

Sl. No. 1113



Mahatma Gandhi University

Kottayam, Kerala.

SCHOOL OF PHYSICAL EDUCATION & SPORTS SCIENCES

Certificate

This is to certify that..... **ARSHA BABU**

representing..... **ALPHONSA COLLEGE, PALA**has

participated in the Inter-Collegiate (Inter-Zone)..... **ATHLETICS(W)**

.....(Men/Women) Tournament for the year..... **2021-22**held at

..... **ALPHONSA COLLEGE, PALA**

and secured..... **THIRD**place in..... **POLE VAULT**

Performance..... **4.0 Mts**



Place : Kottayam
Date : 18/04/2022

Director

Pro-Vice-Chancellor



Sl. No. 1111



Mahatma Gandhi University

Kottayam, Kerala.

SCHOOL OF PHYSICAL EDUCATION & SPORTS SCIENCES

Certificate

This is to certify that..... **NIVIA ANTONY**.....
representing..... **ALPHONSA COLLEGE, PALA**.....has
participated in the Inter-Collegiate (Inter-Zone)..... **ATHLETICS(W)**.....
.....(Men/Women) Tournament for the year..... **2021-22**.....held at
..... **ALPHONSA COLLEGE, PALA**.....

and secured..... **FIRST**.....place in..... **POLE VAULT**.....

Performance..... **3.60 Mts (NMR)**.....



Place : Kottayam
Date : 18/04/2022

Director

Pro-Vice-Chancellor



Sl. No. 1094



Mahatma Gandhi University

Kottayam, Kerala.

SCHOOL OF PHYSICAL EDUCATION & SPORTS SCIENCES

Certificate

ROSMI CHACKO

This is to certify that.....
representing..... **ALPHONSA COLLEGE, PALA**has
participated in the Inter-Collegiate (Inter-Zone).....
.....(Men/Women) Tournament for the year..... **2021-22**held at
..... **ALPHONSA COLLEGE, PALA**
and secured..... **SECOND**place in..... **400 M HURDLES**
Performance..... **4.20 Sec**



Place : Kottayam
Date : 18/04/2022

Director

Pro-Vice-Chancellor



Sl. No. 1090



Mahatma Gandhi University

Kottayam, Kerala.

SCHOOL OF PHYSICAL EDUCATION & SPORTS SCIENCES

Certificate

ANNA THOMAS MATHEW

This is to certify that.....
representing..... **ALPHONSA COLLEGE, PALA**.....has
participated in the Inter-Collegiate (Inter-Zone).....
.....(Men/Women) Tournament for the year..... **2021-22**.....held at
.....
.....**ALPHONSA COLLEGE, PALA**.....
and secured..... **FIRST**.....place in..... **100 M HURDLES**.....

Performance..... **4:70 Sec**.....



Place : Kottayam
Date : **18/04/2022**

Director

Pro-Vice-Chancellor



Sl. No. 1086



Mahatma Gandhi University

Kottayam, Kerala.

SCHOOL OF PHYSICAL EDUCATION & SPORTS SCIENCES

Certificate

This is to certify that..... **FATHIMA NASLA**

representing..... **ALPHONSA COLLEGE, PALA**

participated in the Inter-Collegiate (Inter-Zone)..... **ATHLETICS(W)**has

.....(Men/Women) Tournament for the year..... **2021-22**held at

..... **ALPHONSA COLLEGE, PALA**

and secured..... **THIRD**place in..... **5000 MTS**

..... **20 Min. 9.40 Sec**



Place : Kottayam
Date : 18/04/2022

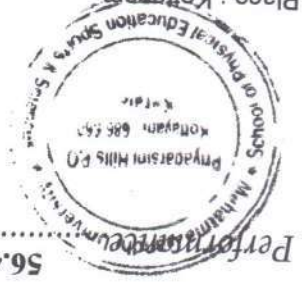
Director

Pro-Vice-Chancellor





Date : 18/04/2022
Place : Kottayam



Director

Pro-Vice-Chancellor

56.40 Sec

and secured **THIRD** place in **400 MTS**

ALPHONSA COLLEGE, PALA

participated in the Inter-Collegiate (Inter-Zone) **ATHLETICS(W)** held at **2021-22** (Men/Women) Tournament for the year

representing **ALPHONSA COLLEGE, PALA** has

BISMI JOSEPH

This is to certify that

Certificate

Mahatma Gandhi University
Kottayam, Kerala.
SCHOOL OF PHYSICAL EDUCATION
& **SPORTS SCIENCES**



Sl. No. 1073



Mahatma Gandhi University

Kottayam, Kerala.

SCHOOL OF PHYSICAL EDUCATION & SPORTS SCIENCES

Certificate

BISMI JOSEPH

This is to certify that.....
representing..... **ALPHONSA COLLEGE, PALA**has
participated in the Inter-Collegiate (Inter-Zone)..... **ATHLETICS(W)**
.....(Men/Women) Tournament for the year..... **2021-22**held at
..... **ALPHONSA COLLEGE, PALA**
and secured..... **SECOND**place in..... **200 MTS**

Performance..... **25.10 Sec**



Place : Kottayam
Date : **18/04/2022**

Director

Pro-Vice-Chancellor



Sl. No. 1098



Mahatma Gandhi University

Kottayam, Kerala.

SCHOOL OF PHYSICAL EDUCATION & SPORTS SCIENCES

Certificate

AGUS MERIN SHAJI

This is to certify that.....
representing..... **ALPHONSA COLLEGE, PALA**has
participated in the Inter-Collegiate (Inter-Zone).....
.....(Men/Women) Tournament for the year..... **2021-22**held at
.....
ALPHONSA COLLEGE, PALA

and secured..... **THIRD**place in..... **3000 M STEEPLE CHASE**

Performance..... **12 Min. 47.40 Sec**



Place : Kottayam
Date : **18/04/2022**

Director


Pro-Vice-Chancellor



Sl. No. 1080



Mahatma Gandhi University

Kottayam, Kerala.

SCHOOL OF PHYSICAL EDUCATION & SPORTS SCIENCES

Certificate

This is to certify that..... **ASWATHY BINU**

representing..... **ALPHONSA COLLEGE, PALA**

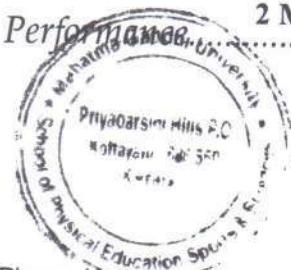
participated in the Inter-Collegiate (Inter-Zone)..... **ATHLETICS(W)**

.....(Men/Women) Tournament for the year..... **2021-22**held at

..... **ALPHONSA COLLEGE, PALA**

and secured..... **THIRD**place in..... **800 MTS**

Performance..... **2 Min. 14.30 Sec**



Place : Kottayam
Date : 18/04/2022

Director

Pro-Vice-Chancellor



Sl. No. 1073



Mahatma Gandhi University

Kottayam, Kerala.

SCHOOL OF PHYSICAL EDUCATION & SPORTS SCIENCES

Certificate

BISMI JOSEPH

This is to certify that.....
representing..... **ALPHONSA COLLEGE, PALA**.....has
participated in the Inter-Collegiate (Inter-Zone).....
.....(Men/Women) Tournament for the year..... **2021-22**.....held at
.....**ALPHONSA COLLEGE, PALA**.....
and secured..... **SECOND**.....place in..... **200 MTS**.....
Performing..... **25 10 Sec**.....



Place : Kottayam
Date : **18/04/2022**

Director

Pro-Vice-Chancellor



Sl. No. 1077



Mahatma Gandhi University

Kottayam, Kerala.

SCHOOL OF PHYSICAL EDUCATION & SPORTS SCIENCES

Certificate

BISMI JOSEPH

This is to certify that.....
representing..... **ALPHONSA COLLEGE, PALA**.....has
participated in the Inter-Collegiate (Inter-Zone).....
.....(Men/Women) Tournament for the year..... **2021-22**.....held at
..... **ALPHONSA COLLEGE, PALA**.....

and secured..... **THIRD**.....place in..... **400 MTS**.....

Performance..... **56.40 Sec**.....



Place : Kottayam
Date : **18/04/2022**

Director

Pro-Vice-Chancellor



Sl. No. 1086



Mahatma Gandhi University

Kottayam, Kerala.

SCHOOL OF PHYSICAL EDUCATION & SPORTS SCIENCES

Certificate

This is to certify that..... **FATHIMA NASLA**.....
representing..... **ALPHONSA COLLEGE, PALA**.....has
participated in the Inter-Collegiate (Inter-Zone)..... **ATHLETICS(W)**.....
.....(Men/Women) Tournament for the year..... **2021-22**.....held at
..... **ALPHONSA COLLEGE, PALA**.....
and secured..... **THIRD**.....place in..... **5000 MTS**.....
..... **20 Min. 9.40 Sec**.....



Place : Kottayam
Date : **18/04/2022**

Director

Pro-Vice-Chancellor



KERALA STATE ATHLETICS ASSOCIATION

1935



26TH KERALA STATE CROSS COUNTRY CHAMPIONSHIP 2021-

2022 Participation Certificate

Certified that LINCY JOSEPH

representing Kottayam

has participated in

10km Team

Women

10km Individual

Women

45 Min : 32.00 Sec

Conducted at KOTHAMANGALAM From 28-Dec-2021 To 28-Dec-2021

Date 22-Jan-2022

P I BABU

Honorary Secretary

KERALA STATE ATHLETICS ASSOCIATION



3073

65TH DR. TONY DANIEL MEMORIAL KERALA STATE SENIOR
ATHLETICS CHAMPIONSHIP - 2022

Participation Certificate

Certified that

KAVITHA B S

DOB

24-Jul-2003

representing

Kottayam

has participated in

5000m, 10000m

WOMEN


Conducted at

CH MUHAMMED KOYA ATHLETICS STADIUM From 05-Mar-2022 To 06-Mar-2022

Date

06-Mar-2022


Q. RAJAGOPAL
OBSERVER
Kerala State Sports Council


BABU P I
Honorary Secretary

Certificate is only valid if Date of Birth certificate matches with the Date of Birth mentioned on this certificate

KERALA STATE ATHLETICS ASSOCIATION



740

65TH KERALA STATE JUNIOR ATHLETICS CHAMPIONSHIP 2021-2022 Participation Certificate

Certified that ALEENA SEDASTIAN

representing Kottayam

has participated in

100m

Women Under 18

MEDLEY RELAY

Women Under 18

2 Min : 23.38 Sec

Conducted at C H MUHAMMED KOYA ATHLETICS STADIUM From 20-Dec-2021 To 23-Dec-2021

Date 05-Jan-2022


P I BABU

Honorary Secretary

KERALA STATE ATHLETICS ASSOCIATION



2381

65TH KERALA STATE JUNIOR ATHLETICS CHAMPIONSHIP

2021-2022

Participation Certificate

Certified that ANAMIKA C

representing Kottayam

has participated in

LONG JUMP

Women Under 18

Conducted at C H MUHAMMED KOYA ATHLETICS STADIUM From 20-Dec-2021 To 23-Dec-2021

Date 25-Jan-2022


P I BABU

Honorary Secretary

KERALA STATE ATHLETICS ASSOCIATION



1435




64TH KERALA STATE JUNIOR ATHLETICS CHAMPIONSHIP - 2021 Participation Certificate

Certified that ANUMOL THOMAS
representing Kottayam
has participated in
HAMMER THROW Women Under 20

Conducted at C H MUHAMMED KOYA ATHLETICS STADIUM From 15-Feb-2021 To 18-Feb-2021

Date 17-Feb-2021


P I. BABU
Honorary Secretary

Certificate is valid only if the Date of Birth Certificate matches with the Date of Birth mentioned on this Certificate

KERALA STATE ATHLETICS ASSOCIATION



493



64TH KERALA STATE JUNIOR ATHLETICS CHAMPIONSHIP -

2021

Participation Certificate

Certified that ANUJA K A

representing Kottayam

has participated in

POLE VAULT

Women Under 20

Conducted at

C H MUHAMMED KOYA ATHLETICS STADIUM From 15-Feb-2021 To 18-Feb-2021

Date

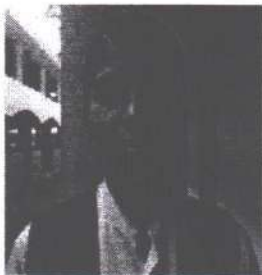
18-Feb-2021


P I. BABU

Honorary Secretary

Certificate is valid only if the Date of Birth Certificate matches with the Date of Birth mentioned on this Certificate

KERALA STATE ATHLETICS ASSOCIATION



583

65TH KERALA STATE JUNIOR ATHLETICS CHAMPIONSHIP
2021-2022

Participation Certificate

Certified that ANCY M S

representing Kottayam

has participated in

LONG JUMP

Women Under 20

Conducted at C H MUHAMMED KOYA ATHLETICS STADIUM From 20-Dec-2021 To 23-Dec-2021

Date 21-Dec-2021


P I BABU

Organising Secretary

KERALA STATE ATHLETICS ASSOCIATION



2586

65TH KERALA STATE JUNIOR ATHLETICS CHAMPIONSHIP 2021-2022 Participation Certificate

Certified that SWATHY MANOJ

representing Kottayam

has participated in

1500m

Women Under 20


3000m

Women Under 20

12 Min : 22.10 Sec

Conducted at C H MUHAMMED KOYA ATHLETICS STADIUM From 20-Dec-2021 To 23-Dec-2021

Date 25-Jan-2022


P I BABU
Honorary Secretary

Sl. No. 1113



Mahatma Gandhi University

Kottayam, Kerala.

SCHOOL OF PHYSICAL EDUCATION & SPORTS SCIENCES

Certificate

This is to certify that..... **ARSHA BABU**

representing..... **ALPHONSA COLLEGE, PALA**

participated in the Inter-Collegiate (Inter-Zone)..... **ATHLETICS(W)**has

.....(Men/Women) Tournament for the year..... **2021-22**held at

..... **ALPHONSA COLLEGE, PALA**

and secured..... **THIRD**place in..... **POLE VAULT**

Performance..... **4.0 Mts**



Place : Kottayam
Date : 18/04/2022

Director

Pro-Vice-Chancellor



Sl. No. 1111



Mahatma Gandhi University

Kottayam, Kerala.

SCHOOL OF PHYSICAL EDUCATION & SPORTS SCIENCES

Certificate

This is to certify that..... **NIVIA ANTONY**.....
representing..... **ALPHONSA COLLEGE, PALA**.....has
participated in the Inter-Collegiate (Inter-Zone)..... **ATHLETICS(W)**.....
.....(Men/Women) Tournament for the year..... **2021-22**.....held at
..... **ALPHONSA COLLEGE, PALA**.....

and secured..... **FIRST**.....place in..... **POLE VAULT**.....

Performance..... **3.60 Mts (NMR)**.....



Place : Kottayam
Date : 18/04/2022

Director

Pro-Vice-Chancellor



Sl. No. 1094



Mahatma Gandhi University

Kottayam, Kerala.

SCHOOL OF PHYSICAL EDUCATION & SPORTS SCIENCES

Certificate

ROSMI CHACKO

This is to certify that.....
representing..... **ALPHONSA COLLEGE, PALA**.....has
participated in the Inter-Collegiate (Inter-Zone).....
.....(Men/Women) Tournament for the year..... **2021-22**.....held at
.....**ALPHONSA COLLEGE, PALA**.....
and secured..... **SECOND**.....place in..... **400 M HURDLES**
Performance..... **4.20 Sec**.....



Place : Kottayam
Date : 18/04/2022

Director

Pro-Vice-Chancellor



Sl. No. 1090



Mahatma Gandhi University

Kottayam, Kerala.

SCHOOL OF PHYSICAL EDUCATION & SPORTS SCIENCES

Certificate

ANNA THOMAS MATHEW

This is to certify that.....
representing..... **ALPHONSA COLLEGE, PALA**.....has
participated in the Inter-Collegiate (Inter-Zone).....
.....(Men/Women) Tournament for the year..... **2021-22**.....held at
.....
.....**ALPHONSA COLLEGE, PALA**.....
and secured..... **FIRST**.....place in..... **100 M HURDLES**.....

Performance..... **1:47.70 Sec**.....



Place : Kottayam
Date : **18/04/2022**

Director

Pro-Vice-Chancellor



Sl. No. 1086



Mahatma Gandhi University

Kottayam, Kerala.

SCHOOL OF PHYSICAL EDUCATION & SPORTS SCIENCES

Certificate

This is to certify that..... **FATHIMA NASLA**

representing..... **ALPHONSA COLLEGE, PALA**

participated in the Inter-Collegiate (Inter-Zone)..... **ATHLETICS(W)**has

.....(Men/Women) Tournament for the year..... **2021-22**held at

..... **ALPHONSA COLLEGE, PALA**

and secured..... **THIRD**place in..... **5000 MTS**

..... **20 Min. 9.40 Sec**



Place : Kottayam
Date : 18/04/2022

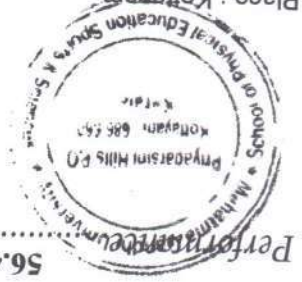
Director

Pro-Vice-Chancellor





Date : 18/04/2022
Place : Kottayam



Director

Pro-Vice-Chancellor

Performance 56.40 Sec

and secured THIRD place in 400 MTS

ALPHONSA COLLEGE, PALA

(Men/Women) Tournament for the year 2021-22 held at

participated in the Inter-Collegiate (Inter-Zone) ATHLETICS(W)

representing ALPHONSA COLLEGE, PALA has

This is to certify that BISMJI JOSEPH

Certificate

Mahatma Gandhi University
Kottayam, Kerala.
SCHOOL OF PHYSICAL EDUCATION
& SPORTS SCIENCES



Sl. No. 1073



Mahatma Gandhi University

Kottayam, Kerala.

SCHOOL OF PHYSICAL EDUCATION & SPORTS SCIENCES

Certificate

BISMI JOSEPH

This is to certify that.....
representing..... **ALPHONSA COLLEGE, PALA**has
participated in the Inter-Collegiate (Inter-Zone)..... **ATHLETICS(W)**
.....(Men/Women) Tournament for the year..... **2021-22**held at
..... **ALPHONSA COLLEGE, PALA**
and secured..... **SECOND**place in..... **200 MTS**

Performance..... **25.10 Sec**



Place : Kottayam
Date : **18/04/2022**

Director

Pro-Vice-Chancellor



Sl. No. 1098



Mahatma Gandhi University

Kottayam, Kerala.

SCHOOL OF PHYSICAL EDUCATION & SPORTS SCIENCES

Certificate

AGUS MERIN SHAJI

This is to certify that.....
representing..... **ALPHONSA COLLEGE, PALA**.....has
participated in the Inter-Collegiate (Inter-Zone).....**ATHLETICS(W)**
.....(Men/Women) Tournament for the year.....**2021-22**.....held at
.....**ALPHONSA COLLEGE, PALA**.....

and secured.....**THIRD**.....place in.....**3000 M STEEPLE CHASE**.....

Performance.....**12 Min. 47.40 Sec**.....



Place : Kottayam
Date : **18/04/2022**

Director


Pro-Vice-Chancellor



Sl. No. 1080



Mahatma Gandhi University

Kottayam, Kerala.

