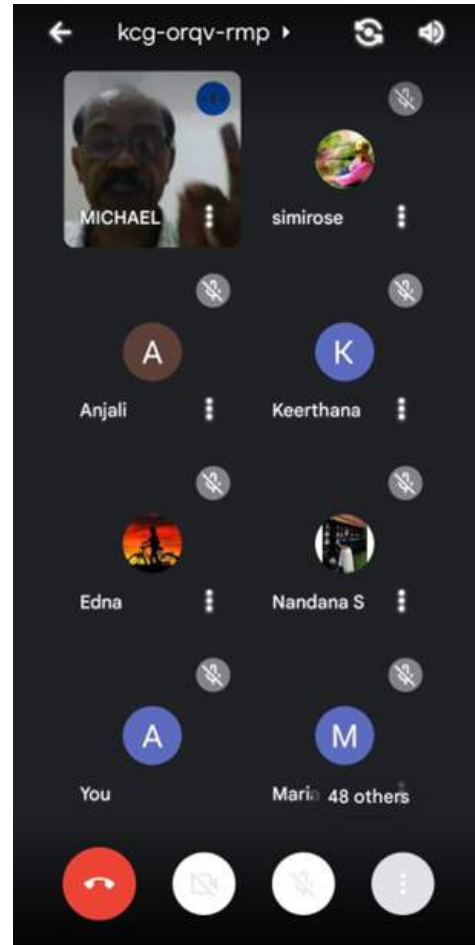
organizes
Pre - Camp Orientation Class
on
'National Service Scheme'

Resource Person:



Dr. T. T. Michael
Former HOD, Department of Economics,
Devamatha College Kuravilangad
State award winner of 'Best
NSS Programme Officer'

 on 26/12/2021
@ 8 pm



NSS Camp 27/12/2021 - 02/01/2022

The National Service Scheme of College organised a special Camp “Aakar” from 27.12.2021 to 02.01.2022 at Alphonsa College Pala. Sri. Mani C. Kappen MLA Pala inaugurated the camp. Due to restrictions imposed by pandemics, the camp consisted of interactive sessions by eminent personalities followed by river cleaning and rally.

Date	Session
27.12.2021	Effective Public speaking - Shri. Cheriyan Varghese (International Trainer)
27.12.2021	Communication skill - Dr. Rony George (K.E. College Mannanam)
28.12.2021	Responsibilities of NSS volunteers – Dr. Ajith James Jose (Former NSS Programme Officer, SB College Changanacherry)
29.12.2021	Personality Development – Shri. A.P. Thomas (National Trainer)
29.12.2021	Fire and Rescue- Shri. K.S. Bijumon (Fire and Rescue Station, Pala)
30.12.2021	Values in our life- Dr. Alex George (St. Thomas College of Teacher Education, Pala)
30.12.2021	Campus cleaning
31.12.2021	Meenachil River Cleaning at Kalariyammakal check Dam, Chethimattam
31.12.2021	Cyber security Awareness - Sri. Jobins James (Cyber Cell Kottayam)
01.01.2022	Training on Seed pen making – Dr. Sr. Manju Elizabeth kuruvila (Department of Zoology, Alphonsa college Pala)
01.01.2022	Rally against dowry
02.01.2022	Unity for success in our life – Dr. Joice V. Thomas (International Trainer, NETFISH- MPEDA, Cochin)





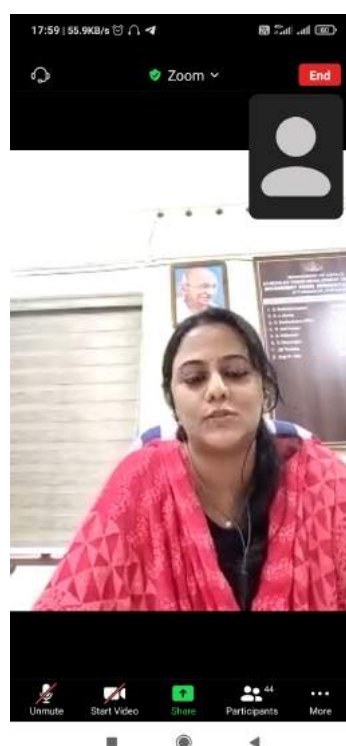
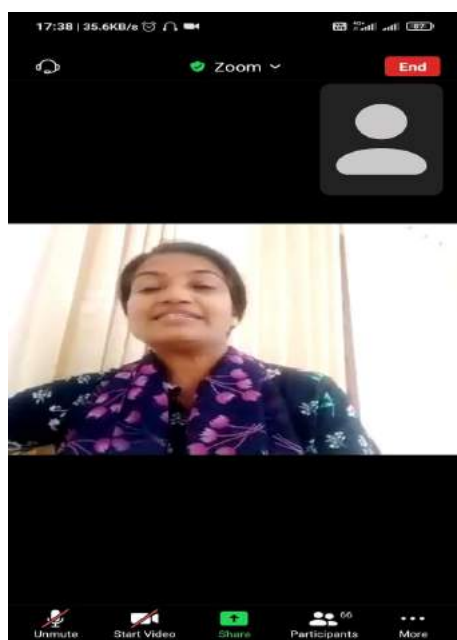
Orientation program on Career Training on 13/01/2022 by Dr. Muralee Thummarukudy, Chief of Disaster Risk Reduction in the UN Environment Programme

