NATIONAL SERVICE SCHEME

ALPHONSA COLLEGE, PALA

UNIT NO. K.L05.001

REPORT 2015 – 2016

MONTHLY REPORT OF ACTIVITIES 2015-2016

The important NSS events of the year 2015-2016 are given in brief as follows:

29th May 2015 — The NSS Programme officers together attended the meeting of programme Officers at MG university

5th June 2015 - Observe World Environment Day together with ASAP by planting saplings in the college campus, distributing plants to all students and teachers in the college, neighbouring homes and adopted village.

In collaboration with Botany Department, NSS organized a power point presentation Competition. Kumari Priya Elizabeth Mathew(III DC Eng), Kumari Treesa V Jose(III DC Eng) and Mettin Jacob (III DC Eng) won respectively the first, second and Third prizes. The slogan for this year was "Seven Billion Dreams, one Planet, Consume with care".

All the Teachers and Students of this college took a pledge on Cleanliness. The pledge was read out by Annu Mary Micheal of III DC English.

11th June 2015 — Programme officers met NSS volunteers in the auditorium to wish them success in the new academic year and prepared the action plan for the year.

A meeting for the selection of NSS volunteers in the college was arranged. Kum. Sinu Thomas (II DC

English) and Kum. Ann Maria Martin (II DC Economics) were selected as NSS Volunteer Secretaries of the year 2015-16.

15th June 2015 — An amount of Rs. 22,255/- was collected from the college for the treatment of Ms. Ambili Fatima, CMS College, Kottayam.

15th-19th June 2015 — A yoga class was conducted for NSS volunteers at College Basketball Court.

19th–21st June 2015 — Kumari Sinu Thomas and Kumari Ann Maria Martin participated in Volunteer Secretaries training camp held at B. K. College, Amalagiri.

19th June 2015 — Reading day celebration

In connection with Reading Day, College NSS unit together with Malayalam Dept and the library

conducted competitions – Book Reading Competition and Book Review Competition.

Prize Winners

a) Book Reading Competition

1st Lakshmi Krishnan(II DC English)

2nd Dona Maria Saju(III DC English)

3rd Diya Mathew (II DC English)

b) Book Review Competition

1st Sharmiya Sebastian(II DC History)

2nd Sinu Thomas(II DC English)

3rd Jintu Maria Thomas (III DC English)

22nd June 2015 — Distributed the Saplings

26th June 2015 — First Advisory Meeting of NSS

30th June 2015	The college NSS unit submitted the proposal for NSS special Camp to the University
10th July 2015	Celebration of World population Day by NSS combined with Mathematics & Chemistry Departments. The college NSS unit conducted a debate Competition with the Topic: "Is Population Increase good for India?"
20th July 2015 -	I DC NSS volunteers gathered together and, a warm and cordial welcome was given to I DC students. About hundred and one I DC students enrolled as NSS volunteers for the year 2015-2016.
21st July 2015	Meeting of all the NSS volunteers of the year 2015-16.
25th July 2015	NSS Orientation programme for I DC students was led by Shri. Tom Jose, NSS Programme Officer, St. Mary's H.S.S., Arakulam. He motivated the volunteers with the objectives and goals of NSS and inspired the volunteers to do selfless service to fellow human being.
14th August 2015	Collaborated with History Department, Patriotic song competition was conducted in connection with Independence Day celebration. 15 teams participated in the competition
15th August 2015 -	Independence Day Celebration Independence Day was celebrated in the campus Principal Dr. Sr. Jansamma Thomas hoisted the national flag. Kum. Ann Maria Martin (II DC Economics) delivered the Independence Day message. Sweets were distributed to the students.
18th August 2015	The programme officers attended the MG University Award ceremony at Devamatha College, Kuravilangad. Dr. Sr. Jansamma Thomas (the best College

