

**ALPHONSA COLLEGE, PALA**  
**ANNUAL REPORT**  
**2020-21**

### **STRENGTH**

The college has at present 1851 students on its rolls, 223 students in the 7 PG sections and 1628 students in 13 UG courses. The college also offers 7 Add-On courses which can be pursued along with the regular courses. The Alphonsa Institute of Computer Studies has separate enrolments for various certificate and diploma courses.

It is a matter of pride that that we have started another aided PG course sanctioned by the Government of Kerala: M. A. Econometrics. Alphonsa College Pala has been approved with the following Certificate and Diploma Courses under the NSQF scheme by UGC:

1. Certificate course in Health Economics and Palliative Care
2. Certificate course in Language Enhancement for Professionals: Technology for Linguistics Perfection
3. Diploma in Women Entrepreneurship Development and Small Industries

The staff of our College consistof 39 permanent teaching staff, 29 teachers in the self-financing wing and 15 guest lecturers. At present the college has 26 non-teaching staff. The faculty and students of the college continue their pursuit of quality in academic and research activities.

Our students performed excellently well in the M. G.University examinations of May 2020 securing **10** ranks and **96A<sup>+</sup>** grade. Our results were well above the University average.The rank holders of our College are:

## EXAMINATION RESULTS

Sl. No	Name	Rank	Batch
1.	Amala Babu	1 <sup>st</sup> Rank	B.Sc. Mathematics
2.	IrinSaji	1 <sup>st</sup> Rank	B.Sc. Physics Model II
3.	Ponnu Mariya Baby	1 <sup>st</sup> Rank	B. Sc. Botany
4.	Rasly K.P.	1 <sup>st</sup> Rank	B.Sc.Clinical Nutrition and Dietetics
5.	Nesrin P Fasim	1 <sup>st</sup> Rank	B.A. Economics
6.	Jamseera L.	1 <sup>st</sup> Rank	B.Voc. Sports Nutrition and Physiotherapy
7.	Aleena Shine Babu	2 <sup>nd</sup> Rank	B.Sc. Mathematics
8.	Chanchal Bright	2 <sup>nd</sup> Rank	B.Sc.Clinical Nutrition and Dietetics
9.	Abhirami A.	2 <sup>nd</sup> Rank	B.A. Economics
10.	Chandana Reghuraj	3 <sup>rd</sup> Rank	B.Sc.Clinical Nutrition and Dietetics

## STATISTICS OF THE RESULT OF B.A /B.Sc. CBCSS UG PROGRAMME MAY 2020

Sl.No	Subject	Appeared	A+	A	B+	B	C+	C	Pass percentage
<b>B.A.</b>									
1	English	59	5	30	12	2	0	0	83.05
2	Economics	57	11	9	15	10	-	3	89.47
3	History	56	2	1	8	8	-	16	60.7
4	B.Com	56	5	13	13	14	-	11	80.3
<b>B.Sc.</b>									
5	Mathematics	47	23	12	3	1	-	-	87.2
6	Physics	34	21	3	4	3	-	0	85.2
7	Physics Voc.	13	2	5	-	3	-	2	92.3
8	Chemistry	39	11	17	5	0	-	3	92.3
9	Botany	51	11	9	3	9	-	3	74.5
10	Zoology	37	6	15	11	5	-	0	72.9
11	Clinical Nutrition and Dietetics	37	7	20	-	7	-	1	95

<b>B.Voc.</b>									
<b>12</b>	<b>Sports Nutrition and Physiotherapy</b>	<b>33</b>	<b>1</b>	<b>8</b>	<b>-</b>	<b>5</b>	<b>-</b>	<b>12</b>	<b>78.7</b>
<b>13</b>	<b>Fashion Technology</b>	<b>5</b>	<b>0</b>	<b>0</b>	<b>2</b>	<b>1</b>	<b>0</b>	<b>1</b>	<b>80</b>
<b>M A</b>									
<b>1</b>	<b>English</b>	<b>13</b>	<b>-</b>	<b>-</b>	<b>5</b>	<b>4</b>	<b>1</b>	<b>-</b>	<b>76.9</b>
<b>2</b>	<b>English(SF)</b>	<b>17</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>10</b>	<b>3</b>	<b>-</b>	<b>76.4</b>
<b>3</b>	<b>Political Science</b>	<b>17</b>	<b>-</b>	<b>-</b>	<b>8</b>	<b>5</b>	<b>-</b>	<b>-</b>	<b>76.4</b>
<b>M.Sc</b>									
<b>4</b>	<b>Chemistry</b>	<b>18</b>	<b>-</b>	<b>-</b>	<b>7</b>	<b>5</b>	<b>-</b>	<b>-</b>	<b>66.6</b>
<b>5</b>	<b>Clinical Nutrition and Dietetics</b>	<b>17</b>	<b>-</b>	<b>-</b>	<b>7</b>	<b>7</b>	<b>-</b>	<b>1</b>	<b>88.23</b>
<b>6</b>	<b>Zoology</b>	<b>13</b>	<b>-</b>	<b>1</b>	<b>7</b>	<b>1</b>	<b>-</b>	<b>1</b>	<b>76.9</b>