College Union in association with Career and Placement cell organized an orientation program on Career Training on 13-January 2022 in Seminar Hall. Dr. Muralee Thummarukudy, Chief of Disaster Risk Reduction in the UN Environment Programme was the resource person. He inaugurated the Training and Recruitment Cell of our college and conducted an interactive session about career opportunities with students. College Principal Rev. Dr. Rageenamma Joseph ,College Vice Principals, Rev. Dr. Shaji John, Dr.Minimol Mathew, College Bursar Rev. Dr. Jose Joseph, Union Advisors and Career and Placement Cell Co-ordinators were present.



Induction programme on 12/02/2022 organised by SC/ST cell

SC/ST monitoring cell of the college organised an induction cum orientation programme for the SC/ST students on 12/02/2022 on online mode. Dr. Simimole Sebastian, Asst Professor, Dept of Zoology, Alphonsa College served as the resource person. She explained and discussed the purpose and activities of the SC/ST monitoring cell. Total 75 students and the coordinators of the SC/ST monitoring cell participated in the programme. The coordinators assured that the weaker section students would not be left behind in the learning as well as overall academic development processes.



Awareness programme 'Prosper' on 15/02/2022 organised by SC/ST cell

SC/ST monitoring cell of the college organised awareness programme for the SC/ST students on 15/02/2022 in online mode. Mrs. Anju. S. Nair, Senior Superintendent, GMRS Ettumanoor, Scheduled Tribe Development Department, Kottayam served as the resource person. She talked and discussed in detail regarding all permissible scholarships, financial assistance and other privileges for SC/ST students. Total 45 students and the coordinators of the SC/ST monitoring cell participated in the programme. The students had a useful interactive session with the expert resource person. She talked and discussed in detail regarding all permissible scholarships, financial assistance and other privileges for SC/ST students.

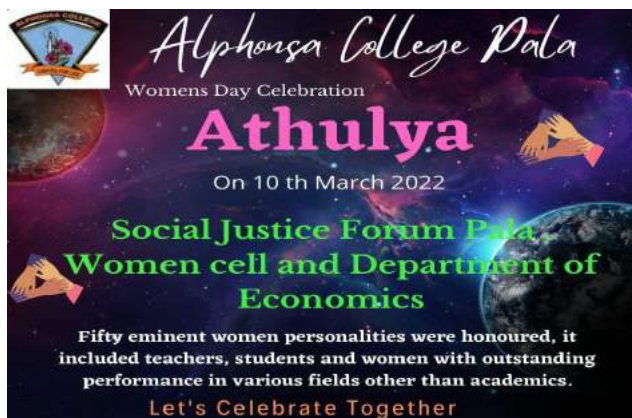
Nammude ponnomanakal - Campaign for protection of students on 24/02/2022 organised by NSS , Women’s cell and Police Department

NSS and Women cell of Alphonsa college Pala in association with Pala Police started an innovative programme – ‘Nammude ponnomanakal’ – for the protection of our students on 24th February 2022. Women cyber protection seminar was also arranged for students on the same day. Dr. B. Sandhya IPS, DGP (Director, Fire force) inaugurated the programmes. Dr. Sr. Regeenamma Joseph (Principal) presided over the meeting. Sri. S. Suresh Kumar (Additional S.P. Kottayam) and Sri. Shaju Jose (DYSP Pala) were present. R Sri. Rajesh Manimala (DCRC Kottayam) delivered the class on “Women Cyber protection”.