SCHOOL OF PHYSICAL EDUCATION & SPORTS SCIENCES

Certificate

This is to certify that..... **ASWATHY BINU**

representing..... **ALPHONSA COLLEGE, PALA**

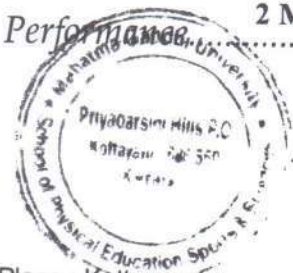
participated in the Inter-Collegiate (Inter-Zone)..... **ATHLETICS(W)**

.....(Men/Women) Tournament for the year..... **2021-22**held at

..... **ALPHONSA COLLEGE, PALA**

and secured..... **THIRD**place in..... **800 MTS**

Performance..... **2 Min. 14.30 Sec**



Place : Kottayam
Date : 18/04/2022

Director

Pro-Vice-Chancellor



Sl. No. 1073



Mahatma Gandhi University

Kottayam, Kerala.

SCHOOL OF PHYSICAL EDUCATION & SPORTS SCIENCES

Certificate

BISMI JOSEPH

This is to certify that.....
representing..... **ALPHONSA COLLEGE, PALA**.....has
participated in the Inter-Collegiate (Inter-Zone).....
.....(Men/Women) Tournament for the year..... **2021-22**.....held at
.....**ALPHONSA COLLEGE, PALA**.....
and secured..... **SECOND**.....place in..... **200 MTS**.....
Performing..... **25 10 Sec**.....



Place : Kottayam
Date : **18/04/2022**

Director

Pro-Vice-Chancellor



Sl. No. 1077



Mahatma Gandhi University

Kottayam, Kerala.

SCHOOL OF PHYSICAL EDUCATION & SPORTS SCIENCES

Certificate

BISMI JOSEPH

This is to certify that.....
representing..... **ALPHONSA COLLEGE, PALA**.....has
participated in the Inter-Collegiate (Inter-Zone).....
.....(Men/Women) Tournament for the year..... **2021-22**.....held at
.....**ALPHONSA COLLEGE, PALA**.....
and secured..... **THIRD**.....place in..... **400 MTS**.....

Performance..... **56.40 Sec**.....



Place : Kottayam
Date : **18/04/2022**

Director

Pro-Vice-Chancellor



Sl. No. 1086



Mahatma Gandhi University

Kottayam, Kerala.

SCHOOL OF PHYSICAL EDUCATION & SPORTS SCIENCES

Certificate

This is to certify that..... **FATHIMA NASLA**.....
representing..... **ALPHONSA COLLEGE, PALA**.....has
participated in the Inter-Collegiate (Inter-Zone)..... **ATHLETICS(W)**.....
.....(Men/Women) Tournament for the year..... **2021-22**.....held at
..... **ALPHONSA COLLEGE, PALA**.....
and secured..... **THIRD**.....place in..... **5000 MTS**.....
..... **20 Min. 9.40 Sec**.....



Place : Kottayam
Date : **18/04/2022**

Director

Pro-Vice-Chancellor



KERALA STATE ATHLETICS ASSOCIATION

1935



26TH KERALA STATE CROSS COUNTRY CHAMPIONSHIP 2021-

2022 Participation Certificate

Certified that LINCY JOSEPH

representing Kottayam

has participated in

10km Team

Women

10km Individual

Women

45 Min : 32.00 Sec

Conducted at KOTHAMANGALAM From 28-Dec-2021 To 28-Dec-2021

Date 22-Jan-2022

P I BABU

Honorary Secretary

KERALA STATE ATHLETICS ASSOCIATION



3073

65TH DR. TONY DANIEL MEMORIAL KERALA STATE SENIOR
ATHLETICS CHAMPIONSHIP - 2022

Participation Certificate

Certified that

KAVITHA B S

DOB

24-Jul-2003

representing

Kottayam

has participated in

5000m, 10000m

WOMEN


Conducted at

CH MUHAMMED KOYA ATHLETICS STADIUM From 05-Mar-2022 To 06-Mar-2022

Date

06-Mar-2022


Q. RAJAGOPAL
OBSERVER
Kerala State Sports Council


BABU P I
Honorary Secretary

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KERALA STATE ATHLETICS ASSOCIATION



740

65TH KERALA STATE JUNIOR ATHLETICS CHAMPIONSHIP 2021-2022 Participation Certificate

Certified that ALEENA SEDASTIAN

representing Kottayam

has participated in

100m

Women Under 18

MEDLEY RELAY

Women Under 18

2 Min : 23.38 Sec

Conducted at C H MUHAMMED KOYA ATHLETICS STADIUM From 20-Dec-2021 To 23-Dec-2021

Date 05-Jan-2022


P I BABU

Honorary Secretary

KERALA STATE ATHLETICS ASSOCIATION



2381

65TH KERALA STATE JUNIOR ATHLETICS CHAMPIONSHIP

2021-2022

Participation Certificate

Certified that ANAMIKA C

representing Kottayam

has participated in

LONG JUMP

Women Under 18

Conducted at C H MUHAMMED KOYA ATHLETICS STADIUM From 20-Dec-2021 To 23-Dec-2021

Date 25-Jan-2022


P I BABU

Honorary Secretary

KERALA STATE ATHLETICS ASSOCIATION



1435




64TH KERALA STATE JUNIOR ATHLETICS CHAMPIONSHIP - 2021 Participation Certificate

Certified that ANUMOL THOMAS
representing Kottayam
has participated in
HAMMER THROW Women Under 20

Conducted at C H MUHAMMED KOYA ATHLETICS STADIUM From 15-Feb-2021 To 18-Feb-2021

Date 17-Feb-2021


P I. BABU
Honorary Secretary

Certificate is valid only if the Date of Birth Certificate matches with the Date of Birth mentioned on this Certificate

KERALA STATE ATHLETICS ASSOCIATION



493



64TH KERALA STATE JUNIOR ATHLETICS CHAMPIONSHIP -

2021

Participation Certificate

Certified that ANUJA K A

representing Kottayam

has participated in


POLE VAULT

Women Under 20

Conducted at

C H MUHAMMED KOYA ATHLETICS STADIUM From 15-Feb-2021 To 18-Feb-2021

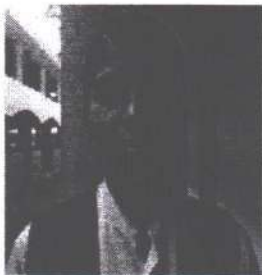
Date 18-Feb-2021


P I. BABU

Honorary Secretary

Certificate is valid only if the Date of Birth Certificate matches with the Date of Birth mentioned on this Certificate

KERALA STATE ATHLETICS ASSOCIATION



583

65TH KERALA STATE JUNIOR ATHLETICS CHAMPIONSHIP
2021-2022

Participation Certificate

Certified that ANCY M S

representing Kottayam

has participated in

LONG JUMP

Women Under 20

Conducted at C H MUHAMMED KOYA ATHLETICS STADIUM From 20-Dec-2021 To 23-Dec-2021

Date 21-Dec-2021


P I BABU

Organising Secretary

KERALA STATE ATHLETICS ASSOCIATION



2586

65TH KERALA STATE JUNIOR ATHLETICS CHAMPIONSHIP 2021-2022 Participation Certificate

Certified that SWATHY MANOJ

representing Kottayam

has participated in

1500m

Women Under 20

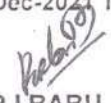
3000m

Women Under 20

12 Min : 22.10 Sec

Conducted at C H MUHAMMED KOYA ATHLETICS STADIUM From 20-Dec-2021 To 23-Dec-2021

Date 25-Jan-2022


P I BABU
Honorary Secretary

KOTTAYAM DISTRICT ATHLETICS ASSOCIATION

4235



64TH KOTTAYAM DISTRICT ATHLETICS CHAMPIONSHIP 21-22

Merit Certificate

Awarded To

<i>Name</i>	ANUJA KA		
<i>Date Of Birth</i>	24-Apr-2002		
<i>Team</i>	ALPHONSA ATHLETICS ACADEMY PALA		
<i>Event</i>	POLE VAULT	<i>Category</i>	Women
<i>Position</i>	THIRD	<i>Performance</i>	2.40 Mts
<i>Held On</i>	10-Dec-2021	<i>At</i>	MUNICIPAL STADIUM PALA


DR. THANKACHAN MATHEW
Secretary




PRAVEEN THARIYAN
President

KOTTAYAM DISTRICT ATHLETICS ASSOCIATION



4436

64TH KOTTAYAM DISTRICT ATHLETICS CHAMPIONSHIP 21-22

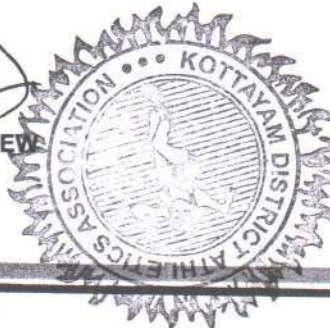
Merit Certificate

Awarded To

Name **SOPHIYA SUNNY**
Date Of Birth **11-Nov-2000**
Team **ALPHONSA ATHLETICS ACADEMY PALA**
Event **4X100m RELAY** *Category* **Women**
Position **SECOND** *Performance* **48.33 Sec**
Held On **10-Dec-2021** *At* **MUNICIPAL STADIUM PALA**

DR. THANKACHAN MATHEW

Secretary



PRAVEEN THARIYAN

President

KOTTAYAM DISTRICT ATHLETICS ASSOCIATION



4438

64TH KOTTAYAM DISTRICT ATHLETICS CHAMPIONSHIP 21-22

Merit Certificate

Awarded To

<i>Name</i>	BISMI JOSEPH		
<i>Date Of Birth</i>	19-Apr-2001		
<i>Team</i>	ALPHONSA ATHLETICS ACADEMY PALA		
<i>Event</i>	4X100m RELAY	<i>Category</i>	Women
<i>Position</i>	SECOND	<i>Performance</i>	48.33 Sec
<i>Held On</i>	10-Dec-2021	<i>At</i>	MUNICIPAL STADIUM PALA


DR. THANKACHAN MATHEW
Secretary


PRAVEEN THARIYAN
President



KOTTAYAM DISTRICT ATHLETICS ASSOCIATION

4320



64TH KOTTAYAM DISTRICT ATHLETICS CHAMPIONSHIP 21-22

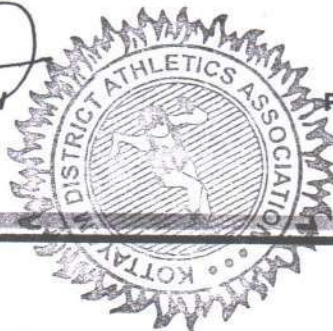
Merit Certificate

Awarded To

<i>Name</i>	ANN MARY JOSEPH		
<i>Date Of Birth</i>	04-Jun-2001		
<i>Team</i>	ALPHONSA ATHLETICS ACADEMY PALA		
<i>Event</i>	HAMMER THROW	<i>Category</i>	Women
<i>Position</i>	FIRST	<i>Performance</i>	43.09 Mts
<i>Held On</i>	10-Dec-2021	<i>At</i>	MUNICIPAL STADIUM PALA

DR. THANKACHAN MATHEW

Secretary



PRAVEEN THARIYAN

President

KOTTAYAM DISTRICT ATHLETICS ASSOCIATION

4286



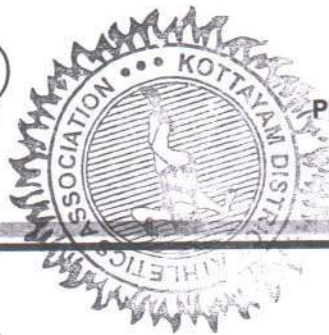
64TH KOTTAYAM DISTRICT ATHLETICS CHAMPIONSHIP 21-22

Merit Certificate

Awarded To

<i>Name</i>	ROSMI CHACKO		
<i>Date Of Birth</i>	16-Jun-1999		
<i>Team</i>	ALPHONSA ATHLETICS ACADEMY PALA		
<i>Event</i>	400m HURDLES	<i>Category</i>	Women
<i>Position</i>	THIRD	<i>Performance</i>	1 Min : 5.01 Sec
<i>Held On</i>	10-Dec-2021	<i>At</i>	MUNICIPAL STADIUM PALA


DR. THANKACHAN MATHEW
Secretary




PRAVEEN THARIYAN
President

KOTTAYAM DISTRICT ATHLETICS ASSOCIATION

4258



64TH KOTTAYAM DISTRICT ATHLETICS CHAMPIONSHIP 21-22

Merit Certificate

Awarded To

Name **ANN MARY JOSEPH**
Date Of Birth **04-Jun-2001**
Team **ALPHONSA ATHLETICS ACADEMY PALA**
Event **SHOT PUT** *Category* **Women**
Position **THIRD** *Performance* **9.45 Mts**
Held On **10-Dec-2021** **MUNICIPAL STADIUM PALA**


DR. THANKACHAN MATHEW

Secretary


PRAVEEN THARIYAN

President



KOTTAYAM DISTRICT ATHLETICS ASSOCIATION

4437



64TH KOTTAYAM DISTRICT ATHLETICS CHAMPIONSHIP 21-22

Merit Certificate

Awarded To

Name **NANDITHA UDAYARAJ**
Date Of Birth **04-Apr-2000**
Team **ALPHONSA ATHLETICS ACADEMY PALA**
Event **4X100m RELAY** *Category* **Women**
Position **SECOND** *Performance* **48.33 Sec**
Held On **10-Dec-2021** *At* **MUNICIPAL STADIUM PALA**


DR. THANKACHAN MATHEW
Secretary


PRAVEEN THARIYAN
President



KOTTAYAM DISTRICT ATHLETICS ASSOCIATION

4439




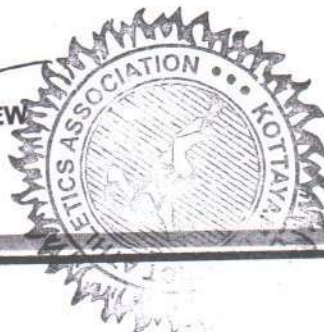
64TH KOTTAYAM DISTRICT ATHLETICS CHAMPIONSHIP 21-22

Merit Certificate

Awarded To

<i>Name</i>	ARATHY A		
<i>Date Of Birth</i>	31-Jul-1998		
<i>Team</i>	ALPHONSA ATHLETICS ACADEMY PALA		
<i>Event</i>	4X100m RELAY	<i>Category</i>	Women
<i>Position</i>	SECOND	<i>Performance</i>	48.33 Sec
<i>Held On</i>	10-Dec-2021	<i>At</i>	MUNICIPAL STADIUM PALA


DR. THANKACHAN MATHEW
Secretary




PRAVEEN THARIYAN
President

KOTTAYAM DISTRICT ATHLETICS ASSOCIATION

4233



64TH KOTTAYAM DISTRICT ATHLETICS CHAMPIONSHIP 21-22

Merit Certificate

Awarded To

<i>Name</i>	ARSHA BABU		
<i>Date Of Birth</i>	18-Mar-1999		
<i>Team</i>	ALPHONSA ATHLETICS ACADEMY PALA		
<i>Event</i>	POLE VAULT	<i>Category</i>	Women
<i>Position</i>	FIRST	<i>Performance</i>	2.90 Mts
<i>Held On</i>	10-Dec-2021	<i>At</i>	MUNICIPAL STADIUM PALA


DR. THANKACHAN MATHEW
Secretary




PRAVEEN THARIYAN
President

KOTTAYAM DISTRICT ATHLETICS ASSOCIATION

4322



64TH KOTTAYAM DISTRICT ATHLETICS CHAMPIONSHIP 21-22

Merit Certificate

Awarded To

<i>Name</i>	BISMI JOSEPH		
<i>Date Of Birth</i>	19-Apr-2001		
<i>Team</i>	ALPHONSA ATHLETICS ACADEMY PALA		
<i>Event</i>	200m	<i>Category</i>	Women
<i>Position</i>	SECOND	<i>Performance</i>	24.91 Sec
<i>Held On</i>	10-Dec-2021	<i>At</i>	MUNICIPAL STADIUM PALA

DR. THANKACHAN MATHEW

Secretary



PRAVEEN THARIYAN

President

KOTTAYAM DISTRICT ATHLETICS ASSOCIATION

4171



64TH KOTTAYAM DISTRICT ATHLETICS CHAMPIONSHIP 21-22

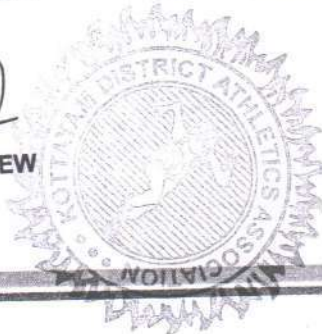
Merit Certificate

Awarded To

Name ASWATHY BINU
Date Of Birth 12-Jan-2001
Team ALPHONSA ATHLETICS ACADEMY PALA
Event 800m *Category* Women
Position SECOND *Performance* 2 Min : 17.84 Sec
Held On 10-Dec-2021 *At* MUNICIPAL STADIUM PALA


DR. THANKACHAN MATHEW
Secretary


PRAVEEN THARIYAN
President



KOTTAYAM DISTRICT ATHLETICS ASSOCIATION

4120



64TH KOTTAYAM DISTRICT ATHLETICS CHAMPIONSHIP 21-22

Merit Certificate

Awarded To

<i>Name</i>	ASWATHY BINU		
<i>Date Of Birth</i>	12-Jan-2001		
<i>Team</i>	ALPHONSA ATHLETICS ACADEMY PALA		
<i>Event</i>	1500m	<i>Category</i>	Women
<i>Position</i>	SECOND	<i>Performance</i>	5 Min : 17.36 Sec
<i>Held On</i>	09-Dec-2021	<i>At</i>	MUNICIPAL STADIUM PALA


DR. THANKACHAN MATHEW
Secretary


PRAVEEN THARIYAN
President

KOTTAYAM DISTRICT ATHLETICS ASSOCIATION

4257



64TH KOTTAYAM DISTRICT ATHLETICS CHAMPIONSHIP 21-22

Merit Certificate

Awarded To

<i>Name</i>	ABIT JACOB		
<i>Date Of Birth</i>	19-Nov-1999		
<i>Team</i>	ALPHONSA ATHLETICS ACADEMY PALA		
<i>Event</i>	SHOT PUT	<i>Category</i>	Women
<i>Position</i>	SECOND	<i>Performance</i>	10.50 Mts
<i>Held On</i>	10-Dec-2021	<i>At</i>	MUNICIPAL STADIUM PALA


DR. THANKACHAN MATHEW
Secretary


PRAVEEN THARIYAN
President



KOTTAYAM DISTRICT ATHLETICS ASSOCIATION

4276



64TH KOTTAYAM DISTRICT ATHLETICS CHAMPIONSHIP 21-22

Merit Certificate

Awarded To

Name ANANYA JETO
Date Of Birth 10-Apr-2001
Team ALPHONSA ATHLETICS ACADEMY PALA
Event LONG JUMP *Category* Women
Position SECOND *Performance* 5.87 Mts
Held On 10-Dec-2021 *At* MUNICIPAL STADIUM PALA


DR. THANKACHAN MATHEW
Secretary


PRAVEEN THARIYAN
President



Association of Indian Universities

AIU HOUSE, 16 COMRADE INDRAJIT GUPTA MARG (KOTLA MARG), NEW DELHI 110002



CERTIFICATE OF MERIT


AD. 25114

This is to certify that Riyamoi Joy
Mother's Name Rosamma Joy Father's Name Joy Augustain
represented Mahatma Gandhi University Kottayam, Kerala
in the All India Inter-University Athletics (W) Tournament
held at KIT Deemed to be University from 21-02-2022 to 24-02-2022
and Secured Second position.