I take this occasion to congratulate the rank holders and A+ holders, their respective class teachers and HODs, and I wish the students all success in their future pursuits.

## HIGHLIGHTS OF THE YEAR

Even in the face adversities and struggles in this academic year caused by the Covid 19 pandemic, our students performed well to accomplish their goals. I would like to applaud the teamwork of the teaching and non-teaching staff community of the College, the committed and collaborating efforts of the students in the online and virtual method of teaching-learning process. I am extremely thankful to the management for the profound support in this difficult time.

I am very happy to announce that we have been selected as a Member of National Rural Entrepreneurship Mission, carried out by Mahatma Gandhi National Council of Rural Education, Department of Higher Education, Ministry of Education, Government of India.

**RUSA-** Our College was selected as one of the beneficiaries under RUSA 2.0 on 2018. Fund was allocated for construction (Open Auditorium cum Volley ball court), renovation and purchase (purchase sophisticated equipment for improving IT infrastructure, strengthening library and setting up of research oriented laboratories in all the Science departments) with a total outlay of Rs. 2 crores including the centage and GST charges. Kerala State Nirmithi Kendra (KESNIK) regional office Pala has been agreed to render civil works under this scheme as Project Management Consultant (PMC).

Out of Rs. 2 crores, a total of one crore rupees was received till date. The renovation works such as flooring of classrooms and laboratories (Chemistry core and complementary lab, Physics core, complementary and research lab, Biochemistry lab, Botany core lab, Zoology UG, and PG lab), improvisation of work table and remodeling (of Chemistry core and complementary lab, Biochemistry lab, Zoology PG lab, and Physics research laboratories), renovation and modernisation of college canteen, plastering of walls and painting was completed. Construction works are in progress. Foundation and pillar works were completed.

**NCC-**The College won this year the title of “*Best NCC subunit in Five Kerala Girls Battalion*”. Our students U/O Binipria Babu, U/O Liya Sunny, CPL Jyothi Roy and LCPL Devika M.Nair attended various online EBSB camps. Cadet Aswathy Manoharan attended National Nilgiri Trekking Expedition, 73 cadets attended Annual NCC cadre this year. The NCC cadets of the sub unit actively participated in the Fit India Campaign launched by the Prime Minister. As part of the campaign the sub unit conducted webinar series on “Health And Physical Fitness”, “Essentials of Disciplined Physique”, “Fitness And Dietary Habits”, “Physique and Physical Fitness”. Along with all these, the cadets also *produced a short film “ECHO”* on the theme Fit India Young India.

Under the captaincy of Kum. Vigna K.B, our College team won the first position in Senior National Federation Cup Volleyball Championship held at Bhuvaneshwar. Our students won the Kerala state Cross-Country Championship and participated the National Cross-Country Championship. During this online period many of our students participated and won various competitions on online platform. Kum. Lisbeth Caroline Joseph of III DC English got selection to Virgin Liberty University with a full scholarship of 1.64 Crores. Kum. Riyamol Joy & Aswathy Binu won the Gold & Silver medals in Kerala State Senior Athletic Championship held at Calicut on 17<sup>th</sup> February 2021. Kum. Riyamol & Emily won Silver and Bronze medals in 400m at Senior State Meet at Calicut on 17<sup>th</sup> February 2021. Kum. Akhila M R won the Silver Medal in 5000m. She is selected to represent Kerala in National Cross-Country championship which will be held at Chandighad. I take this opportunity to congratulate all of them for their brilliant and commendable performance that bring honour to the College.

During the pandemic period a good number of our teachers attended different workshops, FDPs and got their works published in various international and national journals. All the departments have subject associations which organize a number of activities for their members and motivate the students to participate in intercollegiate competitions. Most of the departments organized programmes, competitions and exhibitions and also participated in several intercollegiate competitions. Soft skill development programmes are also initiated by various subject associations; they also carry out extension activities in nearby institutions.