Women's cell in association with Social Justice Forum, Pala organised a program 'Athulya' on 10/03/2022

'Athulya' – In connection with International Women's Day, the Women's cell and Department of Economics of Alphonsa College along with Social Justice Forum, Pala organised a program on 10th March 2022 on celebrating womanhood. In the meeting teachers and students who have made exemplary achievements were honoured.



Inauguration of RUSA 2.0 funded Volleyball court and Renovation projects, 21/03/2022


ALPHONSA COLLEGE PALA
 Reaccredited by NAAC with A Grade and CGPA 3.24


RUSA 2.0 FUNDED PROJECTS
OPEN AUDITORIUM CUM VOLLEYBALL COURT
&
RENOVATION OF PHYSICAL INFRASTRUCTURE
ON 21.03.2022 AT 11:00 AM
Venue : New volleyball court


 Sri. Pinarayi Vijayan
 (Hon. Chief Minister of Kerala)



 Inauguration:
 Dr. R. Bindu
 (Hon. Minister for Higher Education & Social Justice)


 His Excellency
 Mar. Joseph Kalliarangatt
 (Patron, Bishop of Pala Diocese)


 Sri. Mani C Kappan ,MLA


 Sri. Thomas Chazhikadan ,MP


 Sri. Jose K Mani ,MP


Mar. Sebastain Vayalil
 The Founder

We are immensely happy to invite you to the inaugural ceremony of *RUSA funded Open Auditorium cum Volleyball court* at Alphonsa College, Pala on **21st March, 2022.** *Dr. R. Bindu, the Honorable Minister for Higher Education* will inaugurate the court. Your gracious presence is solicited for this grand event.

College Administration Committee

Reu. Dr. Sr. Regeenamma Joseph (Principal)	Reu. Dr. Shaji John (Vice Principal)
Reu. Dr. Sr. Minimol Mathew (Vice Principal)	Reu. Dr. Jose Joseph (Bursar)

RUSA Coordinators

Dr. Maya George (Asst. Professor Dept. of Zoology)	Ms. Rekha Mathew (Asst. Professor Dept. of Physics)
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Inauguration of RUSA 2.0 Funded Open Auditorium cum Volleyball Court on 21.03.2022 at 11:00 AM
 Venue: New Volleyball Court

Programme Schedule

Prayer Song	
Welcome speech	Dr. Sr. Regeenamma Joseph (Principal)
Presidential address	H.E. Mar Joseph Kalliarangatt (Bishop of Pala and College Patron)
Inaugural address	Dr. R. Bindu (Hon. Minister for Higher Education)
Keynote address	Sri. Mani C Kappan (Hon. MLA, Pala)
	Sri. Thomas Chazhikadan (Hon. MP, Kottayam)
	Sri. Jose K Mani (Hon. MP Rajya Sabha)
Presence	Ms. V. Vigneshwari IAS (Director of Collegiate Education & RUSA Co-ordinator)
Felicitation	Sri. Anto Jose Padinjarekara (Municipal chairman)
	Sri. Savio Kaulaattu (Municipal Councillor Ward no. 22)
Honoring the Guests	H.E. Mar Joseph Kalliarangatt
Vote of Thanks	Reu. Dr. Jose Joseph (College Bursar)







Alphonsa College
 Arunapuram P.O , Pala.
 Kottayam District, Kerala 686574

Ph. 04822 212 447
<http://www.alphonsacollege.edu.in>

Alphonsa College, Pala has been selected under **RUSA 2.0**, the MHRD initiative for providing funds for the development of Higher Education Institutes. The College has been sanctioned INR 2 Cr through the DPR submitted to Kerala SPD in 2018. Rs. 1.14 Cr has been sanctioned for construction of the Open Auditorium cum Volleyball court and for the Renovation of the Physical Infrastructure of the Institute. The work was started in December 2020 and was completed by February 2022. The Inauguration of the same was done on 21 March 2022 by Dr. R Bindu, Hon. Minister for Higher Education and Social Justice, Government of Kerala in the presence of His Excellency Mar Joseph Kallarangatt, Bishop of Pala Catholic Diocese and Patron of the College and Sri. Mani C Kappan, M.L.A, Pala.