	Principal), Sr. Minimol Mathew (the best NSS programme Officer)and Kum. Aiswaryalakshmi(the best NSS Vounteer) were received their awards.
20th August 2015	NSS Volunteers together with programme officers visited the adopted village Puliyannoor to make necessary arrangements for the seven day camp which was to begin on September 21st.
21-27th August 2015	The NSS Seven Days' special camp commenced on 21st August 2015. Adopted village was Puliyannoor, Mutholy Gramapanchayat. The camp was Inaugurated by Shri.K. M.Mani, Honourable Minister of Finance and Law, Kerala on 22nd September. Also Sri. Jose K Mani MP visited the camp to encourage students to do more for the society and the people.
1st September 2015	Meenachil River Punarjani Mission – a project for cleaning Meenachil river. NSS Units of Alphonsa & St. Thomas Colleges together celebrated the Punarjani Mission near Meenachil River. Dr. Babu Sebastian, The Vice-Chancellor of M.G. University inaugurated the programme.
17 September 2015	NSS Programme officers attended a meeting at Pala Police Station for the discussion of a mass running programme against the use of tobacco and narcottin in youngsters at Pala Town.
29th September 2015	Dr. Kochurani George participated in the Programme Officer's meeting at M.G. University, Kottayam.
30th September 2015	About 80 NSS volunteers attended a mass running programme that was led by Pala Jana Maithri Police, Pala Blood Florum and NSS units of various colleges & Higher Secondary Schools at Pala Town.

1st October 2015	Elder's day was celebrated in M.G. University. Two Nss Volunteers - Kum. Anju Rani P Babu & Kum. Reenamol Jose of II D Physics- participated in the programme.
3rd October 2015 -	Cleaning Day NSS Volunteers along with the Gandhi Forum students cleaned the public road in front of the college and also made campus clean.
6th October 2015	Dr. Kochurani George participated in the Jeevadayini Programme organized by Kerala State Welfare Centre at District Panchayath Hall, Kottayam.
12th October 2015	Kum. Aiswaryalekshmi received The State Award for Best NSS Volunteer from Shri Ommen Chandy, The Honourable Chief Minister of Kerala.
20th October 2015	- Advisory Board Meeting An advisory board meeting was held on 20th October 2015 it was specially convened to discuss about the 7 day special camp.
30th October 2013	Swach Bharath Mission: Adopted village visit NSS Volunteers together with programme officers visited the adopted village Puliyannoor. Ms Maria George led a class on cleanliness. NSS Unit of the college sponsored a waste basket in connection with the mission.
15- 21 October 2015	Sr. Sonia K Thomas attended Programme Officers training programme at ETI, Rajagiri, Kalamassery.
17th October 2015	Kum. Aiswaryalekshmi received Indhira Gandhi National Award for The Best NSS Volunteer from Shri. Pranab Mukherjee, the Honourable President of India.

12th November 2015 Dr. Kochurani George participated in the NSS Programme Officer's meeting at Baselius College, Kottayam [Blood Donation Forum].

15 November 2015 Sr. Sonia K Thomas participated in the meeting on Health and family welfare Kerala for teen club activities of NRHM-ARSH organized by N.R.H.M Kottayam.

26 Nov -2 Dec 2015 Dr. Kochurani George attended Programme Officers training programme at ETI, Rajagiri, Kalamassery.

2nd December 2015 World AIDS Day celebration

NSS Unit in collaboration with Department of Zoology campaigned an Aids Awareness programme. Red Ribbons were distributed to all students in the college. The members collected signs from the students to give awareness.

3rd December 2015 Sr. Sonia K Thomas together with two NSS volunteers attended the project awareness programme "E-jaalakam" hosted by M. G. University at its campus.

4th December 2015 The College NSS unit congratulated the award winners Sr. Minimol Mathew (The Best NSS programme Officer) and Aiswaryalekshmi (The Best

NSS volunteer) of the year 2014-15. The Chief Guest was His Excellency Mar Jacob Muricken, The Manager of the College.

16 -18 January 2016 Aiswaryalekshmi attended NSS National Camp held at Chattisgud.