- a) Time/ Distance/Height 4x400M Relay
(if applicable)
b) Weight Category X

Organising Secretary

Date 03-06-2022


Dr. Baljit Singh Sekhon
Joint Secretary (C & Sports)
Association of Indian Universities
AIU House, 16, Comrade Indrajit Gupta Marg
New Delhi-110002


Secretary General

Association of Indian Universities

AIU HOUSE, 16 COMRADE INDRAJIT GUPTA MARG (KOTLA MARG), NEW DELHI 110002




CERTIFICATE OF MERIT

AD. 25113

This is to certify that Bismi Joseph
Mother's Name Jhresiammar P.T Father's Name Biju Joseph
represented Mahatma Gandhi University Kottayam, Kerala
in the All India Inter-University Athletics (W) Tournament
held at KU Deemed to be University from 21-02-2022 to 24-02-2022
and Secured Second position.
a) Time/ Distance/Height 4x400M. Relay
(if applicable)
b) Weight Category X

Organising Secretary

Date 03-06-2022


Dr. Baljit Singh, Bakhon
Joint Secretary (Sports)
Association of Indian Universities
AIU House, 16 Comrade Indrajit Gupta Marg,
New Delhi-110002


Secretary General



VOLLEYBALL FEDERATION OF INDIA

DIPLOMA



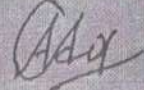
Date of Birth 14.03.2001

This is to certify that Renju Jacob (Captain)
of Kerala State / Unit has participated as player
in the 23rd Youth National Volleyball Championship for Men and Women
held at Rudrapur, Uttarakhand from 11-04-2022 to 16-04-2022.

The team secured Second place.


Prof. (Dr) Achyuta Samanta
President
VOLLEYBALL FEDERATION OF INDIA


Chairman
CONTROL COMMITTEE


Anil Choudhary
Secretary General
VOLLEYBALL FEDERATION OF INDIA

Sl. No. 1098



Mahatma Gandhi University

Kottayam, Kerala.

SCHOOL OF PHYSICAL EDUCATION & SPORTS SCIENCES

Certificate

This is to certify that..... **AGUS MERIN SHAJI**

representing..... **ALPHONSA COLLEGE, PALA**

participated in the Inter-Collegiate (Inter-Zone)..... **ATHLETICS(W)**

.....(Men/Women) Tournament for the year..... **2021-22**held at

..... **ALPHONSA COLLEGE, PALA**

and secured..... **THIRD**place in..... **3000 M STEEPLE CHASE**

Performance..... **12 Min. 47.40 Sec**



Place : Kottayam
Date : **18/04/2022**

Director


Pro-Vice-Chancellor



Sl. No. 1080



Mahatma Gandhi University

Kottayam, Kerala.

SCHOOL OF PHYSICAL EDUCATION & SPORTS SCIENCES

Certificate

This is to certify that..... **ASWATHY BINU**.....
representing..... **ALPHONSA COLLEGE, PALA**.....has
participated in the Inter-Collegiate (Inter-Zone)..... **ATHLETICS(W)**.....
.....(Men/Women) Tournament for the year..... **2021-22**.....held at
..... **ALPHONSA COLLEGE, PALA**.....
and secured..... **THIRD**.....place in..... **800 MTS**.....
..... **2 Min. 14.30 Sec**.....



Place : Kottayam
Date : 18/04/2022

Director

Pro-Vice-Chancellor



Sl. No. 1142



Mahatma Gandhi University

Kottayam, Kerala.

SCHOOL OF PHYSICAL EDUCATION & SPORTS SCIENCES

Certificate

This is to certify that..... **ASWATHY BINU**

representing..... **ALPHONSA COLLEGE, PALA**has

participated in the Inter-Collegiate (Inter-Zone)..... **ATHLETICS(W)**

.....(Men/Women) Tournament for the year..... **2021-22**held at

..... **ALPHONSA COLLEGE, PALA**

and secured..... **FIRST**place in..... **4 X 400 Mts RELAY**

Performance..... **Min. 49.30 Sec**



Place : Kottayam
Date : 18/04/2022

Director


Pro-Vice-Chancellor



World Population Day

PARTICIPANTS LIST

No	Name	Department & Institution	Email	Mobile No
1.	minnu therese sunny	economics alphonsa college	minnutheresesunny@gmail.com	8281485390
2.	Remya Abraham	II DC History , Alphonsa college Pala	remyaabraham32@gmail.com	9946608947
3.	Anova Gilroy	BSc CND, ALPHONSA COLLEGE, PALA	anovagilroy76@gmail.com	9895920040
4.	Emma Maria Joseph	English, Alphonsa College Pala	emmamariakurup@gmail.com	7356005144
5.	C S DHANYA	Economics department , Alphonsa college Pala	csdhanaya005@gmail.com	9778231037
6.	Devika Ajayakumar	Economics, Alphonsa college Pala	devikaajayakumar2002@gmail.com	9447350281
7.	Gourisushama Prasobh	History, Alphonsa College Pala	gourisprasobh@gmail.com	9539184810
8.	Biby Elza Binu	Economics , Alphonsa College	biabinu29@gmail.com	9447188047
9.	Sona James	Alphonsa college pala	sonajames14@gmail.com	7359552239
10.	BINI GEORGE	BA economics, Alphonsa college Pala	binigeorge29@gmail.com	9188067301
11.	Nandana Prasad	Economics, Alphonsa College Pala	nandana30102@gmail.com	9400926475
12.	Elizabeth George	History, Alphonsa college pala	elizabethgeorge0467@gmail.com	6235095987
13.	MARY GEORGE	BA ECONOMICS, ALPHONSA COLLEGE PALA..	marygeorge21202@gmail.com	7736965987
14.	Elsa Elizabeth Joseph	Department of History, Alphonsa college, Pala	elsaelizabethjoseph428@gmail.com	7025972063
15.	Sona George	2nd DC History	sonageorge231@gmail.com	09778259525
16.	Nasri u	Zoology, Acp	nasrirahuf@gmail.com	9037756906
17.	Jennifer Stanly	Alphonsa College Pala	jenniferstanly7@gmail.com	08590933853
18.	Aparna T	Alphonsa College zoology department	Aparna T	7994692847
19.	Deepthy Gigi	Bvoc Sports Nutrition and Physiotherapy	deepthigigi3@gmail.com	8606726326
20.	Angela Jogi	B.voc sports nutrition and physiotherapy, Alphonsa colleg	josephineagnel@gmail.com	6282318663
21.	Athira Das	Ba economics, Baselius college kotayam	athiradas9061@gmail.com	9061742176
22.	Deepa Jolly	BA Economics , Alphonsa college, pala	deepajolly05@gmail.com	7994080497
23.	SREELAKSHMI PRABHU	B A ECONOMICS & ALPHONSA COLLEGE PALA	sreelakshmimp426@gmail.com	9961547177
24.	Maria Jacob	3rd DC CND ALPHONSA college pala	Mariajacobvc@gmail.com	9061659393

25.	Nissy James	St. Thomas college Pala, Dept of Economics	nissyjames1999@gmail.com	8078482463
26.	LekshmiPriya Prasad	History dept. ALPHONSA COLLEGE PALA	lekshmitdr123@gmail.com	9895739075
27.	Anooj R.A	BA Economics, Kuriakose Elias college Mannanam	anoojkannan123@gmail.com	9074931055
28.	Devika Santhosh	Economics department of Alphonso college, Pala	devikasanthosh142@gmail.com	8075564110
29.	Shalini Mathew	M.Com, Marian College, Kuttikkanam (Autonomous)	shalinimathewssm99@gmail.com	9995527449
30.	Beena Mol V B	Commerce & Marian College Kuttikkanam	beenavb1998@gmail.com	8921081925
31.	Meera George	M.com & Marian College Kuttikkanam	meeragk21@gmail.com	9495205213

	Name	Department & Institution	Email	Mobile No
32.	Megha Susan Rajesh	MCOM PGDM - Marian College Kuttikkanam Autonomous	meghasusan1999@gmail.com	7034933076
33.	Ashley Jose	M.com Marian college kuttikkanam	joseashley1998@gmail.com	9072044658
34.	Simran Raju	Marian college kuttikkanam autonomous	simrankalapurackal151219@gmail.com	7902213798
35.	Mira Mariyam Nazeer	II-DC Economics, Alphonso Palai	miramariyamnazeer@gmail.com	9947095706
36.	Joshua George Roji	Mcom PGDM , Marian College Kuttikkanam AUTONOMO	joshuageorgeoji99@gmail.com	09747395753
37.	Annie George	M.com, PGDM	anniegeorge558@gmail.com	9188073475
38.	Ann Treesa Jose	M.Com PGDM at Marian College, Kuttikkanam (Autonom	annjosec111@gmail.com	9846010362
39.	Aleena Mathew	BA ECONOMICS, Deva Matha College Kuruvilangad	aleenamathew662@gmail.com	8590915417
40.	Anju prathap	M.COM PGDM MARIAN COLLEGE KUTTIKANAM (AUT	anjuprathap1999@gmail.com	7903638982
41.	Bency baby	B.voc Sports nutrition and physiotherapy, alphonso colleg	bency.chotu.kunnamcheril@gmail.com	7306584456
42.	Sreejith vr	Ba economic	sreejithvr4182002@gmail.com	9048538598
43.	LIMISHA LALSON	Devamatha College Kuravilangad	Limisha000@gmail.com	7594019939
44.	JithumonMB	BA economic KE college mannam	jithumonmb567@gmail.com	7561075036
45.	ARUN Thomas	BA ECONOMICS	arunthomas621@gmail.com	7902582034
46.	Karthika Cs	BA Economics, ST. Stephens college uzhavoor	karthikacs286@gmail.com	6235451837
47.	Shijo Jose	BA economics. St Stephen college Uzuvoor	shijojosemjr@gmail.com	8138993016
48.	Anjana Babu	2 Dc Cnd ,Alphonso College Pala	ponnutheresababu15@gmail.com	9496574516
49.	Joseph Abin babu	economics	abinjosephbabu1998@gmail.com	8547894277

50.	ATHIRA JAYAN	Economics St Stephen's College Uzhavoor	vadakkedathathira@gmail.com	6238978016
51.	Sisira Siby	Marian College Kutikkannam	sisirasiby@gmail.com	9961894560
52.	Akshay B	BA Economics, christian college chengannur	akshaybimal1999@gmail.com	7025848632
53.	Navamika Prasad	Alphonsa College, Pala.	navamika01@gmail.com	7306217277
54.	Thankamony.s	BA Economics, Deva Maths College Kuravilangad	sthankamony8@gmail.com	9188809579
55.	Arya.P.S.	IIDC Economics, Alphonsa College, Pala.	aryaps2002@gmail.com	9544381291
56.	Moncey Dominic	History Alphonsa College Pala	moncey.dominic@gmail.com	8330808936
57.	FIDA FATHIMA PK	St. Teresas	fidafathima4147@gmail.com	8086610309
58.	APARNA SURENDRAN	BA ECONOMICS, ALPHONSA COLLEGE PALA	aparnasurendran56@gmail.com	7306026913
59.	MANYA MANOU	ZOOLOGY ALPHONSA COLLEGE PALA	manyamanojbhavanam53@gmail.com	8606554318
60.	Vineetha Sukumaran	MA Politics, Alphonsa college Pala	vineethasukumaran99@gmail.com	7909293576
61.	Abincy T S	BA ECONOMICS DEVAMATHA COLLEGE KURAVILAG	abincy2002@gmail.com	6238506726
62.	Bhavana Rajan	11 DC Botany, Alphonsa college pala	bhavanarajan02@gmail.com	7510664180

	Name	Department & Institution	Email	Mobile No
63.	Anjali P Mathew	Bsc Physics _ Alphonsa College Pala	anjali.pmathew2001@gmail.com	9778139003
64.	Anitta johny	B. A Economic	anittajohny969@gmail.com	9778316223
65.	Alka Philip	Physics Department, Alphonsa College Pala	elisita35@gmail.com	9072360744
66.	Arathy M P	Economics & Alphonsa College, Pala	arathympp9@gmail.com	9656120804
67.	Gopukrishnan B	MA ECONOMETRICS, TM JACOB MEMORIAL GOVER	Ngopukrishnan919@gmail.com	07012168005
68.	Sona john	Ba economics, alphonsa college pala	Sonajohn60@gmail.com	9605652718
69.	Romarin Regi	B.com ,St.alphonsa college pala	romarinregi@gmail.com	8590351641
70.	Jinsha Joseph	Physics, Alphonsa college pala	jinhaj98@gmail.com	+919745251440
71.	Vishnupriya K.G	Physics department, Alphonsa college pala	14vp00@gmail.com	7012752409
72.	Riya Dominic	Clinical Nutrition and Dietetics, Alphonsa college, pala	riyadominitc933@gmail.com	8547947894
73.	Sona P. Saju	Economics, Alphonsa College Pala	sonapsaju2002@gmail.com	9539742617
74.	Hrudika Ranjith	Physics department, Alphonsa College Pala	hrudikagokul45@gmail.com	8089901621
75.	Nise Martin	Economics, Alphonsa College Pala	nisemartin29@gmail.com	8301933208

76.	Krishna AS	Botany	askrishna2002@gmail.com	9778179540
77.	Kevin Joe Philip	BA Political Science, St Thomas College Pala	kewinjoeiphilip@gmail.com	8590185675
78.	Sooraj Mathew George	Department of Commerce, St. Thomas College, Pala	soorajgeorge26@gmail.com	7593861326
79.	Jeewa Sam	Economics Dept, Alphonso college Pala	psjeeva123456@gmail.com	9847520045
80.	Rohitha Jaison	BA Economics, Alphonso College	rohithajaison2000@gmail.com	9744921548
81.	Sreelekshmi S	English, Alphonso College	sreelekshmisnair44@gmail.com	7306184871
82.	Malavika Babu	BBA, Marsleeva College of arts and science murickasser	malavikababub@gmail.com	8547791082
83.	Anakha Roy	Department of Economics, Alphonso College Pala	anakharoy1510@gmail.com	8606755746
84.	Amina Raheem	Alphonso college pala economics	aminarahem03@gmail.com	7356610970
85.	Janet Shan Joy	Clinical nutrition and dietetics, Alphonso College	janetshanjoy@gmail.com	00974 50031107
86.	Anandhu Anil	Geology, Mar Sleeva College of Arts and Science Murick	aanandhuanil150@gmail.com	7306219782
87.	Arya Francis	Bsc mathematics, Don Bosco Arts And Science College	Aaryafrancis2@gmail.com	6238930993
88.	Athulyamol Benny	3dc Economics, Alphonso college Pala	athulyamolbennypanamkutty@gmail.com	9526819660
89.	Delna Shaji	Botany, Alphonso college	delnashaji09@gmail.com	7306133594
90.	PANCHAMI B	Zoology, Alphonso college pala	panchamb758@gmail.com	6238374227
91.	Gopika Gopi	Economics department, Alphonso college pala	gopikagopi040@gmail.com	7593867693
92.	Clarín Maria Noble	Bsc. Nursing, Mar Sleeva College of Nursing, Palai	clarinmarianoble2002@gmail.com	8281780700
93.	Abhijith P Anil	BA Political Science, St Thomas College Palai	abhijithpanil01@gmail.com	8590608361

	Name	Department & Institution	Email	Mobile No
94.	Riya Tom	ZOOLOGY & ALPHONSA COLLEGE, PALA	riyatom29@gmail.com	9961795832
95.	Sreelakshmi. KR	Economics, Vimala college	sreelachukr1999@gmail.com	7560890749
96.	Liya Elias	Vimala college Thrissur, Department of Economics	liyaelias1999@gmail.com	9778001494
97.	Keerthana Haridas	Economics, St.Thomas' College Thrissur	keerthanaharidas2@gmail.com	8078132189
98.	Divya Therese Jacob	B Ed, mount Carmel college of teacher education for wom	divyatheresejacob024@gmail.com	7994577664
99.	Amritha. K. S	1 BA Economics & Marthoma College Chungathara	amritha2002ks@gmail.com	6238385363
100.	Ayana Mohan	Ba political science honors Lady Shri Ram College, Delhi	ayana.mosua@gmail.com	9400512919

101.	Hafsana. K	BA ECONOMICS & Marthoma college	hatsanahafsana006@gmail.com	9946530817
102.	Athira Ashok Kumar	BSC BOTANY	athiraashok2611@gmail.com	9188411409
103.	RAHEEMA K	BA ECONOMICS , MARTHOMA COLLEGE CHUNGATHARA	rahemakokkadan@gmail.com	6282114354
104.	PRAVEENA.K	BA.Economics,Marthoma college chungathara	ponnupraveena44@gmail.com	9645543385
105.	Amegha Samuel	Marthoma college chungathara	samuelamegha@gmail.com	9496588214
106.	Jisse Maria Saiju	Economics St Teresa's College Ernakulam	jissmaria2002@gmail.com	9188804138
107.	Vishnumon C R	English, St George College Aruvithura	vishnumoncrchemmallickal05@gmail.com	9526937126
108.	Ann Maria Jose	Political Science, St George's college, Aruvithura	annmariajose0031@gmail.com	7902942090
109.	Muhammed sas	BA Economics	sasmuhammed3@gmail.com	7306312956
110.	Amittha Rajan	St Stephen's College Uzavoor, Department of Economics	amitharajan702@gmail.com	7306653842
111.	Meenakshi Ullias	Economics department,Alphonsa College Pala	meenullias2001@gmail.com	7736570397
112.	Rekha Ramachandran	MA Economic PMG College chalakudy	rekharamachandran2000@gmail.com	9061463890
113.	Elizabeth Joseph	Marian College Kuttikkanam	elizabeththeethu123@gmail.com	9526711260
114.	Derwish muktharkhan kp	Econlomic	Muktharkhankp@gmail.com	9961362430
115.	Alphy Johnny	BA Economics, ST. Stephen's college uzhavoor	alphyjohnnymary@gmail.com	8943895423
116.	Fathima Rayhana T. S	Alphonsa college pala	fathimarayhana123@gmail.com	9497777289
117.	Alphy Sebastian	Economics, baselius college kottayam	alphyseb001@gmail.com	7560870245
118.	Raniya Rasheed	BA Economics, Mar Thoma College Chungathara	raniyarasheed3@gmail.com	9048263841
119.	Bibin Mathew	St. Thomas College of Engineering and Technology Chen	bibinmathew21@gmail.com	9497328537
120.	Anshitha Ashraf	Economics department ,Bharata mata College Thrikkaka	ranshithaashraf2001@gmail.com	9846344688
121.	Dain Babychen	Chemistry (S.B college Changanassery)	dainbabychen007@gmail.com	+9177025207108
122.	Rasha. P pp	B. A Economics , Mar Thoma College Chungathara	rashap2002@gmail.com	9496843863
123.	Chisin chandran	BA Economics.ststephen's Uzhavoor	chisinchandran02@gmail.com	9061256924
124.	Fasalu Rehman K M	BA Economic & marthoma college chungathara	fasalurehman4272@gmail.com	9747625462
125.	Name	Department & Institution	Email	Mobile No
	GANIYA GAFOOR	ECONOMICS, PANAMPILLY MEMORIAL GOVT	Gganiyagafoor60@gmail.com	9526276332