ഗുണമേന്മയുള്ള വിദ്യാഭ്യാസം അവകാശം

പാലം - പൊതുവിദ്യാഭ്യാസ മേഖലയിൽ ഗുണമേന്മയുള്ള വിദ്യാഭ്യാസം കേരളം കൂട്ടിയുടെയും അവകാശമാണെന്ന് മന്ത്രി ആർ.ബിന്ദു പറഞ്ഞു. കേന്ദ്ര-സംസ്ഥാന സർക്കാരുകളുടെ ഏകദേശമായ വ്യത്യാസമേ (ധന സഹായത്തോടെ) പാലം ഞാൻ സോണിസാ കോളേജിൽ നിർമ്മിച്ച അരിസെഡർ സോളിഡോം മ്യൂസിയം-ത്തിന്റെയും പുനഃവുദ്ധാർന്ന പ്രവർത്തനങ്ങളുമായും ഉൾക്കൊണ്ടു നിർവ്വഹിക്കുകയായിരുന്നു മന്ത്രി.

പെൺകുട്ടികൾക്കായി ഏറ്റവും മികച്ച വിദ്യാഭ്യാസ സൗകര്യം ഉറപ്പുവരുത്തുന്ന അരിസെഡർ കോളേജിന്റെ പ്രവർത്തനങ്ങൾ മികച്ചതാണെന്നും മന്ത്രി പറഞ്ഞു. സമഗ്രമായ വിദ്യാഭ്യാസ ചിന്തകൾക്കുള്ള വേദിയാണി വിദ്യാഭ്യാസ സാഹചര്യങ്ങൾ



മന്ത്രി ഡോ. ആർ.ബിന്ദു അന്വേഷണ കോളേജിൽ നിർമ്മിച്ച അരിസെഡർ മ്യൂസിയം-ത്തിന്റെയും പുനഃവുദ്ധാർന്ന പ്രവർത്തനങ്ങളുമായും മി-യുടെയും മന്ത്രി ഡോ.ആർ.ബിന്ദു നിർവ്വഹിക്കുന്നു.

മാറുകയെന്നു, പക്ഷേ അരിസെഡർ വഹിച്ച മാർ ജോസഫ് കല്ലറങ്ങൽ പറഞ്ഞു. മാണി സി. താമ്രൻ എം.എൽ.എ. മുഖ്യമന്ത്രിയോട് അഭിപ്രായം നൽകി. കോളേജ് പ്രവർത്തിപ്പിച്ചത് ഡോ. സിന്ധുർ രണ്ടാമത്.

ജോസഫ്, മുനിസിപ്പൽ കമ്മീഷൻ ആരംഭം ജോസഫ് പരിശോധനാ കമ്മീഷൻ സാഹചര്യം കോളേജ് സ്വീകരിക്കാൻ ഡോ. ജോസഫ് ജോസഫ് എന്ന് വർ പ്രവർത്തിച്ചു.

Awareness class on 'Women protection Laws' on 26/03/2022 organised by Women's cell

An online awareness class on 'Women protection Laws and 181 Mithra Women Helpline', was conducted on 26th March 2022. Adv. Drishya V K, Team Member of 181 WHL led the class.



WOMEN CELL & ANTI HARASSMENT COMMITTEE
ALPHONSA COLLEGE PALA
In Association With
KERALA STATE WOMEN'S DEVELOPMENT CORPORATION Ltd.




Awareness Class on
"Women Protection Laws & Mithra 181 WHL"
26 March 2022 via google meet
10:00 -11:00 AM

College Administration Committee
Dr. Sr. Regeenamma Joseph (Principal)
Rev. Dr. Shaji John (Vice Principal)
Dr. Sr. Minimol Mathew (Vice Principal)
Rev. Dr. Jose Joseph (Bursar)




Adv. Drishya V K
Team Member
181 Mithra WHL

Co-ordinators
Ms. Smitha Clary Joseph
Ms. Teena James



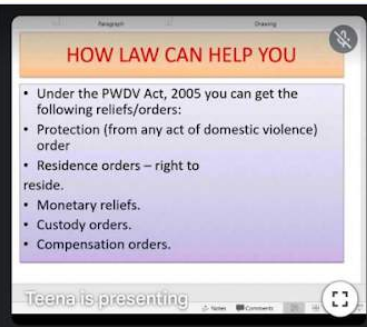
Teena is presenting

Edna
Drishya
S
Several participants joined the meeting



Teena is presenting

Drishya
Remya
S
You
Remya 41 others



Teena is presenting

Drishya
Remya
S
You
Remya 41 others