IQAC of the College organized a *three-days online Faculty Development Programme on E-Connect, E-Learning and E-Content tools* for the teachers on 25<sup>th</sup>, 26<sup>th</sup> and 28<sup>th</sup> May 2020.

PG Department of Zoology & IQAC of the College organised a *National Webinar Series Current Trends in Biological Sciences*, on the topic: “Genetic Engineering

Tools - Recent Advances” on 25<sup>th</sup> September 2020 at 2 P.M. The resource person for the event was Dr.P.Sreedevi, DBT Research Associate, Jawaharlal Nehru Centre for Advanced Scientific Research, Bangalore. The PG Department of Zoology conducted an *International Webinar Conference series Current Trends in Biological Sciences*, on the topic “Photodynamic Therapy of Cancer Using Natural Photo Sensitizers” with the resource person Dr.Blassan P. George, Researcher, LaserResearch Centre Faculty of Health Sciences, University of Johannesburg, South Africa.

As the pandemic situation prolong to its second phase, the teacher-student community of Alphonsa College, Pala initiated a 21 days special intention online prayer series for Covid 19 affected and the frontline warriors who are working in the present Covid scenario through the You Tube Channel JMJ’s Phase.

The department of Economics organized a *virtual Merit Day celebration* for the outgoing students for their outstanding victory; earning 8 ranks in the university examinations on 15<sup>th</sup> September 2020. Sri Nidhinraj P IPS (ASP, Mananthavadi) was the guest of honour.

Department of B.Voc Fashion Technology conducted a *two days online workshop on “Thematic Line Development”* for our final year students on 19<sup>th</sup> and 20<sup>th</sup> October 2020. The event was animated by Mr. Andrews Samuel, Asst. Professor of Yeldo Mar Basalious College Kothamangalam.

Departments of Chemistry and Physics, in association with IQAC, organised an *International Webinar on “Advanced Functional Materials on Energy Storage Applications”* on 24<sup>th</sup> March 2021

Inauguration of the activities of Physics Association was held on 14<sup>th</sup> November 2020. The chief guest and the resource person of the program was Dr. Chitra Nayak, Associate Professor, Tuskegee University, USA. The inaugural ceremony

was followed by a *talk on “Women in Science”*. As part of observing world environment day, the Department of Clinical Nutrition and Dietetics organised a *quiz competition* on June 5, 2020. The Department of Commerce organised an “*Investor Awareness Program*” on November 4<sup>th</sup>, 2020 which was led by Mr. Pankaj Mathkar, expert in capital market and multiple investment products. The dept. also organised a “*Skill Development Program*” for group discussion and a *Mock Interview* for third & second year students on 22<sup>nd</sup> September 2020 to 24<sup>th</sup> September 2020 and 30<sup>th</sup> September 2020 to 3<sup>rd</sup> October 2020 respectively.

The Department of Economics, in association with the National Stock Exchange (NSE), conducted an *Online Investor Awareness Programme* on the topic “*Introduction to Securities Market*” by Mr. Sanil Abraham on Wednesday, 4<sup>th</sup> November 2020.

The Department of Malayalam organised an “*All Kerala Intercollegiate Skill Hunt Competition*” titled *Amogha* (poetry recitation in Malayalam) as part of Independence Day and International Youth Day celebration in association with National Service Scheme and Dept of Hindi on 19<sup>th</sup> August 2020.

The Department of Chemistry launched a *YouTube channel* JMJ’S PHASE as part of the online teaching-learning situation. As part of COVID 19 awareness campaign, students of Chemistry Department *prepared two videos* on important factors on Why 20 seconds hand wash with soap?, and on COVID 19: Home isolation and self-quarantine.

Department of Botany in association with IQAC, conducted a *Webinar on “Global Climate Change: Re -occurrence of Weather Events in Kerala”*. Dr. Vijaykumar P. Scientist, Advanced Centre for Atmospheric Radar Research, Cochin University of Science and Technology was the resource Person.

On the occasion of the National Hindi Day, Dept of Hindi in collaboration with EBSB Club, conducted an *Online Elocution Competition* on 22<sup>nd</sup> September 2020 and an Online Recitation Competition on 23<sup>rd</sup> September 2020 and an Online Poetry Writing Competition on 25<sup>th</sup> September 2020.

The Department of History organised a "*Craft Making Competition*" on the occasion of the Independence Day celebration on 14<sup>th</sup> August 2020.