		COLLE			
126.	Keerthi r pillai	BA Economics Christian College Chenganur	appuzkeerthi@gmail.com		7994385763
127.	Teena Jose	Zoology, Bharata Mata College, Thrikkakara	josesteena2002@gmail.com		6238078466
128.	MILIYA T TOM	II DC MATHEMATICS, ALPHONSA COLLEGE ARUNAP	Umiliyatomm@gmail.com		9526270365
129.	Divyasree K S	Clinical nutrition and dietetics, Alphonsa college pala	Divyasreeks2017@gmail.com		8547038692
130.	Athulya S Nair	BA Economics, Stephen's college Uzhavoor	Athulya1310@gmail.com		8943080386
131.	Joveena Sebastian	BA English , JPM ARTS AND SCIENCE COLLEGE KAN	joveenasbastian@gmail.com		9496133003
132.	Tom Scaria Mathew	Marsleeva Arts And science college	tomscariamathew101@gmail.com		7907373764
133.	Akhila jiji	B.A Economics Marsleeva college rajamudy	akhilajijipulikal6916@gmail.com		9947506916
134.	Aleeshiya T P	BA Economics & Deva Matha College Kuravilangad	tpaleeshiya@gmail.com		8078722542
135.	Fienon francis	B A Economics	fienon49@gmail.com		6238088503
136.	Neethu shaji	Dept Of Economics	neethushajit77@gmail.com		9061334674
137.	Rose George	B.Sc Mathematics, Alphonsa College Pala	georgerose944@gmail.com		9778167226
138.	Rakhi B Nair	Kuriakose Elias college Mannanam	rakhibalamandiram@gmail.com		8304937069
139.	ALEENA THOMAS	B. A Economics. Marthoma College Chungathara	aleenat835@gmail.com		8921859336
140.	M.Harini	Lady college, Madurai;B.A.Economics	20ece021@dc.edu.in		8300156730
141.	Shabana sherin	BA Economics	shabanasherin226@gmail.com		9037806443
142.	Manisha Manoj	Social Work, Mar Sleeva College of Arts and Science, Ra	manishamanoj1999@gmail.com		9207872779
143.	Sneha Sreekumar	BA Economics Deva Matha College Kuravilangad	snehasreekumar31@gmail.com		9446603401
144.	Yedhukrishna v.a	Economics department-Mar sleeva collage of arts and sc	yedhukrishna9999@gmail.com		9207140314
145.	Aleena Antony	Commerce,Mar Sleeva College of Arts and Science	aleenamolantony@gmail.com		8590852985
146.	Soji Pothan Roy	Marian College Kuttikkanam (Autonomous)	sojiproxy@gmail.com	97475 68242	6282546379
147.	Angel k Anil	Economics,Marthomma college chungathara	angelkanil2002@gmail.com		6235863894
148.	Surya.S	Economics, Alphonsa college pala	suryanair547@gmail.com		9847964013
149.	Abhiramshaji	BCA Marsleeva college of arts and science	abhiranshaji@gmail.com		9496588214
150.	Amegha Samuel	1st year Ba Economics, Marthoma college Chungathara	samuelamegha@gmail.com		

151.	Vineetha Baburaj	B.A English , St. Dominic's College Kanjirappally	vineethavignesh2@gmail.com	7560869948
152.	Karthika Suku	2 DC Physics Model 2	karthikasuku02@gmail.com	7012551827
153.	Raji. R. Nair	B. Com PGM College Kangazha, Devagiri P. O	rajirair599@gmail.com	7510536546
154.	CAROL WILSON	Commerce & MAR SLEEVA COLLEGE IDUKKI	carolwilson92207@gmail.com	9074410547
155.	Cilla George	BA English @St Dominic's college Kanjirappally	cillageorge40@gmail.com	9605445123

	Name	Department & Institution	Email	Mobile No
156.	Albert James	B.sc Geology ,Mar sleeva college of arts and science, Ra	albertjamesvkm1555@gmail.com	9207492278
157.	Joseph Salas	BA English, St. Dominic's College Kanjirappally	josephsalaskutty790@gmail.com	+918078882782
158.	Rejo Raju	MA Economics, Devamatha College kuravilanghadu	rejoiraju2@gmail.com	09544881164
159.	Ajo Joseph	Economics deva matha kuravilangad	ajojoseph1997@gmail.com	9446950593
160.	Abita Cherian	Chemistry	abittacherian1966@gmail.com	9562034454
161.	Adon Jaimy	BA economics, St George college Aruvithura	gamechangerkoreagame@gmail.com	7591912504
162.	Rose Mary Mathew	Bsc Psychology, Carmelgiri college adimali	mathewsebastian489@gmail.com	7510908353
163.	Akhil Joseph	Bsc Psychology/carmelgiri College Adimali	jakhil068@gmail.com	8590382148
164.	Devika PM	2 Dc Chemistry	devikapm2003@gmail.com	9605349098
165.	Reshma	DB college	gopakumarbindu202@gmail.com	6282304164
166.	Sreelakshmi PR	Vimala College Thrissur	sreelakshmi99@gmail.com	9447041876
167.	Allen Antony	MA Economics, Devamatha College	allenantony17@gmail.com	7012307956
168.	Adithya Vijayakumar	Economics department, St.Stephen's College, Uzhvoor	ponnambaladithya@gmail.com	96565 84414
169.	Anakha VR	Department of Economics & St.Stephens College Uzhav	oanakhavr1@gmail.com	8590864375
170.	Arun thomas	MA econometrics, Devamatha college kuvilagad	arunthomas776@gmail.com	8848868435
171.	Badariya. T	2nd year BA Economics	badariyat45@gmail. Com	79092995142
172.	Aby Abraham	Commerce, SMHSS Mariyapuram	dearaby444@gmail.com	9496824873
173.	Teenu Maria Antony	Economics &Alphonsa College pala	teenumariaantony97@gmail.com	9562416018
174.	Anjali V B	B A ENGLISH , ST. DOMINIC'S COLLEGE KANJIRAPAL	LanjaliVB2095@gmail.com	7902328564

175.	Nishana T k	BA Economics marthoma College chungathara	nishanaik349@gmail.com	9074457046
176.	Agnes Joseph	Chemistry, Alphonsa college Pala	agnesjosephp@gmail.com	9961783969
177.	Chacko pt	Economics & Devamatha college kuraviliagad	chackoptomas457@gmail.com	9747099151
178.	Anju Mol S	3rd DC Economics . Alphonsa College pala	www.sanjumol638@gmail.com	7510822503
179.	Shalumol k Johny	Chemistry &Alphonsa college	shalumolk@gmail.com	6238349713
180.	Asha Viswam	Economics, Devamatha College kuraviliangad	ashaviswamusha@gmail.com	9497773701
181.	Athira Anil	BA English St George's College Aruvithura	meathiraanil01@gmail.com	8075394908
182.	Niba c	BA Economics Marthoma college chungathara	nibac2001@gmail.com	8086273597
183.	Sreelakshmi Sasi	Economics, Alphonsa college pala	sreelakshmisasi12@gmail.com	9074352869
184.	Sradha Bijumon	Economics	sradhamani456@gmail.com	08137829556
185.	Haritha H	2 nd BA Malayalam, CMS College, Kottayam	harithahnair28@gmail.com	9847995638

P. J. J.

H.C.D.
Department of Economics
Alphonsa College, Pala

ENVIRONMENT DAY ESSAY WRITING COMPETITION - JUNE 5TH WORLD ENVIRONMENT DAY 2021 -2022

The Department of Economics, Alphonsa College Pala is organized an INTRA DEPARTMENT ESSAY WRITING COMPETITION, on the World Environment Day, 5th of June Saturday, open for all graduate and post graduate students of our department.

World Environment Day is the most renowned day for environmental action. Since 1974, it has been celebrated every year on 5th June for engaging governments, businesses, celebrities and citizens to focus their efforts on a pressing environmental issue. World Environment Day (WED) has grown to become a global platform for public outreach, with participation from over 143 countries annually. Each year, WED has provided a new theme that major corporations, NGOs, communities, governments and all celebrities worldwide adopt to advocate environmental causes. The theme for this year is 'Ecosystem Restoration'.

Following this, the theme of the essay writing competition was 'Ecosystem Restoration'. The topic was shared to the participants after registration.

General rules and Conduct of the Competition

- The competition will be conducted via google class room, where the topic will be posted on 05/06/2021, 10 am. The link to join the google classroom will be provided to the registered participants.
- The maximum time for completing the script would be 1 hour and an additional ½ hour will be provided for uploading.
- they may write on A4 size paper with a blue ink pen and scan the answer scripts using adobe scan to convert it into a PDF file.
- File name should be in the format -'Class Number-Candidate Name'. e.g. for a student with name 'Gauri' and 'Roll number 234', the file name should be '234-Gauri'.

• The sheets must have sufficient clarity as to be readable by the examiners.

• Students should write their name, class and class no. in the first page of the script

• Page numbers are mandatory

Registration link: <https://forms.gle/uRbPamPmbiR3dkpb9>

PARTICIPANTS LIST

Email address	Name of the student	Class	Class no	Phone no
1. devikasanthosh42@gmail.com	Devika Santhosh	B. A. Economics, 3rd year	363	8075564110
2. arathymp9@gmail.com	Arathy M P	2 DC Economics	355	9656120804
3. nisemartin29@gmail.com	Nise Martin	3rd Dc Economics	380	8301933208
4. meenuullas2001@gmail.com	Meenakshi Ullas	3 Dc Economics	377	7736570397
5. deepajolly05@gmail.com	Deepa Jolly	BA ECONOMICS 3rd year	362	7994080497
6. anakharoy1510@gmail.com	Anakha Roy	3rd DC Economics	328	8606755746
7. navamika01@gmail.com	Navamika Prasad	3 DC Economics	339	7306217277
8. gipsageorge321@gmail.com	Gipsa George	Economics	368	8921547334
9. josnatressa710@gmail.com	Josna Tressa Philip	3rd year BA Economics	30	8547129803
10. anakhaann98@gmail.com	Anakha Ann Thomas	2nd Year BA Economics	2020	6282620878
11. parvathyunni666@gmail.com	Parvathy unni	Ba Economics first year	2020Batch	9496457432
12. maluvlaksmi@gmail.com	Malu v	3 rd DC Economics	373	9188106899
13. sreelakshmip426@gmail.com	Sreelakshmi Prabhu	2nd DC BA ECONOMICS	2020	9961547177
14. miramariyamnazeer@gmail.com	Mira Mariyam Nazeer	IIDC-Economics	2020	9947095706
15. abitjacob19111999@gmail.com	Abit Jacob	2nd dc economics	2020	8289962712
16. csdhanya005@gmail.com	C S DHANYA	II DC ECONOMICS	2020	9778231037
17. aparnasurendran56@gmail.com	Aparna surendran	Economics	353	7306026913
18. binigeorge29@gmail.com	BINI GEORGE	3rd DC economics	359	9188067301
19. jilusaji5458@gmail.com	Jilu Saji	3de Economics	371	9947262137
20. freyaelsaabraham96@gmail.com	Freya Elsa Abraham	Economics	367	8590533120
21. sreelakshmisasi12@gmail.com	Sreelakshmi Sasi	3rd dc Economics	345	9074352869

S. V. S.
H.C.D.
Department of Economics

Essay competition
in connection with envi...

**INTRA DEPARTMENT ESSAY
WRITING COMPETITION- JUNE
5th WORLD ENVIRONMENT DAY
2021**


The Department of Economics,
Alphonsa College Pala is
organizing INTRA DEPARTMENT
ESSAY WRITING COMPETITION,
on the World Environment Day,
5th of June Saturday, open for
all graduate and post graduate
students of our department.

Interested participants can
register using the following link
[https://forms.gle
/uRbPamPmbiR3dkpb9](https://forms.gle/uRbPamPmbiR3dkpb9) on or
before 04/06/2021, 7 pm.

The Participation List is attached herewith,

DEBATE COMPETITION 2021 DECEMBER 10 –
Human Rights Day

Sl no	Name	Department
1.	Treesa Mariya Saju and Anjana KS	I DC History
2.	Akhila M Anil and Anna J Therese	I DC Maths
3.	Malavika Roy and Christa Marina Joseph	I DC Economics
4.	Anakha Roy and Anitta Vargheese	III DC Economics
5.	Aleena Meriya Saji and Ajunu Naushad	II DC Economics
6.	Anna Dominic and Lakshmi Priya Prasad	II DC History


H.C.D.
Department of Economics
Alphonsa College, P.



CHEMFEST 2022

Organized by

DEPARTMENT OF CHEMISTRY


Assumption College (Autonomous) Changnacherry

GOLDEN JUBILEE MEMORIAL INTER COLLEGIATE PAPER PRESENTATION COMPETITION


SPARK 2022

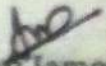
Certificate

This is to certify that Ms/Mr RIA ROBINS of
Alphonsa college, Pala has participated/secured
..... 1st Prize in the all Kerala intercollegiate paper presentation competition SPARK 2022, organized
by the department of Chemistry, Assumption College, Autonomous Changnacherry on 11 March 2022.


Dr. Anitha Jose
Principal




Dr. Neethu Cyril
HOD

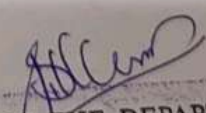

Ms. Anu James
Programme Coordinator

DEPARTMENT OF CHEMISTRY

ALPHONSA COLLEGE PALA

List of Participants of Science Card Making Competition organized by Department of Chemistry in connection with National Science day celebration on the topic "Make peace No War" on 28 February 2022

SL. NO	NAME OF STUDENT	CLASS
1	ANN MARIA JOSE	I DC CHEMISTRY
2	VARNA GEORGE	I DC CHEMISTRY
3	ALANA SHAJU	I DC CHEMISTRY
4	RAJALEKSHMI KS	I DC CHEMISTRY
5	AGNUS JOSEPH	II DC CHEMISTRY
6	BHAVANA SURESH	II DC CHEMISTRY
7	MERSILIN MATHEW	II DC BVOC FASHION TECHNOLOGY
8	ANJALI POULOSE	II DC ZOOLOGY
9	ALBY SIBY	II DC ZOOLOGY
10	LIYA LINZ JOLLY	II DC PHYSICS
11	JOSHMA JOSEPH	II DC PHYSICS
12	BIJI JOSEKUTTY	II DC MATHEMATICS
13	JIFFY BIJU	II DC MATHEMATICS
14	ALSHIFA M R	II DC ENGLISH
15	ANJANA .S	II DC ENGLISH
16	ANJANA SANTHOSH	II DC BOTANY
17	DEVIKA VIJAYAN	II DC BOTANY
18	THERESA CYRIL	II DC ECONOMICS
19	ANNU THOMAS	II DC ECONOMICS
20	RIA ROBINS	III DC CHEMISTRY
21	ANJALY KRISHNA	III DC CHEMISTRY
22	BINTA MARIA SIBY	III DC CHEMISTRY


HEAD OF THE DEPARTMENT
DEPARTMENT OF CHEMISTRY
ALPHONSA COLLEGE PALAI
ARUNAPURAM P.O. - 686 574

ALPHONSA COLLEGE PALA

DEPARTMENT OF BOTANY

ALPHONSA DAY COMPETITION

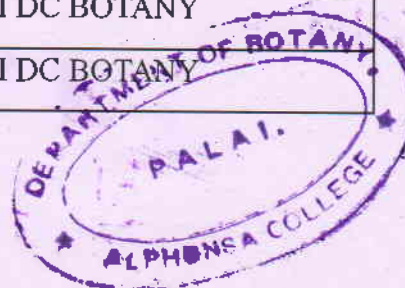
Quiz

Narration

Fancy dress

List of Participants

Sl. No.	Name	Class
Quiz		
1	ABIYA BENNY	III DC BOTANY
2	AMALA MATHEW	III DC BOTANY
3	ANAGHA SATHEESH	III DC BOTANY
4	APARNA AJAYAKUMAR	III DC BOTANY
5	ARSHITHA A	III DC BOTANY
6	JYOTHI ROY	III DC ZOOLOGY
7	JOSNATREESAPHILIP	III DC ZOOLOGY
8	ANN ROSE AJAY	III DC ENGLISH
Narration		
1	ALEENA THOMAS	III DC Botany
2	ANITHA ANTONY	III DC Botany
3	ANILA BIJU	III DC Botany
4	THERESE JOSEPH	III DC Botany
5	ACHU SHAJU	II DC Botany
6	SEETHAL SURESH	II DC Botany
7	SNEHA JOSEPH	II DC Botany
8	SREELAKSHMI BABU	II DC Botany
Fancy Dress		
1.	LANCIYA P SAJI	III DC BOTANY
2.	CHINCHU SABU	III DC ZOOLOGY
3.	SUVARNA S	III DC ENGLISH
4.	ARYAMOL S	II DC BOTANY
5.	BHAVANA RAJAN	II DC BOTANY



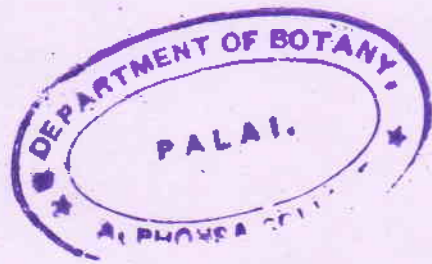
ALPHONSA COLLEGE PALA

DEPARTMENT OF BOTANY

6.	DEVIKA SAJI	II DC BOTANY
7.	DEVIKA VIJAYAN	II DC BOTANY
8.	GOPIKA BABU	II DC BOTANY
9.	HRUDHYA ANIL	II DC BOTANY
10.	KRISHNA A.S	II DC BOTANY


Julie J Paramundayil

Head of the Department



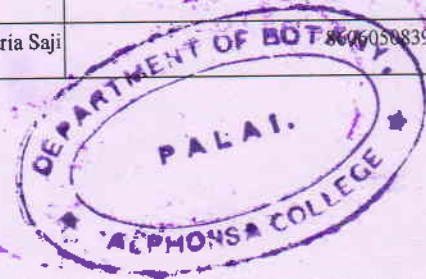
ALPHONSA COLLEGE PALAI

DEPARTMENT OF BOTANY

Science day Quiz competition

List of Participants

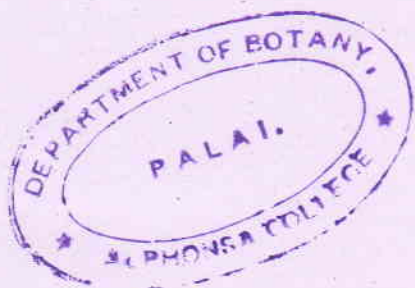
Timestamp	Email Address	CLASS AND DEPARTME 3RD	TEAM	TEAM	Whatsapp Number
2/24/2022 21:27:06	ashmisaji2016@gmail.c	DC BOTANY	MEMBER 1	MEMBE	1. 9447578547 2. 8281448771
2/24/2022 21:39:54	snehaelavanal@gmail.c	III DC Botany	ASWATHY	R 2	6282229864
2/24/2022 21:44:29	keerthanareji30@gmail.c	1 DC BOTANY	PRABHAKAR	ASHMI	9074466567
			Sneha siby	SAJI	
			ROSEMARIYA	Anitha	
			DOMINIC	Antony	
				KEERTHAN	
				A REJI	
2/24/2022 22:37:06	tessajoshiy27@gmail.co	3 DC Mathematics	Diya Anna Reji	Tessa Joshy	9495999038
2/25/2022 10:06:15	athirasherena@gmail.co	3rd DC Botany	Athiramol P B	Adithya M	8281425975
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2/25/2022 20:21:31	sonajames14@gmail.co	3rd Dc Botany	RIHAM	RIHAM	7359552229
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2/26/2022 15:15:59	delnashaji09@gmail.co	3Dc Botany	Delna Shaji	Athira Santhosh	7306133594
2/26/2022 16:44:54	lekshmitdr123@gmail.c	II DC HISTORY	Lekshmi priya	Anna	9895739075
2/26/2022 17:53:23	sandraelezabeth02@gm	1 DC Mathematics IDC	Prasad Sandra	Dominic	9745407687
2/26/2022 18:13:16	chackosiby165@gmail.c	History	Elezabeth Joseph	Kalyani	9526918967
2/26/2022 18:21:17	nandanair1026@gma	1 DC CND	Nandana R Nair	A Pillai	9745022438
				Salu S	
2/26/2022 19:20:32	girimonical11@gmail.c	IDC English department	Giri mol K. M.	Tresa Joji	9656243298
2/26/2022 20:01:24	kalyaniapillai218@gma	IDC MATHEMATICS	Kalyani A Pillai	Sandra Elizabeth Jose	9446262276
2/26/2022 20:14:22	renukarajan@gmail.com	3 Dc botany	Alin	Renuk	7902387908
2/26/2022 20:38:52	aparnamanoj03@gmail.c	IDC HISTORY	George	a	9446365790
2/26/2022 20:46:30	annuseban26@gmail.co	IDC Chemistry IDC	Sona	Rajan	9526084593
2/26/2022 20:57:05	farsanashajahan20@gm	chemistry	Saji	Apam	97,460,167,169,544,900,
			Ann Sebastian	a	
			Farsana Shajahan	Manoj	
				Rona	
				Sebast	
				ian	
				Rajalakshmi	
				K.S	
2/26/2022 20:59:47	aparnasudeesh6@gmail	1st DC Botany	Aparna Sudeesh	Annmaria Saji	8606050839