22-24 January 2016 The College NSS Unit organized Mini-camp at the college. On 23-01-2016, An awareness class led by

	Dr. Manoj V. Johnson on 'Life Long Diseases' was given to NSS Volunteers.
	A class on 'Personality Development' by Mr. Akhil, was arranged.
21st January 2016	Dr. Kochurani George introduced the 'E-jaalakam' project for twenty of the first year NSS volunteers.
24th January 2014	NSS Bhavan financial aid (Rs. 25000) was given by collecting fund from various sources.
26th January 2016	Republic Day Celebration. The Principal hoisted the flag and the NSS Volunteers made the day colorful with their programmes
15th February 2016	Blood Donation Day. Though many students came voluntarily to donate the blood, only eighty of them donated their blood. Dr. Neethu Krishnan and seven other members of Kottayam Medical College assisted the students.
11th March 2016	Prof. O.M. Mathew, Chairman, Vivekananda Chair, MG University conducted a class on the Life and mission of Sri. Swami Vivekanandan.
22nd March 2016	Final Advisory Meeting of the year.

The NSS activities of the year 2015-2016 were formally inaugurated by Dr. Sr. Jansamma Thomas and the orientation class was conducted by Shri. Tom Jose, NSS Programme Officer, St. Mary's H.S.S., Arakulam. This year the NSS unit of Alphonsa College with 101 volunteers and 2 programme officers organized several programmes which gave the volunteers hands on experience of social service.

For smooth running of the programme various committees were formed. Leaders were selected and allotted duties. Programme officers and advisory committee met several times.

The NSS Unit celebrated World Environment Day by planting trees in the college campus and cleaning the campus. In the cleaning programme, the volunteers made a special attempt to make the campus a plastic free campus and distributed plants to all students and teachers in the college and to the neighbouring homes.

A power point presentation competition was also held for the students on 5th June 2015. World Environment Day theme- "Seven Billion Dreams, one Planet, Consume with care". Prizes were also distributed for the winners.

In connection with reading day the NSS Unit conducted two competitions for the students- book reading competition and book review competition.

In connection with the Gandhi Jayanthi celebrations, the NSS unit together with Gandhian studies forum of the college cleaned the campus and made the campus plastic free.

The NSS programme officers attended various camps.

A blood donation camp was arranged in the college room. A medical team of seven members headed by Dr. Neethu Krishnan, Blood Bank MCH Kottayam arrived and 80 students from our unit donated blood.

NSS Unit Advisory Committee : 2015-2016

Twenty one members' advisory committee was constituted to plan, execute and evaluate the activities of the NSS unit. Members are the following:

1. Rev. Dr. Sr. Jansamma Thomas., Principal, Alphonsa College, Pala
2. Rev. Dr. Sr. Gigimol M. G., Vice-Principal, Alphonsa College, Pala
3. Rev. Fr. Jose Joseph Pulavelil ,Bursar, Alphonsa College, Pala
4. Sr. Ancy Joseph F.C.C, Headmistress Kalanilayam UP School, Puliyannoor
5. Sri.Sebastian Ganapathiplackal, President Puliyannoor Grama Panchayath
6. Rev. Fr.Shaji John
7. Smt. Lucy Mathew
8. Smt. Vimala Emmanuel
9. Smt. Lissamma Lukose
10. Smt. Lysamma Thomas
11. Smt. Alice Jose
12. Smt. Alice Joseph
13. Smt. Alleymol Sebastian
14. Sr. Manju Elizabeth Kuruvila
15. Sr. Regeenamma Joseph
16. Smt. Manju Jose.
17. Sr. Minimol Mathew
18. Ms. Julie J Paramundayil
19. Ms. Smitha Clari Joseph
20. Dr. Kochurani George

21. Dr. Sr. Sonia K Thomas

22. Kumari Ann Maria martin

23. Kumari Anjana Santhosh

The first meeting of the Advisory Committee was held on 26-6-2015.The meeting reviewed the activities of the year 2014-'15 and prepared the action plan for the academic year 2015-2016.