**NSS** - The year 2020-21 has been a unique year for the NSS unit of Alphonsa College even though the volunteers were unable to reach out to the community as much as they desired. Around two hundred highly motivated volunteers worked together, under the supervision of two well trained programme officers Dr. Sonia Sebastian and Dr. Anila Thomas, for their personality development and of the community they live in. They engaged in various skill development techniques and remained motivated to use them for the well being of the community. During the days of lockdown all the volunteers and two programme officers underwent *Igot* training to equip against the Covid pandemic. They volunteers were given training in making soap, hand sanitizer, cloth bags, paper pens and door mats. They made cloth masks and handed them over to the concerned panchayath officials for distribution. At the time of enrolment in the new academic year, the volunteers took initiative to make a vegetable garden and to prepare cloth masks for free distribution. More than hundred students enthusiastically participated in it. The training of the Volunteer Force, which aimed to equip every NSS volunteer to fight against Covid 19, took place on 19<sup>th</sup> September 2020. The Pre-monsoon training of different batches was held from 19<sup>th</sup> to 23<sup>rd</sup> September. Nearly 50 volunteers attended this training to form a *Sannadhasena*.

### **Observation of Days**



A *poster-making competition* was held in connection with the World Population Day on 11<sup>th</sup> July on the theme: “Population, Health and Covid 19”. In connection with Hiroshima Day, the volunteers organized an *online quiz programme* named *Peace Seeds* on 8<sup>th</sup> August. On Women Equality Day a webinar was conducted on 29<sup>th</sup> August 2020. An online drawing competition - “Picasso’s Eye” - was conducted on 5<sup>th</sup> September 2020 in connection with Teacher’s Day. In connection with the Ozone Day, the NSS unit of our College organized a poster making competition on 18<sup>th</sup> September. The NSS Day was celebrated by the Alphonsa College unit on 24<sup>th</sup> September with Ms. Alleymol Sebastian, the former NSS program officer of Alphonsa College, as the chief guest. On October 1<sup>st</sup>, as part of the NSS activities, all the volunteers cleaned the road near They made a video on Mahatma Gandhi and designed a poster and cover page. As part of Cancer Day, the unit conducted a cancer awareness programme and a cancer quiz on 6<sup>th</sup> February 2021. On 12<sup>th</sup> February, as part of International Day of *Women and Girls in Science*, the volunteers conducted a video competition and an interactive session in Google meet. As part of International Mother Language Day (February 21) the volunteers conducted on March 3<sup>rd</sup> a competition and informative session on the dialects in our State. As part of Social Justice Day, a debate competition was organized on “Justice for Gender” on 3<sup>rd</sup> March. As part of International Wildlife Day, the volunteers organised an awareness programme on 5<sup>th</sup> March. As part of International Women’s Day on 8<sup>th</sup> March, the volunteers organized various competitions including a webinar on “Modern Women Talking”.

### **Webinars**

The unit organized a webinar on 29<sup>th</sup> August 2020 in connection with Women Equality Day. Lt. Anu Jose, Asst. Professor of Alphonsa College, led a session on “Samadarshan” A talk on “Essentials of Disciplined Physique”, based on #fitindia by Amal Manohar, fitness trainer and national athlete, on 17

September. A Cancer awareness webinar was held on 22<sup>nd</sup> September with Mr.KG Karthikeyan, Rtd. Junior Health Inspector as the resource person. A Gender Sensitisation webinar was conducted on 7<sup>th</sup> October on the topic “ആഴമുള്ള പെൺപറക്കങ്ങൾ: Gender Sensitisation”, animated by Dr. Mini Sebastian, Asst.Professor, Dept.of Malayalam, Devamatha College. On 28<sup>th</sup> January 2021, the NSS unit of the College, along with Lions Club, organised a webinar on the topic “The Summit Success Strategy”. The Session was engaged by Mr Benny Kurien (Faculty Success Coach, International Trainer).

The NSS unit, with Lions Club Pravithanam, conducted a Mega Webinar on “Legal Awareness”as part of Youth Empowerment Programme on February 22<sup>nd</sup> . The session was led by Adv Usha Menon. On 27<sup>th</sup> February the Unit organized a webinar on “Relationship Management: The Secret of Happiness in Life” with Dr. Ancy Joseph (Former Principal and HOD of Department of English, St Dominic’s College Kanjirappally. As part of International Women’s Day, a group of volunteers organized a webinar on the topic “Modern Women Talking” led by Ms. Rosemary Philip, Assistant Professor on contract, Department of English Alphonsa College Pala on 13<sup>th</sup> March.