ALPHONSA COLLEGE PALA

DEPARTMENT OF BOTANY

2/26/2022 21:02:42	sreelu248@gmail.com	Ist DC English Departmen	Gourikrishna. S	Sreelakshmi KR	90,614,766,507,591,900,
2/26/2022 23:09:25	devikasanthosh42@gmail.com	3rd DC ECONOMICS	Devika	Devika	8075564110
2/27/2022 10:07:05	nimishasasi0@gmail.com	II DC Botany IDC	Santhosh	Ajayakumar	8078578103
2/27/2022 11:14:48	m	Physics	Nimisha	Dona	9447600281
2/27/2022 11:25:44	annmariajose2310@gmail.com	3rd DC & PG - ZOOLOG	Sasi	Mathew	6238374227
	ai		Nandhana	Ann Maria Jose	
	panchamib758@gmail.com		Anil	ARUNIMA M S	
2/27/2022 18:57:23	malavikaktr2018@gmail.com	IDC Economics	Malavika Roy	Christa Marina Joseph	8590580171
2/27/2022 19:23:02	athiramani2003@gmail.com	IDC ECONOMICS	ATHIRA MANI	DONA BOSE	6235984293, 8590303173



Julie J Paramundayil

Head of the Department of Botany

Report of competitions - Physics

International Day against Drug abuse and Illicit trafficking held on 26 June 2021

The Physics Association conducted various competitions to create awareness against drug abuse. These include Digital Poster design, Handmade poster, Pencil drawing and Photography.

ALPHONSO COLLEGE PALA, DEPARTMENT OF PHYSICS

SAY NO TO DRUGS

Commemorating International Day against Drug abuse and illicit trafficking (June 26th)

ADMINISTRATION COMMITTEE:

- Rev.Dr.Sr.Regeenamma Joseph (Principal)
- Rev.Dr.Shaji John (Vice Principal)
- Rev.Dr.Sr. Minimal Mathew (Vice Principal)
- Rev.Dr.Jose Joseph (BURSAR)

PROGRAM COMMITTEE:

- Dr.Sr.Sherly Joseph (HOD)
- Dona Alphonso John (President)
- Alu Shaji
- Rose Cherian

LAST DATE FOR SUBMISSION:
26/7/21

COMPETITIONS EXCLUSIVELY FOR ALPHONSIANS

PHYSICS ASSOCIATION

RESULTS

DIGITAL POSTER

1. RISHABA S.J II DC ENGLISH
2. ROMARIN REJJI DC BCOM
3. BINGA ASHA BOBBI DC PHYSICS M1 AND KRISHNA ASU DC BOTANY

HAND MADE POSTER

1. SUVARNA S. II DC ENGLISH
2. SONA RAJESH III DC PHYSICS M2
3. JANET II DC CND and ROMARTIN REJJI DC BCOM

PENCIL DRAWING

1. ANJUMOL J II DC PHYSICS M1
2. JINCIL SAJI II DC ENGLISH
3. NANDHANA PUSHPANJI DC PHYSICS M2

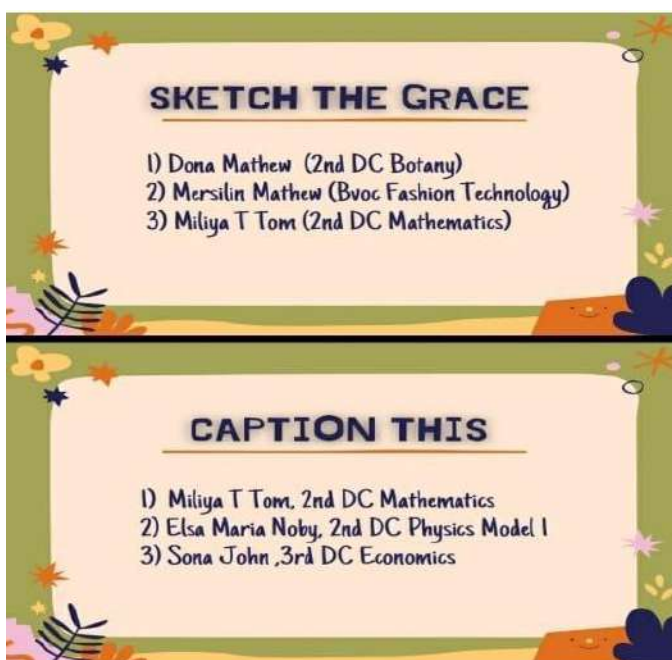
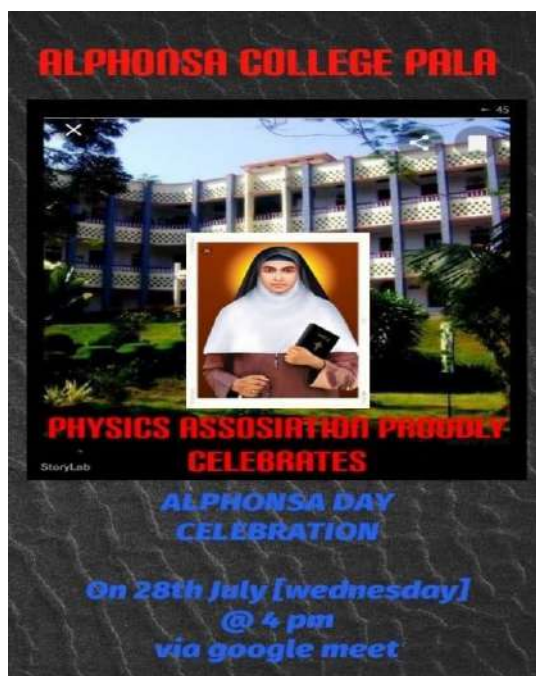
PHOTOGRAPHY

1. JANS MARIYA JI DC PHYSICS M1
2. NANDHANA PUSHPANJI DC PHYSICS M2
3. ANNA DOMINIC II DC HISTORY

CONGRATULATIONS

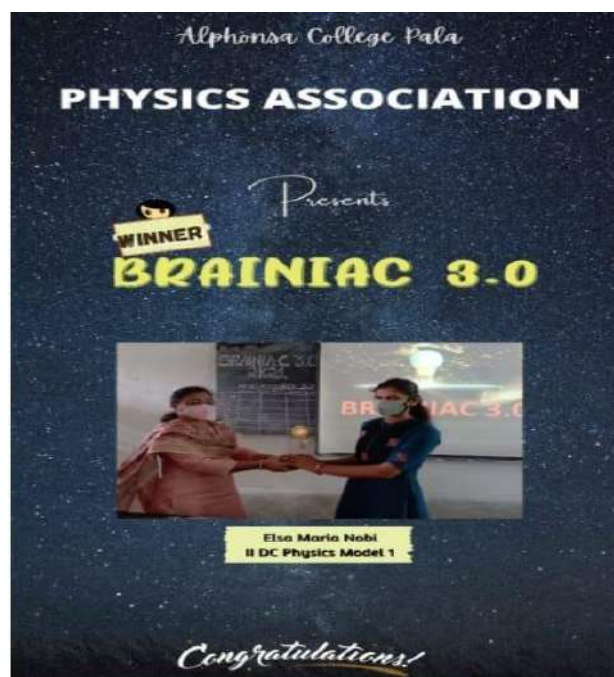
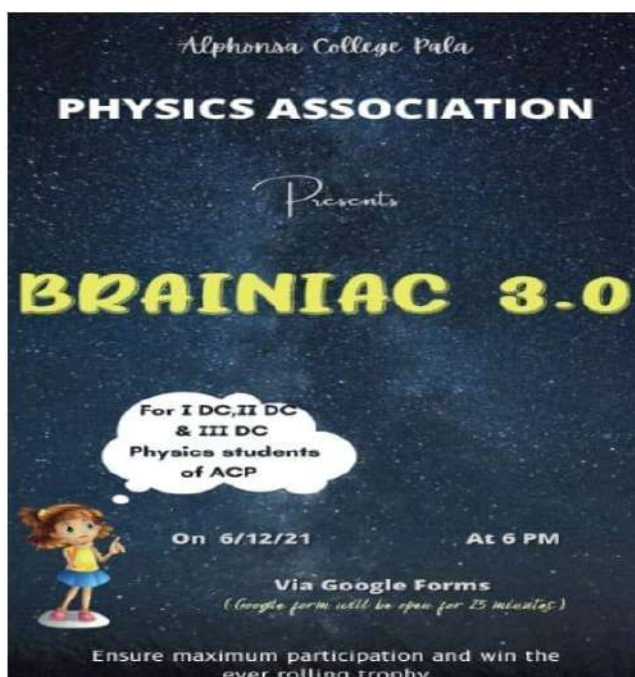
Alphonsa Day Celebration - 28 July 2021

The Physics Association conducted competitions to commemorate the Saint Day of College Heavenly Patron, St. Alphonsa. Two competitions titled 'Sketch the Grace' and 'Caption This' were organised as part of the celebration.



BRAINIAC 3.0 - 17 December 2021

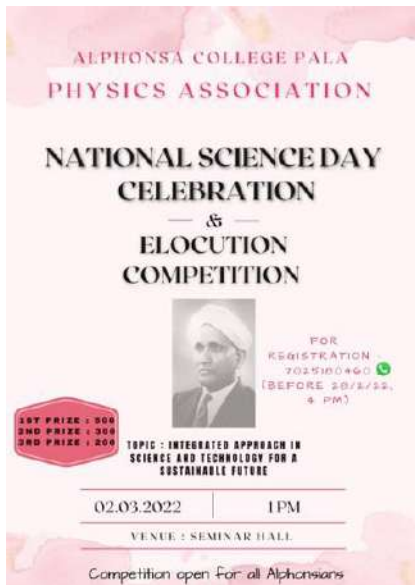
The Physics Association conducted the Annual Quiz competition BRAINIAC 3.0 on 17 December 2021. Preliminary competition was conducted on 6 December and six students were selected for the final round. Ms. Elsa Maria Noby was the winner. The quiz competition was conducted by the students of the Association and provided a platform for holistic development.



National Science Day Celebration - 2 March 2022

As part of the National Science Day celebration, the Physics Association conducted an elocution competition on the topic 'Integrated approach in Science and Technology for a sustainable future'. This competition offered a floor to voice and introspect the need of the day for sustaining resources. Seven students participated in the competition. The following are the winners.

1. Delna M Joseph - ₹500
2. Ann Maria jose- ₹300
3. Anjana Babu - ₹200



Solar Eclipse Illustration Competition - 15 June 2021

As part of the Annular Solar Eclipse day on June 10, 2021, the Physics Association conducted a Solar Eclipse Illustration competition to put in picture the view of the students. The best entries are as follows: Nandhana Pushpan, 2 DC and Aiswarya Noby, 3DC

*Alphonsa College Pala
Physics Association presents*

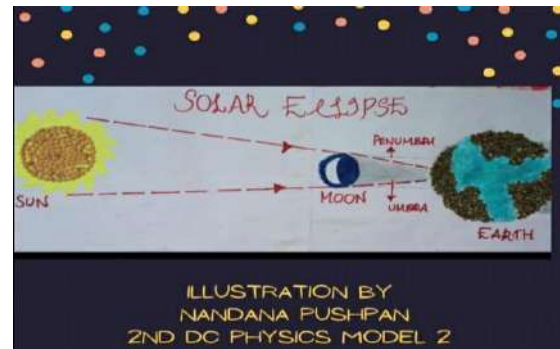
PROMINENCE 2021

SOLAR ECLIPSE ILLUSTRATION
COMPETITION

June 10th is the Annular Solar
Eclipse day of 2021. On this day try
learning about solar eclipse. Create
your own illustration.

The illustration can be done using
colors, newspaper, cardboard or any
craft items of your choice. Make it
more attractive

Exclusively for Physics Association members
Submit your entries to
acpphysics2021@gmail.com
Don't forget to mention your full name and class.
Submit it on or before June 15, 2021

National Reading Day - 19 June 2021

As part of the National Science Day, the Physics Association organised a Book review competition and based on it a short video was released. These reviews epitomised the importance of books in a person's life. Popular Reviews : ENGLISH: Maithreyi Ullas and MALAYALAM: Aswara K P

ALPHONSA COLLEGE PALA
PHYSICS ASSOCIATION PRESENTS

READER'S SPRING

June 19
NATIONAL READING DAY

**On this day we would like to
release a set of short videos on
reading. Reviews which will
epitomise importance of book
in a persons life.**

Stay tuned

**These videos will be up by
1:00pm tomorrow**

NATIONAL SERVICE SCHEME-39
ST PETER'S COLLEGE KOLENCHERY.
PRESENTS



SPERANZA'21

ARTEFACT
BOTTLE ART
COMPETITION

PRIZE WINNER'S



FIRST

MANJUSA P M
THURUTHIKKARA



SECOND

REKHAMOL T.R
ALPHONSA COLLEGE PALA

Congratulations!



KSEB OFFICERS ASSOCIATION

Officers' House, TC 25/2969, Malloor Road
Thiruvananthapuram- 695035
Ph: +914712462300, Fax: 91471 2472272
info@kseboa.org, www.kseboa.org

**POWER
QUIZ 2021**

Certificate OF APPRECIATION

This certificate is proudly presented to **Alka Philip** Of **3rd DC Physics model2** for securing **Second Place** in the Online Power Quiz 2021 conducted at **St.Alphonsa College Pala** on **31st OCTOBER 2021**



കേരളവൈദ്യുതീകരണ
ബോർഡ്


Chairman


Convenor

ALPHONSA COLLEGE, PALA
ARUNAPURAM P.O., KOTTAYAM DISTRICT, KERALA - 686 574
(Affiliated to Mahatma Gandhi University, Kottayam)

www.alphonsacollege.ac.in



Certificate of Merit



This is to certify that Kumari.....*Nardana S Rajeev* 1st DC Maths
has secured.....*1st*.....position in.....*Recitation (Malayalam)*.....at the

College Cultural Fest in the year 20...*21*... - 20...*22*...



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Certificate of Merit



This is to certify that Kumari.....*Ganga S Nair*.....*II DC Maths*.....
has secured.....*2nd*.....position in.....*Fancy Dress*.....at the

College Cultural Fest in the year *20.21*... - *20.22*.

Registrar

Principal

PRINCIPAL

ALPHONSA COLLEGE



ALPHONSA COLLEGE, PALA

ARUNAPURAM P.O., KOTTAYAM DISTRICT, KERALA - 686 574

(Affiliated to Mahatma Gandhi University, Kottayam)

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Certificate of Merit



This is to certify that Kumari.....*Anyaly Krishna*.....*ID Mathematics*.....
has secured.....*1st*.....position in.....*Folk Dance (Single)*.....at the

College Cultural Fest in the year 20...*21*... - 20...*22*...

Regnum

Principal

PRINCIPAL

ALPHONSA COLLEGE





Certificate of Participation

This certificate is presented to

ANNA DOMINIC

for participating in the event Gandhi- Ek Shashwat Vichardhara,
held on 30th January, 2022.

Dr. Rouble Sharma

Convener



Parul[®]
University



CERTIFICATE

— OF PARTICIPATION —

This is to certify that

Anna Dominic

from **Alphonsa College pal a Kottayam Kerala**

participated in "**Chai Pe Charcha**" National Level Debate Competition on "Voter Awareness" organized under the banner of "**LOKTANTRA**" PU Electoral Literacy Club associated with Technical Events Cell on February 12, 2022 at Parul University, Vadodara, Gujarat.

Prof. Prince Rathod
Member - PU Electoral Literacy Club
Parul University

Prof. Varsha Chawla
Member - PU Electoral Literacy Club
Parul University

Prof. Om Prakash Shukla
Chair Person - PU Electoral Literacy Club
Parul University



अभियांत्रिकी महाविद्यालय पुणे

COEP DEBATE AND QUIZ CLUB

हिंदी विभाग आयोजित

सर विश्वेश्वरय्या वाद-विवाद प्रतियोगिता २०२२

दिनांक: १५-१६ जनवरी



प्रमाणित किया जाता है कि **अन्ना डोमिनिक** ने अभियांत्रिकी महाविद्यालय पुणे (सी.ओ.ई.पी.) द्वारा सत्र २०२१-२२ में आयोजित सर विश्वेश्वरय्या वाद-विवाद प्रतियोगिता में भाग लिया।

अभियांत्रिकी महाविद्यालय पुणे आपके उज्ज्वल भविष्य कि कामना करता है।

डा. अनुराग सादेकर
प्राचार्य/प्रिंसिपल,
वाद-विवाद और प्रतियोगिता

डॉ. एस. एस. भवानीकुटी
अध्यक्ष - विभाग

डॉ. पी. एस. भवानीकुटी
अध्यक्ष, विभागीय अध्यक्ष

डा. बी. बी. आनंद
सहायक प्राचार्य,
असत - शिक्षण

ALPHONSA COLLEGE, PALA
ARUNAPURAM P.O., KOTTAYAM DISTRICT, KERALA - 686 574
(Affiliated to Mahatma Gandhi University, Kottayam)
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Certificate of Merit

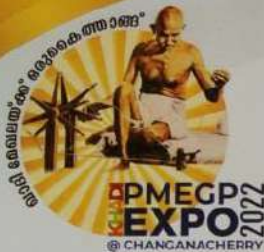


is to certify that Kumari..... Anjima Sajeev II DC FT
has secured..... 3rd..... position in..... Fancy Dress..... at the
College Cultural Fest in the year 20.21... - 20.22.