The second meeting was convened on 20-10-2015 at 12.30 PM. The major activities undertaken were evaluated. Several positive suggestions were received. The committee discussed about the coming seven days camp at Chittar.

The third meeting of the Advisory Committee was held on 22-03-2016. The activities of the seven days camp were evaluated. Also the activities of the academic year were reviewed and evaluated. NSS programme officer Dr.Kochurani George presented a brief report of the NSS activities and accounts.

(The advisory committee consists of College authorities, Former and Current Programme officers, Senior teachers, KSS members etc.)

Adopted Village

Kalanilayam, Puliyannoor Panchayat

Puliyannoor is about 3kilometers away from Pala at Kottayam district. Most of the people belong to middle and low income groups. As a part of campus community partnership the NSS unit of Alphonsa College has adopted this village and initiated several programmes for the development of the people of this village.

Adopted Institutions

Devadan Centre

Kalanilayam UP School, Puliyannoorr Panchayat

Initiatives taken by the programme officer

1 Took leading role in constituting Advisory committee with members from college and partner village.

2 Led the fund raising activities for NSS Bhavans.

3 Initiated the Clean and Healthy campus programme

4 Organized Noon-Meal programme for poor students.

5 Ensured participation of NSS volunteers in Inter-collegiate programmes of Mahatma Gandhi University.

6 Attended programmer officers conference in the College. The conference discussed the action plan for the current year..

7 Organized awareness programmes for the whole college. (Blood donation, Population day, Reading Week etc.)

8 Attended NSS orientation programme.

Various Organizations

The NSS unit of Alphonsa College Pala conducted various activities in the college campus, adopted Institutions, adopted village and outside the campus in collaboration with various organizations. They are:

National Rural Health Mission (NRHM)

Janamaithri Police, Pala

Pala Blood Florum

Blood Bank MCH, Kottayam

Activities Done in the College Campus

- Orientation programme for I DC students
- World Environment Day
- World Reading Day
- World Population Day
- Noon – Meal programme
- Blood Donation Day
- Vegetable Gardening
- World AIDS Day
- Clean and Green Campus programme
- Gandhi Jayanthi celebration
- Independence Day celebration

INAUGURATION AND ORIENTATION PROGRAMME OF NSS

The NSS activities of the year 2015-2016 were formally inaugurated by The Principal Dr. Jansamma Thomas. A general orientation programme on the activities of NSS and the role of youth was given to NSS volunteers. The gathering was welcomed by Kumari Akhila K S. The resource person was Mr. Tom Jose, NSS Programme Officer, St. Mary's H.S.S., Arakulam. 90 volunteers participated in the programme. The volunteers were asked to plan out certain activities for the current academic year. Many came forward with a new set of possible activities. The formal session was concluded with a vote of thanks by Kumari Lintu Jose. of

WORLD ENVIRONMENT DAY

The NSS Unit celebrated World Environment Day by supplying saplings to all teachers and students in the College and planted saplings in the college campus. The students took pledge to uphold the values for environment protection. A PowerPoint Competition was conducted.

The NSS Unit celebrated World Environment Day by supplying saplings to all teachers and students in the College.

Planting of trees in the campus by Teachers

Students planting trees in the college campus.

READING DAY

In connection with Reading day two competitions were held for the students- Book reading competition and book review competition.

Prize Winners of the competitions

1. Book Reading Competition

I Prize: Lakshmi Krishnan(II DC English)

II Prize : Dona Maria Saju(III DC English)

III Prize : Diya Mathew (II DC English)

2. Book Review Competition

I Prize: Sharmiya Sebastian(II DC History)

II Prize : Sinu Thomas(II DC English)

III Prize : Jintu Maria Thomas (III DC English)

WORLD POPULATION DAY

The college NSS unit of Alphonsa College Pala organized Debate Competition in connection with World Population day. It was a combined programme of NSS with Mathematics & Chemistry Departments. The topic of the debate Competition was “Is Population Increase good for India?”