### **Camps**

As instructed by the state cell, a *seven-days-special camp* was conducted from 20<sup>th</sup> to 26<sup>th</sup> December 2020 in a mixture of online and offline modes On 10<sup>th</sup> January 2021, a *minicamp* was conducted for first year volunteers in 2 sessions - one session in the forenoon and another in the afternoon. The forenoon session was engaged by Mr Anish Joseph (winner MG University, Best Programme Officer 2019-20 and NSS co-ordinator, Kottayam) on the topic “National Service Scheme the Richness of Opportunities”. The afternoon session was engaged by Mr Issac Thomas (MVI sub RDO) on the topic “Safe on the Roads”. Both the sessions were highly informative and formative.

Along with the PTA, the College also has “*Mothers PTA*” in most of the Departments which work towards bringing a greater involvement of the mothers of the students. The Staff Association and *Retired Teachers Forum* serve to deepen the ties between the staff and the institution. The College provides a number of opportunities for extracurricular activities. Various Clubs are active in the campus. The Career Club and Placement Cell conducted various programmes for the students, in order to inform them of the possible areas in higher education, of various career opportunities and also conducted classes on self improvement.

As I conclude, I thank all those who encourage us, gently persuade us and creatively contribute by their time and talents in all our endeavours. First and foremost, I lift up my heart in gratitude to our Heavenly Father and our heavenly Patroness, St. Alphonsa for the incessant showers of blessings on us. I bow my head before the revered memory of our founder patron, Late Mar Sebastian Vayalil. I acknowledge my enormous gratitude to our beloved Patron His Excellency Mar Joseph Kallarangattu, our Manager His Excellency Mar Jacob Muricken, and to all other members of the Managing Body of Alphonsa College for their guidance and constant support. My special thanks are also due to our Vice-Principals, Rev. Dr. Fr. Shaji John and Dr.Sr.Regeenamma Joseph and Bursar, Rev. Dr. Fr. Jose Joseph Pulavelil for their valuable assistance.

I express my heartfelt thanks to all the members of the staff of the College, particularly to those who serve as advisors to the various Clubs, College Union, IQAC, Staff Council and other Organizations functioning inside the campus. Let me take this opportunity to thank all the non-teaching staff for their dedicated service for the life and smooth functioning of the college. I am greatly obliged to all of them for their commitment for the well being of the students. I thank all my dear students who worked hard all through the year to raise the name and fame of Alphonsa College in the academic field both in the state and in the country.

Let the Almighty bless all our efforts and commitments to educate and form women capable to mould the society. May God bless us all to be

“Lighted for Life.”

## EXTENSION ACTIVITIES

The Covid pandemic has put forth numerous challenges for all sections of society and it is our responsibility to lend a helping hand wherever we can. In this pandemic time, we focussed on awareness creating activities and on works of charity.

- As part of the *Community Extension Programmes* of the academic year 2020-21, students of the Department of Commerce from the College have done the *Wall paintings of an Anganwadi* at Anthialam in the Karoor Panchayat.



- WWS of the College in association with the Department of Chemistry contributed a *Full Fold Hospital Bed* to the inmates of Jubilee Bhavan, a Home (Snehagiri Sisters) for the Aged and Destitute Women at Chethimattom, Pala.



- Teaching Staff Association of the College donated *two Wheelchairs* to the inmates of Anandabhavan, Pala, as part of social service this year.



- NCC team of the College donated *15 PPE Kits* to the Samaritan Team of Palai diocese, who undertake the burial of the deceased Covid patients 19 as a gesture of social commitment.



- The NSS Unit of Alphonsa College donated one *washing machine* for Ananda Bhavan, Pala : a charity home for mentally retarded.



- The NSS Unit of Alphonsa College *adopted a student* (Mrs.Ressy Mathew, Dept.of History) *of 50+ages* who was struggling to earn a livelihood along with her studies. She was assisted to start an *Akshaya Kendra* at Mutholy by the time she complete her graduation from our college.



- NSS Unit supplied a *few beds* to *Deepthi -DCMR School* Hostel Teekoy; by the joint efforts of volunteers, programme officers and the Principal.



- The NSS Unit handed over a *wheel chair* for the inmates of *Dhayabhavan, Vellilapalli*: by the money raised from different activities.



The volunteers collected money for the *house renovation of a student* ( Kum. Jijimol Joseph, Dept.of Physics) of our college and as a result of the joint effort a kitchen, a bedroom and a toilet are built.