Regiusammi
Principal



STATE LEVEL
PMEGP-KHADI EXHIBITION
ORGANIZED BY KVIC, GOVT. OF INDIA & CHASS CHANGANACHERRY



PMEGP-KHADI EXPO 2022
Certificate

This is to certify that Ms. Sreelakshmi S.J. has participated as a
Runway Model of team ALPHONSA COLLEGE, PALA that secured the 1st/1st Prize in
the **Fashion Show Competition** 'KHADI FASHION FIESTA-KHADI FOR NATION,
KHADI FOR FASHION' organized by Khadi & V.I. Commission, Govt. of India in association with
CHASS, held at Indoor Stadium S.B. College Changanacherryas part of
'STATE LEVEL PMEGP - KHADI EXPO 2022' on 8th March 2022.



Khadi India

Place: Changanacherry

Date : 8-03-2022

Fr. George Manthuruthil
Fr. George Manthuruthil
Principal
KC Vidyalaya, Mallappally

V. Radhakrishnan
V. Radhakrishnan
State Director, KVIC
Thiruvananthapuram



STATE LEVEL
PMEGP-KHADI EXHIBITION
ORGANIZED BY KVIC, GOVT. OF INDIA & CHASS CHANGANACHERRY

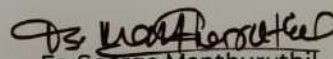


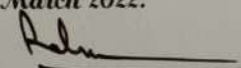
PMEGP-KHADI EXPO 2022
Certificate

This is to certify that Ms. Abhirani K.M. has participated as a
Runway Model of team ALPHONSA COLLEGE, PAAA in the
Fashion Show Competition 'KHADI FASHION FIESTA-KHADI FOR NATION,
KHADI FOR FASHION' organized by Khadi & U.I. Commission, Govt. of India in association with
CHASS, held at Indoor Stadium S.B. College Changanacherry as part of
'STATE LEVEL PMEGRP - KHADI EXPO 2022' on 8th March 2022.



Place: Changanacherry
Date : 8-03-2022


Fr. George Manthuruthil
Principal
KG Vidyalyaya, Mallappally


V. Radhakrishnan
State Director, KVIC
Thiruvananthapuram



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(Affiliated to Mahatma Gandhi University, Kottayam)
www.alphonsacollege.ac.in



Certificate of Merit



This is to certify that Kumari..... *Riya Thomas* *English*
has secured..... *Ist* position in..... *Mangamkali* at the
College Cultural Fest in the year 20..21.. - 20..22..



Rajamma

Principal

PRINCIPAL

ALPHONSA COLLEGE



ALPHONSA COLLEGE, PALA

ARUNAPURAM P.O., KOTTAYAM DISTRICT, KERALA -686 574

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Certificate of Merit



This is to certify that Kumari..... *Arshamol Anil*..... English.....
has secured..... *3rd*..... position in..... *Thiruvathira*..... at the

College Cultural Fest in the year 20...*21*... - 20...*22*...



Regnum

Principal

ALPHONSA COLLEGE PALA



ALPHONSA COLLEGE, PALA

ARUNAPURAM P.O., KOTTAYAM DISTRICT, KERALA - 686 574

(Affiliated to Mahatma Gandhi University, Kottayam)

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Certificate of Merit



This is to certify that Kumari.....*Amitha Biju*..... at the

has secured.....*3rd*..... position in.....*Thiruvathira*..... at the

English.....

College Cultural Fest in the year 20...*21*... - 20...*22*...

Rajivanna

Principal

ALPHONSA COLLEGE
PRINCIPAL





CHEMFEST' 2022

Organized by

DEPARTMENT OF CHEMISTRY

Assumption College (Autonomous) Changnacherry

DIAMOND JUBILEE MEMORIAL INTER COLLEGIATE QUIZ COMPETITION

CHEMQUIZ 2022

Certificate

This is to certify that Ms/Mr *SHIBILE MARIYAM K.K* of
ALPHONSA COLLEGE, PALA has participated/secured

2nd Prize in the all Kerala intercollegiate quiz competition CHEMQUIZ 2022, organized

by the department of Chemistry, Assumption College, Autonomous Changnacherry on 11 March 2022.

Dr. Anitha Jose
Principal



[Signature]
Dr. Neethu Cyril
HOD

[Signature]
Ms. Anu James
Programme Coordinator

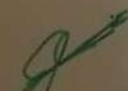
Research and Post Graduate Department of Chemistry
St. Thomas College, Palai




SCIENTIA 2022


CERTIFICATE

This is to certify that Sri/Smt. **SHIBILA MARIYAM K.K**of
ALPHONSA COLLEGE PALAIhas participated and
won **SECOND**place in **SCIENCE QUIZ**
conducted as a part of SCIENTIA 2022 organized by Research & PG Dept. of Chemistry,
St. Thomas College, Palai, on 23rd March 2022.


Rev. Dr. James John
Principal




Prof. Dr. Sunny Kuriakose
Head of Dept.


Mr. Manjesh Mathew
Staff Co-ordinator



CHEMFEST' 2022

Organized by

DEPARTMENT OF CHEMISTRY

Assumption College (Autonomous) Changnacherry

DIAMOND JUBILEE MEMORIAL INTER COLLEGIATE QUIZ COMPETITION

CHEMQUIZ 2022


Certificate

This is to certify that Ms/Mr **GOPIKA G NAIR** of

..... **ALPHONSA COLLEGE, PALA** has participated/secured


..... **2nd Prize** in the all Kerala intercollegiate quiz competition CHEMQUIZ 2022, organized

by the department of Chemistry, Assumption College, Autonomous Changnacherry on 11 March 2022.


Dr. Anitha Jose
Principal




Dr. Neethu Cyril
HOD


Ms. Anu James
Programme Coordinator

Research and Post Graduate Department of Chemistry
St. Thomas College, Palai




SCIENTIA 2022


CERTIFICATE

This is to certify that Sri/Smt. **GOPIKA G NAIR**of
ALPHONSA COLLEGE PALAIhas participated and
won **SECOND**place in **SCIENCE QUIZ**
conducted as a part of SCIENTIA 2022 organized by Research & PG Dept. of Chemistry,
St. Thomas College, Palai, on 23rd March 2022.


Rev. Dr. James John
Principal




Prof. Dr. Sunny Kuriakose
Head of Dept.


Mr. Manjesh Mathew
Staff Co-ordinator



Economicas
2022

**MAR IVANIOS COLLEGE OF
ARTS & SCIENCE
MAVELIKARA**

Certificate of Merit

Presented to

Ms. Hima P.S., Alphonsa College, Pala

For ~~securing~~ *participating* Prize in the All Kerala Inter-Collegiate Quiz Competition organised by the Department of Economics in association with IQAC, Mar Ivanios College of Arts and Science, Mavelikara, on 26 March, 2022.

HOD, Dept. of Economics
Mar Ivanios College
Mavelikara

Principal
Mar Ivanios College
Mavelikara



Director
Mar Ivanios College
Mavelikara

DEPARTMENT OF HISTORY

List of students participated in Patriotic song competition

Sl.No	Name	Class
1.	Krishna Shinob	II DC History
2.	Mekha Vincent	II DC Maths
3.	Chinchu Sabu	II DC Zoology
4.	Athira M P	II DC History
5.	Mary George	II DC Economics
6.	Divya S	II DC Zoology
7.	Navami S Nair	II DC History
8.	AmruthaSuresh	II DC Zoology
9.	Aparna Santhosh	II DC Zoology
10.	Aisha. T. Sabeer	II DC Zoology

List of participants in Poster Making

Sl.No	Name	Class
1.	Navami S Nair	II DC History
2.	Jyothi Roy	II DC Zoology
3.	Chaithra P	II DC Zoology
4.	Mekha Vincent	II DC Maths
5.	Mary George	II DC Economics

PG DEPARTMENT OF ENGLISH

List of students who participated in the Light Music Competition

Sl.no	Name of Student	Department	Class
1.	Alena Benny	MA English SF	II PG
2.	Amrutha A	MA English SF	II PG
3.	Amalu John	MA English SF	II PG
4.	Ashwathy B Raj	MA English SF	II PG
5.	Centina Xavier	MA English SF	II PG
6.	Indeevara K.B	MA English SF	II PG
7.	Jayalakshmi Remesh	MA English SF	II PG
8.	Krishnaveni E R	MA English SF	II PG
9.	Kajal C Babu	MA English SF	II PG
10.	Lakshmi Prasad	MA English SF	II PG

11.	Niharika Pillai.J	MA English SF	II PG
12.	Neeraja S	MA English SF	II PG
13.	Shaheema Majid	MA English SF	II PG
14.	Shilpa Nair A	MA English SF	II PG
15.	Saranya P S	MA English SF	II PG
16.	Tressa Sebastian	MA English SF	II PG



1ST ERNAKULAM DISTRICT OLYMPIC GAMES - 2022

Under the auspice of the Kerala Olympic Association



0126

Certificate of Merit

This is to certify that Mr./Ms. *Apza Mary K Joby*
has secured *Third* place in *Female Kata +16 years Category* competitions

held in connection with the *Ernakulam District Olympic Games - 2022*

Dated this the 16th day of January 2022

Binoy Joseph
Chairman
Ernakulam District Olympic Games

Anil Kumar P.
Chairman
District Games Technical Committee

C.K. Sanil
General Convenor
Ernakulam District Olympic Games



1ST ERNAKULAM DISTRICT OLYMPIC GAMES - 2022

Under the auspice of the Kerala Olympic Association



0555

Certificate of Merit

This is to certify that Mr./Ms. *Apza Mary K Joby*
has secured *First* place in *Female Kumite +18 years 61kg Category* competitions

held in connection with the *Ernakulam District Olympic Games - 2022*

Dated this the 16th day of January 2022

Binoy Joseph
Chairman
Ernakulam District Olympic Games

Anil Kumar P.
Chairman
District Games Technical Committee

C.K. Sanil
General Convenor
Ernakulam District Olympic Games

List of students who participated in the Intra-Collegiate Poetry Writing Competition

Sl.no	Name of Student	Department	Class
1.	Anna Dominic	History	II DC
2.	Amalu Thomas	M.Sc Chemistry	I PG
3.	Ann Augustine	MA English SF	II PG
4.	Chandana Chandran	MA English SF	II PG
5.	Devika Suresh	MA English SF	II PG
6.	Leya Treesa Siby	MA English SF	II PG
7.	Theresa P Sebastian	MA English SF	II PG
8.	Priya Francis	MA English SF	II PG
9.	Krishnaveni E.R	MA English SF	I PG
10.	Centina Xavier	MA English SF	I PG
11.	Niharika J Pillai	MA English SF	I PG
12.	Aleena Benny	MA English SF	I PG

PG DEPARTMENT OF CHEMISTRY

ALPHONSA DAY CELEBRATION

PG DEPARTMENT OF CHEMISTRY ORGANISED AN ESSAY WRITING COMPETITION ON 25/07/2021 ON THE TOPIC SAHANAPUTHRI ALPHONSA.

LIST OF STUDENTS

SONA SAJI	II PG Chemistry
TSLIN THOMAS	II PG Chemistry
AMALU THOMAS	II PG Chemistry
LIGIMOL	II PG Chemistry
ALEENA BABU	II PG Chemistry
MARIA JACOB	II PG Chemistry



Department of Physics, Alphonse College, Pala		
National Science Day Celebration - 2 March 2022		
List of Participants - Elocution		
Sl. No.	Name	Class
1	Maithreyi Ullas	2DC Phy
2	Nandhana Push	2DC Phy
3	Delna M Joseph	2DC Phy
4	Ann Maria Jose	2DC Eng
5	Anjana Babu	2DC CND
6	Jesma Seban	1 DC Phy
7	Anjaly Augustine	1DC Phy

Name and Signature of Association Coordinator

Dr. Vijutha Sunny

Name and Signature of Head of the Department

Dr. Sr. Sherly Joseph



Department of Physics, Alphonsa College, Pala
BRAINIAC 3.0 - 6 December 2021

List of Participants - BRAINIAC 3.0

Sl. No.	Name	Class	Sl. No.	Name	Class
1	Dona Alphonsa John	III DC Physics	24	V S Krishna	I DC Physics
2	Devika R	III DC Physics	25	Novia Sunny	III DC Physics
3	Nandana Pushpan	II DC Physics	26	Aleena Thomas	I DC Physics
4	Amrutha Lekshmi S	II DC Physics	27	Abhiyamol D	I DC Physics
5	Elsa Maria Nobi	II DC Physics	28	Sneha Sabu	III DC Physics
6	Janet Elizabeth James	III DC Physics	29	Aline George	I DC Physics
7	Athira Santhosh	III DC Physics	30	Anjali P Mathew	II DC Physics
8	Vishnupriya K G	III DC Physics	31	Joshma Joseph	II DC Physics
9	Nandana	I DC Physics	32	Amaliya Elizabeth	III DC Physics
10	Jenna George	II DC Physics	33	Anupriya Ajikumar	I DC Physics
11	Alphonsa George	III DC Physics	34	Anjali Augustine	I DC Physics
12	Divya T L	III DC Physics	35	Ann Maria Jose	I DC Physics
13	Binsa Asha Bobby	II DC Physics	36	Ambilikutty V S	I DC Physics
14	Nandana Jaykumar	II DC Physics	37	Athulya Suresh	I DC Physics
15	Remya Rajagopal	III DC Physics	38	Anusri Saji	II DC Physics
16	Neethu Sebastian	III DC Physics	39	Lakshmi Saji	I DC Physics
17	Divya B	III DC Physics	40	Sarah J Mariyam	III DC Physics
18	Jissa Baby	II DC Physics	41	Anju C J	I DC Physics
19	Liya Linz Jolly	II DC Physics	42	Aleena Reji	I DC Physics
20	Remya M	II DC Physics	43	Amrutha K R	I DC Physics
21	Rosemary B	I DC Physics	44	Sneha Rajesh	III DC Physics
22	Jance Maria Anilkumar	II DC Physics	45	Richu Liz Roy	III DC Physics
23	Jees Monica George	III DC Physics	46	Nayan Hridya Prakas	II DC Physics

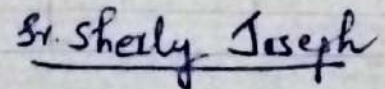
Name and Signature of Association Coordinator

Dr. Vijutha Sunny



Name and Signature of Head of the Department

Dr. Sr. Sherly Joseph




Department of Physics, Alphonsa College, Pala

Alphonsa Day Celebration - 28 July 2021

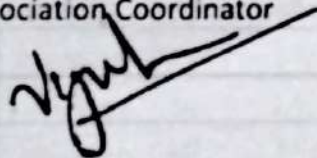
List of Participants - SKETCH THE GRACE

List of Participants - CAPTION THIS

Sl. No.	Name	Class	Sl. No.	Name	Class
1	Reena Rajendran	2DC Phy	1	Elsa Maria Noby	2DC Phy
2	Dona Mathew	2 DC Botany	2	Fiona Alex	3 DC Phy
3	Mersilin Mathew	BVoc Fashion Technology	3	Miliya T Tom	2 DC Maths
4	Bhagya M Nair	2 DC Eng	4	Sona John	3 DC Eco
5	Sona John	3 DC Eco	5	Alkha Philip	3 DC Phy
6	Miliya T Tom	2DC Maths			

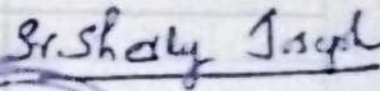
Name and Signature of Association Coordinator

Dr. Vijutha Sunny



Name and Signature of Head of the Department

Dr. Sr. Sherly Joseph




Department of Physics, Alphonsa College, Pala

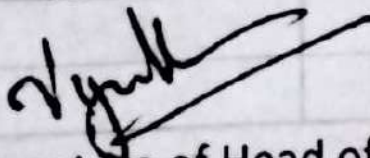
National Reading Day - 19 June 2021

List of Participants - Reader's Spring

Sl. No.	Name	Class
1	Aiswarya Noby	3 DC Phy
2	Maithreyi Ullas	2 DC Phy
3	Elsa Maria Noby	3 DC Phy
4	Nandhana Pushpan	3 DC Phy
5	Aswara KP	3 DC Phy
6	Novia Sunny	3 DC Phy
7	Sneha Sabu	3 DC Phy

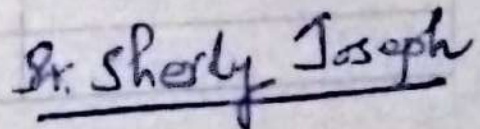
Name and Signature of Association Coordinator

Dr. Vijutha Sunny



Name and Signature of Head of the Department

Dr. Sr. Sherly Joseph



Department of Physics, Alphonsa College, Pala		
Solar Eclipse Illustration Competition - 15 June 2021		
List of Participants - PROMINENCE - 2021		
Sl. No.	Name	Class
1	Maithreyi Ullas	2DC Phy
2	Nandhana Pushpan	2DC Phy
3	Aiswarya Noby	2DC Phy
4	Elsa Maria Noby	2DC Phy
5	Richu Liz Roy	3 DC Phy
6	Novia Sunny	3DC Phy

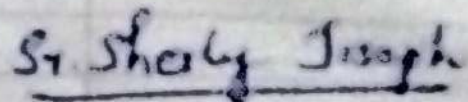
Name and Signature of Association Coordinator

Dr. Vijutha Sunny



Name and Signature of Head of the Department

Dr. Sr. Sherly Joseph




Department of Physics, Alphonsa College, Pala

Anti Drug's Day Observation- 26 June 2021

List of Participants - DIGITAL POSTER DESIGN

List of Participants - PENCIL DRAWING

Sl. No.	Name	Class
1	Anna Dominic	2 DC History
2	Richu Liz Roy	3 DC Physics
3	Bhagya M Nair	2 DC English
4	Rishiba S	2 DC English
5	Binsa Asha Bobby	2 DC Physics
6	Romain Rejil	2 DC Bcom
7	Krishna A S	2 DC Botany

Sl. No.	Name	Class
1	Reena Rajendran	2DC Phy
2	Bhagya M Nair	2DC Eng
3	Jincil Saji	2 DC Eng
4	Anjumol J	2 DC Phy
5	Nandhana Pushpan	2DC Phy

List of Participants - HAND MADE POSTER

List of Participants - PHOTOGRAPHY

Sl. No.	Name	Class
1	Sneha Sabu	3 DC Phy
2	Sona Rajesh	3 DC Phy
3	Nikita Nelson	2 DC Eng
4	Janet	2DC CND
5	Romarin Rejil	2DC Bcom
6	Suvarna S	2 DC Eng

Sl. No.	Name	Class
1	Ann Maria	2DC English
2	Anjali P Mathew	2DC Phy
3	Anna Dominic	2DC History
4	Nandhana Pushpan	2DC Phy
5	Aswathy A	2 DC Phy
6	Jans Maria	2DC Phy

Name and Signature of Association Coordinator

Name and Signature of Head of the Department

Dr. Vijutha Sunny

Dr. Sr. Sherly Joseph

Sr. Sherly Joseph



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Certificate of Merit



This is to certify that Kumari... *Arjali Kishna B* *Mathematics*
has secured..... *11th* position in..... *Thiruvathira* at the
College Cultural Fest in the year 20...*21*.. - 20...*22*..



Rajinamma

Principal

PRINCIPAL

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Certificate of Merit



This is to certify that Kumari...*Keerthi Sankar*.....*Mathematics*.....
has secured.....*11*th.....position in.....*Thiruvathira*.....at the
College Cultural Fest in the year 20..*21*... - 20..*22*..



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Certificate of Merit



This is to certify that Kumari.....*Neethu Biju*.....*Mathematics*.....
has secured.....*11th*.....position in.....*Thiruvathira*.....at the
College Cultural Fest in the year 20...*21*... - 20...*22*..