MATHEMATICS ASSOCIATION
ALPHONSA COLLEGE, PALA
NATIONAL SERVICE SCHEME
ALPHONSA COLLEGE -PALA
MAHATMAGANDHI UNIVERSITY, KOTTAYAM.
CHEMISTRY ASSOCIATION

MATHEMATICS ASSOCIATION
ALPHONSA COLLEGE, P

Independence Day -Patriotic Song Competition

On independence day the Principal Dr. Sr. Jansamma Thomas hoisted the flag. She motivated the students with her independence day message. The NSS volunteers sang a patriotic song Kumari Swathy Thomas and Kumari Ann Maria Martin (II DC Economics)

delivered the Independence Day message in Hindi and Malayalam languages respectively. Sweets were distributed to the students.

Meenachil River Punargani Mission-

-A Project For Cleaning Meenachil River

Alphonsa College Pala and St. Thomas College Pala embarked on a programme of becoming a partner in the Meenachil river *protection* activities. The Meenachil River Punargani Mission was inaugurated by M. G. University Vice-Chancellor Dr Babu Sebastian. This combined programme was led by the programme officers Dr. Kochurani George, Sr. Sonia K Thomas, Prof. Mathew Thomas and Prof. Princemon Joseph. NSS units of Alphonsa College Pala and St. Thomas College Pala were the participants. The Principal Dr. Sr. Jansamma, St. Thomas College Principal Dr. Sunny Joseph, Dr. Fr. James Mangalathu and Raju D Krishnapuram spoke on the importance of protecting the rivers. The University Vice Chancellor Dr. Babu Sebastian recited the pledge and pledge to protect The Meenachil River was administered by students. Saplings of different plants were planted on the bank of the river. The aims of this social service programmme were: (a) developing a pollution profile of the Meenachil river, (b) identifying the issues impacting the health of the river, (c) exploring practical methods to mitigate, restore, and rejuvenate the river, (d) assisting the residents of the region to overcome the deleterious effects of the river pollution and contribute to the restoration of the river, and (e) exposing the young generation to the everyday social, economic, and environmental concerns.

SEVEN DAYS SPECIAL CAMP

The NSS Seven Days special camp was commenced on 21st September 2015. Adopted village was Puliyannoor, Mutholy Gramapnchayath.

The inauguration function was started with NSS anthem. The chief guest Shri. K. M.Mani, Hon. Minister of Finance and Law, Kerala and other dignitaries were welcomed by NSS programme Officer Sr. Sonia K Thomas. The inaugural speech was delivered by Shri. K. M.Mani. The minister emphasized the role of NSS in the community service. The Principal Dr. Sr. Jansamma Thomas presided over the inauguration function. Rev. Sr. Ancy Joseph (Head Mistress of Kalanilayam U.P. School, Puliyannoor) have also expressed her opinion about the NSS camp. Mutholy Gramapanchayath authorities Sri. Sebastian Ganapathiplackal (Mutholy Gramapanchayath president) and Smt. Gigi Jacob (Gramapanchayath member) welcomed the team of NSS volunteers and assured them all sorts of cooperation needed in making the special camp a success. Several village people attended the function. The inaugural function of the camp came to an end with the vote of thanks of Kumari Deepa Tojan,the chair person of the college.

The Camp work was initiated by Mr. Sebastian Ganapathiplackal, Mutholy Panchayath president.

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Camp visit

Mr. Jose K Mani MP graced the camp site with his presence and thought provoking words. The youth MP really encouraged the youth to work for the upbringing of a good society.

The syndicate member Dr. N. M.Thomas and NSS Programme co-ordinator Dr. K. Sabukuttan visited the camp. Both of them encouraged and congratulated the NSS volunteers for all their works.

Camp work

The forenoon session of each day began with assembly followed by Yoga practise.The volunteers started to the camp site at 8:30 am and the camp work started at 9:00 am. The main works of the special camp were leveling of School Ground, Socio-Economic survey of Puliyannor Kalanilayam ward, cleaning the ground & surrounding area, construction of Vegetable Garden etc. The NSS volunteers actively participated in the work. The work was carried out upto 12:30 pm and then the volunteers returned to the college for lunch. The survey also conducted. About 40 volunteers divided themselves into subgroups and visited the houses.

Awareness classes

In the afternoon session, awareness classes and group activities were organized for students to learn about social activities. They were also divided into six groups, each of which were later assigned specific chores to perform on each day of the camp. At 8:30 pm, they were assembled in the canteen for supper. At about 9:30 pm, the volunteers gathered in the seminar hall for News reading and Cultural activities. The NSS programme officer Sr. Sonia K Thomas gave instructions to them. After prayer, the volunteers retired to sleep.

Be Positive: Dr. Lucy Mathew P

Role of youth in Nation building: Prof. Alleymol Sebastian

Talk by Prof. Roselind Eappen

Personality development: Sr.Bincy

Group Discussions

Group discussion is a new trend that has come up in order to evaluate student personality.

Kitchen work

Aerobics Demonstrations

Cultural Programmes

Camp Fire

Swatchhata Abhiyan

On the occasion of Birth anniversary of Mahatma Gandhi, Swatchhata abhiyan is arranged on 2nd October 2015 in college campus. About 70 NSS students have participated

to clean the college campus & main entrance of the college. The students were given Snacks after successful completion of programme.

MG UNIVERSITY NSS AWARD CEREMONY

NSS Unit of Devamatha College, Kuravilangad hosted the University award ceremony. Sr. Minimol Mathew and Kumari Aiswaryalakshmi were awarded respectively the best NSS programme officer and best NSS Volunteer secretary. Kumari Aiswarya Lekshmi also bagged the state level and National level Awards for the Best NSS Volunteer.

Recognition given to Dr. Sr. Minimol Mathew

& Kumari Aiswarya Lekshmi

Best SS Unit award, Best NSS Proramme officer award were given to The principal Dr. Sr. Jansamma and Dr. Sr. Minimol Mathew respectively.

Best NSS Volunteer award in the university level was bagged by Kumari Aiswaryalekshm

NSS- State Award ceremony

Best NSS volunteer's State level award was given to Kumari Aiswaryalakshmi.

NATIONAL AWARD CEREMONY

National level Best NSS Volunteer award "Indhira Gandhi Award" was bagged by Kumari Aiswarya Lekshmi.

Awareness Programme On Life Style Diseases

Dr. Manoj V Johnson handled a class on 21st January 2016 to 100 NSS volunteers of the college. In his interactive session he enlightened the students about the problems with the junk food and the necessity to have regular exercise in their life. He also conveyed the message of staying healthy with proper food habits. The class was followed by the group discussion in which the students were divided into 10 groups and they presented five steps for avoiding life style diseases. The class was very useful and students got an insight into the hazards of modern life style. The students were provided with light refreshment after the class.

A Class On Personality Development

The class on Personality development started at 9: 30 am. Kumari Jyothilakshmi Jayakumar welcomed the resource person. Mr. Akhil, HSST in Kuravilangad was the resource person. The class was sufficient enough to

teach the volunteers on strategies and frameworks for personal growth, goal setting, and self improvement. The class ended with the vote of thanks of Kumari Annie Teressa Shajan.

World Aids Day Celebration

NSS Unit in collaboration with Department of Zoology and Red Ribbon Club campaigned an Aids Awareness programme on 2nd December 2015. Red Ribbons were distributed to all students in the college and signs were collected from them. Posters were displayed in the notice board.

(Posters)

Blood Donation Camp

A blood donation camp was arranged on February 2, 2016. The activities of the camp were carried out by the NSS Unit of the college & Kottayam Medical College blood bank. A medical team of seven members headed by Dr. Neethu Krishnan, Blood Bank MCH Kottayam led the camp. 100 students donated their blood. The donors were given Cool drinks & biscuits after the donation. Principal Dr. Sr. Jansamma congratulated the NSS Unit and Blood Bank team for having organized an event of social benefit and also assured to support for similar events in the days to come.