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Certificate of Merit



This is to certify that Kumari..... *Nandana S. Rajeev* *Mathematics*
has secured..... *1st* position in..... *Thiruvathir* at the
College Cultural Fest in the year 20...*21*... - 20...*22*..



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Certificate of Merit



This is to certify that Kumari.....Riya Prasad.....Mathematics
has secured.....11th.....position in.....Thiruvathira.....at the
College Cultural Fest in the year 20...21.. - 20...22..



Rajinikand
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Certificate of Merit



This is to certify that Kumari.....*Adeena Mary Varghese*.....*Mathematics*.....
has secured.....*11th*.....position in.....*Thiruvathira*.....at the
College Cultural Fest in the year 20...*21*.. - 20...*22*..



Regina Maria

Principal
ALPHONSA COLLEGE
PALA



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Certificate of Merit



This is to certify that Kumari.....*Amina Hanesta*.....*Mathematics*
has secured.....*11th*.....position in.....*Thiruvathira*.....at the
College Cultural Fest in the year *20..21..* - *20..22..*



Reginamma

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This is to certify that Kumari..... Anjana Hadas Mathematics
has secured..... 11nd position in..... Thiruvathira at the
College Cultural Fest in the year 20...21.. - 20...22..



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Certificate of Merit



This is to certify that Kumari.....Bhavya Prakasham.....*Mathematics*.....
has secured.....11th.....position in.....*Thiruvathira*.....at the
College Cultural Fest in the year 20...21... - 20...21...



Regidarama

Principal
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Certificate of Merit



This is to certify that Kumari.....*Krishnamol k Moolayil*.....*Mathematics*
has secured.....*Ist*.....position in.....*Oppona*.....at the
College Cultural Fest in the year 20...*21*... - 20...*22*...



Rajinamma

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Certificate of Merit



This is to certify that Kumari.....*Divya Das K.R.*..... *TDC*.....*Mathematics*.....
has secured.....*1st*.....position in.....*Oppara*.....at the
College Cultural Fest in the year 20..*21*... - 20..*22*..



Rajinikanth
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Certificate of Merit



This is to certify that Kumari..... *Anjali Krishna* , *TOC* *Mathematics*.....
has secured..... *Ist* position in..... *Oppana* at the
College Cultural Fest in the year 20...*21*... - 20...*22*...



Rajivamms

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This is to certify that Kumari.....*Ammaria Amal, TDC*.....*Mathematics*
has secured.....*Ist*.....position in.....*Oppana*.....at the
College Cultural Fest in the year 20...*21*.. - 20...*22*..



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Certificate of Merit



This is to certify that Kumari..... *Miliya . T. Tom* *Mathematics*.....
has secured..... *Ist* position in..... *Oppara* at the
College Cultural Fest in the year 20...~~21~~... - 20...~~22~~...



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Certificate of Merit



This is to certify that Kumari..... *Asna P.A.*..... *ITDC*..... *Mathematics*.....
has secured..... *Ist*..... position in..... *Oppana*..... at the
College Cultural Fest in the year *20.21..* - *20.22..*



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Certificate of Merit



This is to certify that Kumari..... *Anjitha Mathews* *Mathematics*

has secured..... *Ist* position in..... *Oppana* at the

College Cultural Fest in the year 20..~~21~~.. - 20..~~22~~..



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Certificate of Merit



This is to certify that Kumari.....*Elizabeth Maria Jose, TDC Mathematics*.....
has secured.....*1st*.....position in.....*Oppana*.....at the
College Cultural Fest in the year 20...*21*... - 20...*22*..



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Certificate of Merit



This is to certify that Kumari..... *Neha Jaison, TDC* *Mathematics*.....

has secured..... *Ist* position in..... *Oppana* at the

College Cultural Fest in the year *20.21.. - 20.22*



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Certificate of Merit



This is to certify that Kumari..... Jiffy Biju..... TDC Mathematics.....
has secured..... Ist..... position in..... Oppana..... at the
College Cultural Fest in the year 20.21.. - 20.22



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Certificate of Merit



This is to certify that Kumari..... Mekha Vincent II DC Mathe.....
has secured..... 1st..... position in..... Extempore (Malayalam)..... at the
College Cultural Fest in the year 20...21... - 20...22...



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Certificate of Merit



This is to certify that Kumari..... *Mekha Vincent* *II DC Maths*.....
has secured..... *IIND*..... position in..... *Kathaparasangan*..... at the
College Cultural Fest in the year 20.21... - 20.22



Rajamma

Principal



ALPHONSA COLLEGE, PALA



AFFILIATED TO MAHATMA GANDHI UNIVERSITY
RE-ACCREDITED BY NAAC WITH A GRADE

CERTIFICATE

WE HEREBY RECOGNIZE

ANNA DOMINIC

FOR PARTICIPATING IN THE INTER COLLEGIATE ELOCUTION
COMPETITION CONDUCTED BY THE DEPARTMENT OF HINDI
AND NSS UNIT ON THE TOPIC 'भविष्य में हिंदी का योगदान' AS
PART OF NATIONAL HINDI DAY

DR JESTY EMMANUEL
HOD, DEPARTMENT OF HINDI

DR SIMIMOL SEBASTIAN
NSS PROGRAMME OFFICER

DR.SR.REGEENAMMA JOSEPH
PRINCIPAL



ALPHONSA COLLEGE

Palai, Kottayam

Reaccredited to A Grade by NAAC with CGPA 3.24

DEPARTMENT OF HISTORY

CERTIFICATE OF APPRECIATION

Interdepartmental Painting Competition

The Platinum Death Anniversary of St. Alphonsa

This is to certify that

MERSLIN MATHEW



of II DC Fashion Technology has secured Second Prize in the "Interdepartmental Painting Competition" conducted by Department of History as part of the Platinum Death Anniversary of St. Alphonsa.

Head of the Department

Principal



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Certificate of Merit



This is to certify that Kumari.....SATHARA BABU.....English.....
has secured.....3rd.....position in.....Thiruvathira.....at the
College Cultural Fest in the year 20.21. - 20.22.

Rajinikanta

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Certificate of Merit



This is to certify that Kumari.....Nikitha Nelson..... 11 DC English
has secured.....3rd.....position in.....Recitation (English).....at the
College Cultural Fest in the year 20.21... - 20.22



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Certificate of Merit



This is to certify that Kumari..... *Nikitha Nelson II DC English*.....
has secured..... *2nd*..... position in..... *Extempore (English)*..... at the
College Cultural Fest in the year 20*21*... - 20*22*.



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Certificate of Merit



This is to certify that Kumari.....*Nithila R*..... English.....
has secured.....*3rd*..... position in..... *Thiruvathira*..... at the
College Cultural Fest in the year 20...*21*.. - 20...*22*..



Rajivamunni

Principal

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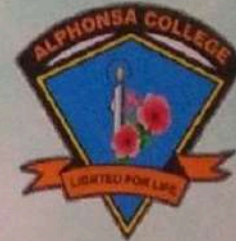
ALPHONSA COLLEGE

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Certificate of Merit



This is to certify that Kumari..... *Ann Maria Jose II DC English*.....
has secured..... *3rd*..... position in..... *Extempore (English)*..... at the
College Cultural Fest in the year 20..*21*.. - 20..*22*..



Reginamma
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Certificate of Merit



This is to certify that Kumari..... *Ann Maria Jose II DC English*.....
has secured..... *2nd*..... position in..... *Extempore (Malayalam)*..... at the
College Cultural Fest in the year 20...~~21~~... - 20...~~22~~...

Rajinamma

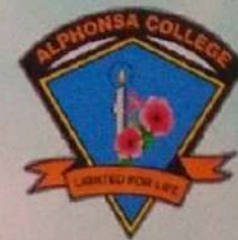
Principal



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Certificate of Merit



This is to certify that Kumari..... *Ann Mariya Jose* *II DC English*

has secured..... *2nd* position in..... *Monract* at the

College Cultural Fest in the year 20.21.. - 20.22.



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This is to certify that Kumari.....*Anna Maria Jose*..... *English*.....

has secured..... *1st*..... position in..... *Margamkali*..... at the

College Cultural Fest in the year 20...*21*... - 20...*22*...

Rajinikand

Principal
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Department of English
Mar Thoma College, Tiruvalla



Muses 2022
The Battle of Wizards

Certificate of Recognition

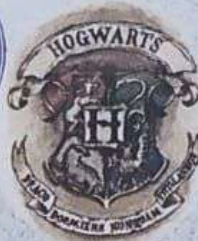
This is to certify that Mr/Ms/Mrs/Mx ANNMARIA JOSE & TEAM
of ALPHONSA COLLEGE has
Participated/Secured First/Second/Third in the event MURDER MYSTERY of inter-collegiate fest
MUSES 2022 : THE BATTLE OF WIZARDS

conducted from March 3rd to March 4th 2022, by The English Department of Mar Thoma College

Ashley Philip

Dr Ashley Philip

Head of the Department



Dr Varghese Mathew

Principal

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Certificate of Merit



This is to certify that Kumari.....*Bhagya..m..Nair*.....*English*.....

has secured.....*3rd*.....position in.....*Thiruvathira*.....at the

College Cultural Fest in the year 20...*21*.. - 20...*22*..



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Certificate of Merit



This is to certify that Kumari... *Annette B* ... *11 DC English*
has secured... *3rd* ... position in... *Essay Writing (English)* ... at the
College Cultural Fest in the year *20.21.. - 20.22*



Rajivamma
Principal

YOUNG ECONOMISTS COMPETITION 2022

The List of Student's participated is as follows:

NAME	CLASS		
		Surya.S	IIICD
		ANNU BIMAL	IIICD
Ammu ke	I DC	Abina Antony	IICD
Ann Maria Jose	II DC	Arathy M P	IIICD
Alisha Pascal	II DC	Anitta Varghese	IIICD
Anju Mathew	I DC	Mary George	IICD
Gouri S Krishna	IICD	Vani Pradeep	IDC
Athirashaju	II DC	Rose Mary Geo Cyriac	IICD
JiluSaji	III DC	Ansu Paul Raj	IICD
Anaswara.V	I DC	Anjali TR	IDC
Archana C J	II DC	Nivya Francis	IICD
Dona Jose	IIICD	C S Dhanya	IICD
Malu v	IIICD	Arya Jayan	IDC
Gopika MG	IDC	Amina Raheem	IIICD
Annsmol Augustine	IICD	Aleena Jacob	IICD
Devika Ajayakumar	IICD	Seethal K Santhosh	IICD
Devika Santhosh	IIICD	Greeshma Elsa Sujesh	IICD
Deepa Jolly	IIICD	Diya Alex	IIICD
Jayalakshmi.s	IDC	Rahna Babu	II PG
Josna Tressa Philip	IIICD	Anjana Appukuttan	II PG
Nia Rose Aloysius	IICD	Sandra Rajagopal	II PG
Theresa Cyril	IICD	Anju Tomy	II PG
TintuCharlin	IDC	Delna Sabu	II PG
Anitta Babu	IICD	Feeba Thomas	II PG
SreelakshmiSasi	IIICD	Parvathy Shabu	II PG
Veena Pradeep	IDC	Anupa Mathew	I PG
Nikitha Joseph	IDC	Aparna Shyju	I PG

Shagle Mathew	I PG	Mariya Joseph	III DC
Anakha Ann Thomas	II DC	Meenakshi Ullas	III DC
Ancilla Sebastian	II DC	Meera K.S	III DC
Ann Maria Jose	II DC	Nandana Prasad	III DC
Annu Thomas	II DC	Nise Martin	III DC
Ansu Paul Raj	II DC	Nivya Antony	III DC
Anuja Ka	II DC	Resmi Rajeev	III DC
Arya P.S	II DC	Riyamol Joy	III DC
Dona Siby	II DC	Aiswarya C Raj	II DC
Keerthy Manoj	II DC	Ajnu Naushad	II DC
Lavanya Sivan	II DC	Akshayamolt	II DC
P Rubithra	II DC	Aleena Jacob	II DC
Sajitha Mohan	II DC	Aleena MeriyaSaji	II DC
San Sabu	II DC	Aleenamol B	II DC
Sona S	II DC	Alina Gigi	II DC
Vishnu Priya	II DC	Amal MariyaSibi	II DC
Malu V	III DC	Anitta Babu	II DC
Maria Treesa Rajesh	III DC	Anns Santhosh	II DC
Mariya George	III DC	SilpaShaji	I PG

Smt. Mary Joseph
Mary Joseph

H.C.D.

Department of Economics
 Alphonsa College, Pala

World Population Day

PARTICIPANTS LIST

No	Name	Department & Institution	Email	Mobile No
1.	minnu therese sunny	economics alphonsa college	minnutheresesunny@gmail.com	8281485390
2.	Remya Abraham	II DC History , Alphonsa college Pala	remyaabraham32@gmail.com	9946608947
3.	Anova Gilroy	BSc CND, ALPHONSA COLLEGE, PALA	anovagilroy76@gmail.com	9895920040
4.	Emma Maria Joseph	English, Alphonsa College Pala	emmamariakurup@gmail.com	7356005144
5.	C S DHANYA	Economics department , Alphonsa college Pala	csdhanya005@gmail.com	9778231037
6.	Devika Ajayakumar	Economics, Alphonsa college Pala	devikaajayakumar2002@gmail.com	9447350281
7.	Gourisushama Prasobh	History, Alphonsa College Pala	gourisprasobh@gmail.com	9539184810
8.	Biby Elza Binu	Economics , Alphonsa College	biabinu29@gmail.com	9447188047
9.	Sona James	Alphonsa college pala	sonajames14@gmail.com	7359552239
10.	BINI GEORGE	BA economics, Alphonsa college Pala	binigeorge29@gmail.com	9188067301
11.	Nandana Prasad	Economics, Alphonsa College Pala	nandana30102@gmail.com	9400926475
12.	Elizabeth George	History, Alphonsa college pala	elizabethgeorge0467@gmail.com	6235095987
13.	MARY GEORGE	BA ECONOMICS, ALPHONSA COLLEGE PALA..	marygeorge21202@gmail.com	7736965987
14.	Elsa Elizabeth Joseph	Department of History, Alphonsa college, Pala	elsaelizabethjoseph428@gmail.com	7025972063
15.	Sona George	2nd DC History	sonageorge231@gmail.com	09778259525
16.	Nasri u	Zoology, Acp	nasrirahuf@gmail.com	9037756906
17.	Jennifer Stanly	Alphonsa College Pala	jenniferstanly7@gmail.com	08590933853
18.	Aparna T	Alphonsa College zoology department	Aparna T	7994692847
19.	Deepthy Gigi	Bvoc Sports Nutrition and Physiotherapy	deepthigigi3@gmail.com	8606726326
20.	Angela Jogi	B.voc sports nutrition and physiotherapy, Alphonsa colleg	josephineagnel@gmail.com	6282318663
21.	Athira Das	Ba economics, Baselius college kotayam	athiradas9061@gmail.com	9061742176
22.	Deepa Jolly	BA Economics , Alphonsa college, pala	deepajolly05@gmail.com	7994080497
23.	SREELAKSHMI PRABHU	B A ECONOMICS & ALPHONSA COLLEGE PALA	sreelakshmimp426@gmail.com	9961547177
24.	Maria Jacob	3rd DC CND ALPHONSA college pala	Mariajacobvc@gmail.com	9061659393

25.	Nissy James	St. Thomas college Pala, Dept of Economics	nissyjames1999@gmail.com	8078482463
26.	LekshmiPriya Prasad	History dept. ALPHONSA COLLEGE PALA	lekshmitdr123@gmail.com	9895739075
27.	Anooj R.A	BA Economics, Kuriakose Elias college Mannanam	anoojkannan123@gmail.com	9074931055
28.	Devika Santhosh	Economics department of Alphonsoa college, Pala	devikasanthosh142@gmail.com	8075564110
29.	Shalini Mathew	M.Com, Marian College, Kuttikkanam (Autonomous)	shalinimathewssm99@gmail.com	9995527449
30.	Beena Mol V B	Commerce & Marian College Kuttikkanam	beenavb1998@gmail.com	8921081925
31.	Meera George	M.com & Marian College Kuttikkanam	meeragk21@gmail.com	9495205213

	Name	Department & Institution	Email	Mobile No
32.	Megha Susan Rajesh	MCOM PGDM - Marian College Kuttikkanam Autonomous	meghasusan1999@gmail.com	7034933076
33.	Ashley Jose	M.com Marian college kuttikkanam	joseashley1998@gmail.com	9072044658
34.	Simran Raju	Marian college kuttikkanam autonomous	simrankalapurackal151219@gmail.com	7902213798
35.	Mira Mariyam Nazeer	II-DC Economics, Alphonso Palai	miramariyamnazeer@gmail.com	9947095706
36.	Joshua George Roji	Mcom PGDM , Marian College Kuttikkanam AUTONOMO	joshuageorge99@gmail.com	09747395753
37.	Annie George	M.com, PGDM	anniegeorge558@gmail.com	9188073475
38.	Ann Treesa Jose	M.Com PGDM at Marian College, Kuttikkanam (Autonom	annjosec111@gmail.com	9846010362
39.	Aleena Mathew	BA ECONOMICS, Deva Matha College Kuruviliangad	aleenamathew662@gmail.com	8590915417
40.	Anju prathap	M.COM PGDM MARIAN COLLEGE KUTTIKANAM (AUT	anjuprathap1999@gmail.com	7903638982
41.	Bency baby	B.voc Sports nutrition and physiotherapy, alphonso colleg	bency.chotu.kunnamcheril@gmail.com	7306584456
42.	Sreejith vr	Ba economic	sreejithvr4182002@gmail.com	9048538598
43.	LIMISHA LALSON	Devamatha College Kuraviliangad	Limisha000@gmail.com	7594019939
44.	JithumonMB	BA economic KE college mannam	jithumonmb567@gmail.com	7561075036
45.	ARUN Thomas	BA ECONOMICS	arunthomas621@gmail.com	7902582034
46.	Karthika Cs	BA Economics, ST. Stephens college uzhavoor	karthikacs286@gmail.com	6235451837
47.	Shijo Jose	BA economics. St Stephen college Uzuvoor	shijojosemjr@gmail.com	8138993016
48.	Anjana Babu	2 Dc Cnd ,Alphonsoa College Pala	ponnutheresababu15@gmail.com	9496574516
49.	Joseph Abin babu	economics	abinjosephbabu1998@gmail.com	8547894277

50.	ATHIRA JAYAN	Economics St Stephen's College Uzhavoor	vadakkedathathira@gmail.com	6238978016
51.	Sisira Siby	Marian College Kutikkannam	sisirasiby@gmail.com	9961894560
52.	Akshay B	BA Economics, christian college chengannur	akshaybimal1999@gmail.com	7025848632
53.	Navamika Prasad	Alphonsa College, Pala.	navamika01@gmail.com	7306217277
54.	Thankamony.s	BA Economics, Deva Maths College Kuravilangad	sthankamony8@gmail.com	9188809579
55.	Arya.P.S.	IIDC Economics, Alphonsa College, Pala.	aryaps2002@gmail.com	9544381291
56.	Moncey Dominic	History Alphonsa College Pala	moncey.dominic@gmail.com	8330808936
57.	FIDA FATHIMA PK	St. Teresas	fidafathima4147@gmail.com	8086610309
58.	APARNA SURENDRAN	BA ECONOMICS, ALPHONSA COLLEGE PALA	aparnasurendran56@gmail.com	7306026913
59.	MANYA MANOU	ZOOLOGY ALPHONSA COLLEGE PALA	manyamanojbhavanam53@gmail.com	8606554318
60.	Vineetha Sukumaran	MA Politics, Alphonsa college Pala	vineethasukumaran99@gmail.com	7909293576
61.	Abincy T S	BA ECONOMICS DEVAMATHA COLLEGE KURAVILAG	abincy2002@gmail.com	6238506726
62.	Bhavana Rajan	11 DC Botany, Alphonsa college pala	bhavanarajan02@gmail.com	7510664180