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Celebration Of Vivekananda Day

153rd birth anniversary of Swami Vivekananda was celebrated in our College on 11th March 2016. The celebration started at 2:30 p.m. On the occasion of Birth anniversary Prof. O.M. Mathew, Chairman, Vivekananda Chair, MG University delivered a speech on the life of Swami Vivekananda. He explained the ideals, values and ideology of Swami Vivekananda.

Activities in the Adopted Institutions

(Devdan Cetre, Kalanilayam UP School Puliyannoor)

- Seven Days Camp
- Swacch Bharath Mission
- Conducted seminar on Cleanliness
- Donating food and some sum to Devdan centre
- Vegetable garden

Vegetable Garden

Swacch Bharat Mission

In connection with Swacch Bharat Mission, a waste basket was distributed to Kalanilayam UP School. The main objective of this mission was to create awareness among the children about the segregation of waste and cleanliness.

A visit to Devdan Centre

Devadan centre visit was a memorable one for each NSS volunteer. The visit made a way for the volunteers to know moe about the society.

Awareness Programme on Cleanliness in Kalanilayam

An awareness programme on cleanliness was conducted in the Kalanilayam UP School. The NSS programme officer Sr. Sonia K Thomas welcome the gathering. Ms. Maria Joseph f Alphonsa college Pala led the class on cleanliness.

Money given to Adopted Institutions

Rs 10, 000 was given to Devdan Centre Pala. It was an Institution for Mentaly retarded and aged persons run by

NSS Bhavans

One of the most outstanding projects of our unit in this year is the construction of houses for the poor students of our college. Three houses were constructed and financial assistance was given for the maintenance of one house. The NSS unit organized a fund raising campaign among the students and teachers of the college. The Beneficiaries of the project are:

Tinjumol Thomas, II D English

Jintumol Jose, III D Economics

Josmy Joy, II D Economics

Merly Rose Jose,I DC B. Voc, Sports Nutrition & Fashion Technology

Activities of NSS in news paper

പാലാ സെന്റ് തോമസ് കോളജിലെയും അൽഫോൻസ കോളജിലെയും എൻഎസ്എസ് യൂണിറ്റുകളുടെ ആഭിമുഖ്യത്തിൽ നടത്തിയ നദീസംരക്ഷണദിനാചരണം എംജി സർവകലാശാല വൈസ് ചാൻസലർ ഡോ. ബാബു സെബാസ്റ്റ്യൻ ഉദ്ഘാടനം ചെയ്യുന്നു. രാജു ഡി. കൃഷ്ണപുരം, ഫാ. ജയിംസ് ജോൺ മംഗലത്ത് തുടങ്ങിയവർ സമീപം.

നദീസംരക്ഷണ ദിനാചരണം

പാലാ: സെന്റ് തോമസ് കോളജിലെയും അൽഫോൻസ കോളജിലെയും എൻഎസ്എസ് യൂണിറ്റുകളുടെ ആഭിമുഖ്യത്തിൽ നദീസംരക്ഷണദിനം ആചരിച്ചു. എംജി സർവകലാശാല വൈസ് ചാൻസലർ ഡോ. ബാബു സെബാസ്റ്റ്യൻ ഉദ്ഘാടനം നിർവഹിച്ചു. ഡോ. സണ്ണി ജോസഫ്, ഡോ. സിസ്റ്റർ ജാൻസമ്മ, ഫാ. ജയിംസ് ജോൺ മംഗലത്ത്, രാജു ഡി. കൃഷ്ണപുരം എന്നിവർ പ്രസംഗിച്ചു. ഡോ. ബാബു സെബാസ്റ്റ്യൻ വിദ്യാർഥികൾക്കു നദീസംരക്ഷണ പ്രതിജ്ഞ ചൊല്ലിക്കൊടുത്തു. തുടർന്നു വിദ്യാർഥികളുടെ നേതൃത്വത്തിൽ നദീതീരത്ത് വൃക്ഷത്തൈകൾ നട്ടു. പ്രോഗ്രാം ഓഫീസർമാരായ പ്രഫ. മാത്യു തോമസ്, പ്രഫ. പ്രിൻസ് മോൻ ജോസ്, പ്രഫ. കൊച്ചുറാണി, സിസ്റ്റർ റാണിമരിയ എന്നിവർ നേതൃത്വം നൽകി.

എൻഎസ്എസ് ക്യാംപ് തുടങ്ങി

പാലാ • അൽഫോൻസ കോളജ് നാഷനൽ സർവീസ് സ്കീം സപ്തദിന ക്യാംപ് പുലിയന്നൂർ കലാനിലയം യുപി സ്കൂളിൽ മന്ത്രി കെ.എം. മാണി ഉദ്ഘാടനം ചെയ്തു. പ്രിൻസിപ്പൽ ഡോ. സിസ്റ്റർ ജാൻസമ്മ തോമസ് അധ്യക്ഷത വഹിച്ചു. ജോസ് കെ. മാണി എംപി, മുത്തോലി പഞ്ചായത്ത് പ്രസിഡന്റ് സെബാസ്റ്റ്യൻ ഗണപതിപ്ലാക്കൽ, കലാനിലയം യുപി സ്കൂൾ ഹെഡ്മിസ്ട്രസ് സിസ്റ്റർ ആൻസി ജോസഫ്, പ്രോഗ്രാം ഓഫിസർമാരായ ഡോ. സിസ്റ്റർ സോണിയ കെ. തോമസ്, ഡോ. കൊച്ചുറാണി ജോർജ് എന്നിവർ പ്രസംഗിച്ചു.

പാലാ അൽഫോൻസ കോളജ് എൻഎസ്എസ് സപ്തദിന ക്യാംപ് പുലിയന്നൂർ കലാനിലയം യുപി സ്കൂളിൽ മന്ത്രി കെ.എം. മാണി ഉദ്ഘാടനം ചെയ്യുന്നു.

Camps and Fests attended by NSS volunteers

Kumari Sinu Thomas and Kumari Ann Maria Martin participated in Volunteer Secretaries training camp held at B. K. College, Amalagiri from 19th to 21st June 2015.

Kum. Anju Rani P Babu and Kum. Reenamol Jose of II D Physics participated in the Elder's day programme in M.G. University on 1st October 2015.

Two NSS volunteers Kum. Amulya B Njarukulam and Kum.Annie Teressa Shajan attended the project awareness programme "E-jaalakam" hosted by M. G. University at its campus on 3rd December 2015.

Kumari Aiswaryalekshmi attended NSS National Camp held at Chattisgud on 16th to 18 January 2016.

EMPANELLED TRAINING INSTITUTION FOR NSS

(Empanelled by the Ministry of Youth Affairs & Sports, Govt. of India)

RAJAGIRI COLLEGE OF SOCIAL SCIENCES

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Phone : 0484 - 2550064, www.rajagiri.edu

राष्ट्रीय सेवा योजना
NATIONAL SERVICE SCHEME

CERTIFICATE

This is to certify that DR. KOCHURANI GEORGE, ALPHONSA COLLEGE, PALA

..... *has successfully completed the Orientation Course for the Programme Officers of the National Service Scheme, organised by this Training Centre from* 26 NOVEMBER - 02 DECEMBER 2015

I.V. Soman
Co-ordinator

Joseph L. Injodey Ph.D.
Director

KL/5/2433/2015-16

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CERTIFICATE

This is to certify that SR. SONIA. K. THOMAS, ALPHONSA COLLEGE PALA *has successfully completed the Orientation Course for the Programme Officers of the National Service Scheme, organised by this Training Centre from* 15 - 21 OCTOBER 2015

I.V. Soman
Co-ordinator

RAJAGIRI KALAMASSERY-683 104

Joseph I. Injodey Ph.D.
Director