	Name	Department & Institution	Email	Mobile No
63.	Anjali P Mathew	Bsc Physics _ Alphonsa College Pala	anjali.pmathew2001@gmail.com	9778139003
64.	Anitta johny	B. A Economic	anittajohny969@gmail.com	9778316223
65.	Alka Philip	Physics Department, Alphonsa College Pala	elisita35@gmail.com	9072360744
66.	Arathy M P	Economics & Alphonsa College, Pala	arathym9@gmail.com	9656120804
67.	Gopukrishnan B	MA ECONOMETRICS, TM JACOB MEMORIAL GOVER	Ngopukrishnan919@gmail.com	07012168005
68.	Sona john	Ba economics, alphonsa college pala	Sonajohn60@gmail.com	9605652718
69.	Romarin Regi	B.com ,St.alphonsa college pala	romarinregi@gmail.com	8590351641
70.	Jinsha Joseph	Physics, Alphonsa college pala	jinhaj98@gmail.com	+919745251440
71.	Vishnupriya K.G	Physics department, Alphonsa college pala	14vp00@gmail.com	7012752409
72.	Riya Dominic	Clinical Nutrition and Dietetics, Alphonsa college, pala	riyadominitc933@gmail.com	8547947894
73.	Sona P. Saju	Economics, Alphonsa College Pala	sonapsaju2002@gmail.com	9539742617
74.	Hrudika Ranjith	Physics department, Alphonsa College Pala	hrudikagokul45@gmail.com	8089901621
75.	Nise Martin	Economics, Alphonsa College Pala	nisemartin29@gmail.com	8301933208

76.	Krishna AS	Botany	askrishna2002@gmail.com	9778179540
77.	Kevin Joe Philip	BA Political Science, St Thomas College Pala	kewinjoeiphilip@gmail.com	8590185675
78.	Sooraj Mathew George	Department of Commerce, St. Thomas College, Pala	soorajgeorge26@gmail.com	7593861326
79.	Jeeva Sam	Economics Dept, Alphonso college Pala	psjeeva123456@gmail.com	9847520045
80.	Rohitha Jaison	BA Economics ,Alphonso College	rohithajaison2000@gmail.com	9744921548
81.	Sreelekshmi S	English , Alphonso College	sreelekshmisnair44@gmail.com	7306184871
82.	Malavika Babu	BBA, Marsleeva College of arts and science murickasser	malavikababub@gmail.com	8547791082
83.	Anakha Roy	Department of Economics ,Alphonso College Pala	anakharoy1510@gmail.com	8606755746
84.	Amina Raheem	Alphonso college pala economics	aminarahem03@gmail.com	7356610970
85.	Janet Shan Joy	Clinical nutrition and dietetics, Alphonso College	janetshanjoy@gmail.com	00974 50031107
86.	Anandhu Anil	Geology, Mar Sleeva College of Arts and Science Murick	aanandhuanil150@gmail.com	7306219782
87.	Arya Francis	Bsc mathematics , Don Bosco Arts And Science College	Aaryafrancis2@gmail.com	6238930993
88.	Athulyamol Benny	3dc Economics, Alphonso college Pala	athulyamolbennypanamkutty@gmail.com	9526819660
89.	Delna Shaji	Botany, Alphonso college	delnashaji09@gmail.com	7306133594
90.	PANCHAMI B	Zoology, Alphonso college pala	panchamb758@gmail.com	6238374227
91.	Gopika Gopi	Economics department , Alphonso college pala	gopikagopi040@gmail.com	7593867693
92.	Clarín Maria Noble	Bsc. Nursing, Mar Sleeva College of Nursing, Palai	clarinmarianoble2002@gmail.com	8281780700
93.	Abhijith P Anil	BA Political Science, St Thomas College Palai	abhijithpanil01@gmail.com	8590608361

	Name	Department & Institution	Email	Mobile No
94.	Riya Tom	ZOOLOGY & ALPHONSA COLLEGE, PALA	riyatom29@gmail.com	9961795832
95.	Sreelakshmi. KR	Economics, Vimala college	sreelachukr1999@gmail.com	7560890749
96.	Liya Elias	Vimala college Thrissur , Department of Economics	liyaelias1999@gmail.com	9778001494
97.	Keerthana Haridas	Economics, St.Thomas' College Thrissur	keerthanaharidas2@gmail.com	8078132189
98.	Divya Therese Jacob	B Ed, mount Carmel college of teacher education for wom	divyatheresejacob024@gmail.com	7994577664
99.	Amritha. K. S	1 BA Economics & Marthoma College Chungathara	amritha2002ks@gmail.com	6238385363
100.	Ayana Mohan	Ba political science honors Lady Shri Ram College, Delhi	ayana.mosua@gmail.com	9400512919


101.	Hafsana. K	BA ECONOMICS & Marthoma college	hatsanahafsana006@gmail.com	9946530817
102.	Athira Ashok Kumar	BSC BOTANY	athiraashok2611@gmail.com	9188411409
103.	RAHEEMA K	BA ECONOMICS , MARTHOMA COLLEGE CHUNGATHARA	rahemakokkadan@gmail.com	6282114354
104.	PRAVEENA.K	BA.Economics,Marthoma college chungathara	ponnupraveena44@gmail.com	9645543385
105.	Amegha Samuel	Marthoma college chungathara	samuelamegha@gmail.com	9496588214
106.	Jisse Maria Saju	Economics St Teresa's College Ernakulam	jissmaria2002@gmail.com	9188804138
107.	Vishnumon C R	English, St George College Aruvithura	vishnumoncrchemmallickal05@gmail.com	9526937126
108.	Ann Maria Jose	Political Science, St George's college, Aruvithura	annmariajose0031@gmail.com	7902942090
109.	Muhammed sas	BA Economics	sasmuhammed3@gmail.com	7306312956
110.	Amittha Rajan	St Stephen's College Uzavoor, Department of Economics	amitharajan702@gmail.com	7306653842
111.	Meenakshi Ullas	Economics department,Alphonsa College Pala	meenullas2001@gmail.com	7736570397
112.	Rekha Ramachandran	MA Economic PMG College chalakudy	rekharamachandran2000@gmail.com	9061463890
113.	Elizabeth Joseph	Marian College Kuttikkanam	elizabeththeethu123@gmail.com	9526711260
114.	Derwish muktharkhan kp	Econlomic	Muktharkhankp@gmail.com	9961362430
115.	Alphy Johnny	BA Economics, ST.Stephen's college uzhavoor	alphyjohnnymary@gmail.com	8943895423
116.	Fathima Rayhana T. S	Alphonsa college pala	fathimarayhana123@gmail.com	9497777289
117.	Alphy Sebastian	Economics, baselius college kottayam	alphyseb001@gmail.com	7560870245
118.	Raniya Rasheed	BA Economics, Mar Thoma College Chungathara	raniyarasheed3@gmail.com	9048263841
119.	Bibin Mathew	St. Thomas College of Engineering and Technology Chen	bibinmathew21@gmail.com	9497328537
120.	Anshitha Ashraf	Economics department ,Bharata mata College Thrikkaka	ranshithaashraf2001@gmail.com	9846344688
121.	Dain Babychen	Chemistry (S.B college Changanassery)	dainbabychen007@gmail.com	+9177025207108
122.	Rasha. P pp	B. A Economics , Mar Thoma College Chungathara	rashap2002@gmail.com	9496843863
123.	Chisin chandran	BA Economics.ststephen's Uzhavoor	chisinchandran02@gmail.com	9061256924
124.	Fasalu Rehman K M	BA Economic & marthoma college chungathara	fasalurehman4272@gmail.com	9747625462
125.	Name	Department & Institution	Email	Mobile No
	GANIYA GAFOOR	ECONOMICS, PANAMPILLY MEMORIAL GOVT	Gganiyagafoor60@gmail.com	9526276332

		COLLE			
126.	Keerthi r pillai	BA Economics Christian College Chenganur	appuzkeerthi@gmail.com		7994385763
127.	Teena Jose	Zoology, Bharata Mata College, Thrikkakara	josesteena2002@gmail.com		6238078466
128.	MILIYA T TOM	II DC MATHEMATICS, ALPHONSA COLLEGE ARUNAP	Umiliyatomm@gmail.com		9526270365
129.	Divyasree K S	Clinical nutrition and dietetics, Alphonsa college pala	Divyasreeks2017@gmail.com		8547038692
130.	Athulya S Nair	BA Economics, Stephen's college Uzhavoor	Athulya1310@gmail.com		8943080386
131.	Joveena Sebastian	BA English , JPM ARTS AND SCIENCE COLLEGE KAN	joveenasbastian@gmail.com		9496133003
132.	Tom Scaria Mathew	Marsleeva Arts And science college	tomscariamathew101@gmail.com		7907373764
133.	Akhila jiji	B.A Economics Marsleeva college rajamudy	akhilajijipulikal6916@gmail.com		9947506916
134.	Aleeshiya T P	BA Economics & Deva Matha College Kuravilangad	tpaleeshiya@gmail.com		8078722542
135.	Fienon francis	B A Economics	fienon49@gmail.com		6238088503
136.	Neethu shaji	Dept Of Economics	neethushajit77@gmail.com		9061334674
137.	Rose George	B.Sc Mathematics, Alphonsa College Pala	georgerose944@gmail.com		9778167226
138.	Rakhi B Nair	Kuriakose Elias college Mannanam	rakhibalamandiram@gmail.com		8304937069
139.	ALEENA THOMAS	B. A Economics. Marthoma College Chungathara	aleenat835@gmail.com		8921859336
140.	M.Harini	Lady college, Madurai;B.A.Economics	20ece021@dc.edu.in		8300156730
141.	Shabana sherin	BA Economics	shabanasherin226@gmail.com		9037806443
142.	Manisha Manoj	Social Work, Mar Sleeva College of Arts and Science, Ra	manishamanoj1999@gmail.com		9207872779
143.	Sneha Sreekumar	BA Economics Deva Matha College Kuravilangad	snehasreekumar31@gmail.com		9446603401
144.	Yedhukrishna v.a	Economics department-Mar sleeva collage of arts and sc	yedhukrishna9999@gmail.com		9207140314
145.	Aleena Antony	Commerce,Mar Sleeva College of Arts and Science	aleenamolantony@gmail.com		8590852985
146.	Soji Pothan Roy	Marian College Kuttikkanam (Autonomous)	sojiproxy@gmail.com	97475 68242	6282546379
147.	Angel k Anil	Economics,Marthomma college chungathara	angelkanil2002@gmail.com		6235863894
148.	Surya.S	Economics, Alphonsa college pala	suryanair547@gmail.com		9847964013
149.	Abhiramshaji	BCA Marsleeva college of arts and science	abhiranshaji@gmail.com		9496588214
150.	Amegha Samuel	1st year Ba Economics, Marthoma college Chungathara	samuelamegha@gmail.com		

151.	Vineetha Baburaj	B.A English , St. Dominic's College Kanjirappally	vineethavignesh2@gmail.com	7560869948
152.	Karthika Suku	2 DC Physics Model 2	karthikasuku02@gmail.com	7012551827
153.	Raji. R. Nair	B. Com PGM College Kangazha, Devagiri P. O	rajirrair599@gmail.com	7510536546
154.	CAROL WILSON	Commerce & MAR SLEEVA COLLEGE IDUKKI	carolwilson92207@gmail.com	9074410547
155.	Cilla George	BA English @St Dominic's college Kanjirappally	cillageorge40@gmail.com	9605445123

	Name	Department & Institution	Email	Mobile No
156.	Albert James	B.sc Geology ,Mar sleeva college of arts and science, Ra	albertjamesvkm1555@gmail.com	9207492278
157.	Joseph Salas	BA English, St. Dominic's College Kanjirappally	josephsalaskutty790@gmail.com	+918078882782
158.	Rejo Raju	MA Economics, Devamatha College kuravilanghadu	rejoiraju2@gmail.com	09544881164
159.	Ajo Joseph	Economics deva matha kuravilangad	ajojoseph1997@gmail.com	9446950593
160.	Abita Cherian	Chemistry	abittacherian1966@gmail.com	9562034454
161.	Adon Jaimy	BA economics, St George college Aruvithura	gamechangerkoreagame@gmail.com	7591912504
162.	Rose Mary Mathew	Bsc Psychology, Carmelgiri college adimali	mathewsebastian489@gmail.com	7510908353
163.	Akhil Joseph	Bsc Psychology/carmelgiri College Adimali	jakhil068@gmail.com	8590382148
164.	Devika PM	2 Dc Chemistry	devikapm2003@gmail.com	9605349098
165.	Reshma	DB college	gopakumarbindu202@gmail.com	6282304164
166.	Sreelakshmi PR	Vimala College Thrissur	sreelakshmi99@gmail.com	9447041876
167.	Allen Antony	MA Economics, Devamatha College	allenantony17@gmail.com	7012307956
168.	Adithya Vijayakumar	Economics department, St.Stephen's College, Uzhvoor	ponnambaladithya@gmail.com	96565 84414
169.	Anakha VR	Department of Economics & St.Stephens College Uzhav	oanakhavr1@gmail.com	8590864375
170.	Arun thomas	MA econometrics, Devamatha college kuvilagad	arunthomas776@gmail.com	8848868435
171.	Badariya. T	2nd year BA Economics	badariyat45@gmail. Com	79092995142
172.	Aby Abraham	Commerce, SMHSS Mariyapuram	dearaby444@gmail.com	9496824873
173.	Teenu Maria Antony	Economics &Alphonsa College pala	teenumariaantony97@gmail.com	9562416018
174.	Anjali V B	B A ENGLISH , ST. DOMINIC'S COLLEGE KANJIRAPAL	Lanjaliivb2095@gmail.com	7902328564

175.	Nishana T k	BA Economics mathoma College chungathara	nishanaik349@gmail.com	9074457046
176.	Agnes Joseph	Chemistry, Alphonsa college Pala	agnesjosephp@gmail.com	9961783969
177.	Chacko pt	Economics & Devamatha college kuraviliagad	chackoptomas457@gmail.com	9747099151
178.	Anju Mol S	3rd DC Economics . Alphonsa College pala	www.sanjumol638@gmail.com	7510822503
179.	Shalumol k Johny	Chemistry &Alphonsa college	shalumolk@gmail.com	6238349713
180.	Asha Viswam	Economics, Devamatha College kuraviliangad	ashaviswamusha@gmail.com	9497773701
181.	Athira Anil	BA English St George's College Aruvithura	meathiraanil01@gmail.com	8075394908
182.	Niba c	BA Economics Marthoma college chungathara	nibac2001@gmail.com	8086273597
183.	Sreelakshmi Sasi	Economics, Alphonsa college pala	sreelakshmisasi12@gmail.com	9074352869
184.	Sradha Bijumon	Economics	sradhamani456@gmail.com	08137829556
185.	Haritha H	2 nd BA Malayalam, CMS College, Kottayam	harithahnair28@gmail.com	9847995638


H.C.D.
Department of Economics
Alphonsa College, Pala

ENVIRONMENT DAY ESSAY WRITING COMPETITION - JUNE 5TH WORLD ENVIRONMENT DAY 2021 -2022

The Department of Economics, Alphonsa College Pala is organized an INTRA DEPARTMENT ESSAY WRITING COMPETITION, on the World Environment Day, 5th of June Saturday, open for all graduate and post graduate students of our department.

World Environment Day is the most renowned day for environmental action. Since 1974, it has been celebrated every year on 5th June for engaging governments, businesses, celebrities and citizens to focus their efforts on a pressing environmental issue. World Environment Day (WED) has grown to become a global platform for public outreach, with participation from over 143 countries annually. Each year, WED has provided a new theme that major corporations, NGOs, communities, governments and all celebrities worldwide adopt to advocate environmental causes. The theme for this year is 'Ecosystem Restoration'.

Following this, the theme of the essay writing competition was 'Ecosystem Restoration'. The topic was shared to the participants after registration.

General rules and Conduct of the Competition

- The competition will be conducted via google class room, where the topic will be posted on 05/06/2021, 10 am. The link to join the google classroom will be provided to the registered participants.
- The maximum time for completing the script would be 1 hour and an additional ½ hour will be provided for uploading.
- they may write on A4 size paper with a blue ink pen and scan the answer scripts using adobe scan to convert it into a PDF file.
- File name should be in the format -'Class Number-Candidate Name'. e.g. for a student with name 'Gauri' and 'Roll number 234', the file name should be '234-Gauri'.

• The sheets must have sufficient clarity as to be readable by the examiners.

• Students should write their name, class and class no. in the first page of the script

• Page numbers are mandatory

Registration link: <https://forms.gle/uRbPamPmbiR3dkpb9>

PARTICIPANTS LIST

Email address	Name of the student	Class	Class no	Phone no
devikasanthosh42@gmail.com	Devika Santhosh	B. A. Economics, 3rd year	363	8075564110
arathymp9@gmail.com	Arathy M P	2 DC Economics	355	9656120804
nisemartin29@gmail.com	Nise Martin	3rd Dc Economics	380	8301933208
meenuullas2001@gmail.com	Meenakshi Ullas	3 Dc Economics	377	7736570397
deepajolly05@gmail.com	Deepa Jolly	BA ECONOMICS 3rd year	362	7994080497
anakharoy1510@gmail.com	Anakha Roy	3rd DC Economics	328	8606755746
navamika01@gmail.com	Navamika Prasad	3 DC Economics	339	7306217277
gipsageorge321@gmail.com	Gipsa George	Economics	368	8921547334
josnatressa710@gmail.com	Josna Tressa Philip	3rd year BA Economics	30	8547129803
anakhaann98@gmail.com	Anakha Ann Thomas	2nd Year BA Economics	2020	6282620878
parvathyunni666@gmail.com	Parvathy unni	Ba Economics first year	2020Batch	9496457432
maluvlaksmi@gmail.com	Malu v	3 rd DC Economics	373	9188106899
sreelakshmip426@gmail.com	Sreelakshmi Prabhu	2nd DC BA ECONOMICS	2020	9961547177
miramariyamnazeer@gmail.com	Mira Mariyam Nazeer	IIDC-Economics	2020	9947095706
abitjacob19111999@gmail.com	Abit Jacob	2nd dc economics	2020	8289962712
csdhanya005@gmail.com	C S DHANYA	II DC ECONOMICS	2020	9778231037
aparnasurendran56@gmail.com	Aparna surendran	Economics	353	7306026913
binigeorge29@gmail.com	BINI GEORGE	3rd DC economics	359	9188067301
jilusaji5458@gmail.com	Jilu Saji	3de Economics	371	9947262137
freyaelsa Abraham96@gmail.com	Freya Elsa Abraham	Economics	367	8590533120
sreelakshmisasi12@gmail.com	Sreelakshmi Sasi	3rd dc Economics	345	9074352869

S. V. S.
H.C.D.
Department of Economics

Essay competition
in connection with envi...

**INTRA DEPARTMENT ESSAY
WRITING COMPETITION- JUNE
5th WORLD ENVIRONMENT DAY
2021**

The Department of Economics,
Alphonsa College Pala is
organizing INTRA DEPARTMENT
ESSAY WRITING COMPETITION,
on the World Environment Day,
5th of June Saturday, open for
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students of our department.

Interested participants can
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